

ERAS-ESSO Course on Peri-Operative care in GI Surgery

In partnership with the E-AHPBA

Maastricht, 11th to 12th December 2017

Chairs

Geerard Beets, National Cancer Institute, Amsterdam, NL

Kees Dejong, Maastricht University Medical Center, Maastricht, NL

Nicolas Demartines, Centre Hospitalier Universitaire Vaudois, Lausanne, CH

Faculty members

Willem Bemelman, Academic Medical Center, Amsterdam, NL

Bart Bongers, Maastricht University Medical Center, Maastricht, NL

Marco Braga, San Raffaele Hospital, Milan, IT

Wolfgang Buhre, Maastricht University Medical Center, Maastricht, NL

Freek Gillissen, Maastricht University Medical Center, Maastricht, NL

Kristoffer Lassen, Oslo University Hospital, Oslo, NO

Misha Luyer, Catharina Ziekenhuis, Eindhoven, NL

Simon Nienhuijs, Catharina Ziekenhuis, Eindhoven, NL

Steven Olde Damink, Maastricht University Medical Center, Maastricht, NL

Sergio Sandrucci, San Giovanni Battista Hospital, Turin, IT

Gerrit Slooter, Maxima Medical Center, Veldhoven, NL

Jan Stoot, Zuyderland Medical Center, Heerlen/Sittard, NL

Christel van Beijsterveld, Maastricht University Medical Center, Maastricht, NL

Ronald van Dam, Maastricht University Medical Center, Maastricht, NL

Marcel van de Poll, Maastricht University Medical Center, Maastricht, NL

Esther van den Hogen, Maastricht University Medical Center, Maastricht, NL

Programme

Monday 11th December

Chair of the session: K. Dejong

- 09.00 – 09.25 Overview of the enhanced recovery
N. Demartines
- 09.25 – 09.50 Physiology of the surgical stress response
S. Sandrucci
- 09.50 – 10.15 Impact of malnutrition on surgical complications
M. van de Poll

10.15 – 10.45 Coffee break

Chair of the session: N. Demartines

- 10.45 – 11.10 Modern tools to assess nutritional status preoperatively
(sarcopenia, and cachexia)
S. O. Damink
- 11.10 – 11.35 Preoperative nutritional assessment: the dietitians view
E. van den Hogen
- 11.35 – 12.00 Prehabilitation – Better in
B. Bongers, G. Slooter
- 12.00 – 12.25 Early mobilisation – Better out (physiotherapy, counselling, e-
solutions)
C. van Beijsterveld
- 12.25 – 13.30 Lunch

Chair of the session: G. Beets

- 13.30 – 13.55 Role of minimally invasive surgery (including robotic, etc)
K. Lassen
- 13.55 – 14.20 The Dutch breakthrough project and beyond: sustainability
F. Gillissen
- 14.20 – 14.55 Trials, trials, trials
W. Bemelman
- 14.55 – 15.25 Coffee break

Chair of the session: N. Demartines

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| 15.25 – 15.40 | Does the anesthetist cause post-operative complications (epidural yes or no?)
<i>W. Buhre</i> |
| 15.40 – 15.55 | How to prepare the patient (bowel preparation yes or no, CH-loading?)
<i>G. Beets</i> |
| 15.55 – 16.15 | Postoperative ileus
<i>M. van de Poll</i> |
| 16.15 – 16.40 | Tracking complications/failure to rescue
<i>G. Beets</i> |
| 16.40 – 17.30 | Discussion
<i>All faculty</i> |

Tuesday 12th December

Chair of the session: G. Beets

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| 08.00 – 08.20 | ERAS in liver surgery: guidelines and databases
<i>N. Demartines</i> |
| 08.20 – 08.40 | Laparoscopic liver surgery
<i>R. van Dam</i> |
| 08.40 – 09.00 | ERAS and pancreatic surgery
<i>K. Lassen</i> |
| 09.00 – 09.20 | Postoperative complicated course in HPB surgery
<i>K. Dejong</i> |
| 09.20 – 10.00 | Rapid bullet points – Discussion
<i>All</i> |

10.00 – 10.30 Coffee break

Chair of the session: N. Demartines

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| 10.30 – 10.50 | Gastric surgery
<i>J. Stoot</i> |
| 10.50 – 11.10 | Bariatric surgery
<i>S. Nienhuijs</i> |

11.10 – 11.30	Oesophageal surgery M. Luyer
11.30 – 11.50	Postoperative complicated course upper GI K. Lassen
11.50 – 12.30	Rapid bullet points – Discussion All
12.30 – 13.30	Lunch
Chair: G. Beets	
13.30 – 13.55	Immunonutrition S. Sandrucci
13.55 – 14.20	GI Surgery in elderly and frail patients M. Braga
14.20 – 14.45	Audit S. Sandrucci
14.45 – 15.00	Rapid bullet points – Discussion All
15.00	Wrap up and closure K. Dejong