

Cardiometabolic Advanced Practice Module: Transforming the Assessment, Prevention, and Management of Chronic Metabolic, and Cardiovascular Disorders

February 1-3, 2018

In person in Atlanta, GA or via live stream (EST)

PRE-COURSE EDUCATIONAL ACTIVITIES		
Available in your IFM account	INTERACTIVE VIDEOS Fundamentals of Functional Medicine and the Functional Medicine Matrix Model	Mark Hyman, MD Kristi Hughes, ND
Available week of January 8	Cardiometabolic Fundamentals	Shilpa P. Saxena, MD
Available January 26	WEBINAR: Mapping Metabolic Syndrome and Associated Conditions on the Functional Medicine Matrix	Shilpa P. Saxena, MD
PROGRAM SCHEDULE*		
WEDNESDAY, JANUARY 31		
6:00–7:00 PM	Check-in**	
THURSDAY, FEBRUARY 1 (DAY ONE)		
7:00–8:00 am	Check-in**	
8:00–8:30 am	The New Era of Managing Cardiometabolic Risk	Shilpa P. Saxena, MD
8:30–9:15 am	Widening the Lens on Metabolic Syndrome: A Continuum of Causes and Effects	Shilpa P. Saxena, MD
9:15–9:45 am	Morning Break Refreshments (Refreshments in Practice Implementation Showroom)**	
9:45–11:00 am	An Expanded Approach to Dyslipidemias	Yousef Elyaman, MD
11:00–11:15 am	Short Break	
11:15–12:45pm	Functional Considerations in Preventing and Reversing Dyslipidemias and Atherosclerosis	Mimi Guarneri, MD, FACC
12:45–1:45 pm	Doctor's Data Sponsored lunch "Assessment of Risk for CVD: Beyond the Standard of Care" (Optional, Non-CME, In-Person Only)	David Quig, PhD
1:45–2:00 pm	Free Time	
2:00–3:15 pm	Exploring Dietary Choices for Cardiovascular Disease: Implementation Strategies Using the Cardiometabolic Food Plan	Shilpa P. Saxena, MD and Cheryl Montgomery
3:15–3:45 pm	Question and Answer Session	Presenters
3:45–4:45 pm	Afternoon Break (Refreshments in Practice Implementation Showroom)**	

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4:45–6:00 pm	Strength in the Storm: Enhancing Resiliency to Stress	Mimi Guarneri, MD, FACC
6:15 pm	Genova Diagnostics Laboratory Tour (Optional, Non-CME, Light refreshments will be served)	
FRIDAY, FEBRUARY 2 (DAY TWO)		
6:00–7:00 am	Exercise and Movement (non CME)	Cheryl Montgomery
7:00–7:45 am	IFM Certification Programs: The Path and Benefits (non CME)	Robert Luby, MD Sonza Curtis, MPAS, PA-C, ND Elizabeth “Betsy” Board, MD, IFMCP, DABA
8:00–9:30 am	Fire in the Hole: The Metabolic Connecting Points Between Major Chronic Diseases	Shilpa P. Saxena, MD
9:30–10:00 am	Morning Break (Refreshments in Practice Implementation Showroom)**	
10:00–11:30 am	A Functional Approach to Hypertension	Michael Stone, MD, MS
11:30–12:30 pm	Case Studies	Michael Stone, MD, MS Mimi Guarneri, MD, FACC Shilpa P. Saxena, MD
12:30–1:30 pm	Lunch	
1:30–2:00 pm	Free Time	
2:00–3:30 pm	Exploring Exercise Choices for Cardiovascular Disease: Implementation Strategies Using The Exercise Prescription	Shilpa P. Saxena, MD Cheryl Montgomery
3:30–4:30 pm	Afternoon Break (Refreshments in Practice Implementation Showroom)**	
4:30–5:00 pm	Question and Answer Session	Presenters
5:00–6:00 pm	Maintaining the Heart in Medicine: The Art of Compassion in Health Care	Mimi Guarneri, MD, FACC
7:30–9:00 pm	Cardio: Business and Clinical Strategies for Successful Practice Implementation (non CME)	Kristi Hughes, ND Shilpa P. Saxena, MD Michael Stone, MD, MS Mimi Guarneri, MD, FACC Yousef Elyaman, MD
SATURDAY, FEBRUARY 3 (DAY THREE)		

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6:00–7:00 am	Exercise and Movement	Cheryl Montgomery
8:00–9:00 am	Putting Genetic Variation into the Cardiovascular Equation	Yousef Elyaman, MD
9:00-9:30 am	Question and Answer Session	Presenters
9:30–10:00 am	Morning Break (Refreshments in Practice Implementation Showroom)**	
10:00-11:00 am	A Functional Approach to Arrhythmias	Michael Stone, MD, MS
11:00–11:45 am	Case Studies	Michael Stone, MD, MS Yousef Elyaman, MD Shilpa P. Saxena, MD
11:45–12:00 pm	Reflections and Closing	Shilpa P. Saxena, MD
POST-COURSE EDUCATIONAL ACTIVITIES		
PRESENTER FORUM HOSTING SCHEDULE		
February 5- 9	Week 1 Forum Host	Yousef Elyaman, MD
February 12-16	Week 2 Forum Host	Shilpa P. Saxena, MD
February 19-23	Week 3 Forum Host	Michael Stone, MD, MS
February 26-March 2	Week 4 Forum Host	Mimi Guarneri, MD, FACC
February 16	Archived Link: Metabolic Imprinting: Pre-Conception and Prenatal Concerns Impacting Obesity, Cardiovascular Disease, and Metabolic Dysfunctions	Michael Stone, MD, MS
Available week of February 12	Question and Answer Session	Mimi Guarneri, MD, FACC Yousef Elyaman, MD
Available week of March 5	Question and Answer Session	Shilpa P. Saxena, MD Michael Stone, MD, MS

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