

ORTHOPAEDICS

FOR THE PRIMARY CARE PRACTITIONER
& REHABILITATION THERAPIST

JULY 26-28, 2019 • THE SANDPEARL - CLEARWATER, FL

FRIDAY, JULY 26, 2019

1:00 PM - 1:30 PM	Registration	
1:30 PM - 5:55 PM	Hands-On Workshop	Seth Gasser, MD
1:30 PM	Evaluation of the Painful Knee	Seth Gasser, MD
2:10 PM	Knee Injections	Seth Gasser, MD
2:30 PM	Question & Discussion	
2:55 PM - 3:15 PM	Break with Exhibitors	
3:15 PM	Physical Examination of the Shoulder	Christopher Baker, MD
3:45 PM	Ultrasound Examination of the Shoulder	Christopher Baker, MD
4:15 PM	Shoulder Injections	Christopher Baker, MD
4:35 PM	Question & Discussion	
5:00 PM	Lab: Ultrasound and Injections	Seth Gasser, MD & Christopher Baker, MD
6:20 PM	Adjourn for the Day	

SATURDAY, JULY 27, 2019

6:00 AM - 6:50 AM	Registration & Breakfast with Exhibitors	
6:50 AM	Introduction & Welcome Remarks	Seth Gasser, MD
7:00 AM - 9:35 AM	Session 1 - General/ Miscellaneous	Seth Gasser, MD
7:00 AM	Basic Principles of Orthopaedic Imaging	Dexter Stallworth, MD
7:15 AM	Lumps and Bumps: When to be Concerned	David Cheong, MD
7:30 AM	Common Orthopedic Nutritional Supplements- Myths and Reality	Scott Brickett, ATC
7:45 AM	Questions & Discussion	Faculty Panel
8:10 AM - 9:35 AM	Session 2 - Primary Care Sports Medicine	
8:10 AM	Biologics in Sports Medicine; Current Concepts	Kevin Elder, MD
8:25 AM	Non-Operative Treatment of Osteoarthritis	Jeff Sellman, MD
8:40 AM	ATC Emergencies: Heat Injury, Spine Boarding, Etc	Eddie Bunton, MD
8:55 AM	The Pediatric Athlete	Jeff Sellman, MD
9:10 AM	Questions & Discussion	
9:35 AM - 9:55 AM	Break with Exhibitors	
9:55 AM - 11:20 AM	Session 3 - Shoulder & Elbow	Mark Mighell, MD
9:55 AM	Physical Examination of the Shoulder	Ben Linbloom, MD
10:10 AM	Rehabilitation of the Painful Throwing Shoulder	Dave Colvin, DPT
10:25 AM	Glenohumeral Arthritis: Treatment Options	Mark Mighell, MD
10:40 AM	Traumatic Shoulder Instability: Evaluation and Treatment	Ioannis Pappou, MD
10:55 AM	Question & Discussion	
11:20 AM - 12:20 PM	Non-CME Lunch & Learn by Ossur	
12:20 PM - 2:05 PM	Session 4 - Hand/Upper Extremity	Jeffrey Stone, MD
1:30 PM	Physical Examination of the Wrist and Hand	Michael Garcia, MD
1:45 PM	Thumb Pain: Dequervain Syndrome, CMC Arthritis, Gamekeepers Thumb	Al Hess, MD
2:00 PM	Tendinopathies of the Upper Extremity	Jason Nydick, DO
2:15 PM	5 Most Commonly Missed Upper Extremity Fractures	Jeffrey Stone, MD
2:30 PM	Rehabilitation of Common Hand Injuries	Lisa Choe, OT

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2:45 PM Questions & Discussion

3:15 PM – 3:30 PM Break with Exhibitors

3:30 PM – 4:45 PM Session 5 - Foot & Ankle

3:30 PM Physical Examination of the Foot and Ankle Evan Loewy, MD

3:45 PM Common Causes of Foot Pain: Plantar Fasciitis to Metatarsalgia Timothy Epting, MD

4:00 PM Posterior Tibial Tendon Dysfunction: Adult Flatfoot Deformity Evan Loewy, MD

4:15 PM Questions & Discussion

4:45 PM – 6:10 PM Session 6 - Trauma

Anjan R. Shah, MD

4:45 PM Principles of Fracture Management Anjan R. Shah, MD

5:00 PM Orthopaedic Emergencies Hassan Mir, MD

5:15 PM Rehabilitation of the Trauma Patient

5:30 PM Top 10 Missed Trauma Fractures Christopher W. Grayson, MD

5:45 PM Questions & Discussion

6:10 PM Adjourn for the Day

6:15 PM – 8:00 PM Welcome Reception

SUNDAY, JULY 28, 2019

6:30 AM - 7:00 AM Breakfast with Exhibitors

7:00 AM - 8:40 AM Session 7 - Adult Reconstruction

Michael Miranda, DO

7:00 AM Unicompartmental Knee Replacement Brian Palumbo, MD

7:20 AM Outpatient Hip and Knee Replacement: Same Day, Home Safe Michael Miranda, DO

7:40 AM Rehabilitation after Lower Extremity Joint Replacement Surgery Tammy King, DPT

8:00 AM The use of Robotics in Joint Replacement Surgery Benjamin Maxson, DO

8:20 AM Questions & Discussion

8:50 AM – 9:10 AM Break with Exhibitors

9:10 AM – 11:00 AM Session 8 - Spine

9:10 AM Cervical Disc Disease Steven J. Tresser, MD

9:30 AM Minimally Invasive Spine Surgery John Small, MD

9:50 AM Low Back Pain: An Evidence based Medicine Approach Adil A. Samad, MD

10:10 AM Rehabilitation for Low Back Pain Cristina Pando, MPT

10:30 AM Questions & Discussion

11:00 AM – 12:50 AM Session 9 - Sports Medicine

Seth Gasser, MD

11:00 AM Physical Examination of the Knee Seth Gasser, MD

11:20 AM Evolving Cartilage Repair Strategies Seth Gasser, MD

11:40 AM Return to Play: Game Day Decision Making on the Field
Management of Athletic Injuries Eddie Echols, MD

12:00 PM Hip/Groin Pain in the Athlete (Athletic Pubalgia) Seung Yi, MD

12:20 PM Questions & Discussion

12:50 PM Course Adjourns