

Monday April 6, 2020		
	Exercise and the Brain 4.0 CME Hours	
10:00 AM	Registration and name badge pickup	Grand Promenade
10:00 AM	Exhibit Hall	
12:25 PM	Opening remarks by the Chairman	Robert Sallis, MD
12:30 PM	Benefits of Exercise in Kids with Intellectual Disabilities	Jessie Fudge, MD
1:10 PM	Exercise and Brain Health; What's the Connection?	Robert Sallis, MD
1:50 PM	Reversing Cognitive Decline as we Age	Joseph Scherger, MD
2:30 PM	Refreshment Break	
3:00 PM	Common Office Injections	Dennis Borna, MD
3:40 PM	Medical Concerns in Special Olympians	Jessie Fudge, MD
4:20 PM	Getting the Most Out of Musculoskeletal Imaging	Jim Macintyre, MD
5:00 PM	Adjourn	
Tuesday April 7, 2020		
	Updates on Lifestyle Medicine 4.0 CME Hours	
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Using Lifestyle to Heal Patients	Joseph Scherger, MD
8:40 AM	Trends in Youth Sedentary Behavior and Exercise Guidelines	Jessie Fudge, MD
9:20 AM	Moving Kids to Learn: Adding Running and Recess to the 3 R's	Liz Joy, MD
10:00 AM	Refreshment Break	
10:30 AM	Can Exercise Be Prescribed? Here's How	Liz Joy, MD
11:10 AM	Reversing Type 2 Diabetes	Joseph Scherger, MD
11:50 AM	Latest Apps to Help Get Patients Moving	Liz Joy, MD
12:30 PM	Adjourn	
Wednesday April 8, 2020		
	Common Musculoskeletal Issues 4.0 CME Hours	
12:30 PM	Overuse Injuries: Diagnosis and Management	Jim Macintyre, MD
1:10 PM	Common Problems of the Elbow, Wrist and Hand	Robert Sallis, MD
1:50 PM	Shoulder Problems in Active (and Not so Active) Patients	Jim Macintyre, MD
2:30 PM	Refreshment Break	
3:00 PM	Evaluation of the Painful Knee	Robert Sallis, MD
3:40 PM	The Ankle Sprain that Doesn't Get Better	Jim Macintyre, MD
4:20 PM	Fracture Management in Primary Care	Dennis Borna, MD
5:00 PM	Adjourn	
Thursday April 9, 2020		
Update on Medical Issues in the Active Patient 4.0 CME Hours		
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Is this Osteoarthritis?	Steve S. Lee, DO
8:40 AM	Common Rashes in Primary Care	Linda Tolbert, MD
9:20 AM	Osteoporosis: Update on Assessment and Management	Dennis Borna, MD
10:00 AM	Refreshment Break	
10:30 AM	Sun Damage and Skin Cancer: Prevention and Management	Linda Tolbert, MD
11:10 AM	Update on Rheumatoid Arthritis for the Primary Care Physician	Steve S. Lee, DO
11:50 AM	Skin Conditions and Sports	Linda Tolbert, MD
12:30 PM	Adjourn	

	Friday April 10, 2020	
	Current Issues for the Primary Care Doc 4.0 CME Hours	
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Issues in the Active and Athletic Female	Liz Joy, MD
8:40 AM	Overcoming Common GI Problems	Joseph Scherger, MD
9:20 AM	Update on Connective Tissue Diseases	Steve S. Lee, DO
10:00 AM	Refreshment Break	
10:30 AM	Hypothermia and Frostbite	Jessie Fudge, MD
11:10 AM	Infectious Disease in the Active and Athletic Patient	Dennis Borna, MD
11:50 AM	Muscles and Inflammation: Pinpointing the Cause	Steve S. Lee, DO
12:30 PM	Conference Adjourns	
12:30 PM	Pick up CME Certificates	