

EUROSPINE
Spring Speciality Meeting
26-27 April 2018, Vienna, Austria



Prevention Strategies of Spinal Disability A Global Burden and A Concern for All Communities

Austria Trend Hotel Savoyen
Rennweg 16, 1030 Vienna, Austria

Course Chairs: Margareta Nordin, Michael Ogon and Pierre Côté

With invited contributions from

World Spine Care, North American Spine Society, World Confederation of Physical Therapy, World Federation of Chiropractors, The Global Musculoskeletal Alliance, The Global Burden of Disease and others

Who should participate: Physicians, surgeons, epidemiologists, physical therapists, chiropractors, osteopaths, researchers, economists, insurance companies, policy makers and other interested professionals in preventing disability in spinal disorders

What will you learn: Spinal disability is the most prevalent and costly ailment in the world. It requires a societal effort from public health, health care providers, and policy makers to make a difference. This conference will present strategies based on evidence for the prevention of disability in spinal disorders in high and low income communities. The following topics are being discussed

- 1) Identification and definition of disability?
- 2) How do we measure it?
- 3) Can we predict spine disability?
- 4) Evidence and strategies to prevent spine disability in public health
- 5) Evidence and strategies to prevent spine disability in early care
- 6) Evidence and strategies to improve ability and participation in chronic spine care

CME: is being applied for

Scientific Programme

Thursday, 26 April 2018

08:00-8:10	Welcome and Purpose: What does disability from spinal disorder mean? Ministry of Health, Austria
------------	--

Symposium 1: The Global Burden of Spinal Disorders

Moderator: Scott Haldeman, World Spine Care and North American Spine Society, USA

08:10-8:30	Disability and spinal disorders: implications for global health and system responses <i>Andrew Briggs, Global Alliance for Musculoskeletal Health, Australia</i>
08:30-8.50	How to conceptualise and measure disability? <i>Ellen Årtun, UiO, Norway</i>
08:50-9.10	Panel discussion faculty <i>Moderator: Scott Haldeman, World Spine Care and North American Spine Society, USA</i>

9.10-9.40	Keynote: The Importance of Musculoskeletal Prevention of Disability and Rehabilitation <i>Karsten Dreinhöfer, Global Musculoskeletal Alliance, Germany</i>
-----------	--

9.40-10.10 Break

Symposium 2: Examples of prevention of spine disability, are we successful?

Moderator: Rachid Salmi, EUROSPINE, France

10.10-10.30	Population prevention of spine disability, are we successful? <i>Pierre Côté, EUROSPINE, Canada</i>
10.30-10.50	Prevention of spine disability in the workplace, a success story <i>Johannes (Han) Anema, International Commission on International Health, Netherlands</i>
10.50-11.10	Prevention and prevention of disability in sports, new strategies <i>Michael Mayer, EUROSPINE, Germany</i>
11.10-11.30	The prevention of spine disability a human rights issue? <i>Jan Monsbakken, Rehabilitation International, Norway</i>
11.30-12.00	Panel discussion faculty <i>Moderator: Rachid Salmi, EUROSPINE, France</i>

12.00-13.00 Lunch

Symposium 3: What can clinicians do to prevent spine disability and to avoid misuse of care?

Moderator: Margareta Nordin, EUROSPINE, France

13.00-13.20	How do the clinical history and clinical evaluation contribute to diagnose spine disability? <i>Nadège Lemeunier, EUROSPINE, France</i>
13.20-13.40	Do we need an x-ray or imaging for every patient seeking care for spinal disorders to reduce spine disability? <i>Alberto Zerbi, EUROSPINE, Italy</i>
13.40-14.00	Who to refer to and to avoid misuse of care? <i>Richard Brown, World Federation of Chiropractic, Canada</i>

- 14.00-14.20 Early care models for the prevention of common spine pain and disability, are they successful?
Marco Campello, EUROSPINE, USA
- 14.20-14.50 Panel discussion faculty
Moderator: Margareta Nordin, EUROSPINE, France

14.50-15.20 Break

Symposium 4: Prevention of spine disability in the working population

Moderators: Pierre Côté, EUROSPINE, Canada

- 15.20-15.40 The working population: how can the work place prevent spine disability?
Kim Burton, EUROSPINE, United Kingdom
- 15.40-16.00 How can an insurance companies aid the prevention of spine disability?
Gilles Rivier, SUVA, Switzerland
- 16.00-16.20 Are there national policies to be changed to prevent spine disability in the working population?
Jan Monsbakken, Rehabilitation International, Norway
- 16.20-17.00 Panel discussion faculty
Moderator: Pierre Côté, EUROSPINE, Canada

19.30 Official Dinner (location tba)

Friday, 27 April 2018

- 08.30-9.00 **Keynote: Preventing spine disability in underserved population an international perspective**
Scott Haldeman, World Spine Care and North American Spine Society, USA

Symposium 5: Surgical care in the prevention of spine disability

Moderator: Michael Ogon EUROSPINE, Austria

- 9.00-9.15 Can fusion, disc replacement or conservative care prevent disability in patients with low back pain?
Anne Mannion, EUROSPINE, Switzerland
- 9.15-9.30 What patient needs surgery to prevent disability in patients with spine deformities?
Emre Acaroglu, EUROSPINE, Turkey
- 9.30-9.45 What patients with osteoporotic fractures need a surgical intervention to prevent disability?
Michael Ogon, EUROSPINE, Austria
- 9.45-10.00 What patient with spinal stenosis does need spine surgery to prevent disability?
Frank Kandziora, EUROSPINE, Germany
- 10.00-10.15 Prevention of spine disability in football
Michael Mayer, EUROSPINE, Germany
- 10.15-10.50- Panel discussion faculty
Moderator: Michael Ogon, EUROSPINE Austria

10.50-11.20 Break

- 11.20 -11.50 **Keynote: What model of spine care should we use to prevent disability in people with spinal disorders?**
Christine Cedraschi, EUROSPINE, Switzerland

Symposium 6: The first patient encounter and prevention of spine disability-strategies

Moderator: Jan Monsbakken, Rehabilitation International, Norway

- 11.50-12.10 What is effective early care to prevent spine disability?
Margareta Nordin, EUROSPINE, France
- 12.10-12.30 The elderly patient with spine problems and prevention of disability
Michael Ogon, EUROSPINE, Austria
- 12.30-12.50 Identifying the patient risk for spine disability: Is it possible?
Tamar Pincus, EUROSPINE, United Kingdom

12.50-13.50 Lunch

Symposium 6 cont.: The first patient encounter and prevention of spine disability-strategies

Moderator: Jan Monsbakken, Rehabilitation International, Norway

- 13.50-14.10 How do we educate clinicians to prevent disability from spine disorders?
Rachid Salmi, EUROSPINE, France
- 14.10-14.30 Policy efforts to prevent spine disability. The Canadian experience
Pierre Côté, EUROSPINE Toronto, Canada
- 14.30-14.50 What is the patient's opinion from qualitative studies?
Christine Cedraschi, EUROSPINE, Switzerland
- 14.50-15.20 Panel discussion: How do we work together to prevent and reduce disability for patients seeking care for spine disorders?
Moderator: Jan Monsbakken, Rehabilitation International, Norway

15.20-15.50 Break

Panel Discussion: What are the steps to prevent disability of spinal disorders? How do we achieve results?

Moderators: Margareta Nordin and Frank Kandziora

- 15.50-17.00 A panel discussion including, Johannes (Han) Anema, Andrew Briggs, Pierre Côté, Karsten Dreinhöfer, Scott Haldeman, Jan Monsbakken, Eric Muehlbauer, Michael Ogon, Gilles Rivier and Rachid Salmi