



21st International Congress
of Endocrinology
1-3 March 2024 | Dubai, UAE
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Plenary	Meet the Professor	Oral Session	Industry Session
Scientific Symposium	Workshop	Poster Session	Social Events
Regional Symposium			

Preliminary Program as of 17 July 2023. Program remains subject to change.
Congress Time Zone: Dubai, UAE - Gulf Standard Time (GST/GMT+4)

Friday, 1 March 2024						
	Halls	Sheikh Rashid Hall A+B	Sheikh Rashid Hall C	Sheikh Rashid Hall D	Sheikh Rashid Hall E	Umm Al Qwain Hall
7:00	7:45	Registration & coffee				
7:45	8:00	Introductory Remarks	Introductory Remarks	Introductory Remarks	Introductory Remarks	
8:00	8:40	Challenging Thyroid Nodule Cases	Hypoglycemia in Non-diabetes Patients	Glucocorticoids in Osteoporosis	Diabetes Management in the Elderly	Workshop (Diabetes Educator & FINE) 8.00-8.25 Effective Communication for Self Management in Diabetes 8.25-8.55 Diabetes in Pregnancy 8.55-9.25 Endocrine Conditions in Children 9.25-9.55 Care and Communication to Support Children with CAH
8:40	9:10	Immunotherapy-related Endocrinopathies	Current Trends in Paediatric Endocrine Neoplasia	ISE Early Career Workshop	Obesity Genetics: Bedside to Bench and Back	
9:10	9:40	TBC	Diabetes in Cystic Fibrosis: Update on Diagnosis and Treatment		Diabetes Remission: Should That Be Our Target?	
9:40	10:00	Break/ Poster Session				
10:00	10:30				The International Consensus on Gaps & Opportunities for the Clinical Translation of Precision Diabetes Medicine	
10:30	11:00				International Guidelines on Polycystic Ovarian Syndrome	
11:00	11:30	Hyperaldosteronism: Should All Patients with Hypertension Be Screened?	Endocrine Complications: Childhood Cancer Survivors	Type 1 Diabetes - DKA What's New?	Lipid Management in Diabetes – Update	Oral Session
11:30	12:00	Use of Antiresorptives in Metastatic Cancer	Turner Syndrome: Hormonal Replacement Therapy	New Treatment in Diabetic Retinopathy	Management of Cardiometabolic Disease in People with Diabetes/Emirates Perspective	Oral Session
12:00	13:00	Lunch / Poster Session				
13:00	14:00	Friday Prayer / Poster Sessions / Regional Sessions				
14:00	14:30	Long-term Use of Antithyroid Drugs in the Management of Graves Disease	Monogenic Diabetes: Are We Screening Enough?	Contraception Choice in Women: Which Type for Whom?	Diabetic Neuropathy: What Can We Do Better?	Oral Session
14:30	15:00	Bone Fragility in Diabetes: How to Diagnose? How to Treat?	Mental Health in Paediatric Endocrine Disorders	Syndrome of Inappropriate ADH Secretion: Current Guidelines	SGLT2I and GLP1RA in T1DM	Oral Session
15:00	15:40				Thyroid Cancer: What's new? (active surveillance, lobectomy, targeted therapies)	
15:40	16:20				Type 2 Diabetes Management in 2024	
16:20	16:30	Break / Poster session				
16:30	17:00		Industry Session	Industry Session		Industry Session
17:00	17:30		Industry Session	Industry Session		Industry Session
17:30	17:40	Short Break				
17:40	18:20	GHD in Adults: Diagnosis and Treatment	Novel Therapies in Metabolic Bone Disease	State of the Art Management of Adrenal Insufficiency	Time to Think of Cost in Management of Diabetes	Oral Session
18:20	19:00	Hyperparathyroidism: From Bench to Bedside	TBC	AVP Deficiency Post Pituitary Surgery: Pearls and Pitfalls	CV Protection in Resources Restricted Health Services	Oral Session
19:00	20:30				Opening Ceremony	

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Saturday 2 March 2024						
	Halls	Sheikh Rashid Hall A+B	Sheikh Rashid Hall C	Sheikh Rashid Hall D	Sheikh Rashid Hall E	Umm Al Qwain Hall
7:00	7:45	Registration & coffee				
7:45	8:00	Introductory Remarks	Introductory Remarks	Introductory Remarks	Introductory Remarks	Workshop (Diabetes Educator & FINE) 7.45-8.10 Diabetes Technology During Transition from Pediatric to Adult-oriented Care 8.10-8.40 Group Therapy: Exploring Ways to Make a Difference Together in Diabetes Care/ Or Obesity and DM 8.40-9.10 Overview of Pituitary Diseases and Metabolic Profile 9.10-9.40 Endocrine Nurse Competencies /Transition
8:00	8:40	Challenging Thyroid Cancer Cases	Challenging Cases in Calcium Disorders	Opioids and the Pituitary	Management of Diabetes Post Transplant	
8:40	9:10	Prioritizing Medical Treatment of Cushings Syndrome	PCOS Guideline Update in Young Adolescents	ISE Early Career Workshop	Diabetic Foot Update	
9:10	9:40	Update on Guidelines for Acromegaly: Diagnosis and Treatment	Risk Stratification and Long Term Complication For PCOS		CVD Reduction in Diabetes - Smoking in Diabetes the Forgotten Enemy	
9:40	10:00	Break/ Poster Session				
10:00	10:15		Industry Updates	Industry Updates		Industry Updates
10:15	10:20	Transit Time				
10:20	10:50				Hypertension Update	
10:50	11:20				The Year in Pituitary: New Insights, New Approaches	
11:20	11:50	Thyroid Ultrasound Risk Stratification Systems	Approach DSD	Approach to the Patients with Amenorrhea	Intermittent Fasting	Oral Session
11:50	12:20	Update on FNA Cytology Bethesda v3	DSD: Case Studies and Beyond	Induction of Spermatogenesis in Hypogonadal Men	Diabetes & Ramadan	Oral Session
12:20	13:20	Lunch/ Poster Session				
13:20	13:50	Premenopausal Osteoporosis in Women	Thyroid Hormone Resistance and Transport Defects	Evaluation and Treatment of Adrenal Cortical Carcinoma	Landmark Trial - Hot Topics	Oral Session
13:50	14:20	Osteoporosis: How to Assess Fracture Risk and Treat Accordingly	Paediatric Evaluation of Thyroid Nodules and Thyroid Cancer Management	Management of Pheochromocytoma/ Paragangliomas	Update on Diabetes Kidney Disease	Oral Session
14:20	14:50				Mild Autonomous Cortisol Secretion: Impact and Intervention	
14:50	15:20				NAFLD and Insulin Resistance	
15:20	15:40	Break/ Poster Session				
15:40	16:10		Industry Session	Industry Session		Industry Session
16:10	16:40		Industry Session	Industry Session		Industry Session
16:40	16:50	Short Break				
16:50	17:30	Unusual Thyroid Function Tests	Challenging Cases in Insulin Resistance	Hyperglycemia in the Face of a High-Carbohydrate Diet	Inpatient Diabetes Management	Oral Session
17:30	18:10	Hypoparathyroidism: New Treatment Options	Hyperlipidaemia in Children: Approach and Management Updates	Insulin & Hypoglycemia	What Type of Diabetes Is It? And Does It Matter?	Oral Session
18:30	21:00	Cultural Night				

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Sunday 3 March 2024						
🕒	Halls	Sheikh Rashid Hall A+B	Sheikh Rashid Hall C	Sheikh Rashid Hall D	Sheikh Rashid Hall E	Umm Al Qwain Hall
7:00	7:45	Registration & coffee				
7:45	8:00	Introductory Remarks	Introductory Remarks	Introductory Remarks	Introductory Remarks	Workshop (Diabetes Educator & FINE) 7.45-8.10 Reversing Diabetes in People with Acromegaly 8.10-8.40 Cushing's Syndrome and Adrenal Insufficiency 8.40-9.10 Osteoporosis & Diabetes 9.10-9.40 Hypogonadism & Diabetes
8:00	8:40	Menopausal Hormone Therapy: When to Treat and How to Treat	Obesity: Medical Complications	Approach to Patients with Bilateral Adrenal Macronodular Hyperplasia	Challenging Lipid Cases	
8:40	9:10	Approach to Grave’s disease: Antithyroid drugs or Radioactive Iodine in 2024	TBC	Diagnosing Osteoporosis: Beyond BMD	Mental Health & Diabetes	
9:10	9:40	Hypothyroidism: New Insights for a Common Disorder	Targeted Treatment in Genetic Endocrine Disorders	Adrenal Incidentaloma: New ENSAT Guidelines	Nutrition & Diabetes – We Are What We Eat	
9:40	10:00	Break/ Poster Session				
10:00	10:15		Industry Update	Industry Update		Industry Update
10:15	10:20	Short Break				
10:20	10:50				The Year in Obesity: 2024	
10:50	11:20				Sex & Diabetes	
11:20	11:50	Screening and Monitoring of Endocrine Genetic Disorders	Genetics of Short Stature	CSII/Closed Loop	Pregnancy, Diabetes & Pre-diabetes: What's New?	Oral Session
11:50	12:20	Defining Thyroid Disease-does Ancestry Matter?	Update on Growth Hormone Therapy	Role of Technology in Diabetes	Bariatric Surgery When and Why?	Oral Session
12:20	13:20	Lunch/ Poster Session				
13:20	13:50	Thyroid Disease in Pregnancy	Medical Management of Childhood Obesity	Managing Polyuric States: How to Detect, How to Treat	What's the Big Deal with Pre-Diabetes?	Oral Session
13:50	14:20	Sarcopenia: Clinical Implications in Osteoporosis Management	Precocious Puberty: When and What to Treat	New Guidelines in Premature Ovarian Insufficiency	Phenotype Clustering the Ai for Diabetes Management	Oral Session
14:20	14:50		Industry Session	Industry Session		Industry Session
14:50	15:20		Industry Session	Industry Session		Industry Session
15:20	15:30	Break/ Poster Session				
15:30	16:00				Osteoporosis: Anabolics/Antiresorptives-what to Choose, When to Switch?	
16:00	16:30				Men from Mars & Women from Venus: Gender Differences CV	
16:30	16:50				Closing Ceremony	