

VALENTIN FUSTER CARDIOVASCULAR SYMPOSIUM

Dec. 12 - 14, 2025 | New York City



FRIDAY, DEC. 12

6:30 - 7:45 a.m.

Breakfast and Visit the Expo

7:45 - 8 a.m.

Introductions

Cathy Gates

Chief Executive Officer, American College of Cardiology

Christopher M. Kramer, MD, FACC

President, American College of Cardiology

Arterial Disease – Diagnostic and Management Challenges in 2026

Session I: Evolving New Frontiers

Session Chair: Nathaniel R. Smilowitz, MD, FACC

8 - 8:25 a.m.

Evolving Early Detection of Silent Atherogenesis by External 3DUS Evolving Prevention Trials: PRECAD and REACT

Valentin Fuster, MD, PhD, MACC

8:25 - 8:50 a.m.

Evolving Full Assessment of Coronary Disease Calcium Score and CT Angio: Indications, Anatomy, Structure and Function

Matthew J. Budoff, MD, FACC

8:50 - 9:10 a.m.

Evolving Tools Interpreting and Targeting Vasomotion Dependent Ischemia Epicardial, Bridging, Microvasculature, Takotsubo - Acetylcholine/Adenosine

Nathaniel R. Smilowitz, MD, FACC

9:10 - 9:35 a.m.

Panel Discussion

Matthew J. Budoff, MD, FACC; Valentin Fuster, MD, PhD, MACC;

Nathaniel R. Smilowitz, MD, FACC

9:35 - 9:50 a.m.

Break and Visit the Expo

Arterial Disease – Diagnostic and Management Challenges in 2026

Session II: Acute Coronary Syndrome

Session Chair: Roxana Mehran, MD, FACC

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- 9:50 – 10:15 a.m. **Evolving Answers to Ten Top Questions in Acute Coronary Syndromes Excluding Antithrombotic Strategies**
Deepak L. Bhatt, MD, MPH, MBA, FACC
- 10:15 – 10:40 a.m. **Unresolved 5 Questions in the Management of Acute Coronary Syndromes According to the Recent American Guidelines**
Sunil V. Rao, MD, FACC
- 10:40 – 11 a.m. **Evolving Strategies of Antithrombotic Therapy in 3 Stages of CAD ACS / Post PCI 1, 6 and 12 Months, Chronic CAD, Post MI LV Dysfunction**
Roxana Mehran, MD, FACC
- 11 – 11:30 a.m. **Panel Discussion**
Deepak L. Bhatt, MD, MPH, MBA, FACC; Roxana Mehran, MD, FACC; Sunil V. Rao, MD, FACC
- 11:30 a.m. – 1 p.m. **Lunch and Visit the Expo**
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- Arterial Disease – Diagnostic and Management Challenges in 2026**
Session III: Chronic Coronary Disease, Stroke and Pulmonary Embolism
Session Chair: Christina Lineback, MD
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- 1 – 1:25 p.m. **Evolution in the Management of Stable Coronary MVD: PCI, CABG, OMT, Microcirculation**
Valentin Fuster, MD, PhD, MACC
- 1:25 – 1:50 p.m. **Evolving Advances in Diagnosis and Management of Cerebrovascular Disease Carotid Disease, Ischemic Stroke and Hemorrhagic Stroke**
Christina Lineback, MD
- 1:50 – 2:15 p.m. **Evolving Advances in Peripheral Arterial Disease: Diagnostic, Management and Preventive Strategies**
Marc P. Bonaca, MD, FACC
- 2:15 – 2:45 p.m. **Panel Discussion**
Marc P. Bonaca, MD, FACC; Valentin Fuster, MD, PhD, MACC; Christina Lineback, MD

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2:45 p.m.

Break and Visit the Expo

Arterial Disease – Diagnostic and Management Challenges in 2026

Session IV: Trends and Challenges of Approaching Prevention – Health Factors

Session Chair: Robert Gabbay, MD, PhD

3 - 3:20 p.m.

Cardiorespiratory Fitness – Peak O₂ / MET's and Survival: Physical Activity as the Best Investment in Preventive Cardiovascular Medicine

Carl J. Lavie, MD, FACC

3:20 - 3:40 p.m.

Obesity as a Huge Epidemiological Challenge: From Bariatric Surgery to New Pharmacotherapy – Short vs Long Term?

W. Timothy Garvey, MD

3:40 - 4 p.m.

Solving Statin Low Adherence by RNA Agents With Infrequent SC Injections Solving Also Lp(a) High Levels With Evolving New RNA Agents?

Robert S. Rosenson, MD, FACC

4 - 4:20 p.m.

Diabetic-Modifying Approaches in Line For Prevention and Cure: A Pharmacological Revolution and Otherwise

Robert Gabbay, MD, PhD

4:20 - 4:40 p.m.

Hypertension – European vs American Guidelines on BP: Evaluation and Levels But Are We Properly Identifying and Following the Affected?

John W. McEvoy, MB, BCh, BAO, MHS

4:40 - 5 p.m.

Panel Discussion

John W. McEvoy, MB, BCh, BAO, MHS; Robert Gabbay, MD, PhD;
W. Timothy Garvey, MD; Carl J. Lavie, MD, FACC; Robert S. Rosenson,
MD, FACC

5 p.m.

Adjournment

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SATURDAY, DEC. 13

6:30 – 8 a.m.

Breakfast and Visit the Expo

Cardio-Pulmonary and Electrical Failure Evolving Challenges in 2026 **Session V: Myocardial Disease and Heart Failure; Basis For Management** **Session Chair: Scott Solomon, MD, FACC**

8 – 8:20 a.m.

Evolving Imaging Approaches (MRI, PET) For Seven Myocardial Diseases: Myocarditis, DCM, HCM, NCLV, Amyloid CM, Sarcoid, Takotsubo

Amit R. Patel, MD

8:20 – 8:40 a.m.

Evolving Clinical Genetic Testing For Five Myocardial Diseases: DCM, HCM, NCLV, Amyloid CM

Amy Kontorovich, MD, FACC

8:40 – 9:05 a.m.

Evolving Pharmacology For HFrEF vs HFieF vs HFpEF Phenotypes: Health Disparities and Next Steps to Be Taken

Biykem Bozkurt, MD, PhD, FACC

9:05 – 9:30 a.m.

Evolving Approaches to Four Challenging Myocardial Diseases: AL/TTR Amyloid, Myocarditis, Sarcoidosis, NCLV

Mathew S. Maurer, MD, FACC

9:30 – 9:55 a.m.

Evolving Assist Devices and Transplantation Approaches: Use of LVADs vs Impella vs ECMO and/or Donor Developments

Maria Rosa Costanzo, MD, FACC

9:55 – 10:30 a.m.

Panel Discussion

Biykem Bozkurt, MD, PhD, FACC; Maria Rosa Costanzo, MD, FACC; Amy Kontorovich, MD, FACC; Mathew S. Maurer, MD, FACC; Amit R. Patel, MD

10:30 – 10:45 a.m.

Break and Visit the Expo

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Cardio-Pulmonary and Electrical Failure Evolving Challenges in 2026 **Session VI: Rhythm Disorders, Contemporary and Future Topics of Focus** **Session Chair: William G. Stevenson, MD, FACC**

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| 10:45 - 11:10 a.m. | Atrial Fibrillation – Evolving Clinical Challenges Quality of Life and Preventing Stroke: Last Year Developments
Valentin Fuster, MD, PhD, MACC |
| 11:10 - 11:30 a.m. | Atrial Fibrillation – Evolving Ablation Tools and LAA Closure: Who, When, How, Long Term Results
Dhanunjaya R. Lakkireddy, MBBS, FACC |
| 11:30 - 11:50 a.m. | Ventricular Tachycardia – Catheter Ablation: Who, When, How, Long Term Results
William G. Stevenson, MD, FACC |
| 11:50 a.m. - 12:10 p.m. | Follow Up of Three Device Therapeutic Approaches CRTs, Subcutaneous ICDs, Leadless Pacemakers: Who, When, How, Long Term Results
Mikhael El-Chami, MD, FACC |
| 12:10 - 12:30p.m. | Panel Discussion
Valentin Fuster, MD, PhD, MACC; Mikhael El-Chami, MD, FACC;
Dhanunjaya R. Lakkireddy, MBBS, FACC; William G. Stevenson, MD, FACC |
| 12:30 - 2 p.m. | Lunch and Visit the Expo |

Valvular Heart Disease, Aorta and HCM – Challenges in 2026 **Session VII: Management of Aortic Valve Disease and Aorta** **Session Chair: Susheel K. Kodali, MD, FACC**

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| 2 - 2:40 p.m. | Aortic Valvular Disease: The Five Prognostic and Management Challenges
Presenter: Robert O. Bonow, MD, MACC
Discussants: David Adams, MD, FACC, Ismail El-Hamamsy, MD, PhD; Susheel K. Kodali, MD, FACC; Samin K. Sharma, MBBS, FACC |
| 2:40 - 2:55 p.m. | Cerebral Embolic Protection During TAVR and Post-TAVR
Presenter: Samin K. Sharma, MBBS, FACC |

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2:55 - 3:20 p.m.

Discussant: Valentin Fuster, MD, PhD, MACC

The Dilated Thoracic Aorta: The Ten Prognostic and Management Challenges

Presenter: Valentin Fuster, MD, PhD, MACC

Discussant: Ismail El-Hamamsy, MD, PhD

3:20 - 3:35p.m.

Break and Visit the Expo

Valvular Heart Disease, Aorta and HCM – Challenges in 2026

Session VIII: Management of Mitral Regurgitation, Tricuspid Regurgitation and Hypertrophic Cardiomyopathy

Session Chair: David Adams, MD, FACC

3:35 - 4:15 p.m.

Mitral Regurgitation: The Five Prognostic and Management Challenges

Presenter: Robert O. Bonow, MD, MACC

Discussants: David Adams, MD, FACC; Ismail El-Hamamsy, MD, PhD; Susheel K. Kodali, MD, FACC; Samin K. Sharma, MBBS, FACC

4:15 - 4:55 p.m.

Tricuspid Regurgitation: Five Prognostic and Management Challenges

Presenter: Susheel K. Kodali, MD, FACC

Discussants: David Adams, MD, FACC; Robert O. Bonow, MD, FACC; Ismail El-Hamamsy, MD, PhD; Samin K. Sharma, MBBS, FACC

4:55 - 5:30 p.m.

Hypertrophic Cardiomyopathy: Five Challenging Questions Genetic/Acquired, Mavacamtem-Like, Myectomy, Apical, Sudden Death

Presenter: Carolyn Y. Ho, MD

Discussants: David Adams, MD, FACC; Robert O. Bonow, MD, FACC; Ismail El-Hamamsy, MD, PhD; Susheel K. Kodali, MD, FACC; Samin K. Sharma, MBBS, FACC

5:30 p.m.

Adjournment

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SUNDAY, DEC. 14

6:30 – 8 a.m.

Breakfast and Visit the Expo

Year in Review: Ten Highlights For Progress in 2026

Session IX: Novelty on Pharmacology, Clinical and Epidemiological CV Science

Session Chair: Valentin Fuster, MD, PhD, MACC

8 – 8:20 a.m.

Novelties in Gene Therapy and Gene Editing

Christine E. Seidman, MD

8:20 – 8:40 a.m.

Novelties in the Understanding of Aging and Evolving Biomarkers

Allison Herman, PhD

8:40 – 9 a.m.

Novelties in Artificial Intelligence For Patient Engagement

Annapoorna Subhash Kini, MBBS, FACC

9 – 9:20 a.m.

Novelties in Cancer Therapies: Cardiovascular Implications

Bonnie Ky, MD, FACC

9:20 – 9:40 a.m.

Novelties in the Management of Pulmonary Hypertension and Embolism

Kenneth Rosenfield, MD, FACC

9:40 – 10 a.m.

Novelties in Vasovagal Syncope and POTS – Neuroablation and Others

Gaurav A. Upadhyay, MD, FACC

10 – 10:20 a.m.

Novelties in the Use of SGLT2 Inhibitors and of Beta-blockers? Dapagliflozin in TAVR and Beta-Blockers in MI Only With EF<40%

Borja Ibanez, MD, PhD

10:20 – 10:40 a.m.

Novelties in Transcatheter Intervention in Congenital Heart Disease: Septal Defects and Valve Dysfunction

Alexander Sasha Opotowsky, MD, FACC

10:40 – 11 a.m.

Novelties in the Understanding of Cognitive Impairment in the Elderly

Abdulla Damluji, MD, PhD, FACC

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11 - 11:30 a.m.

Cardiovascular Health and Challenges in the Two Extremes of Life

Valentin Fuster, MD, PhD, MACC

11:30 a.m.

Adjourn

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