

## 2018 PMDD ANNUAL CONFERENCE

| SESSION                                                                                                                                             | TIME                | PRESENTER                                                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>Wednesday 5/16/18</b>                                                                                                                            |                     |                                                                                                                        |
| Registration Bag Pickup                                                                                                                             | 5:00 pm - 7:00 pm   |                                                                                                                        |
| Researcher Reception (Invitation Only)                                                                                                              | 5:00 pm - 6:00 pm   |                                                                                                                        |
| Attendee Reception<br>Board Member Meet & Greet                                                                                                     | 5:00 pm - 6:30 pm   |                                                                                                                        |
| Peer Support                                                                                                                                        | 6:30 pm - 8:00 pm   |                                                                                                                        |
| <b>Thursday 5/17/18</b>                                                                                                                             |                     |                                                                                                                        |
| Opening Remarks: <i>Breaking the Cycle</i>                                                                                                          | 9:00 am - 9:30 am   | Amanda LaFleur, Gia Allemand Foundation                                                                                |
| General Session: <i>Female Considerations in the Selection of Psychotropic Medications</i>                                                          | 9:30 am - 10:30 am  | John Stapert PhD                                                                                                       |
| AM Break & Refreshments                                                                                                                             | 10:30 am - 10:45 am |                                                                                                                        |
| General Session: <i>Do hormone changes across the menstrual cycle influence suicidal thoughts in women?: Evidence from a transdiagnostic sample</i> | 10:45 am - 11:45 am | Tory Eisenlohr-Moul PhD, UNC Center for Women's Mood Disorders                                                         |
| Lunch Break                                                                                                                                         | 11:45 am - 12:45 pm |                                                                                                                        |
| General Session: <i>PMDD and Addiction: A Complicated Crossroads</i>                                                                                | 12:45 pm - 1:45 pm  | Andrea M. Lopez, MSN, RN, CRNP, PMHNP-BC                                                                               |
| PM Break & Refreshments                                                                                                                             | 1:45 pm - 2:00 pm   |                                                                                                                        |
| General Session: <i>CBT and DBT for PMDD</i>                                                                                                        | 2:00 pm - 3:00 pm   | Kristine V. Spano, Psy.D                                                                                               |
| Workshop: <i>Teen PMDD</i>                                                                                                                          | 3:15 pm - 4:00 pm   | Kristin Drouin MSW                                                                                                     |
| General Session: <i>PMDD, PME, and Female Suicidality</i>                                                                                           | 4:15 pm - 5:15 pm   | Tory Eisenlohr-Moul PhD, UNC Center for Women's Mood Disorders <i>and</i> Jenni Kay Long RYT LCSW ADS, Khesed Wellness |
| Dinner Break                                                                                                                                        | 5:15 pm - 6:30 pm   |                                                                                                                        |
| Workshop: <i>PMDD Date Night</i>                                                                                                                    | 6:30 pm - 8:00 pm   | Chasity Chandler LMHC, Center for Sexual Health & Wellness                                                             |

| SESSION                                                                                                                                       | TIME                | PRESENTER                                                |
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| <b>Friday 5/18/18</b>                                                                                                                         |                     |                                                          |
| General Session: <i>Reproductive Mood Disorders From Menarche to Menopause, Uncovering the Role of Stress and Steroid Hormone Sensitivity</i> | 9:00 am - 10:00 am  | Susan Girdler PhD, UNC Center for Women's Mood Disorders |
| AM Break & Refreshments                                                                                                                       | 10:00 am - 10:15 am |                                                          |
| General Session: <i>Stress Response in PMDD</i>                                                                                               | 10:15 am - 11:15 am | Liisa Hantsoo PhD, University of Pennsylvania            |
| Workshop: <i>Navigating PMDD with Mindfulness</i>                                                                                             | 11:30 am - 12:15 pm | Jenni Kay Long RYT LCSW ADS, Khesed Wellness             |
| Lunch Break                                                                                                                                   | 12:15 pm - 1:15pm   |                                                          |
| General Session: <i>Premenstrual Dysphoric Disorder, Management Guidelines</i>                                                                | 1:15 pm - 2:15 pm   | Dr. Andrea Chisholm, Harvard Medical                     |
| PM Break & Refreshments                                                                                                                       | 2:15 pm - 2:30 pm   |                                                          |
| Workshop: <i>Let's Talk Tracking</i>                                                                                                          | 2:30 pm - 3:15 pm   | Brett Buchert, Me v PMDD                                 |
| Panel Discussion: <i>Acupuncture to Zoloft, Treatment Options A-Z</i>                                                                         | 3:30 pm - 5:00 pm   |                                                          |
| Dinner Break                                                                                                                                  | 5:00 pm - 6:30 pm   |                                                          |
| Workshop: <i>Tools for PMDD's Effect on Your Relationship</i>                                                                                 | 6:30 pm - 8:00 pm   | Chloe Caldwell, author                                   |
| <b>Saturday 5/19/18</b>                                                                                                                       |                     |                                                          |
| Clinical Advisory Board Meeting (Invitation Only)                                                                                             | 9:30 am - 10:30 am  |                                                          |
| Annual Board Meeting (Invitation Only)                                                                                                        | 11:00 am - 1:00 pm  |                                                          |

## CONFERENCE CONTACT INFORMATION

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