

Scientific Program

Friday, November 22, 2024



MIDDLE EAST
NORTH AFRICA

08:00-09:00 Registration and Morning Coffee

08:45-09:00 Welcome and Opening Ceremony
Dr. Sarah Nadeem (USA) and Dr. Susan Samson (USA)

09:00-09:45 Plenary Lecture
Chair: Dr. Aoife Egan (USA)

Hall A & B

PL1. Diabetes Kidney Disease

Diabetes/Metabolism

Dr. Sylvia Rosas (USA)

09:45-10:30 Plenary Lecture
Chair: Dr. Tariq Chukir (Qatar)

Hall A & B

PL2. Obesity and the Brain: Supporting the Need for Pharmacologic Treatments

Obesity

Dr. Marc-André Cornier (USA)

10:30-11:00 Coffee Break

11:00-12:30

In-Depth Symposia

Obesity Symposium

Chair: Dr. Sarah Nadeem (USA)

Hall A

Adrenal Symposium

Chair: Dr. Ali Alzharani (KSA)

Hall B

Bone and Health Symposium

Hall C

11:00-11:25

IDS1.A.1
Flexing Before and After:
Understanding Muscles in
Obesity and Weight Loss

Obesity/Nutrition

Dr. Tariq Chukir (Qatar)

IDS1.B.1
Evaluation of Hyponatremia

PGAN

Dr. Sylvia Rosas (USA)

IDS1.C.1
MENA FRAX Registry

Bone

Dr. Ghada El-Hajj Fuleihan (Lebanon)

11:25-11:50

IDS1.A.2
Sleep and Obesity

Obesity/Nutrition

Dr. Shahrad Taheri (Qatar)

IDS1.B.2
Glucocorticoid Induced
Adrenal Insufficiency

PGAN

Dr. Adnan Ajmal (UAE)

IDS1.C.2
Nonskeletal Benefits
of Bisphosphonates

Bone

Dr. Jad G. Sfeir (USA)

11:50-12:15

IDS1.A.3
Endocrine Changes
in Obesity

Obesity/Nutrition

Dr. Ebaa Al Ozairi (Kuwait)

IDS1.B.3
Adrenal Incidentalomas

PGAN

Dr. Irina Bancos (USA)

IDS1.C.3
Hypercalcemia

Bone

Dr. Steven Petak (USA)

12:15-12:30

Q&A

Q&A

Q&A



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12:30-13:00	Company Symposium		
13:00-14:00	Prayer Break		
14:00-14:30	Company Lunch Symposium		
14:30-15:05	Abstract Awards and Oral Presentation		
	Hall A & B		
15:05-15:35	Break		
15:35-16:20	Meet-the-Expert Sessions		
	Hall A	Hall B	Hall C
15:35-16:10	MTE1.A Congenital Adrenal Hyperplasia <i>Chair: Dr. Asma Deeb (UAE)</i> Pediatric Endocrinology Dr. Fatih Gurbuz (Turkey)	MTE1.B Evaluation and Management of Central DI <i>Chair: Dr. Abdullah Alfutaisi (Oman)</i> PGAN Dr. Adriana Ioachimescu (USA)	MTE1.C Short Stature in Children <i>Chair: Dr. Salman Kirmani (Pakistan)</i> Pediatric Endocrinology Dr. Hala Tfayli (Lebanon)
16:10-16:20	Q&A	Q&A	Q&A
16:25-17:10	Meet-the-Expert Sessions		
	Hall A	Hall B	Hall C
16:25-17:00	MTE2.A Diabetes in the MENA Region: Current and Future Trends <i>Chair: Dr. Aly Khalil (UAE)</i> Diabetes Dr. Tamer Elsherbiny (Egypt)	MTE2.B Osteoporosis in Men <i>Chair: Dr. Ghada El Hajj Fuleihan (UAE)</i> Bone Dr. Jad G. Sfeir (USA)	MTE2.C Diabetes in Pregnancy: The Year in Review <i>Chair: Dr. Ahmed Hassoun (UAE)</i> Diabetes Dr. Aoife Egan (USA)
17:00-17:10	Q&A	Q&A	Q&A
17:10	End of Day 1		

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09:00-09:05 Daily Welcome
Dr. Sarah Nadeem (USA)

09:05-09:50 Plenary Lecture
Chair: Dr. Sarah Nadeem (USA)
Hall A & B

PL3. Menopause: Time for Womens Health to get Primetime

PGAN

Dr. Stephanie Faubion (USA)

09:50-10:35 Plenary Lecture
Chair: Dr. Aly Khalil (UAE)
Hall A & B

PL4. Differentiated Thyroid Cancer: Updated Guidelines

Thyroid

Dr. Erik Alexander (USA)

10:35-11:00 Break

11:00-11:30 Company Symposium
Hall A & B

11:00-11:30 Speed Mentoring - Only Trainees (Students, Fellows, Residents)
Hall C

11:30-12:30 Round Table Discussion: Challenging Cases
Chair: Dr. Abdullah Alfutaisi (Oman)
Hall A & B

PGAN

Dr. Adriana Ioachimescu (USA), Dr. Susan Samson (USA) and Dr. Irina Bancos (USA)

12:30-13:00 Company Lunch Symposium

13:00-13:30 Company Symposium

13:30-13:45 Break



13:45-15:15		In-Depth Symposia			
		Thyroid in Focus	Intersection of Cancer Treatment and Endocrine Diseases	Diabetes Management in Special Circumstances	Endocrine Care-from Adolescence to Adulthood
		Chair: Dr. Ali Alzahrani (KSA)	Chair: Dr. Dace Trence (USA)	Chair: Dr. Aoife Egan (USA)	Chair: Dr. Noor Al Busaidi (Oman)
		Hall A	Hall B	Hall C	Hall D
13:45-14:10	IDS2.A.1 Evaluation and Management of Thyroid Nodules	IDS2.B.1 Checkpoint Inhibitor Related Endocrinopathies	IDS2.C.1 Post Transplant Diabetes Management	IDS2.D.1 Endocrinopathies in Thalassemia Patients	
	Thyroid	Metabolism/Pituitary/Bone	Metabolism	Pediatric/Metabolism/PGAN	
	Dr. Erik Alexander (USA)	Dr. Afreen Shariff (USA)	Dr. Betul Hatipoglu (USA)	Dr. Salman Kirmani (Pakistan)	
14:10-14:35	IDS2.A.2 Optimizing Thyroid Hormone Therapy	IDS2.B.2 Glucocorticoid Induced Hyperglycemia	IDS2.C.2 Ramadan and Diabetes	IDS2.D.2 PCOS, Transition of Care Across the Lifespan	
	Thyroid	Metabolism/Pituitary/Bone	Metabolism	Pediatric/Metabolism/PGAN	
	Dr. Hossein Gharib (USA)	Dr. Salem Beshyah (UAE)	Dr. Najmul Islam (Pakistan)	Dr. Sarah Nadeem (USA)	
14:35-15:00	IDS2.A.3 Thyroid Disease in Pregnancy	IDS2.B.3 Metabolic Effects of Anti-Estrogen Therapy in Breast Cancer	IDS2.C.3 Social Deprivation and Diabetes Complications	IDS2.D.3 Adolescent Endocrinology for Adult Physicians	
	Thyroid	Metabolism/Pituitary/Bone	Metabolism	Pediatric/Metabolism/PGAN	
	Dr. Aly Khalil (UAE)	Dr. Mona Nasrallah (Lebanon)	Dr. Sean Dinneen (Ireland)	Dr. Asma Deeb (UAE)	
15:00-15:15		Q&A	Q&A	Q&A	Q&A

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15:15-15:30	Break			
15:30-16:15	Meet-the-Expert Sessions			
	Hall A	Hall B	Hall C	Hall D
15:30-16:05	MTE3.A Molecular Testing in Thyroid Nodules and Cancer <i>Chair: Dr. Afreen Shariff (USA)</i> Thyroid Dr. Ali Alzahrani (KSA)	MTE3.B Focus on Diabetes Related Retinopathy & Neuropathy <i>Chair: Dr. Aoife Egan (USA)</i> Metabolism Dr. Rayaz Malik (Qatar)	MTE3.C Obesity in the MENA Region, Unique Challenges and Opportunities <i>Chair: Dr. Aly Khalil (UAE)</i> PGAN Dr. Salem Beshyah (UAE)	MTE3.D Lifestyle Prescription to Treat Obesity and Diabetes <i>Chair: Dr. Sarah Nadeem (USA)</i> Metabolism Dr. Noor Al Busaidi (Oman)
16:05-16:15	Q&A	Q&A	Q&A	Q&A
16:20-17:05	Meet-the-Expert Sessions			
	Hall A	Hall B	Hall C	Hall D
16:20-16:55	MTE4.A DAFNE and Beyond: Self-Management Education Programs for People Living with Diabetes <i>Chair: Dr. Ebaa Al Ozairi (Kuwait)</i> Metabolism Dr. Sean Dinneen (Ireland)	MTE4.B Role of Supplements in Diabetes & Obesity Management <i>Chair: Dr. Noor Al Busaidi (Oman)</i> Metabolism Dr. Dace Trencce (USA)	MTE4.C Metabolic Dysfunction–Associated Liver Disease (MASLD) <i>Chair: Dr. Mona Nasrallah (Lebanon)</i> Metabolism Dr. Betul Hatipoglu (USA)	MTE4.D The Ongoing Calcium and Vitamin D Controversy in Bone Health <i>Chair: Dr. Ghada El-Hajj Fuleihan (Lebanon)</i> Bone Q&A
16:55-17:05	Q&A	Q&A	Q&A	Q&A
17:05	End of Day 2			

09:00-09:45	Plenary Lecture <i>Chair: Dr. Ebaa Al Ozairi (Kuwait)</i> Hall A PL5. Type 1 Diabetes Management Across the World Metabolism (Technology) Dr. Halis Akturk (USA)	
09:45-10:30	Plenary Lecture <i>Chair: Dr. Jad G. Sfeir (USA)</i> Hall A PL6. Hypophosphatemia and Hypophosphatasia Bone Dr. Steven Petak (USA)	
10:30-10:45	Break	
10:45-12:15	In-Depth Symposia	
	Artificial Intelligence in Endocrinology <i>Chair: Dr. Mona Nasrallah (Lebanon)</i> Hall A	Reproductive Health <i>Chair: Dr. Susan Samson (USA)</i> Hall B
10:45-11:10	IDS3.A.1 Guiding Principles for Use of Artificial Intelligence Technologies in Healthcare Non-Clinical Dr. Afreen Shariff (USA)	IDS3.B.1 Sexual Dysfunction in Women Reproductive Dr. Stephanie Faubion (USA)
11:10-11:35	IDS3.A.2 Decision Support, will AI Replace Us in Diabetes Management? Non-Clinical Dr. Halis Akturk (USA)	IDS3.B.2 Testosterone Use and Abuse in Men Reproductive Dr. Tariq Chukir (Qatar)
11:35-12:00	IDS3.A.3 Big Data and How to Use It Non-Clinical Dr. Mariette Awad (Lebanon)	IDS3.B.3 Endocrinopathies and Infertility Reproductive Dr. Ola Jarad (UAE)
12:00-12:15	Q&A	Q&A

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Sunday, November 24, 2024



MIDDLE EAST
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12:15-12:45	Company Lunch Symposium	
12:45-13:15	Company Symposium	
13:20-14:05	Meet-the-Expert Sessions	
	Hall A	Hall B
13:20-13:55	MTE5.A Non-Diabetic Hypoglycemia <i>Chair: Dr. Ahmed Hassoun (UAE)</i> Diabetes Dr. Aoife Egan (USA)	MTE5.B Grave's Disease <i>Chair: Dr. Sarah Nadeem (USA)</i> Diabetes Dr. Hossein Gharib (USA)
13:55-14:05	Q&A	Q&A
14:10-14:55	Plenary Lecture <i>Chair: Dr. Susan Samson (USA)</i> Hall A PL7. Primary Hyperparathyroidism: Evaluation and Management Bone Dr. John Bilezikian (USA)	
14:55-15:00	Closing Remarks <i>Dr. Sarah Nadeem (USA)</i>	
15:00	End of Day 3	

