



REDEFINING MEDICINE®

A4M Thailand Symposium | September 7th-8th 2019 | Bangkok Thailand

September 7th | Location: The Crystal Box Room | General Session: Revolution in Regenerative Medicine

8:00 am – 8:30 am	Opening Ceremony	Robert Goldman, MD, PhD & Prof. Dato Sri Dr. Mike Chan
8:30 am – 9:10 am	Stem Cells As The Main Stratagem of Biological Regenerative Medicine	Dr. Dmitry Klokot
9:10 am- -9:40 am	Stem cell derived exosomes in therapeutic intervention and antiaging	Prof. Thomas Skutella
9:40am-10:15am	Safety:What Every Physician Should Know About Stem Cells, Cells Extracts, Peptides:Exosomes-How To Tell The Differences, The Overstatment And Their Potencies:Which Work Better, Which Don't, and why?	Prof. Dato Sri Dr. Mike Chan
10:15am-10:45am		Coffee Break

Session 1: Regenerative Medicine | Evolution in Anti-Aging Medicine | Location: The Crystal Box Room

10:45am-11:20am	The Evolution Of Anti-Aging Regenerative Medicine & Longevity Field	Robert Goldman, MD, PhD
11:20am – 11:55am	New Anti-Aging paradiagms Peptides In Holistic Medicine For Healthy & Beautiful Life	Dr. Thom E. Lobe
11:55am-12:30pm	Inflammation and Aging (Inflammaging Revolution)	Dr. Graham Simpson
12:30pm-14:00pm	Buffet Lunch	

Session 1: Aesthetic Medicine | Face Lifting and Rejuvenation | Location: The Lawn Room

10:45am-11:20am	Non invasive face lift: lifting and rejuvenation	Dr. Tin Hau Wong Sky
11:20am – 11:55am	Deep Medial Cheek lift by injectables	Dr Rassapoom Sumaetheiwit
11:55am-12:30pm	Thread lifting by soft tissue repositioning effect	Dr. Danai Praditsuwan
12:30pm-14:00pm	Buffet Lunch	

Session 2 Regenerative Medicine | Clinical Nutrition and Metabolism | Location: The Crystal Box Room

14:00pm-14:35pm	Noble use of peptides in the treatments of diabetes	Dr. Andrew Lazootin
14:35pm-15:10pm	Nutrition and impact of gut microbiome	Dr. Varocha Mahachai
15:10pm-15:45pm	Obesity, Exercise and Metabolism	Dr. Tanjung Subrata
15:45pm-16:15pm		Coffee Break

Session 2 Aesthetic Medicine | Update in Energy Based Devices | Location: The Lawn Room

14:00pm-14:35pm	Update in energy based devices for pigments management	Dr Wachira Kunathathorn
14:35pm-15:10pm	Melasma: new ideas in pathology and update treatments	Dr. Tin Hau Wong Sky
15:10pm-15:45pm	Update in Radio Frequency Vs CO2 Laser	Dr. Jason Wong
15:45pm-16:15pm		Coffee Break

Session 3 Regenerative Medicine | Hormone Optimization and Stress Management | Location: The Crystal Box Room

16:15pm-16:45pm	Hormone management	Dr. Soipetch Viravaidya
16:45pm-17:15pm	Biohormonal Revitalization Therapy For Premature Menopause & Andropause Treatment From The Perspective Of Biological Regenerative Medicine	Dr. Simon Yefimov
17:15-17:45pm	Health, Sex and Longevity	Dr. Andrew Lazootin
17:45pm-18:15pm	Exercise for optimizing testosterone and growth hormone	Dr. Tanjung Subrata
18:15pm-18:45pm	Stress Resilience In Clinical Practice & Health Outcomes	Dr. Sivaneswaran Poobalasingam
18:45pm-19:00	Discussion	Panel
WELCOME RECEPTION		

Session 3 Aesthetic Medicine | Regenerative Aesthetic | Location: The Lawn Room

16:15pm-16:55pm	Cell Assisted Lipotransfer: The Quest For Ideal Cell Source & Muse Stem Cells. A Game Changer In Cosmetic Regenerative Medicine	Dr.Tawfik Sefrioui
16:55pm-17:30pm	Application of Stem Cell Extracts Of Skin, Mesenchyme Placenta, Collagen, Elastin & Cell Extracts Combinations With Hyaluronic Acid In Aesthetic Dermatology & Skin Rejuvenation	Dr. Vladymyr Chernykh
17:30pm-18:05pm	Stem cell therapy in dermatology: Blistering diseases, skin cancer and chronic wound healing	Dr. G. K. Glen Alvin
18:05pm-18:45pm	Zero Cost Marketing To Gain Billions In Health & Aesthetic Business	Dr. Khong Kwan (Kate)
18:45pm-19:00	Discussion	Panel
WELCOME RECEPTION		

Day Two - September 8th**Session 4 Regenerative Medicine | Diet and Exercise | Location: The Crystal Box Room**

8:30 am – 9:05am	Navigating the Labyrinth of Dietary Restriction Methods	Mr. Brian M. Delaney
9:05-9:40am	Muscle as medicine for improving longevity	Dr. Thom E Lobe
9:40am-10:15am	Fasting and longevity, weight loss and performance	Dr. Graham Simpson
10:15am-10:45am	Coffee Break	

Session 4 Aesthetic Medicine | Symmetry in Aesthetic Medicine | Location: The Lawn Room

8:30 am – 9:05am	Update in lower face, neck and shoulder contouring	Dr. Danai Prasitsuwan
9:05-9:40am	Balance of forehead line and eyebrows by toxin injection	Dr. Rassapoom Sumaetheiwit
9:40am-10:15am	Symmetry in facial contouring by injectables	Dr. Wachira Kunathathorn
10:15am-10:45am	Coffee Break	

Session 5: Regenerative Medicine | Update in Anti-Aging Medicine (Cellular Regeneration) | Location: The Crystal Box Room

10:45am-11:20am	Germ Stem cell reprogramming	Prof Thomas Skutella
11:20am – 11:55am	Role of Biological Regenerative Medicine in treatment of age-related immunosenescence	Dr. Dmitry KloKol
11:55am-12:30pm	Telomere Restoration and emerging concepts in cell senescence manipulation	Dr Tawfik Sefrioui
12:30pm-14:00pm	Buffet Lunch	

Session 5: Aesthetic Medicine | Essential Peals in Aesthetic Medicine| Location: The Lawn Room

10:45am-11:20am	MUST KNOW - FACIAL DANGER ZONE for all aesthetic injectable procedures	Dr Lenzo Ling
11:20am – 11:55am	Skin micrografts in treatment of androgenic alopecia	Dr Jason Wong
11:55am-12:30pm	Stem Cell Peptide For Hair Growth	Dr Vladymyr Chernykh
12:30pm-14:00pm	Buffet Lunch	

Session 6 Regenerative Medicine | Brain Restoration and Anti-Aging | Location: The Crystal Box Room

14:00pm-14:35pm	Treating neuroinflammation to improve functional outcomes in Neuro-Cognitive disorders in children and adults	Dr. Thom E Lobe
14:35pm-15:10pm	Progenitor/Precursor Stem Cell Therapy In Biological Regenerative Medicine As The New Strategy Of The Treatment Of The Brain Development & Neurodegenerative Diseases.	Dr. Yuriy Nalapko
15:10pm-15:45pm	Immunology related update in antiaging	Dr. Chomchai Vichitrananda
15:45pm-16:15pm	Coffee Break	

Session 6: Aesthetic Medicine | Essential Pearls In Aesthetic Medicine Part 2 | Location: The Lawn Room

14:00pm-14:40pm	Cell Therapy in Inflammatory Skin Diseases	Dr. G. K. Glen Alvin
14:35pm-15:15pm	Periorbital Area Rejuvenation- NO MORE TIRED EYES	Dr. Lenzo Ling

15:45pm-16:15pm

Coffee Break

Session 7: Regenerative Medicine | Essential Pearls in Anti-Aging and Regenerative Medicine |

Location: The Crystal Box Room

16:15pm-17:00pm	Overview of cutting-edge age management treatments being offered around the world	Mr. Brian M. Delaney
17:00pm-17:45pm	Basic In CBD Science & Usage (EG Endocannabinoid Receptors & Role of Phytonutrients)	Ms. Heather Bird
17:45pm-18:15pm	CBD In Pain Management	Dr. Pongsatorn Meesawatsom
18:15pm-19:00pm	Practical advanced application of stem cell in regenerative medicine: Tendon Regeneration with stem cell	Prof. Thomas Skutella & Dr Dmitry

ABAARM Written Exam | Location: The Lawn Room | 16:00pm-19:00pm

Workshop 1 | Oaks Room 1

16:00pm-17:00pm	Cell Therapy & Regenerative Medicine 2030	Dr Khong Kwan-Kate
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Workshop 2 | Oaks Room 2

16:00pm-17:00pm	Cell extract administration into ganglions and intranasal pathway	Dr. Macheret
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Workshop 3 | Oaks Room 1

17:00pm-18:00pm	Role of Extracellular vesicles, Exosome and practical application in aesthetics and antiaging	Dr Tawfik Sefrioui
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Workshop 4 | Oaks Room 2

17:00pm-18:00pm	Practical considering points of biological medicine in holistic antiaging	Dr. Dmitry KloKol
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