



4th Dubai International Nutrition Congress

24 - 26 October 2018

Driving innovation and Excellence in Nutrition

*SCIENTIFIC PROGRAM

Day 1: Wednesday 24 October 2018

08:00 - 08:30	Registration		
09:00 - 10:00	Human Milk Oligosaccharides in Infant Nutrition - Barbara Marriage, USA Moderator: Hadia Radwan		
10:00 - 10:40	Opening Ceremony		
10:40 - 10:50	Coffee Break		
HALL A		HALL B	
Moderator: Mirey Karavetian		Moderator: Murielle Abou-Samra	
10:50 - 11:15	Nutritional Challenges of VLBW Infant Junaid Muhib Khan, UAE	Ketogenic Diet And Cancer Carla Vartanian, Lebanon	
11:15 - 11:40	Lipid & Critical Illness Ashraf Mahmoud Elhoufi, UAE	The Role Of EPA In Cancer Patients Alessandro Laviano, Italy	
11:40 - 12:05	Nutritional Management Of End Stage Liver Failure Krystel Ouaijan, Switzerland	Nutrition Support For Sarcopenia In Cancer Patients Kalliopi-Anna Poulia, Greece	
12:05 - 12:30	Timing Of Proteins And Calories During Critical Illness Arthur Van Zanten, Netherlands	Health Economics Of Nutritional Therapy In Oncology Tariq Dandis, UAE	
12:30 - 12:40	Discussion		
12:40 - 13:45	Prayer / Lunch Break		
Moderator: Kalliopi-Anna Poulia		Moderator: Sima Hamadeh	
13:45 - 14:10	Prebiotics and HMO, what is the which of which Sanaa Youssef, Egypt	The intricate link of the gut microbiota with the brain – from cognition to autism Koen Venema, Netherlands	
14:10 - 14:35	Mitochondrial dysfunction and nutrition Arthur Van Zanten, Netherlands	Brain Nurturing and Nutrition Eslam Tawfik, UAE	
14:35 - 15:00	The nutritional management of ERAS Mirey Karavetian, UAE	Brain physiology: how does the brain really work? Pascal Steiner, Switzerland	
15:00 - 15:25	The important role of peri-operative Nutrition in Enhanced Recovery After Surgery (ERAS). Medhat Shalabi, UAE	Hormonal and gut peptide regulation of appetite Murielle Abou-Samra, Lebanon	
15:25 - 15:35	Discussion		
15:35 - 15:45	Coffee Break		
Moderator: Carla Vartanian		Moderator: Hadia Radwan	
15:45 - 16:10	Development Origins of Health and Disease -an update New Concepts in Nutrition for Brain Health Atul Singhal, London	The Wellness Connection to Nutrition - why wellness practices are of importance in nutrition to achieve optimum health outcomes. Talar Hagopian, UAE	
16:10 - 16:35	Nutritional Management of Cow's Milk Protein Allergy (CMPA) Barbara Marriage, USA	Healthy dietary patterns: are they also sustainable? Farah Naja, Lebanon	
16:35 - 17:00	How To Optimize Nutritional Care In Preterm Infants Dima Abdulqudos, KSA	Health-related Quality of Life in obesity: The ignored outcome in Arab population Marwan El Ghoch, Italy	
17:00 - 17:10	Discussion		

Day 2: Thursday 25 October 2018

07:00 - 08:00	Registration	
08:00 - 09:00	Development Origins of Health and Disease -an update - Atul Singhal, London Moderator: Natacha	
	HALL A	HALL B
	Moderator: Krystel Ouaijan	Moderator: Cosette Fakh
09:00 - 09:25	Aggressive Nutrition Of The Preterm Babies; Role Of Enteral Feeding Khaled El-Atawi, UAE	Cognitive Behavioral Therapy For Obesity: Long-Term Lifestyle Modification Program And Its Implementation In Arab Countries Marwan El Ghoch, Italy
09:25 - 09:50	Aggressive Nutrition Of The Preterm Babies; Role Of TPN Lois Alexander, UAE	Gaps And Opportunities For Nutrition Research In Relation To Ncds In Arab Countries: Call For An Informed Research Agenda". Farah Naja, Lebanon
09:50 - 10:15	The Effects Of Kangaroo Care On A Neonatal Nutrition And Development. Mahmoud Elhalik, UAE	Assessing Oxidative Stress And Inflammation and Their Relation to Dietary and Lifestyle Behaviors Using Salivary Markers In Healthy Adults. Moez Al-Islam Faris, UAE
10:15 - 10:25	Discussion	
10:25 - 10:35	Coffee Break	
	Moderator: Moez Al-Islam Faris	Moderator: Haleama Al Sabbah
10:35 - 11:00	Fulfilling the Nutritional Gap In Dysphagia Krystel Ouaijan, Switzerland	Early Infant Feeding Practices As Possible Risk Factors For Immunoglobulin E-Mediated Food Allergies In Kuwait Munira Albeajan, Kuwait
11:00 - 11:25	Understanding nutrition interplay with brain structural, functional and cognitive developments Pascal Steiner, Switzerland	Knowledge, Attitude and Intention Of Breastfeeding Among Male And Female University Students Mona Hashim, UAE
11:25 - 11:50	Nutrition And Wound Care Management Carla Vartanian, Lebanon	Effects of Interactive Food and Beverages Marketing Targeting Youth: Recommendations for Responsible Food Marketing in the Digital Age Sima Hamadeh, Lebanon
11:50 - 12:15	Reality Of Prebiotics And Healthy Gut Wafaa Ayesh, UAE	Healthy by design: Nutrient profiles for nutritious and tasty foods and beverages Principles, application and health impact Undine Lehman, Berlin
12:15 - 12:25	Discussion	
12:25 - 13:30	Prayer / Lunch Break	
	Moderator: Farah Hillou	Moderator: Leila Cheikh, Best Of Nutrition 2018 - ASN
13:30 - 13:55	Probiotics In Pediatrics Practice Erika Isolauri, Finland	The Growing Burden Of Sugar: A Global Perspective Fred Brouns, Netherlands
13:55 - 14:20	Cancer Patient Treatment Journey Alessandro Laviano, Italy	Does Low-Energy Sweetener Consumption Affect Appetite, Energy Intake and Body Weight? John Peters, USA
14:20 - 14:45	The Importance Of Nutrition In Paediatric Critical Care Nicholas Hoque, UAE	Low Calorie Sweeteners and Cardio metabolic Health: What Do I Tell My Patients? John Sievenpiper, Canada
14:45 - 15:10	Bone Marrow Transplant And Nutrition Natacha Ajaka, UAE	Reducing the Sugar Burden In the Middle East: The Role of Low Calorie Sweeteners Q&A Session
15:10 - 15:20	Discussion	
15:20 - 15:30	Coffee Break	

Moderator: Khaled El-Atawi		Moderator: Wafaa Ayesh	
15:30 - 15:55	Popular Weight Loss Diets: Review And Evidence Fatme Sadek, UAE	Type 2 Diabetes Management And Complications. Haleema Al Sabbah, UAE	
15:55 - 16:20	Aspects Of Personalized Nutrition, Adapting Diet To Genetic Profile Maria Vranceanu, Romania	E-Health And Behavior Cosette Fakih, Netherlands	
16:20 - 16:45	The Integrative And Functional Nutrition Approach Farah Hillou, UAE	The Challenging Role Of Clinical Nutrition Managers Mireille Najm, Canada	
16:45 - 17:10	Herbal Remedies and Women Health during Menopause: Dealing with the Facts “ Doaa Genena, Egypt	Leadership In Clinical Dietetics? (UAE Experience) Taif Al Sarraj, UAE	
17:10 - 17:30	Discussion		

Day 3: Friday 26 October 2018

07:00 - 08:00	Registration		
08:00 - 09:00	High protein intake always the best? - Arthur van Zanten, Netherlands Moderator: Mirey Karavetian		
HALL A		HALL B	
Moderator: Farah Naja		Moderator: Mona Hashim	
09:00 - 09:25	Allergy prevention: current concepts Erika Isolauri, Finland	Examining Breastfeeding Self-Efficacy, Infant Feeding Method, and Mental Health among Postnatal Women in the United Arab Emirates: A Cohort Study Randa Fakhry, UAE	
09:25 - 09:50	Validation Of An Arabic Version Of The Obesity-Related Wellbeing (ORWELL 97) Questionnaire In Adults With Obesity Leila Itani, Lebanon	Infant Feeding & Introduction of Solid Dima Abdulqudos, KSA	
09:50 - 10:15	WHEN To Initiate Parenteral Nutrition A Frequent Question With New Answers Ainsley Malone, USA	Dietary sodium intake: knowledge, attitudes and practices among University of Sharjah Students Leila Cheikh Ismail, UAE	
10:15 -10:25	Discussion		
10:25 - 10:35	Coffee Break		
Moderator: Dima Abdulqudos		Moderator: Lucy Semerjian	
10:35 - 11:00	Post –Operative Energy and Nutrient Requirements Murielle Abou-Samra, Lebanon	Walking Improves Adiponectin level and Metabolic Syndrome components in Young Women Haydar Hasan, UAE	
11:00 - 11:25	Metabolic surgery Revolution in treatment of obesity and diabetes Tarek Ibrahim Mahdi, UAE	A minimally processed dietary pattern is associated with lower odds of metabolic syndrome among Lebanese adults Leila Itani, Lebanon	
11:25 - 11:50	Bariatric Surgery in Pediatrics (Tawam Hospital Experience) Taif Al Sarraj, UAE	The Effect of Gum Arabic on Blood Glycemia, Blood Lipidemia, Body Composition and Gastrointestinal Tract in UAE Adults at Risk of Metabolic Syndrome” Ayesha Al Dhaheri, UAE	
11:50 - 12:15	Nutrition Counseling In The Treatment Of Eating Disorders Marcia Herrin, USA	The Association between Magnesium Status and the Metabolic Syndrome among Apparently Healthy Women in Kuwait Dalal Al-Kazemi, Kuwait	
12:15 - 12:25	Discussion		
12:25 - 13:30	Prayer / Lunch Break		

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Moderator: Haydar Hasan		Moderator: Doaa Genena	
13:30 -13:55	Gut Microbiota In Health And Disease Koen Venema, Netherlands	Small Steps Result In BIG CHANGES. If I Can Do It, You Can Too!! Mariam Aljenaibi, UAE	
13:55 - 14:20	Human milk oligosaccharides in clinical studies Philippe Elliot, Belgium	Seawater Applications In Medicine And Nutrition: The Last Research Guillermo Gosálbez Coll, Spain	
14:20 -14:45	Prevention of Osteoporosis Before Menopause With Nutrition Myriam Abboud, UAE	Pediatric Obesity and Metabolic Syndrome: Current situation and a promising future on Microbiome Dimitrios's Papandreou, UAE	
14:45 - 15:15	Nutrition in the Critically Ill Patients Naheed Elahi Iqbal, UAE	Radioactivity Levels In Bottled Water, Associated Doses, And Lifetime Risk Assessment In The United Arab Emirates Lucy Semerjian, UAE	
15:15 -15:40	Weight perception: The hidden aspect in Childhood obesity Naguib Abdel Reheim, UAE	Sport nutrition: Challenge plan Ahmed Saleh, Kuwait	
15:40 - 16:05	Assessment of Nutrition Knowledge, and Dietary Behavior of Post Bariatric Surgery Patients in Rashid Hospital Outpatient Clinic in Dubai, UAE. Souheir Mahmoud, UAE	The Social Psychology Of Food And Body Image: Exploring New Dimensions In Public Health Policies In MENA Sima Hamadeh, Lebanon	
16:05 - 16:15	Discussion		
Coffee Break will be on going from 14:30 until the end of this session			
Closing			

WORKSHOPS

Day 1: Wednesday 24 October 2018

14:00 - 16:00	Malnutrition matters in healthcare – screen & assess Krystel Ouaijan, Switzerland	Nutrition treatment for Phenylketonuria – PKU Cosette Fakih, Netherlands
16:00 - 18:00	Strategies for Positive Addiction to Physical Activity and the Reality of Physical Exercise Osama Al Lalla, UAE	The PEN: Practice-based Evidence in Nutrition Mireille Najm, Canada

Day 2: Thursday 25 October 2018

09:00 - 11:00	Dietetic Treatment for Binge-Eating Disorder Marcia Herrin, USA	Cachexia in Cancer Patients- Can it be halted Doaa Genena, Egypt
14:00 - 18:00	Nutritional Support In Metabolic Syndrome (ESPEN Life Long Learning Advanced Nutrition Course) Kalliopi Anna Poulia, Greece Waffa Helmi Rida, UAE Mirey Karavetian, UAE	

Day 3: Friday 26 October 2018

09:00 - 13:00	Let's Talk About Nutrition Communication Skills For Health Care Professionals (ESPEN Life Long Learning Advanced Nutrition Course) Kalliopi Anna Poulia, Greece Waffa Helmi Rida, UAE Mirey Karavetian, UAE	
14:00 - 17:00	ASPEN - Assessing and Managing Enteral and Parenteral Nutrition: A Case Based Approach Ainsley Malone, USA	