



Maryland Orthopaedic Association

2023 Annual Meeting

Approx.
6.75
CME Credits

February 11, 2023 • Hotel at Arundel Preserve • Hanover, MD

Preliminary Program



Presidential Guest Speaker

Robert S. Sterling, MD
George Washington University
Washington, DC

www.mdortho.org

SCIENTIFIC PROGRAM ACCREDITATION INFORMATION

2023 PROGRAM COMMITTEE

A sincere thank you to this year's Program Committee for developing an outstanding scientific program. Your hard work and dedication are appreciated.

Mohit Gilotra, MD
Philip K. McClure, MD, FAAOS
John T. Antoniadis, MD, FAAOS
John-Paul Rue, MD

SCIENTIFIC PROGRAM DETAILS

The Maryland Orthopaedic Association's Annual Meeting has been developed by the MOA Program Committee in conjunction with the American Academy of Orthopaedic Surgeons.

TARGET AUDIENCE

The 2023 MOA Annual Meeting is designed to meet the needs of Orthopaedic Surgeons and Orthopaedic Residents and Fellows. Information presented may also be of interest to physicians working in an orthopaedic setting.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Maryland Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

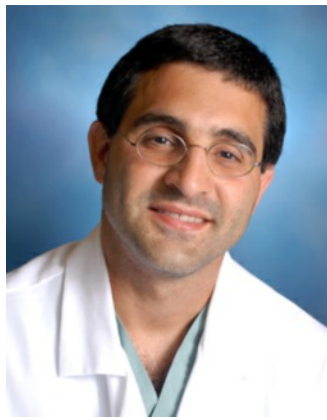
The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of approximately 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PURPOSE

Exchange of scientific information is vital to continuing professional development; therefore, the Program Committee of the MOA has selected key submitted scientific papers and invited nationally respected moderators and speakers to discuss the research findings. They will also comment on current issues facing the practicing orthopaedic surgeon.

OBJECTIVES

Educational objectives will be met through a general session offering guest presentations,



President's Welcome

John T. Antoniadis, MD

President, Maryland Orthopaedic Association

Dear Colleague,

I am delighted to welcome our members, residents, fellows, exhibitors and guests to the 2023 Annual Meeting of the Maryland Orthopaedic Association (MOA). Since the origin of the MOA in 1966, your state professional organization has been the leading vehicle for continued education and fellowship among Maryland orthopaedic surgeons. Our mission to encourage, promote, and advance the science and medical art and practice of orthopaedic surgery has taken many new avenues in continuous improvement of our profession.

The Annual Meeting is the premier forum for the MOA's scientific, educational, and advocacy awareness. With the dedication of this year's program committee, Board, and executive staff led by our Program Chairman, Dr. Mohit Gilotra, we are excited to present a meaningful event to bring practical and inspiring material home to our professional practices and our patients.

In continued service to our mission, the annual meeting remains free of cost for our membership. We have continued to provide web based clinical material, practice management material, as well as an ongoing relay for information on pertinent state legislative activity and communications from the AAOS.

Lastly, we have strengthened our longstanding role for advocacy and interaction with state legislature and the executive branch. Our legislative committee structure has expanded this year with ongoing engagement year to year with your state representatives. The voice of Maryland orthopaedic surgeons is strong with your support. I invite each of you to join me in supporting the MOA Political Action Committee with a donation to the PAC through www.mdortho.org.

It has been an honor to serve as President of our Maryland Orthopaedic Association. I look forward to seeing you at our 2023 meeting and working together to guide our profession into the next decade. We on the Board of Directors greatly appreciate your involvement and membership in the Maryland Orthopaedic Association and I encourage you to remain engaged in support of our mission.

Sincerely,

John Antoniadis

John Antoniadis, MD
President

Upcoming Events

The Annual Sinai Orthopaedic Lecture – April 2023

Sponsored by the Jerome P. Reichmister, MD Educational Fund

Abrams Memorial Lecture – October 2023

Sponsored by University of Maryland

Robinson Memorial Lecture – January 2024

Sponsored by Johns Hopkins Orthopaedics



Presidential Guest Speaker

Robert S. Sterling, MD

George Washington University

Robert Sterling, MD, FAAOS, FAOA, is the chair of GW's Department of Orthopaedic Surgery. Sterling joins GW from Johns Hopkins University School of Medicine, where he most recently served as vice chair for quality, safety, and service. He also holds the position of director of the adult hip and knee replacement fellowship in the Department of Orthopaedic Surgery.

A nationally recognized leader in hip and knee replacement surgery, Sterling has widely published in the *Journal of Bone and Joint Surgery*, *The Journal of Arthroplasty*, and the *Journal of Frailty & Aging*, among others. He is an authority on optimization of patients for joint replacement surgery along the continuum of care, including clinical pathways and educational strategies. He has served on national standard setting committees for clinical care and for establishing education and training standards for orthopaedic residents and fellows.

Sterling earned his medical degree at Temple University School of Medicine. He completed his orthopaedic surgery residency at the University of Maryland Medical Center (UMMC), specialized fellowship training in orthopaedic traumatology at the UMMC R. Adams Cowley Shock Trauma Center, and a fellowship in joint replacement surgery at the Nuffield Orthopaedic Centre in Oxford, England before joining the faculty at UMMC.



MOA Board of Directors

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Mohit Gilotra, MD

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S. Ashfaq Hasan, MD
John V. Ingari, MD

Resident Representatives

Brian McCormick, MD
Michael Livesey, MD
Davis Roger, MD
Benjamin Nelson, MD

panel discussions, case presentations, and presentations of original research. Participation in the program will afford attendees the opportunity to:

Objective 1: Have open dialogue on current topics and techniques and to discuss their role in orthopaedic practice.

Objective 2: Incorporate innovations from clinical and basic science research into application in orthopaedic practice.

Objective 3: Understand and to help address the issues that orthopedic surgeons in Maryland face and the challenges held by private practice, hospital-based, and university employees with respect to health-care reform.

Objective 4: Understand the extent of advocacy efforts on behalf of practicing orthopaedic surgeons by the AAOS and MOA in Annapolis and Washington, DC.

POSTER SESSION

Scientific Posters are an important feature of the MOA Annual Meeting. Posters will be on display during the Scientific Program, 6:30 am – 4:00 pm.

DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only, and are not to be attributed to the Maryland Orthopaedic Association. The Maryland Orthopaedic Association presents such material for informational purposes only, and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held Saturday, February 11, from approximately 6:30 am – 4:00 pm at the Hotel at Arundel Preserve, Hanover, MD.

PHYSICIAN REGISTRATION FEE

Registration fee covers the Scientific Program Sessions, Meeting Syllabus, General Meeting Expenses and Continental Breakfast, Breaks and Lunch.



Approx.
6.75
CME Credits

2023 MOA ANNUAL MEETING Scientific Program

February 11, 2023

CME Accreditation

The American Academy of Orthopaedic Surgeons designates this live activity for approximately 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. To ensure correct CME credit is awarded, please complete the MOA 2023 Annual Meeting CME Credit Records online at www.mdortho.org. CME Certificates will be awarded to all registered participants.

6:00 am – 4:00 pm	Speaker Ready Room
6:30 am – 6:50 am	Registration & Continental Breakfast
6:30 am – 4:00 pm	Scientific Poster Presentations
6:50 am – 7:00 am	Welcome & Course Overview John Antoniadis, MD, President Mohit Gilotra, MD, Program Chair
Session 1 – Sports: Evaluation of the Young Patient with Hip Pain Moderator: Benjamin Petre, MD, Anne Arundel Orthopaedic Surgeons	
7:00 am – 7:35 am	Speakers Michael Foster, MD University of Maryland Alex A. Johnson, MD Johns Hopkins University Sean J. Meredith, MD University of Maryland Benjamin Petre, MD Anne Arundel Orthopaedic Surgeons Kenneth B. Tepper, MD MedStar Orthopaedic Institute
Session 2 – Peds: Tips and Tricks for Pediatric Elbow Fractures Moderator: Joshua M. Abzug, MD, University of Maryland	
7:35 am – 8:10 am	Speakers Joshua M. Abzug, MD University of Maryland Aaron Brandt, MD Johns Hopkins University Oduche R. Igboechi, MD University of Maryland
8:10 am – 8:30 am	Break with Exhibitors
Session 3 – Hand, Workup and Treatment of Lateral Elbow Pain Moderator: Ngozi M. Akabudike, MD, Greater Maryland Orthopedics, LLC	
8:30 am – 9:05 am	Speakers Ngozi M. Akabudike, MD Greater Maryland Orthopedics, LLC Alexander Hahn, MD University of Maryland

Patricia L. McKay, MD
The Center for Advanced Orthopaedics

Aviram M. Gialdi, MD
MedStar Union Memorial

Session 4 – Shoulder/Elbow: Shoulder Arthroplasty Prevent and Treatment of Complications

9:05 am – 9:40 am Speakers
Brian Shiu, MD
Towson Orthopaedic Associates

Uma Srikumaran, MD
Johns Hopkins University

Greg Gasbarro, MD
Mercy Medical Center

Ana Mata-Fink, MD
Peninsula Orthopaedic Associates

Presidential Guest Speaker Presentation

Moderator: John Antoniadis, MD, St. Agnes

9:40 am – 10:25 am Presentation
Robert Sterling, MD
George Washington University

10:25 am – 10:45 am Break with Exhibitors

Session 5 – Abstracts

Moderator: S. Ashfaq Hasan, MD, University of Maryland

10:45 am – 11:15 am Abstract Presentations

11:15 am – 11:21 am Discussion

MOA Business Meeting

11:21 am – 11:35 am Business Meeting

Session 6 – Adult Reconstruction: Treatment of Single Compartment Knee Arthritis

Moderator: James Nace, DO, Lifebridge Health

11:35 am – 12:00 pm Speakers
Sumon Nandi, MD
University of Maryland

James Nace, DO
Lifebridge Health

Raj Yalamanchili, MD
University of Maryland – Upper Chesapeake



2023 MOA ANNUAL MEETING Scientific Program

February 11, 2023

12:15 pm – 1:10 pm Lunch Break

Session 7 – Abstracts

Moderator: Jon Packer, MD, University of Maryland

1:10 pm – 1:40 pm Abstract Presentations

1:40 pm – 1:45 pm Discussion

Session 8 – Foot/Ankle Neuropathies of the Foot

Moderator: Richard Zell, MD, Upper Chesapeake Orthopaedic Specialty Group

1:45 pm – 2:20 pm **Speakers**
Natalie R. Danna, MD
University of Maryland
Patrick Maloney, MD
Institute for Foot & Ankle Reconstruction
Adrienne A. Spirt, MD, PhD
Anne Arundel Medical Group
Richard Zell, MD
Upper Chesapeake Orthopaedic Specialty Group

2:20 pm – 2:40 pm Break with Exhibitors

Session 9 – Spine Symposium: Outpatient Spine Procedure Trend

2:40 pm – 3:15 pm **Speakers**
Eugene Koh, MD
University of Maryland

Daniel Cavanaugh, MD
University of Maryland

Amit Jain, MD
Johns Hopkins University

Justin J. Park, MD
Mercy Medical Center

Session 10 – Practice Management, Survival of Orthopaedic Private Practice and Private Equity Trend

3:15 pm – 3:50 pm **Speakers**
Andrew M. Cumiskey, MD
Christiana Care Cecil County
Nicholas Grosso, MD
The Centers for Advanced Orthopaedics
Sam Sydney, MD
The Centers for Advanced Orthopaedics
David T. Schroder, MD
Towson Orthopaedic Associates

Awards Presentation

3:50 pm – 4:00 pm Awards Presentation





Keep Orthopaedic Care Accessible & Affordable Contribute to the MOA PAC Today

The Maryland Orthopaedic Association Political Action Committee (MOA PAC) supports candidates and legislators at the state level who understand the challenges of practicing as an orthopaedist in Maryland, and who are responsive to the orthopaedic community's viewpoints and objectives. With the passage of legislation that will transform healthcare as we know it, your support is crucial.

Your contribution to the MOA PAC will help ensure orthopaedic care remains accessible and affordable for all Marylanders!

Contribute online at www.mdortho.org/advocacy

Contributions to PACs are not tax deductible as charitable contributions. A person can contribute no more than \$4,000 to one Maryland state campaign account and a total of \$10,000 to all Maryland non-federal campaign accounts during the four year cycle, including in-kind contributions. The current cycle began on January 1, 2023 and will end December 31, 2026.

2023 MOA ANNUAL MEETING REGISTRATION

February 11, 2023

Hotel at Arundel Preserve

7795 Arundel Mills Blvd • Hanover, MD 21076

MAIL: MOA, 110 West Road, Suite 227, Towson, MD 21204

PHONE: 877-337-1200 or 410-847-9300

FAX: 410-494-0515

ONLINE: www.mdortho.org

NAME _____ DEGREE _____

PRACTICE _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ FAX _____

EMAIL _____

REGISTRATION FEES

(Registration Fee includes Scientific Sessions, Continental Breakfast, Lunch, and Breaks)

STATUS (circle one)	FEE
MOA Member	Free
Active Duty Military	Free
Resident/Fellow/Student	Free
Allied Health Professional	\$25
Non-Member	\$100

CANCELLATION POLICY

Full refund (less \$35 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting date.

◇ I would like to opt out of receiving promotional emails.

◇ Do not share my information with third party vendors.

PAYMENT METHOD

Enclosed is a check for \$_____ (payable to Maryland Orthopaedic Association)

Please charge my credit card: Visa MasterCard American Express

Credit Card # _____ Exp Date _____ CW _____

Name on Card _____

Billing Address _____



Maryland
Orthopaedic
Association

110 West Road, Suite 227
Towson, MD 21204

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