

Regional Anaesthesia Course 2018

Live Demos from Theatre, Ultrasound Workshops and Cadaveric Anatomy Workshops
organised by **John Hammond Department of Anaesthesia, East Surrey Hospital**

Wed 28 February 2018 at East Surrey Hospital, Redhill

Thu 1 March 2018 at East Surrey Hospital, Redhill

Fri 2 March 2018 at St George's Hospital, London

Surrey and Sussex **NHS**
Healthcare NHS Trust

About the Course

- An **eyes-on** and **hands-on** guide to the many **aspects of Regional Anaesthesia** that Anaesthetists have to deal with **daily**, answering the questions: **how to do it and why**.
- A **Faculty of experienced Consultant Anaesthetists** from a variety of hospitals and backgrounds, from the **UK and abroad**, who will lecture and facilitate the workshops.

Course Directors

Dr Fred Sage, East Surrey Hospital

Dr Nick Courtenay-Evans, East Surrey Hospital

Dr Jan Rudiger, East Surrey Hospital

Dr Ganesh Kumar, East Surrey Hospital

Key note speaker:

Dr Lukas Kirchmair, Consultant Anaesthetist,
Community Schwaz Hospital, Austria

Members of the Faculty include:

- **Dr Teresa Parras**, St. George's Hospital, London
- **Dr Athmaja Thottungal**, Medway Maritime Hospital
- **Dr John Barcroft**, Royal National Orthopaedic Hospital
- **Dr Milind Bhagwat**, Epsom Hospital
- **Dr Paul Carter**, St George's Hospital, London
- **Dr David Burkett-St-Laurent**, Royal Gwent Hospital
- **Dr Ajit Kayal**, St George's Hospital, London
- **Dr Krzysztof Kurzatkowski**, UCH London
- **Dr Sombith Maitra**, St George's Hospital, London
- **Dr Harry Murgatroyd**, York Hospital
- **Dr Amit Pawa**, Guy's and St Thomas' Hospitals
- **Dr Timothy Pepall**, Frimley Park Hospital
- **Dr Matthew Szarko**, St George's Hospital, London
- **Dr Khalid Syeed**, St George's Hospital, London
- **Dr Aasifa Tredray**, St George's Hospital, London
- **Dr Oliver Tweedie**, Dorset County Hospital, Dorchester
- **Dr Simeon West**, University College London Hospital
- **Dr Morné Wolmarans**, Norfolk and Norwich Hospital
- **Dr Ralph Zumpe**, St George's Hospital, London



Approved by RCoA
for 14 CPD Points

Course suitable for those taking
the **European Diploma** in Regional
Anaesthesia & Pain Therapy

FEATURES

- Cadaveric Anatomy Workshops.
- As well as the cadaver workshops there will be two parallel sessions of controversies discussions.
- A choice of Workshops: some for beginners in RA and US, others for Anaesthetists with previous experience.

LECTURES AND CADAVER WORKSHOPS

at St George's Hospital, London:
Head and Neck; Upper Limb; Trunk;
Lower Limb and US guided needling.

LIVE INTERACTIVE DEMOS

Observe and question, **live via 2-way video/audio link**, experienced Consultants performing at least ten blocks in Theatre.

WORKSHOPS

Learn about both Ultrasound techniques. Practise on a wide range of US scanners from several different suppliers, using live models and phantoms.

Ultrasound equipment supplied and supported by:



Past attendees' feedback on the Course

Video demonstrations were excellent! Live demos – splendid. It made the course very interesting.
Good hands on sessions, small groups, good for sharing experience. Brilliant course, very enthusiastic, helpful and friendly Faculty. Good US for small groups – very easy to ask questions, relaxed style of interaction.

www.regionalanaesthesiacourse.co.uk

This course is also
supported by unrestricted
education grants from:



Pioneering medical technology

Grünenthal Ltd has supported
this event by purchasing
exhibition stand space:



DAY 1: WED 28 FEBRUARY 2018

AT EAST SURREY HOSPITAL, REDHILL

08.15 – 09.15 **Registration, tea and coffee**

09.15 – 09.30 **Welcome and introduction**

09.30 – 10.15

Ultrasound Workshop Demonstrations

Workshops

Each Workshop lasts 50 minutes.

Each attendee attends six workshops:

- Attendees new to Regional Anaesthesia and US are required to attend workshops **1** and **2**.
- Attendees with some previous experience of Regional Anaesthesia and US select **any six** of the ten Workshops to attend, though it is recommended that they attend the Level II and “Ask the Expert” workshops (workshops 3-10).

Attendees receive a workshops schedule on the day.

Workshop numbers are limited to **4 attendees per demonstrator**.

10.20 – 11.10 **Workshops Round 1**

11.10 – 12.00 **Workshops Round 2**

12.00 – 12.20 **Tea and coffee**

12.20 – 13.10 **Workshops Round 3**

13.10 – 14.10 **Lunch, Trade Exhibition**
including opportunities to practise further

14.10 – 15.00 **Workshops Round 4**

15.00 – 15.40

State of the Art Lecture

15.40 – 16.00 **Tea and coffee**

16.00 – 16.50 **Workshops Round 5**

16.50 – 17.40 **Workshops Round 6**

17.40 **Close**

THE WORKSHOPS

LEVEL I WORKSHOPS:

FOR ATTENDEES NEW TO RA AND US

- 1 Technology, Image Generation, Probe Handling and Needling**
including opportunities to practise on phantoms
- 2 Simulated Scenarios**

LEVEL II WORKSHOPS:

FOR ATTENDEES WITH PREVIOUS EXPERIENCE IN RA & US

- 3 Upper Limb – above and around Clavicle**
Interscalene, Supraclavicular and Infraclavicular Blocks
- 4 Upper Limb – below Clavicle**
Axillary Block; Distal Median, Radial and Ulnar Nerve Blocks
- 5 Abdominal Wall**
Rectus, TAP, Quadratus Lumborum and Ilioinguinal Blocks
- 6 Lower Limb**
Femoral, Fascia Iliaca, Popliteal

ASK THE EXPERT WORKSHOPS

- 7 Neuraxial US**
Epidural and Lumbar Plexus Blocks
- 8 Thorax**
Paravertebral, Serratus, Pec
- 9 Ankle Blocks**
- 10 Obturator, Adductor, saphenous**

DAY 2: THU 1 MARCH 2018

AT EAST SURREY HOSPITAL, REDHILL

08.30 – 08.45 **Welcome and introduction**

08.45 – 11.45

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

The blocks demonstrated are subject to the day list.

The following have been demonstrated at the previous courses: ☒ Rectus Sheath Block ☒ Femoral/Popliteal ☒ Interpleural Block ☒ PSOAS Compartment Block ☒ Interscalene Landmarks ☒ Interscalene Block US ☒ TAP ☒ Fascia Iliaca Block

The session includes a break for **tea and coffee**.

11.45 – 12.15

Lecture

State of the Art Lecture

12.15 – 13.15

Lunch and Trade Exhibition

13.15 – 16.15

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

The blocks demonstrated are subject to the day list.

The following have been demonstrated at the previous courses: ☒ Vertical Infraclavicular Block ☒ Suprascapular Block ☒ Axillary Block ☒ Femoral/Sciatic Blocks ☒ Supraclavicular Perivascular ☒ Ankle Block

The session includes a break for *tea and coffee*.

16.15 – 17.00

LECTURE

State of the Art Lecture

17.00

Close and Collection of Certificates

DAY 3: FRI 2 MARCH 2018

AT ST GEORGE'S HOSPITAL ANATOMY DEPARTMENT

Anatomy Lectures, Discussion and Cadaver Workshops

09.30 – 10.00	Registration
10.00 – 12.00	Lectures
12.00 – 12.45	Lunch
12.45 – 13.00	Move to dissection room
13.00 – 15.00	Cadaver workshops
15.00 – 15.20	Debriefing, collection of certificates, and close

Anatomy Lectures and Discussion with

Dr Paul Carter, Anatomy Demonstrator,
St George's Hospital, London

Dr Matthew Szarko,
Lecturer in Medical Education, Anatomical Sciences,
Division of Biomedical Sciences, St George's Hospital

Other topics to be confirmed

Cadaver Workshops

Led by **Dr Paul Carter** and **Dr Matthew Szarko**
with **demonstrators from the Faculty**.

There are five Cadaver Workshops:

- 1: **Head and Neck**
- 2: **Upper Limb**
- 3: **Trunk**
- 4: **Lower Limb**
- 5: **US guided Needling**

Attendees divide into five groups and rotate through each of the Workshops.

Each Workshop lasts 20 minutes.

Group numbers are **limited to 3 attendees per demonstrator**.

THE FACULTY

- **Dr Lukas Kirchmair**, Consultant Anaesthetist, Community Schwaz Hospital, Austria
- **Dr Teresa Parras**, Consultant Anaesthetist, St. George's Hospital, London
- **Dr Athmaja Thottungal**, Consultant Anaesthetist, Medway Maritime Hospital, Gillingham
- **Dr John Barcroft**, Consultant Anaesthetist, Royal National Orthopaedic Hospital, Stanmore
- **Dr Milind Bhagwat**, Consultant Anaesthetist, Epsom Hospital
- **Dr David Burkett-St-Laurent**, Consultant Anaesthetist, Royal Gwent Hospital
- **Dr Ajit Kayal**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Krzysztof Kurzatkowski**, Clinical Fellow in Regional Anaesthesia, University College London Hospital
- **Dr Sombith Maitra**, ST in Anaesthesia, St George's Hospital, London
- **Dr Harry Murgatroyd**, Consultant Anaesthetist, York Hospital
- **Dr Amit Pawa**, Consultant Anaesthetist, Guy's and St Thomas' Hospital NHS Foundation Trust
- **Dr Timothy Pepall**, Consultant Anaesthetist, Frimley Park Hospital
- **Dr Khalid Syeed**, Locum Consultant Anaesthetist, St George's Hospital, London
- **Dr Aasifa Tredray**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Oliver Tweedie**, Consultant Anaesthetist, Dorset County Hospital, Dorchester
- **Dr Simeon West**, Consultant Anaesthetist, University College London Hospital
- **Dr Morné Wolmarans**, Consultant Anaesthetist, Norfolk and Norwich University Hospital
- **Dr Ralph Zumpe**, Locum Consultant Anaesthetist, St George's Hospital, London
- **Dr Paul Carter**, Head of Anatomy Demonstrator, St George's Hospital, London
- **Dr Matthew Szarko**, Lecturer in Medical Education, Anatomical Sciences, Division of Biomedical Sciences, St George's Hospital, London

plus East Surrey Hospital Anaesthetists including:

- **Dr Visakha Gunasekera**, Consultant Anaesthetist
- **Dr Claire Mearns**, Consultant Anaesthetist
- **Dr Fred Van Damme**, Consultant Anaesthetist
- **Dr Smitha Honnesh**, Consultant Anaesthetist
- **Dr Matt Mackenzie**, Consultant Obstetric Anaesthetist
- **Dr Simon Parrington**, Consultant Anaesthetist
- **Dr Debajit Phukan**, Consultant Anaesthetist
- **Dr Victoria Ferrier**, ST6 in Anaesthesia
- **Dr Neal Reynolds**, RA Fellow
- **Dr Nick Courtney-Evans**, Consultant Anaesthetist
- **Dr Ganesh Kumar**, Associate Specialist in Anaesthesia
- **Dr Jan Rudiger**, Consultant Anaesthetist
- **Dr Fred Sage**, Consultant Anaesthetist