



AMERICAN ACADEMY OF AESTHETIC MEDICINE

WORLD LEADERS IN AESTHETIC MEDICINE & COSMETIC SURGERY

DIPLOMA COURSE IN AESTHETIC MEDICINE – LEVEL 2 (5 DAY COURSE) Dec 10-14, 2025 Dubai-UAE

Day 1: Dec 10, 2025

FACIAL ANATOMY, COMBINED TREATMENTS AND SKIN BOOSTER INJECTIONS

08:30 - 09:30 AM	Facial Anatomy • Basics on general head anatomy • Understanding anatomical differences in ethnic groups • Identifying vascular and neural danger zones to prevent complications Combined Treatments
09:30 - 10:30 AM	Introduction to FACE THREAD LIFT
10:30 – 10:45 AM	COFFEE BREAK
10:45 - 11:30 AM	Introduction to FAT GRAFTING
11:30 - 12:50 PM	SKIN BOOSTERS AND BIOSTIMULATOR INJECTIONS • Introduction to Skin Boosters • Type of Skin Boosters • Selection on Skin Boosters for Treatment • Indications & Contraindications • Injection Techniques for Face, Neck & Hands Rejuvenation
12:50 - 01:00 PM	MCQ
01:00 – 02:00 PM	LUNCH
02:00 - 05:30 PM	LIVE DEMONSTRATION and PRACTICAL HANDS-ON WORKSHOP on Skin Booster and Biostimulator Injections • Face • Neck • Hands
05:30 PM	End of Day 1



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Day 2: Dec 11, 2025

COSMETIC DERMATOLOGY & MESOTHERAPY

08:30 – 10:00 AM	Introduction to Dermatology • Sun Protection for Any Skin Type • Pigmentation Disorders Management • Acne Management: Classification & Etiology, Treatment & Complications • Rosacea Management: The triggers and treatments • Management of Hypertrophic Scars and Keloids • Hair Loss Management and Treatments • Treatment of Stretch Marks • Cellulite Management
10:00 – 10:15 AM	COFFEE BREAK
10:15 – 12:15 PM	MESOTHERAPY • History of Mesotherapy • Definition & Characteristics • Pharmacology • Injection Devices • Techniques & Depth of Injection • Dermatological Mesotherapy in your Daily Practice INDICATIONS: • Traditional and Lipodistrophy • Facial Rejuvenation (Mesoglow/Mesolift)
12:15 – 12:30 PM	MCQ
12:30 – 01:30 PM	LUNCH
01:30 – 03:00 PM	LIVE DEMONSTRATION on Cosmetic Dermatology • Keloid of Hypertrophic Scar • Hair Loss Treatment LIVE DEMONSTRATION on MESOTHERAPY • Face Rejuvenation • Fat Lipolysis and Cellulites
03:00 – 03:15 PM	COFFEE BREAK
03:15 – 05:30 PM	PRACTICAL HANDS-ON WORKSHOP on Cosmetic Dermatology and Mesotherapy
05:30 PM	End of Day 2



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Day 3: Dec 12, 2025

BOTULINUM TOXIN A – ADVANCED INDICATIONS & TECHNIQUES

08:30 – 10:30 AM	Introduction: What is Beauty? BOTULINUM TOXIN TYPE A • Analysis of Facial Beauty • Pharmacology of Botulinum Toxin A • Frown Lines and Brow Lifting • Periocular Rejuvenation
10:30 -10:45 AM	COFFEE BREAK
10:45 – 01:00 PM	• Periorbital Rejuvenation • Platysmal Band Rejuvenation • Hyperhidrosis • Management of Complications from Botulinum Toxin A Injections Daily Test on Botulinum Toxin – (Advanced Indications) - (MCQ)
01:00 – 02:00 PM	LUNCH
02:00 – 03:00 PM	LIVE DEMONSTRATION on BOTULINUM TOXIN TYPE A (ADVANCED INDICATIONS)
03:00 – 03:15 PM	COFFEE BREAK
03:15 – 05:30 PM	PRACTICAL HANDS-ON WORKSHOP on BOTULINUM TOXIN TYPE A (ADVANCED INDICATIONS)
05:30 PM	End of Day 3



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Day 4: Dec 13, 2025

DERMAL FILLERS – ADVANCED INDICATIONS & TECHNIQUES

08:30 – 10:30 AM	Dermal Fillers • Hyaluronic Acid Fillers for Facial Aesthetic Enhancement • Calcium Hydroxylapatite Facial Sculpting • Facial Sculpting with Poly-L-Lactic Acid • Advanced volume Restoration of the Lower Face
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 01:00 PM	• Restoration of Lip Volume and Definition using Facial Fillers • Advanced Volume Restoration of the Aging Face • Blunt Facial Cannula Technique • The Role of Topical Agents and Regional Blocks • Management of Complications from Fillers Injections Daily Test on Fillers (Advanced Indications) - (MCQ)
01:00 – 02:00 PM	LUNCH
02:00 – 03:30 PM	LIVE DEMONSTRATION on FILLERS (ADVANCED INDICATIONS) • Cheeks • Chin • Lips • Jawline
03:30 – 03:45 PM	COFFEE BREAK
03:45 – 05:30 PM	Continuation of PRACTICAL HANDS-ON WORKSHOP on SKIN FILLERS (ADVANCED INDICATIONS)
05:30 PM	End of Day 4



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Day 5: Dec 14, 2025

PLATELET RICH PLASMA (PRP) AND PAIN MANAGEMENT

08:30 – 10:30 AM	Introduction • Concept of Beauty • Aging: The Prevalent Theory When and Why PRP When and Why Other Rejuvenation Techniques • Rules of Rejuvenation • History of PRP Development in the Last 20 Years What does the scientific literature show? PRP INDICATIONS • Skin Rejuvenation: Face, Dark Circles and Neck • Hand Rejuvenation • Scars Management • Hair Restoration
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 12:45 PM	PRP Science and Mechanisms of Action • Platelet Harvesting • Reducing Platelets Poor Plasma • PRP Preparation • Post Treatment Instructions • Contraindications and Complications
12:45 – 01:00 PM	MCQ
01:00 -02:00 PM	LUNCH
02:00 – 03:15 PM	LIVE DEMONSTRATION on PRP
03:15 -03:30 PM	COFFEE BREAK
03:00 – 05:30 PM	PRACTICAL HANDS-ON WORKSHOP on PRP
05:30 PM	Level 2 Ends – Feedback & Distribution of Certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period