

51st Annual Family Medicine Course

All times below are EST

Monday, June 2, 2025 (Optional) Pre-Conference Workshop

7:30AM Continental Breakfast for Pre-Conference Attendees
8:00-4:30 Mastering Early Goals of Care Conversations (Lunch Included)
Ben R. Clements, MD
UVM Assistant Professor of Family Medicine

Tuesday, June 3, 2025

11:45-1:00PM REGISTRATION

12:50-1:00 Opening Remarks
Anya S. Streeter, MD, FAAFP, IBCLC
UVM Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising

1:00-1:45 Multiple Sclerosis
Chantal Roy-Hewitson, MD
UVM Assistant Professor of Neurology

1:45-2:30 Osteopenia and Osteoporosis Management
Jennifer Kelly, DO, FACE, CCD
Endocrinologist
Director of the Metabolic Bone Program at UVM

2:30-2:45 BREAK

2:45-3:30 Update on Contraception Management
Lauren MacAfee, MD
UVM Assistant Professor of Obstetrics and Gynecology

3:30-4:15 Parkinson's Disease: An Update
Lisa Deuel, MD
UVM Professor of Neurology
Director of Movement Disorders at UVM

4:15-5:00 Everything is Connected to Everything: Improving Healthcare for Autistic and ADHD Adults
Melissa Houser, MD
UVM Family Medicine Physician

**** THIS WILL BE CONDUCTED VIRTUALLY ****

5:00 ADJOURN

Wednesday, June 4, 2025

7:30AM **CONTINENTAL BREAKFAST**

8:00-8:45 **Obstructive Sleep Apnea**
Diana Wilson, MD, FAASM

8:45 - 9:30 **Palliative Care Topic TBA**
Jaina Clough, MD

9:30-10:15 **Counseling Patients on Vaping and Other Non-Cigarette Nicotine Substances**
Madelyn Sawyer, MD

10:15-10:30 **BREAK**

10:30-11:15 **Self-Managed Termination of Pregnancy**
Clara Keegan, MD

11:15-12:00 **Tick Borne Illnesses**
Jennifer Bamford, MD
UVM Assistant Professor of Family Medicine
Urgent Care Physician

12:00PM-1:30 **LUNCH (on your own)**

1:30-3:00 **CONCURRENT SESSIONS I**

- a. **IUD's**
Clara Keegan, MD
- b. **Alcohol and Substance Use Disorders: Best Practice and Case Reviews**
Michelle Cangiano, MD
UVM Associate Professor of Family Medicine
- c. **Intro to POCUS (*Cap at 16 Attendees*)**
Ben R. Clements, MD
UVM Assistant Professor of Family Medicine
Director of Point of Care Ultrasound

3:00-3:30 **BREAK**

3:30-5:00 **CONCURRENT SESSIONS II**

- a. **Helping Patients with Achieving Healthier Weights**
Whitney Calkins, MD
- b. **Cardiology Cases**
Robert Lobel, MD
UVM Assistant Professor of Cardiovascular Medicine
- c. **Abdomen, Kidneys, Gallbladder and Aorta POCUS (*CAP AT 16 Attendees*)**
Ben R. Clements, MD
UVM Assistant Professor of Family Medicine
Director of Point of Care Ultrasound

5:00 **ADJOURN**

“Vermont Day” Joint Session with Vermont AFP at the Family Medicine Course
Thursday, June 5, 2025

7:15AM	CONTINENTAL BREAKFAST
7:50	Introductory Remarks – Anya S. Streeter, MD, FAAFP, IBCLC Welcoming Remarks – Anne Morris, MD, President, Vermont Academy of Family Physicians
8:00-8:45	Atypical Diabetes Matthew Gilbert, DO UVM Associate Professor of Endocrinology
8:45-9:30	Planetary Health – What in the World Are We? Megan Malgeri, MD UVM Assistant Professor of Medicine
9:30-10:00	BREAK & EXHIBITS
10:00-10:45	Racism in Schools and the Impact on Child and Teen Health Anthony Williams, MD UVM Primary Care Family Medicine Physician
10:45-11:45	Long-Acting Opiate Agonists in the Treatment of OUD <i>(This lecture will provide 1.0 MATE Act Credit)</i> Katie Marvin, MD Family Medicine Director at Lamoille Heath Partners Kylie Pratt RN MAT nurse at Lamoille Heath Partners
11:45	Family Medicine Department Awards
11:45-1:15PM	LUNCH
1:15-2:00	Anticipatory Guidance for Menopause Kirsten Berggren PhD, APRN Urgent Care Family Medicine Northwestern Medical Center
2:00-2:45	Primary Prevention of ASCVD Friederike Keating, MD UVM Professor of Medicine Director of Nuclear Cardiology and Director of Cardiovascular Disease
2:45-3:45	Why You Should Be Doing Ultrasound in Your Practice Ben R. Clements, MD UVM Assistant Professor of Family Medicine Director of Point of Care Ultrasound
3:45-4:15	BREAK & EXHIBITS

4:15-5:30 **Journal Club 2025**
John G. King, MD, MPH
UVM Professor of Family Medicine
Associate Dean for Continuing Medical and Interprofessional Education

5:30 **Adjourn**

Friday, June 6, 2025

7:30AM **CONTINENTAL BREAKFAST**

8:00-8:45 **CKD and Prevention of ESRD**
Chidinma Enyinna, MD
Nephrologist

8:45-9:30 **Prostate Cancer: An Update**
Brian Irwin, MD

9:30-10:15 **Benign Skin Tumors and Cysts**
Mary Maloney, MD
Clinical Professor of Medicine
Division of Dermatology

10:15-10:30 **BREAK**

10:30-11:15 **Prescribing Mental Health Medication in Reproductively Active Women**
Jiayu “Kate” Tian, MD

11:15-12:00 **Food as Medicine**
Jessica Faraci, MD
Mid Coast Hospital, MaineHealth
Clinical Instructor, Tufts Maine-Track

12:00PM **CONFERENCE ADJOURNS**