

9th Annual Obesity Conference: A Practical Look at Obesity, Diabetes, and Current Strategies

Thursday, November 1, 2018

6:30 – 7:30	Masquerade Cocktail
7:30 - 9:00 PM	“World on a Plate: A Photographic Journey” <i>(Dinner Lecture with CME)</i> <i>Peter Menzel & Faith D’Aluisio</i>

Friday, November 2, 2018

7:00 – 8:00	Registration, Exhibits & Breakfast
8:00 – 8:15	Opening Remarks <i>John Hernried, MD</i>
8:15 – 9:05	Low Carb Dieting for the Obese <i>TBD</i>
9:05 – 10:00	Pediatric & Adolescent <i>Stephen Pont, MD, MPH, FAAP</i>
10:00 – 10:15	Break & Exhibits
10:15 – 11:00	The Dual Diagnosis of Eating Disorder & Diabetes Mellitus (ED-DMT1) <i>Ovidio Bermudez, MD</i>
11:00 – 12:00	Neurobiology of Pharmacotherapy <i>Lee M. Kaplan, MD, PhD</i>
12:00 – 1:00	Lunch & Exhibits
1:00 – 1:45	Treatment of Diabetes in Obese Patients <i>John Hernried, MD</i>
1:45 – 2:35	Liver Disease-NASH <i>Lee M. Kaplan, MD, PhD</i>
2:35 – 2:50	Break & Exhibits
2:50 – 3:35	ACTION Study Update <i>Lee M. Kaplan, MD, PhD</i>
3:35 – 4:15	To Package or Not to Package? That is the Question! <i>Ethan Lazarus, MD</i>
4:15 – 5:00	Practical Medication Management for Obesity Treatment <i>Ethan Lazarus, MD</i>

Saturday, November 3, 2018

7:00 – 8:00	Breakfast & Exhibits
8:00 – 8:45	GLP-1& the CNS Regulation of Appetite <i>Scott E. Kanoski, PhD</i>
8:45 – 9:30	Consumers Going Mobile and Digital for Health <i>Jane Sarasohn-Kahn, MA, MHSA</i>
9:30 - 10:15	High-Intensity Interval Training: Exercise Considerations for Obesity <i>Christian Zamora, CSCS</i>
10:15 – 10:30	Break & Exhibits
10:30 – 11:15	Reversing Diabetes <i>Leigh Perreault, MD</i>
11:15 – 12:00	Motivational Interviewing for the Obese Patient <i>Colleen Fairbanks, PhD</i>
12:00 – 1:15	Lunch & Exhibits
1:15 – 2:00	Sex & Relationships After Extreme Weight-Loss <i>Mary Jo Rapini, LPC</i>
2:00 – 2:50	Update in Bariatric Surgery <i>John Morton, MD</i>
2:50 – 3:00	Break & Exhibits
3:00 – 3:45	New Devices & Role of Gastroenterologists <i>Barham K. Abu Dayyeh, MD</i>
3:45 – 4:30	Treatment of Obesity: Using a Very Low Calorie Diet (VLCD) <i>Philip Snider, RD, DO</i>
4:30 – 5:15	Obesity & Cancer <i>Jennifer Ligibel, MD</i>
5:15 – 5:30	Concluding Remarks <i>John Hernried, MD</i>