

**The Royal Australian and New Zealand College of Psychiatrists
Section of Youth Mental Health 2018 Symposium**

9–10 March 2018

**Innovation and implementation:
improving the mental health of youth**

FRIDAY 9 MARCH 2018	
12.15–1.00 pm	Registration: tea and coffee
1.00–1.15 pm	Welcome Dr James Scott
1.15–3.00 pm	Innovation in youth mental health services
1.15–2.00 pm	Innovating in youth early psychosis Dr Paul Denborough
2.00–2.30 pm	It's about time: reducing cardiometabolic risk in young people with psychosis Dr Jackie Curtis
2.30–3.00 pm	Panel discussion
3.00–3.30 pm	Afternoon tea
3.30–5.30 pm	Management of sleep and metabolic disorders
3.30–4.00 pm	Sleep Dr Megan Kalucy
4.00–4.30 pm	How can we stop killing our youth: managing antipsychotic-related cardiometabolic disorders A/Prof Dan Siskind
4.30–5.00 pm	Managing prolactin levels Dr Sharon Foley
5.00–5.30 pm	Panel discussion
6.00–8.00 pm	Reception: drinks and canapes

SATURDAY 10 MARCH 2018	
8.30–9.00 am	Coffee and registration
9.00–10.30 am	Management of externalising behaviours in youth
9.00– 9.30 am	ADHD Dr Hugh Morgan
9.30–10.00 am	Substance abuse and youth Dr Lisa Jukes
10.00–10.30 am	Panel discussion
10.30–11.00 am	Morning tea
11.00 am – 12.30 pm	Problems of sexual behaviour, addiction and impulse control in youth
11.00–11.30 am	Videogames and mental health: opportunities and challenges for wellbeing Prof Daniel Johnson
11.30 am – 12.00 pm	Problem sexual behaviours Dr Scott Harden
12.00–12.30 pm	Panel discussion
12.30–1.30 pm	Lunch
1.30–3.00 pm	Autism and other neurodevelopmental disorders in youth
1.30– 2.00 pm	ID and ASD in youth Dr Cathy Franklin
2.00– 2.30 pm	Management of ASD in youth Dr Jennifer Harrison
2.30–3.00 pm	Panel discussion
3.00–3.15 pm	Afternoon tea
3.15–5.15 pm	Workshop: working with families in clinical practice Dr Anne Maree Bickerton Dr Elizabeth Mackenzie
5.15–5.30 pm	Concluding remarks