



# AMERICAN ACADEMY OF AESTHETIC MEDICINE

1st Global Leader in Aesthetic Medicine Education and Training Since 1999

## Level 2 Diploma Course in Aesthetic Medicine

November 8 - November 12, 2026 (Miami, Florida)

### Scientific Agenda

#### AAAM LEVEL 2 DIPLOMA COURSE

November 8-12, 2026

Miami, FLORIDA

Faculty: TBA

Day 1: Sunday, November 8, 2026

Faculty: TBA

#### PLATELET RICH PLASMA (PRP) + MICRO-NEEDLING

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| 08:00 – 08:30 | Continental Breakfast                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 08:30 – 10:30 | <p>Introduction</p> <ul style="list-style-type: none"><li>• Concept of Beauty</li><li>• Aging: The Prevalent Theory</li><li>- When and Why PRP</li><li>- When and Why Other Rejuvenation Techniques</li><li>• Rules of Rejuvenation</li><li>• History of PRP Development in the Last 20 Years What does the scientific literature show?</li><li>• Limitations on use: FDA Guidance, ADA Position</li><li>• Latest use by respected institutions</li></ul> |
| 10:30 – 11:00 | COFFEE BREAK                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 11:00 – 11:30 | Open Discussion and Scientific Debate                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 11:30 – 12:30 | <p>PRP Science and Mechanisms of Action</p> <ul style="list-style-type: none"><li>• Platelet Harvesting</li><li>• Reducing Platelets Poor Plasma</li><li>• PRP Preparation</li><li>• Post Treatment Instructions</li><li>• Contraindications and Complications</li></ul>                                                                                                                                                                                  |
| 12:30 – 13:30 | LUNCH                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 13:30 – 15:00 | <p>PRP Indications in Scientific Literature</p> <ul style="list-style-type: none"><li>• Facial Rejuvenation</li><li>• Hand Rejuvenation</li><li>• Hair Restoration</li><li>• Scar Treatment</li><li>• Acne Treatment</li></ul>                                                                                                                                                                                                                            |
| 15:00 – 15:30 | COFFEE BREAK                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 15:30 – 15:45 | Multiple Choice Assessment Quiz on PRP-Closing Remarks and Course Evaluation                                                                                                                                                                                                                                                                                                                                                                              |

Day 2: Monday, November 9, 2026

Faculty: TBA

#### FACIAL ANATOMY, PAIN MANAGEMENT, SCLEROTHERAPY, and COMBINED TREATMENTS

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| 08:00 – 08:30 | Continental Breakfast                                                                                                                                                                                                                                  |
| 08:30 – 09:15 | <p>Facial Anatomy</p> <ul style="list-style-type: none"><li>• Basics on general head anatomy</li><li>• Understanding anatomical differences in ethnic groups</li><li>• Identifying vascular and neural danger zones to prevent complications</li></ul> |
| 09:15 – 10:00 | <p>Interactive Workshop on Facial Anatomy</p> <ul style="list-style-type: none"><li>• Identifying facial anatomy</li><li>• Discussion on how treatments may vary</li></ul>                                                                             |
| 10:00 – 10:30 | Quiz on Facial Anatomy                                                                                                                                                                                                                                 |
| 10:30 – 11:00 | COFFEE BREAK                                                                                                                                                                                                                                           |
| 11:00 – 12:00 | <p>Pain Management &amp; Nerve Blocks Cont'd</p> <ul style="list-style-type: none"><li>• Facial Nerve Anatomy</li><li>• Trigeminal Nerve Anatomy</li><li>• Supraorbital, Infraorbital, Maxillary and Mandible Nerve Blocks</li></ul>                   |

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| 12:30 – 13:30 | LUNCH                                                                                                                                                                                                                                                                                  |
| 13:30 – 15:00 | Sclerotherapy <ul style="list-style-type: none"> <li>• Introduction to Sclerotherapy</li> <li>• Lower Leg Vein Anatomy &amp; Pathophysiology</li> <li>• Treatment Options</li> <li>• Sclerosing Agents</li> <li>• Complications</li> <li>• Video of Sclerotherapy Treatment</li> </ul> |
| 15:00 – 15:15 | COFFEE BREAK                                                                                                                                                                                                                                                                           |
| 15:30 – 17:30 | Combined Treatments <ul style="list-style-type: none"> <li>• Combining Thread Lift and Dermal Fillers</li> </ul>                                                                                                                                                                       |

**Day 3: Tuesday, November 10, 2026**

**Faculty: TBA**

**COSMETIC DERMATOLOGY & MINIMALLY INVASIVE SURGICAL PROCEDURES**

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| 07:30 – 08:30 | Registration & Continental Breakfast                                                                                                                                                                                                                                                                                                                             |
| 08:30 – 10:30 | Introduction to Dermatology                                                                                                                                                                                                                                                                                                                                      |
| 10:30 – 11:00 | COFFEE BREAK                                                                                                                                                                                                                                                                                                                                                     |
| 11:00 – 12:30 | <ul style="list-style-type: none"> <li>• Sun Protection of All Skin Types</li> <li>• Pigment Disorders</li> <li>• Dark Circles</li> </ul>                                                                                                                                                                                                                        |
| 12:30 – 13:30 | LUNCH                                                                                                                                                                                                                                                                                                                                                            |
| 13:30 – 15:00 | Acne <ul style="list-style-type: none"> <li>• Etiology</li> <li>• Classification</li> <li>• Complications</li> <li>• Treatment</li> </ul> Rosacea <ul style="list-style-type: none"> <li>• Causes of Rosacea</li> <li>• Treatments</li> </ul> Cellulite<br>Scar Management<br>Hair Restoration                                                                   |
| 15:00 – 15:30 | COFFEE BREAK                                                                                                                                                                                                                                                                                                                                                     |
| 15:30 – 16:30 | Minimally Invasive Surgical Procedures <ul style="list-style-type: none"> <li>• Excisional Biopsy</li> <li>• Punch and Shave Biopsy of the Skin</li> <li>• Subcision for Acne Scars</li> <li>• Subcision for Cellulite Dimples</li> <li>• Epidermal Cyst Excision</li> <li>• Lipoma Excision</li> <li>• Skin Tag Removal</li> <li>• Laceration Repair</li> </ul> |
| 16:30 – 17:00 | Hands-on Workshop of Minimally Invasive Surgical Procedures (using skin pads)                                                                                                                                                                                                                                                                                    |
| 17:00 – 17:30 | Multiple Choice Assessment Quiz on Cosmetic Dermatology & Minimally Invasive Skin Procedures                                                                                                                                                                                                                                                                     |

**Day 4: Wednesday, November 11, 2026**

**Faculty: TBA**

**BOTULINUM TOXIN A: ADVANCED INDICATIONS AND TECHNIQUES**

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| 08:00 – 08:30 | Continental Breakfast                                                                                                                                                                                                                                                                                                                                                                                                                |
| 08:30 – 10:30 | Introduction: What is Beauty?<br>Botulinum Toxin A <ul style="list-style-type: none"> <li>• Analysis of Facial Beauty</li> <li>• Pharmacology of Botulinum Toxin A</li> <li>• Frown Lines and Brow Lifting</li> <li>• Periocular Rejuvenation</li> <li>• Periorbital Rejuvenation</li> <li>• Platysmal Band Rejuvenation</li> <li>• Hyperhidrosis</li> <li>• Management of Complications from Botulinum Toxin A injection</li> </ul> |
| 10:30 – 10:45 | COFFEE BREAK                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 10:45 – 12:15 | Continuation lecture on Advanced Indications & Techniques with the use of Botulinum Toxin A                                                                                                                                                                                                                                                                                                                                          |
| 12:15 – 12:30 | Multiple Choice Assessment Quiz Botulinum Toxin A                                                                                                                                                                                                                                                                                                                                                                                    |
| 12:30 – 13:30 | LUNCH                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 13:30 – 17:30 | Live Demonstrations and Hands-on Workshop on Advanced Indications for Botulinum Toxin A                                                                                                                                                                                                                                                                                                                                              |

**Day 5: Thursday, November 12, 2026**

**Faculty: TBA**

**DERMAL FILLERS: ADVANCED INDICATIONS AND TECHNIQUES**

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| 08:00 – 08:30 | Continental Breakfast                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 08:30 – 10:30 | <p>Dermal Fillers</p> <ul style="list-style-type: none"><li>• Hyaluronic Acid Fillers for Facial Aesthetic Enhancement</li><li>• Calcium Hydroxylapatite Facial Sculpting</li><li>• Facial Sculpting with Poly-L-Lactic Acid</li><li>• Advanced volume Restoration of the Lower Face</li><li>• Restoration of Lip Volume and Definition Using Facial Fillers</li><li>• Advanced volume Restoration of the Aging Face</li><li>• Blunt Facial Cannula Technique</li><li>• The Role of Tropical Agents and Regional Blocks</li><li>• Management of Complications of Filler Injections</li></ul> |
| 10:30 – 10:45 | COFFEE BREAK                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 10:45 – 12:15 | Continuation lecture on Advanced Indications & Techniques with the use of Dermal Fillers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 12:15 – 12:30 | Multiple Choice Assessment Quiz Dermal Fillers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 12:30 – 13:30 | LUNCH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 13:30 – 17:30 | Live Demonstrations and Hands-on Workshop on Advanced Indications for Dermal Fillers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |