

TWENTY-FIRST
ANNUAL

INTERDISCIPLINARY CONFERENCE ON

**Supportive Care,
Hospice and Palliative
Medicine**

OCTOBER 13-14, 2017

Friday, October 13, 2017

7:15 am Registration and Continental Breakfast

8:00 **Welcome**

Sriram Yennu, MD

8:15 **Creating a Healing Atmosphere in any Palliative/Supportive Care Setting***

Eduardo Bruera, MD

9:15 **14th Annual John Mendelsohn Award 2015 Ceremony and Introduction of Speaker**

Eduardo Bruera, MD

14th Annual John Mendelsohn Award for Outstanding Contributions in the Development of the Field of Palliative Care Presentation: Strategies to Improve Quality End-of-Life Care. It's the Journey, Not the Destination*

Joan Teno, MD, MS

Moderator: *Sriram Yennu, MD*

10:30 Break

10:45 Workshops:*

1. Doc I Ran Out of My Pills:
Management of Patient with Aberrant
Drug Use
*Joseph Arthur, MD; and
Tonya Edwards, BSN, MS, CCRP*
2. Updates in Caring For Delirious
Patients: Caregivers and Clinicians
Perspective
Maxine de la Cruz, MD
3. Caregiver Burden:
Why They Need Care Too
*Sujin Ann-Yi, PhD; and
Kimberson Tanco, MD*
4. Cancer Pain Drug Therapies:
Current and Emerging Trends
Shalini Dalal, MD
5. Occupational Therapy:
Where Does It Fit In?
Macklyn Ivy, OTR, PhD
6. Doctor, Do Everything for My Child
Kevin Madden, MD

12:00 pm Lunch (provided)

**12:45 Putting Advance Care Planning Into
Action***

Joan Teno, MD, MS

**1:45 "Value-Based Palliative Care"
From Patients Perspective***

Eduardo Bruera, MD

3:00 Break

3:30 Workshops:*

1. The Many Hats of An Outpatient
Supportive Care Nurse
*Debra Castro, BSN, CHPN; and
Lindsey Pimentel, RN*
2. Is Clinical Depression Influencing
My Patient's Decisions?
Rachel Lynn, MD
3. Words for the End-of-Life:
The Work of the Artist In Residence
Marcia Brennan, PhD

4. Advances in Palliative Treatment of Bone Metastasis
Quynh-nhu Nguyen, MD
5. My Mom is Not Eating. Nutrition in Advanced Illness
Rony Dev, DO
- 4:30** Open Time/Break
- 4:45** **Workshops:***
1. Managing Symptoms Due to Immunotherapy
Vivek Subbiah, MD
 2. Kids and Hospice: It's Not What You Think It Is
Patrick Jones, MD; and Kevin Madden, MD
 3. Transitioning to Hospice, It Takes a Team!
Regina Pair Allen, MDiv, MHSA, BCC; Martha Aschenbrenner, LPC, MA; Debbie Breaux, RN, BSN; Luke Coulson, LCSW; Courtney Maligi, MD; Kristy Nguyen, Pharm D; Detra Sylvester, RN; and Kimberson Tanco MD
 4. Acupuncture for Symptom Management. What Is the Evidence?
Michael Spano, MS, LAc
 5. Early Palliative Care: When is the Right Time for Referral?
David Hui, MD

5:45 pm Adjourn

Saturday, October 14, 2017

7:15 am Registration and Continental Breakfast

8:00 **Workshops:**

1. When Home and Work Collide: Return to Palliative Care After the Death of a Family Member
Martha Aschenbrenner, LPC, MA; and Karen Baumgartner, MSN, APRN, BC

10:00

2. We Have an APP for That! Update On the Role of APPs (Advanced Practice Providers) in Palliative Care
Carolyn Holmes, APRN
3. I Am Not Depressed! — Demoralization, When Patients Have Lost Meaning and Purpose*
Jerry Ignatius, DO
4. MD Anderson Palliative Sedation Protocol; Indications, Procedures and Communications*
Paul Walker, MD
5. Management of Ascites and Bowel Obstruction
Marieberta Vidal, MD

Workshops:*

1. Setting Up a Successful Community Based Palliative Care Practice: Challenges and Solutions
Sandra Gomez, MD
2. Too Old for Treatment? Care for Senior Adults with a New Diagnosis of Cancer
Ishwaria Subbiah, MD
3. Take Time for Time Out
Luke Coulson, LCSW
4. Honoring Religious Practices in Death and Dying
Regina Pair Allen, MDiv, MHSA, BCC
5. The Clinician Burnout Epidemic, and What We Can Do About It
Suresh Reddy, MD
6. Finding Meaning and Purpose When Demoralized: Experiential Overview of Meaning Centered Psychotherapy
Sujin Ann-Yi, PhD; and Jerry Ignatius, DO

Introduction of the Debra Sivesind Career Award and Lecture
Eduardo Bruera, MD

Nursing Strategies to Facilitate Early Palliative Care
Marie Bakitas, DNSc, APRN, AOCN, ACHPN, FAAN

11:15

11:30

Break

Workshops:*

- a. Billing Issues; Which is Pertinent to Both Physician and Nursing
Kim Borrowes; and Debbie Breaux, RN, BSN
- b. Mindfulness, Relaxation and Hypnosis
David Zuniga, PhD
- c. Keeping it G-Rated: Talking to Children When a Parent is Dying
Martha Aschenbrenner, LPC, MA
- d. How to Manage Breakthrough Cancer Pain
Ahsan Azhar, MD

12:30 pm

Lunch (provided)

1:00

Optimizing Palliative Care in the Community
Marie Bakitas, DNSc, APRN, NP-C, AOCN, ACHPN, FAAN

2:15

Workshops: (break at 3:15 pm)*

1. Communication: Taking Care of The Hatful Patient
Daniel Epner, MD; and Sujin Ann-Yi, PhD
2. Pain (30 minutes sessions each)
 - a) Use of Methadone, Oxymorphone and Levorphanol: When and How?
Akhila Reddy, MD
 - b) Antipsychotic and Steroids: Indications and Dosing
Kristy Nguyen, PharmD
 - c) Integrative Approaches to Manage Pain and Nausea
Gabriel Lopez, MD
 - d) Opioid Initiation and Titration in Pediatric Patients
Kevin Madden, MD

4:30 pm

Adjourn