



BRS Oxford Clinical Training Course in Osteoporosis and Other Metabolic Bone Diseases 2024

Monday 25 – Wednesday 27 March 2024
(Merton College, Oxford, UK)

FACULTY AND ORGANISING COMMITTEE

Chairs:

Professor Tash Masud, Consultant Gerontologist (*Nottingham University Hospital, NHS Trust, Nottingham, UK*)
Dr Kassim Javaid, Consultant Rheumatologist (*Oxford University Hospitals NHS Trust, Oxford, UK*)

Faculty:

Professor Bo Abrahamsen, Consultant Endocrinologist (*Holbæk Hospital, Holbæk, Denmark*)
Dr Katie Barber, Clinical Director and Accredited Menopause Specialist Oxford Menopause (*Oxford, UK*)
Professor Emma Clark, Rheumatology & Osteoporosis Consultant (*North Bristol NHS Trust, Bristol, UK*)
Professor Terence O'Neill, Professor of Rheumatology and Clinical Epidemiology (*University of Manchester, UK*)
Dr Adam Darowski, Consultant Geriatrician (*Oxford University Hospitals NHS Trust, Oxford, UK*)
Professor Emma Duncan, Consultant Endocrinologist (*Kings College, London, UK*)
Professor Celia Gregson, Consultant Gerontologist (*Royal United Hospital, Bath, UK*)
Professor Richard Keen, Consultant Rheumatologist (*Stanmore, UK*)
Dr Karen Partington, Consultant Musculoskeletal Radiologist (*Oxford, UK*)
Dr Zoe Paskins, Honorary Consultant Rheumatologist (*Keele University, Staffordshire, UK*)
Professor Mike Stone, Consultant Physician & Director of Bone Research (*University of Cardiff, Cardiff, UK*)
Professor Jon Tobias, Consultant Rheumatologist (*North Bristol NHS Trust, Bristol, UK*)

PROGRAMME

Monday 25 March - OSTEOPOROSIS (1)

10:30	REGISTRATION
11:00	Welcome
11:05	Basic bone biology <i>Jon Tobias (Bristol)</i>
11:45	Epidemiology of osteoporosis <i>Terence O'Neill (Manchester)</i>
12:25	Update on osteoporosis therapies <i>Tash Masud (Nottingham)</i>
13:05	LUNCH
14:00	Menopausal Hormonal Treatment and bone health - risks, benefit and practical prescribing <i>Katie Barber (Oxford)</i>
14:40	Safety issues with osteoporosis treatments <i>Bo Abrahamsen (Holbæk)</i>
15:20	Practical issues in treating osteoporosis <i>Richard Keen (Stanmore)</i>
16:00	REFRESHMENT BREAK
16:30	Case-based discussion
17:30	END OF SESSIONS
19:00	FREE EVENING

Tuesday 26 March – OSTEOPOROSIS (2), FALLS AND FRAILTY

08:45	Secondary osteoporosis <i>Zoe Paskins (Keele)</i>
09:25	Renal bone disease <i>Mike Stone (Cardiff)</i>
10:05	Vertebral fractures <i>Emma Clark (Bristol)</i>
10:45	REFRESHMENT BREAK
11:10	Workshops on osteoporosis investigation and treatment Interpreting and reporting DEXA scans <i>Jon Tobias (Bristol)</i> Bone markers <i>Zoe Paskins (Keele)</i> Early onset osteoporosis <i>Emma Clark (Bristol)</i> Lifestyle factors in osteoporosis <i>Tash Masud (Nottingham)</i>
13:05	LUNCH
14:00	Non-pharmacological treatments <i>Tash Masud (Nottingham)</i>
14:35	Fracture Liaison Services <i>Kassim Javaid (Oxford)</i>
15:10	In patient management of hip fractures <i>Celia Gregson (Bristol)</i>
15:45	REFRESHMENT BREAK
16:15	Osteoporosis and link with sarcopenia, frailty and nutrition <i>Celia Gregson (Bristol)</i>
16:50	Falls prevention, assessment and management strategies <i>Adam Darowski (Oxford)</i>
17:25	END OF SESSIONS
18:45	RECEPTION AND COURSE DINNER (The Hall - Merton College)

Wednesday 27 March – OTHER METABOLIC BONE DISEASES

08:45 **Paget's and rare bone diseases**
Richard Keen (London)

09:20 **Calcium and phosphate homeostasis**
Kassim Javaid (Oxford)

09:55 **Osteomalacia and related disorders**
Emma Duncan (London)

10:35 **REFRESHMENT BREAK**

11:00 **Management of hypercalcaemia and hyperparathyroidism**
Bo Abrahamsen (Holbæk)

11:35 **Radiology of rare bone diseases**
Karen Partington (Oxford)

12:05 **Genetic testing in the clinic: The basics**
Emma Duncan (London)

12:20 **Expect the unexpected in your clinic: some interesting cases**
Chair - Mike Stone (Cardiff)

(deadline for submitting delegate cases – Monday 26th February 2024)

12:50 **Close of course**
Tash Masud and Kassim Javaid

13:00 **BUFFET LUNCH IN MERTON HALL**

14:00 **DELEGATES DEPART**