

Jointly Provided by the:

American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

and the California District IX, Chapter 2, AAP

in association with

Children's Hospital Los Angeles Medical Group

*Pediatric  
Potpourri®*

STATE OF THE ART 2020



February 22 - 28, 2020  
Hyatt Regency Maui Resort  
Maui, Hawaii  
1-800-3-KID-CME

[www.chla.org/cme-conferences](http://www.chla.org/cme-conferences)



## **Pediatric Potpourri®: State of the Art 2020** **February 22 - 28, 2020**

The American Academy of Pediatrics and California District IX, Chapter 2, AAP in association with Children's Hospital Los Angeles Medical Group are pleased to present **Pediatric Potpourri®: State of the Art 2020** on the island of Maui. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend **Pediatric Potpourri®: State of the Art 2020** if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

### **COURSE OBJECTIVES**

At the conclusion of this activity participants will be able to identify, assess and manage common clinical issues in the areas of dermatology, infectious diseases, cardiology, developmental-behavioral pediatrics, and pulmonology & sleep medicine including:

- Identify the history and physical exam findings which can help distinguish benign chest pain from life-threatening chest pain in children.
- Categorize skin lesions into major groups and interpret basic skin findings to generate a rational differential diagnosis.
- Apply the CDC recommendations for influenza vaccine and appropriately prescribe antiviral prophylaxis and treatment.
- Counsel parents on the most up-to-date recommendations for safe infant sleep and the importance of adhering to these recommendations.
- Develop an evidence-based strategy for non-stimulant medications for ADHD, determining when and how to use atomoxetine and alpha agonists.

The overall learning need identified for this conference is for practical, evidence-based medicine that can be applied in the clinical setting.

### **ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California District IX, Chapter 2. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.50 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.50 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 22.5 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

This Live activity, Pediatric Potpourri®: State of the Art 2020, with a beginning date of 02/22/2020, has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive up to 22.50 Mainpro+® credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

PAs may claim a maximum of 22.5 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*™ from organizations accredited by ACCME or a recognized state medical society.

This program is accredited for 22.50 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

#### **Disclosure of Financial Relationships and Resolution of Conflicts of Interest**

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

The content of this CME activity does not necessarily reflect the views or policies of the AAP.

## Faculty

### **Kelly M. Cordoro, MD**

*Professor of Dermatology and Pediatrics,  
Chief, Division of Pediatric Dermatology,  
Fellowship Director, Pediatric Dermatology,  
University of California, San Francisco*

### **Penelope H. Dennehy, MD**

*Professor of Pediatrics,  
The Warren Alpert Medical School of Brown University,  
Director, Division of Infectious Diseases,  
Hasbro Children's Hospital, Providence, Rhode Island*

### **Thomas G. Keens, MD**

*Professor of Pediatrics, Physiology and Biophysics,  
Keck School of Medicine of the University of Southern California,  
Division of Pulmonology and Sleep Medicine,  
Children's Hospital Los Angeles*

### **Karen J. Miller, MD**

*Clinical Professor of Pediatrics,  
Tufts University Medical School,  
Center for Children with Special Needs,  
Floating Hospital for Children at Tufts Medical, Boston, Massachusetts*

### **Arash A. Sabati, MD**

*Clinical Assistant Professor, Department of Child Health,  
University of Arizona, College of Medicine,  
Clinical Professor of Pediatrics, Creighton University School of Medicine,  
Director of Exercise Stress Lab, Division of Cardiology, Phoenix Children's Hospital*

## Conference Moderators

### **Eyal Ben-Isaac, MD**

*Associate Professor of Pediatrics,  
(Educational Scholar)  
Keck School of Medicine of USC  
Division of General Pediatrics  
Children's Hospital Los Angeles*

### **Carl M. Grushkin, MD**

*Professor of Clinical Pediatrics,  
Keck School of Medicine of USC  
Head, Division of Nephrology  
Children's Hospital Los Angeles*

# Meeting Schedule for Sunday, February 23rd - Thursday, February 27th

## Sunday, February 23, 2020

- 7:00 am Coffee and Pastries  
 7:20 am Greetings and Introductions  
 7:30 am Are E-cigarettes Safer Alternatives to Tobacco Smoking?  
**Thomas G. Keens, MD**  
 8:00 am The 15¢ Developmental Test: Using Children's Drawing and Writing Samples in Primary Care Settings  
**Karen J. Miller, MD**  
 8:30 am You Can't See What You Don't Know: Derm Diagnosis 101  
**Kelly M. Cordoro, MD**  
 9:00 am Break  
 9:20 am Melanocytic Nevi in Children: What's Normal and When to Worry  
**Kelly M. Cordoro, MD**  
 9:50 am My Approach to Pediatric Chest Pain  
**Arash A. Sabati, MD**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. SIDS, Safe Infant Sleep and Bedsharing  
**Thomas G. Keens, MD**  
 2. Case-Based Behavioral Counseling: Skill Building for the Busy Clinician  
**Karen J. Miller, MD**  
 3. Acquired Heart Disease and the Role of the General Pediatrician  
**Arash A. Sabati, MD**

## Monday, February 24, 2020

- 7:00 am Coffee and Pastries  
 7:30 am Pediatric Psoriasis: What's New, What's True, What do Pediatricians Need to Do?  
**Kelly M. Cordoro, MD**  
 8:00 am Pediatric Hypertension Review  
**Arash A. Sabati, MD**  
 8:30 am Evaluation of Chronic Cough  
**Thomas G. Keens, MD**  
 9:00 am Break  
 9:20 am Can Lung Disease Patients Exercise? Is it Safe?  
**Thomas G. Keens, MD**  
 9:50 am Bats, Bites and Needlesticks: What Should You Do Next?  
**Penelope H. Dennehy, MD**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Challenging Cases in Infectious Diseases  
**Penelope H. Dennehy, MD**  
 2. Acquired Heart Disease and the Role of the General Pediatrician  
**Arash A. Sabati, MD**  
 3. Optimizing Patient Care: Practical Strategies  
**Kelly M. Cordoro, MD**

## Tuesday, February 25, 2020

- 7:00 am Coffee and Pastries  
 7:30 am Autism Spectrum Disorder Recognition and Referral in Primary Care  
**Karen J. Miller, MD**  
 8:00 am MythBusters: Treatment of Atopic Dermatitis Edition  
**Kelly M. Cordoro, MD**  
 8:30 am Distinguishing Among Prolonged, Recurrent and Periodic Fever Syndromes  
**Penelope H. Dennehy, MD**  
 9:00 am Break

- 9:20 am Bone and Joint Infections: New Guidelines for Management  
**Penelope H. Dennehy, MD**  
 9:50 am When Snoring is More than Just Snoring: Obstructive Sleep Apnea  
**Thomas G. Keens, MD**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Optimizing Patient Care: Practical Strategies  
**Kelly M. Cordoro, MD**  
 2. SIDS, Safe Infant Sleep and Bedsharing  
**Thomas G. Keens, MD**  
 3. Case-Based Behavioral Counseling: Skill Building for the Busy Clinician  
**Karen J. Miller, MD**

## Wednesday, February 26, 2020

- 7:00 am Coffee and Pastries  
 7:30 am Hyperlipidemia Update  
**Arash A. Sabati, MD**  
 8:00 am Flu: What's New and What You Can Do in Your Practice  
**Penelope H. Dennehy, MD**  
 8:30 am Beyond the Basics: Medications for ADHD  
**Karen J. Miller, MD**  
 9:00 am Break  
 9:20 am AD/HD: Answering Parents' Questions  
**Karen J. Miller, MD**  
 9:50 am Put Your Visual Skills to the Test: Challenging Visual Diagnoses  
**Kelly M. Cordoro, MD**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Acquired Heart Disease and the Role of the General Pediatrician  
**Arash A. Sabati, MD**  
 2. Optimizing Patient Care: Practical Strategies  
**Kelly M. Cordoro, MD**  
 3. Challenging Cases in Infectious Diseases  
**Penelope H. Dennehy, MD**

## Thursday, February 27, 2020

- 7:00 am Coffee and Pastries  
 7:30 am Vaccines: Safety, Hesitancy, Refusal and Ethical Concerns  
**Penelope H. Dennehy, MD**  
 8:00 am Infant Apnea and Brief Resolved Unexplained Events  
**Thomas G. Keens, MD**  
 8:30 am Syncope in Children and Teenagers  
**Arash A. Sabati, MD**  
 9:00 am Break  
 9:20 am Commonly Missed Cardiac Disease: How to Not Miss It!  
**Arash A. Sabati, MD**  
 9:50 am Executive Function Dysfunction: The Newest "Learning Disability"  
**Karen J. Miller, MD**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Case-Based Behavioral Counseling: Skill Building for the Busy Clinician  
**Karen J. Miller, MD**  
 2. Challenging Cases in Infectious Diseases  
**Penelope H. Dennehy, MD**  
 3. SIDS, Safe Infant Sleep and Bedsharing  
**Thomas G. Keens, MD**

## Registration

Saturday, February 22, 2020  
thereafter

3 pm - 6 pm Daily  
7 am - 11 am

## ATTRACTIONS & ACTIVITIES

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Maui offers a wide variety of attractions and activities including:

#### **Whale Watching -**

*February is Humpback Whale season in Hawaii*

#### **Lahaina Town -**

*The mid-1800s whaling capital of the Pacific*

#### **Haleakala National Park -**

*Site of the world's largest dormant volcano*

#### **Molokini Island -**

*A marine life conservation district and seabird sanctuary*

#### **The Road to Hana**

#### **Maui Ocean Center**

#### **Alexander & Baldwin Sugar Museum**

#### **Bailey House Museum**

#### **Iao Valley State Park**

#### **Maui Tropical Plantation**

#### **Tedeschi Vineyards**

#### **Sunrise Protea Farm**

#### **Enchanting Floral Gardens of Kula**

#### **Scuba, snorkeling and kayaking**

#### **Horseback riding**

#### **Hiking and biking**

#### **Golf**

#### **Helicopter adventures**

#### **Surfing and windsurfing**

#### **Sailing**

#### **Submarine tours**

### Old Lahaina Luau

**"This is the best Luau you'll find in Maui."**  
(Fodor's Maui and Lanai)

**Wednesday, February 26, 2020 / 5:15-8:15 pm**

Enjoy an evening of traditional Hawaiian cuisine, music, cultural dances and demonstrations at the Old Lahaina Luau. Learn about Hawaiian history and culture in the laulima (working together) area along the ocean's edge, then gather for the traditional Imu ceremony followed by an all-you-can-eat buffet of regional cuisine. Upon sunset, the award-winning production begins, telling the story of the Hawaiians with hula dancing, chanting and singing.

"Its authenticity, intimacy, hospitality, cultural integrity and sheer romantic beauty have made this Maui's top luau." (Frommer's Maui)

Includes a fresh flower lei greeting, bountiful buffet dinner, cocktails (throughout the evening) and entertainment.

**Price: \$115 Adults & Teens (13 and over), \$73 Children (2-12), Infants not occupying a seat, are free.**

*Price includes tax and gratuity. Transportation is on your own.*

**Space is limited: reserve early.** Sign up for this activity on the conference registration form.

## Future Meetings!

### Pediatrics in the Islands ... Clinical Pearls 2020

June 27-July 3, 2020

Hyatt Regency Maui Resort & Spa

### Aloha Update: Pediatrics® 2020

October 17-23, 2020

Grand Hyatt Kauai Resort & Spa

### Pediatric Potpourri®: State of the Art 2021

February 20-26, 2021

Hyatt Regency Maui Resort

## Travel & Accommodations

To make your reservations at our special, discounted rates, please visit our travel website at [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com)

### Hyatt Regency Maui Resort

Located on popular Kaanapali Beach, the Hyatt Regency is one of Maui's leading luxury resorts. The grounds are a paradise of ponds, lagoons and tropical gardens inhabited by exotic swans, flamingos, penguins and parrots. The free-form swimming pool, one of Maui's largest, is lined with rope bridges, waterfalls, grottoes and waterslides. Guest rooms are comfortably appointed, each with a private lanai. Features such as a multi-million dollar art collection and a unique variety of boutiques and restaurants lend to the ambiance. Activities available include tennis, golf at Kaanapali's two courses and a fitness center. Children will enjoy a variety of daytime activities offered at Camp Hyatt. The location is ideal to visit Whaler's Village, a popular Kaanapali attraction, and nearby Lahaina Town, with its myriad of shops, restaurants and boutiques.

**Regency Club** - Upgrade to the Hyatt's Regency Club at special group rates. Regency Club privileges include continental breakfast, daily and evening buffet services, beverages and more.

### Hyatt Regency Maui Reservations

The special group rates for Pediatric Potpourri® participants are:

- Resort View: \$349/night
- Partial Ocean View: \$365/night
- Deluxe Ocean View: \$385/night
- Regency Club Ocean: \$499/night
- Ocean Suite: \$560/night

These special rates include:

- Free parking
- Free internet
- Free resort fee

A value of \$54 per day.

*The Hyatt Regency Resort Fee, currently a \$32 per day mandatory fee, includes fitness center admission, local phone calls and other guest amenities. The Hyatt Regency Self-Parking Fee is currently a \$22 per day fee.*

*These services are complimentary only if you book at our special group rates. Most other quoted rates do not include these add-on fees. If you book outside of our group, you can expect to see these fees added to your bill at check-out.*

Occupancy: Rates are valid for one or two adults per room. Additional adults over 18 are charged at \$75 per night (Regency Club, \$125). Maximum occupancy is 4 per room. Children 18 and under are free. Please refer to the website for bedding options and other important details.

*The above rates do not include applicable Hawaii tax (currently 14.42% per room night occupied). This tax will be added to your final bill at check-out.*

Typical arrival and departure dates are:

Check-In: Saturday, February 22, 2020

Check-Out: Friday, February 28, 2020

Rooms may be reserved at our special group rates up to 3 days before and after the above dates subject to availability.

**Deposits and Cancellations:** A two (2) night deposit is required at time of booking. Cancellations from 30 days to 72 hours before arrival will be assessed a one (1) night room and tax charge. Cancellations within 72 hours of arrival will be charged two (2) nights room and tax.

Visit our travel website – [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com) – to reserve your room at the Hyatt Regency Maui Resort at our special group rates.

*If you prefer to call for room reservations, please call Hyatt reservations at 877-803-7534 and ask for the "Pediatric Potpourri" conference rate at the Hyatt Regency Maui.*

### Rental Car Reservations

To make the most of your visit to Maui, we highly recommend a rental car.

Please visit our website [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com) for online reservations and specially discounted rental rates with Hertz, Avis, and Alamo.

Typical weekly rates with unlimited mileage (excluding gas, taxes, and optional insurance):

- Sedans, from \$183 compact to \$216 full size
- SUV's from \$285 / Convertible or Jeep from \$300
- Minivans from \$368

*If you prefer to call for rates/reservations, contact:*

Hertz: (800) 654-2240 & give convention number: 044F0013

Avis: (800) 230-4898 and give discount code H055246

Alamo: (877) 222-9075 and give contract ID #T00383E

Note: While most flights arrive at Maui's main airport (code OGG), some arrive at the west Maui airport (code JHM). Be sure to select your correct arrival/departure airport when making your rental car reservations.

### Flights

The main airport in Maui is the Kahului Airport (also known as the Maui International Airport), code OGG. This airport is 28 miles from the Hyatt Regency Maui Resort in Ka'anapali, about 45 minutes by car.

The much smaller Kapalua Airport in west Maui, code JHM, is served by commuter flights to and from Honolulu (code HNL). This airport is 5 miles from the Hyatt Regency Maui Resort, about 10 minutes by car.

*For additional information, please visit our travel website at [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com)*

### Travel Assistance

For assistance or additional information, please contact our travel services provider: **University Travel;** (800) 821-5094 or (818) 563-9808; Fax: (818) 563-9842; Email: [pediatrics@unitrav.com](mailto:pediatrics@unitrav.com)

(CST registration # 1015591-40).

### Conference Registration Cancellation Fees:

Prior to December 15, 2019 \$ 50.00 • December 15, 2019 - January 15, 2020 \$ 125.00 • After January 15, 2020 \$ 200.00

No Activity Refunds / No Post-conference Refunds / Note: Travel registration may also be subject to cancellation fees.

Visit [www.chla.org/cme-conferences](http://www.chla.org/cme-conferences),  
for on-line conference registration or to add your name to our mailing list.  
Visit [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com) for on-line hotel, rental car and/or airline reservations.

**Conference Registration**  
**Pediatric Potpourri®: State of the Art 2020**  
February 22-28, 2020 – Hyatt Regency Maui Resort

Name \_\_\_\_\_ MD \_\_\_\_\_ Other \_\_\_\_\_  
Please check Specialty: \_\_\_\_\_ Pediatrics AAP# \_\_\_\_\_  
\_\_\_\_\_ Family Medicine AAFP# \_\_\_\_\_  
\_\_\_\_\_ Other: \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Primary Phone \_\_\_\_\_ Office \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_ Other \_\_\_\_\_  
Secondary Phone \_\_\_\_\_ Office \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_ Other \_\_\_\_\_  
Fax \_\_\_\_\_ Email \_\_\_\_\_

Note: Please include an email address. Receipt and correspondence will be sent via email.

Past conference attendees: **If you register online by October 1, 2019, you receive an additional \$25 discount off the early registration fees listed below.** This discount is only available to past attendees at one of our three annual meetings in Hawaii.

| Tuition:                         |       | Early Registration by November 15, 2019 |          |
|----------------------------------|-------|-----------------------------------------|----------|
| Physician                        | \$995 | \$945                                   | \$ _____ |
| Past Physician Registrant        | \$945 | \$895                                   | _____    |
| CHLA Staff/Alumni                | \$935 | \$885                                   | _____    |
| AAP CA Dist. IX, Chap. 2         | \$935 | \$885                                   | _____    |
| *Resident / Intern               | \$735 | \$685                                   | _____    |
| Retired Physician                | \$735 | \$685                                   | _____    |
| Non-Physician (NP, PA, RN, etc.) | \$735 | \$685                                   | _____    |

\*A letter from the Chief of Staff must accompany registration for reduced Resident/Intern tuition. Full tuition will be charged if not pre-registered.

**Old Lahaina Luau – Wednesday, February 26, 2020 – 5:15-8:15 pm**

# \_\_\_\_\_ @ \$115 per adult/teen = \$ \_\_\_\_\_  
# \_\_\_\_\_ @ \$73 per child under 12 = \$ \_\_\_\_\_  
# \_\_\_\_\_ Infants, not occupying a seat (free) Old Lahaina Luau Subtotal: \$ \_\_\_\_\_

**Guest Pass(es):** If you would like your guest(s) to join you for the conference continental breakfast (this is the continental breakfast at the conference and not the hotel's buffet breakfast) on Sunday, February 23 through Thursday, February 27, Please indicate here:

# \_\_\_\_\_ @ \$193 per per adult/teen 13 or older + # \_\_\_\_\_ @ \$96.00 per child, 12 & under = \$ \_\_\_\_\_

**Total Amount Due:**

**Tuition Total:** \$ \_\_\_\_\_ + **Group Activities Total:** \$ \_\_\_\_\_ + **Guest Passes Total:** \$ \_\_\_\_\_  
= **Total Amount Due:** \$ \_\_\_\_\_

**Payment:**

☐ Check enclosed (payable to Children's Hospital Los Angeles Medical Group or CHLAMG)

Credit Card: ☐ Visa ☐ MasterCard ☐ Amer. Exp. ☐ Discover

Card No. \_\_\_\_\_ Security Code \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address \_\_\_\_\_

Billing City/State/Zip \_\_\_\_\_

**Hotel, Rental Car and Flight Information:**

The above conference registration does not include hotel, rental car or airline reservations. Visit our travel website, [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com), for information and reservations.

For assistance or additional information, please contact our travel services provider: **University Travel**  
(800) 821-5094 or (818) 563-9808; Email: [pediatrics@unitrav.com](mailto:pediatrics@unitrav.com)

University Travel, CST Registration #1015591-40.

**Contact information and mailing address: CHLAMG / Pediatric Potpourri®**  
3701 Wilshire Blvd., Suite 600, Los Angeles, CA 90010 • 1-800-3-KID-CME (800-354-3263) or (323) 361-2752  
Fax (323) 925-7490 • CME email: [pediatricCME@gmail.com](mailto:pediatricCME@gmail.com) • [www.chla.org/cme-conferences](http://www.chla.org/cme-conferences)