



EFAS

European Foot & Ankle Society

FOREFOOT COURSE AND HINDFOOT
DEFORMITIES IN RELATION
WITH FOREFOOT PATHOLOGIES

05-06 FEBRUARY 2026

BARCELONA
SPAIN



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Thursday 05 February 2026

07:45 **Registration**

08:00 **Welcome to the course.**

THEORICAL PRESENTATIONS

08:15 Biomechanics in forefoot. **A. Viladot**
08:30 Basic principles in forefoot surgery. **M. Eriksen**
08:45 Hallux Valgus, algorithm of treatment. **X. Martin**
09:00 Metatarsalgia algorithm of treatment. **J. Hermus**
09:15 Hallux rigidus. **K. Klos**
09:30 Discussion

THE HANDS ON

09:45 Chevron technique.
10:30 Scarf technique.
11:30 Proximal osteotomy.
12:15 Lapidus.

13:15 **LUNCH BREAK**

THE HANDS ON

13:45 Weils osteotomy.
14:30 Lesser toes surgery.
 - IP arthrodesis.
 - Tendinous transfer for hamer toes.

15:30 Cheilectomy for hallux rigidus treatment.
16:15 Moberg osteotomy.
16:45 MTP arthrodesis.
17:15 Lisfranc reconstruction / arthrodesis.

17:45 **THE CASE CLINIC DISCUSSION, Hallux Valgus surgery.**

18:30 **THE CASE CLINIC DISCUSSION** about complications in forefoot surgery.

19:00 **Remarks and questions.**



Friday 06 February 2026

HANDS ON

- 08:00 Chondral defects and treatment with AMIC in the 1st MTP.
08:15 Treatment with AMIC.

ORAL PRESENTATIONS

- 08:45 - Complication in H.V surgery
• Recurrence. **K. Klos**
• Malunion. **A. Gines**
• Transfer metatarsalgia. **J. Ritchie**
- Complications in lesser rays surgery. **A. Gines**
09:30 Discussion

ORAL PRESENTATIONS

- 09:45 What behavior do you follow when dealing with a patient with severe flat foot but who only consults with Hallux valgus? **J. Ritchie**
10:00 Treatment of Tibial posterior dysfunction. **J. Hermus**
10:15 When we indicated Subtalar arthrodesis? When double arthrodesis? **M. Eriksen**
10:30 Discussion

COFFEE BREAK

HANDS ON

- 11:00 Calcaneal osteotomy.
11:45 Evans osteotomy.
12:15 Cotton osteotomy.

LUNCH BREAK

- 13:00 Double Arthrodesis.

Case clinic discussion

- 15:15 Close remarks.



PARTNERS

The European Society for Foot and Ankle Surgery would like to express its heartfelt thanks to companies that have supported the organization of this Forefoot surgery and its complications, hindfoot pathology affecting forefoot surgery.

Geistlich

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