

12th Sedation and Ultrasound Guided Regional Blocks in the ED

A highly evaluated course for Emergency Doctors and Acute Physicians

organised by Infomed Research & Training, on **Monday 12 June 2017**,
at IOM3, 297 Euston Road, London NW1 3AQ

ABOUT THE COURSE

- **Practical focus** on monitoring, standards, medico-legal aspects, procedures, pharmacology, when and why, rescue techniques, plus **video demos** and **hands-on ultrasound skills stations**.
- **Aimed at** Emergency Doctors and Acute Physicians. Also suitable for ACCS and Core Anaesthetic trainee doctors.
- **A course with lectures delivered by practicing Consultants** in Anaesthesia, Emergency Medicine and Intensive Care Medicine who are experienced in the effective use of sedation and regional blocks in the Emergency Department.
- **How to do the Blocks: Videos, Demos and Skill Stations.** A step by step guide with video clips followed by group tuition and supervised hands-on practice at ultrasound skills stations with models. The lecturer/demonstrator and skills station facilitators are anaesthetists from a wide range of hospitals.

COURSE ADVISORS

Prof Tim Harris,
Consultant in Emergency Medicine,
QMUL and Barts Health NHS Trust

Dr Fred Sage,
Consultant Anaesthetist,
East Surrey Hospital, Redhill

PROGRAMME

08.45 – 09.30 **Registration**

09.30 – 09.50

Introduction to the day

09.50 – 10.15

Pain Relief in the ED

Dr Karim Ahmad, Consultant in Emergency Medicine,
Barts Health NHS Trust

Topics covered:

- Which agent of choice for mild/moderate pain?
The role of codeine, NSAIDs, paracetamol and tramadol
- Which opiate should we use in the ED?
- How do we ensure good analgesia? Do pain scores have a role?
- Which LA agent should we use?

10.15 – 10.45

Sedation in the ED: When and How to Do It

Dr James Napier,
Consultant in Emergency and Intensive Care,
Newham University Hospital, London

Topics covered:

- A practical approach:
assessment, personnel, equipment
- Agents of choice
- Pros/cons, dosage, risks, methods of delivery
- Evidence base
- Monitoring and observation
- What is different in paediatric sedation?

Course equipment and
technical support
kindly provided by:



bk medical
Analogic Ultrasound Group



SonoSite
FUJIFILM

10.45 – 11.15

Sedation: How to Get Out of Trouble

Dr James Napier,

Consultant in Emergency and Intensive Care,
Newham University Hospital, London

Topics covered:

- When are you in trouble?
- Critical aspects, monitoring, safety, minimum equipment levels
- Equipment (e.g. laryngeal mask and RSI)
- Reversal agents
- Need to be able to intubate to perform procedural sedation?
- Case scenarios

11.15 – 11.40

Tea and coffee

11.40 – 12.20

Blocks in the ED: Maximizing Success

Dr Timothy Pepall,

Consultant Anaesthetist, Frimley Park Hospital

Topics covered:

- Digital, wrist, facial, ankle, Bier's Block and others relevant to the ED
- Anatomy, technique, indications and contraindications
- Compliance, consent and risks vs. benefits
- Equipment, setting up, positioning the patient
- The anaesthetics of choice and dosage
- What is different in paediatric blocks?

12.20 – 13.00

Blocks: How to Get Out of Trouble

Dr Myles Dowling,

Consultant Anaesthetist,
Queen's Medical Centre, Nottingham

Topics covered:

- Tips for avoiding trouble
- Anaesthetic toxicity
- Critical aspects, monitoring, always playing safe
- Intrathecal injection
- Nerve injuries
- Electromyography
- Cases: controversies and pitfalls

13.00 – 13.40

Lunch

13.40 – 17.30

Regional Blocks: Video Demos and Skills Stations

How to do the Blocks:

a step by step guide with video clips
followed by group tuition and
supervised hands-on practice
at ultrasound skills stations with models.

Blocks around the Shoulder

Videos and live demos (15 minutes)

by **Dr Tim Pepall**, covering:

- Anatomy
- Technique
- Indications, limitations, dangers/hazards and agents of choice

followed by **Skills Stations** covering:

- Supraclavicular blocks;
- Axillary blocks; and
- Interscalene block.

15.30 – 15.45

Tea and coffee

Blocks around the Groin

Videos and live demos (15 minutes)

by **Dr Tim Pepall**, covering:

- Anatomy
- Technique
- Indications, limitations, dangers/hazards and agents of choice

followed by **Skills Stations** covering:

- Fascia Iliaca blocks; and
- Femoral/popliteal blocks.

17.30

**Collection of Certificates
and close**

FACULTY includes

Dr Karim Ahmad,

Consultant in Emergency Medicine,
Barts Health NHS Trust

Dr James Napier,

Consultant in Emergency and Intensive Care,
Newham University Hospital, London

Dr Myles Dowling,

Consultant Anaesthetist,
Queen's Medical Centre, Nottingham

Dr Timothy Pepall,

Consultant Anaesthetist, Frimley Park Hospital

Dr Nick Courtenay-Evans, Consultant Anaesthetist,
East Surrey Hospital, Redhill

Dr Ehsan Hassan,

Locum Consultant in Emergency Medicine

Dr Vijay Mahendran,

Associate Specialist in Emergency Medicine,
Whiston Hospital, STHK NHS Trust, Merseyside

Dr Mahdi Alosert,

Locum Consultant in Emergency Medicine

Booking

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COURSE FEE (INC. 20% VAT)

£315 (inc. 20% VAT)

HOW TO REGISTER

You can **BOOK ONLINE** at: www.infomedltd.co.uk or **BOOK OVER THE PHONE** on **+44 (0)20 3236 0810**.

Alternatively, complete delegate and payment details, below, and post to:

Infomed Research & Training Ltd,
2nd Floor, Northside House,
69 Tweedy Road, Bromley BR1 3WA

Confirmation, venue map and receipt will follow by email.

General queries: e-mail courses@infomedltd.co.uk.

DELEGATE DETAILS

Title First Name

Surname

Job Title

Hospital

Address for correspondence ☐ Home ☐ Work

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Post Code Country

Tel

Email

Please inform Infomed if you have any special needs

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