

The Mediterranean Incontinence and Pelvic Floor Society (MIPS) Educational Course



The Pelvic Floor : A Multi-Disciplinary Approach

29 - 30 March 2019

Park Rotana Hotel, Abu Dhabi

Target Audience

United Arab Emirates

- Urogynecologists
- Urologists
- Neurourologists
- Pediatric Urologists
- Pediatric Surgeons
- Colo-Proctologists
- General Practitioners
- Family Medicine Physicians
- Physical Medicine and Rehabilitation Physicians
- Physiotherapists
- Occupational Therapists
- Nurses

Destination Partner



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DUBAI OFFICE

Al Zahrawi Medical Supplies LLC.
Mezzanine Floor, Office M-01/M02,
Mohammed Abdulrahman Al Bahar Building
Opposite Al Ghurair Head office, Salahudheen Street
Deira. P.O.Box: 5973, Dubai, UAE

Tel: +971 4 262 2728
Fax: +971 4 262 5506
Email: info@zahrawimedical.com
Web: www.zahrawimedical.com

ABU DHABI OFFICE

Al Zahrawi Medical Services Co. WLL
Bin Hamoodah Building,
On Ground Floor: Abu Dhabi Islamic Bank,
Flat : 1404, Floor : 14, Sheikh Khalifa Street
P.O. Box: 52193, Abu Dhabi, UAE

Tel: +971 2 627 5772
Fax: +971 2 627 4559
Email: azmsc@zahrawimedical.com
Web: www.zahrawimedical.com

About COOLIEF*

- COOLIEF* Cooled Radiofrequency Treatment is a minimally invasive and non-surgical outpatient procedure to target and treat the nerves causing chronic pain. This advanced procedure uses cooled radiofrequency energy to safely target the sensory nerves causing pain.
- Studies have demonstrated that cooled radiofrequency treatment can provide chronic back pain patients up to 24 months of pain relief, improved physical function and reduced use of pain medicines.^{1,2}
- COOLIEF* is manufactured by Halyard Health. Halyard Health is a medical technology company focused on advancing health and healthcare by delivering clinically-superior products and solutions in infection prevention, surgical solutions, respiratory health, digestive health, IV therapy and pain management.
- COOLIEF* Cooled Radiofrequency must be administered by a COOLIEF* - trained physician.

How COOLIEF* Works

- COOLIEF* circulates water through the device while heating nervous tissue to create a treatment area that is larger than conventional RF treatments. This combination targets the pain-causing nerves without excessive heating, leading to pain relief.
- Procedure time varies depending on the physician and the treatment needed, but according to physicians that have performed a COOLIEF* Cooled RF procedure, the actual treatment time is less than one hour.
- Unlike surgery, COOLIEF* involves no incision. Since this minimally invasive, outpatient treatment requires no general anesthesia, patients should be able to return home shortly after the treatment.

About Chronic Back Pain

- Four out of five adults in the United States experience chronic lower back pain³ and Americans spend at least \$50 billion each year trying to treat it.⁴
- Traditional treatments for chronic back pain include oral anti-inflammatory medications, steroid injections, physical therapy, standard radiofrequency ablation and joint fusion or other surgery.
- Medications do not effectively target nerves that cause pain and can lead to side effects such as nausea, grogginess, and addiction.
- Surgery can be beneficial in properly selected patients. However, due to BMI, age, other co-morbidities or invasiveness, surgery isn't for everyone.

¹ Stelzer W., Aiglesberger M., Stelzer D., Stelzer V., Use of Cooled Radiofrequency Lateral Branch Neurotomy for the Treatment of Sacroiliac Joint-Mediated Low Back Pain: A Large Case Series, Pain Medicine, January 2013, Volume 14, Issue 1, pages 29-25.

² Ho KY, et al. Cooled radiofrequency denervation for treatment of sacroiliac joint pain: two-year results from 20 cases. Journal of Pain Research. 3 July 2013.

³ Mayo Clinic. Back pain. April 15, 2002.

⁴ "Low Back Pain Fact Sheet." National Institute of Neurological Disorders and Stroke. NIH Publication, 2003. www.ninds.nih.gov

Friday, 29 March 2019

Time	Activities / Topics	Speaker
8:15 - 9:00	Registration	
9:00 - 9:15	INTRODUCTION AND WELCOME Local Representative: H.E The Italian Ambassador Dr. Liborio Stellino	D. Rizk F. Cappellano
9:15 - 9:45	KEYNOTE LECTURE How and Why the Pelvic Floor is Key to Pelvic Organ and Total Body Well-being: A physiologic discussion with a plea for comprehensive, early and periodic void diary utilization.	R.A Schimdt (USA)
SESSION I : THE PELVIC FLOOR IN DIFFERENT AGE GROUPS CHAIRPERSONS: D. RIZK / M. PATRICOLO		
9:45 - 10:15	Transitional Care of Pelvic Floor Dysfunction	M. Patricolo
10:15 - 10:45	How to Prevent Female Pelvic Floor Dysfunction	R. Neves
10:45 - 11:15	Aging of the Female Pelvic Floor: Menopause or Geripause?	D. Rizk
11:15 - 11:30	COFFEE BREAK	
SESSION II : UROGYNECOLOGY CHAIRPERSONS: F. CAPPELLANO / D. RIZK		
11:30 - 12:00	Epidemiology and Risk Factors of Pelvic Floor Dysfunctions in the Middle East	H. Elbiss
12:00 - 12:30	Pelvic organ prolapse [POP] : Diagnosis and classification systems	A. AlQatawneh
12:30 - 14:00	FRIDAY PRAYER AND LUNCH BREAK	
14:00 - 14:30	NON-CME Accredited Industry Supported Symposium URODYNAMIC WORKSHOP : “Brief Introduction on Laborie Urodynamic System	Mr. Mosaad Fawzy Attia Elsayed
SESSION III : PATHOLOGY OF PELVIC FLOOR DISORDERS: ANATOMICAL AND FUNCTIONAL CONDITIONS CHAIRPERSONS: H. ELBISS / M. CRISTALDI		
14:30 - 15:00	Female Urinary incontinence [UI]: Classification and Triage	A. AlQatawneh
15:00 - 15:30	Lower Urinary Tract Disorders (LUTD)	D. Minardi
15:30 - 16:00	Functional Anorectal Disorders: New Insights into Diagnostic Assessment	M. Cristaldi
16:00 - 16:30	Chronic Pelvic Pain	F. Cappellano
16:30 - 17:00	COFFEE BREAK	
17:00 - 17:30	Obstructed Defecation	V. Giaccaglia
17:30 - 18:00	Posture and Pelvic Floor Disorders	P. Sanna

Saturday, 30 March 2019

Time	Activities / Topics	Speaker
SESSION IV : THERAPY OF PELVIC FLOOR DISORDERS: AN EVIDENCE-BASED UPDATE-1 CHAIRPERSONS: MOHSEN / D. MINARDI		
9:00 - 9:30	Urogynecology : Surgical Repair of POP	D. Rizk
9:30 - 10:00	Urogynecology : Surgical Treatment of Female Stress Urinary Incontinence	A. AlQatawneh
10:00 - 10:30	Neurourology : LUTD	D. Minardi
10:30 - 11:00	Neurourology : Chronic Pelvic Pain	F. Cappellano
11:00 - 11:30	COFFEE BREAK	
SESSION V : THERAPY OF PELVIC FLOOR DISORDERS : AN EVIDENCE-BASE UPDATE -2 CHAIRPERSONS: S. WASTI / G. COCCO		
11:30 - 12:00	Coloproctology : Obstructed Defecation	M. Cristaldi
12:00 - 12:30	Functional Anorectal Disorders: Principles of Treatment	M. Cristaldi
12:30 - 13:00	Rehabilitation and Electrical Stimulation in LUTS, Obstructed Defecation, Pelvic Pain	R. Neves
13:00 - 13:30	Pediatric Urology : Invasive vs. Non-Invasive Assessment and Therapy for Pediatric Dysfunctions	M. Patricolo
13:30 - 14:30	LUNCH BREAK AND PRAYERS	
14:30 - 15:00	NON-CME Accredited Industry Supported Symposium MEDTRONIC Sacral Neuromodulation Workshop	Prof. Francesco Cappellano
SESSION VI : NEUROUROLOGY: WHAT'S NEW IN DIAGNOSIS AND THERAPY OF PELVIC FLOOR DYSFUNCTIONS CHAIRPERSONS: SCHMIDT / CAPPELLANO		
15:00 - 15:20	SSEP's and EMG in Diagnosis of Pelvic Floor Conditions	G. Cocco
15:20 - 15:40	Sacral Neuromodulation for Pelvic Floor Dysfunction. A Discussion of the Status Quo and Where (Hypothetically) We Need to Go	R.A. Schmidt
15:40 - 16:00	Neurophysiology – Something Else than Actual Diagnostics?	J. Voorham
16:00 - 16:20	Pudendal Nerve Block and PRF : The Future for Nociception?	F. Cappellano
16:20 - 16:40	Brain Neuroplasticity - Target of Future Therapy?	S.A Wasti
16:40 - 17:00	The Future of Postural Therapy : Myth or Fact	P. Sanna
17:00 - 17:30	Conclusions and “Take Home Messages”	D. Rizk F. Cappellano