

Clinical Diabetes and Endocrinology Institute
Grand Hyatt Vail
January 24-27, 2026



2026 PROGRAM AGENDA

Start Time	End Time	Saturday, January 24, 2026	
6:30 AM	7:00 AM	Continental Breakfast	
6:30 AM	7:00 AM	Exhibit Hall	
6:30 AM		Check In	
7:00 AM	9:50 AM	Session 1	Faculty
7:00 AM	7:10 AM	Welcome and Announcements	
7:10 AM	7:50 AM	<i>The Evolution of Incretins - Current Practice and Future Directions</i>	David D'Alessio
7:50 AM	8:30 AM	<i>Reinterpreting the Women's Health Initiative for Contemporary Menopause Management</i>	Margaret Wierman
8:30 AM	9:10 AM	<i>In the Hot Seat: Personalizing the Management of Toxic Thyroid Nodules</i>	Sarah Mayson
9:10 AM	9:50 AM	<i>The Gut Microbiome in Obesity and Diabetes - Friend or Foe?</i>	C. Ron Kahn
12:30 PM	1:30 PM	Esteve - Satellite Session Lunch*	Capacity: 20
3:20 PM	4:00 PM	Session 2	Faculty
3:20 PM	4:00 PM	<i>Highlights from the ATA Thyroid Nodule Guidelines: When to Screen, Sample or Stop</i>	Sarah Mayson
4:00 PM	4:30 PM	Exhibit Hall	
4:00 PM	4:30 PM	Afternoon Break	

4:30 PM	6:30 PM	Session 3	Faculty
4:30 PM	5:10 PM	<i>Expanding the Pharmacopeia for Lipoprotein (a) and Other Disorders of Lipoprotein Metabolism</i>	Robert Eckel
5:10 PM	6:30 PM	<i>Panel - Challenging Bone Cases</i>	Moderator: Christine Swanson Panelists: Benjamin Leder, Michael McDermott, Micol Rothman
6:30 PM	7:30 PM	Attendee Welcome Reception	
7:30 PM	9:00 PM	Alexion - Satellite Session Dinner*	
Start Time	End Time	Sunday, January 25, 2026	
6:30 AM	7:10 AM	Continental Breakfast	
6:30 AM	7:10 AM	Exhibit Hall	
6:30 AM		Check In	
7:10 AM	9:50 AM	Session 4	Faculty
7:10 AM	7:50 AM	<i>Sequential Therapy of Osteoporosis Medications</i>	Benjamin Leder
7:50 AM	8:30 AM	<i>GLP1-based Therapies - Where Does Diabetes Fit In?</i>	David D'Alessio
8:30 AM	9:10 AM	<i>Hyperandrogenism – PCOS Across the Lifespan</i>	Melanie Cree
9:10 AM	9:50 AM	<i>Type 1 Diabetes Technology: Interpretation, Promises and Questions</i>	Michael McDermott
12:30 PM	1:30 PM	Immunovant - Satellite Session Lunch*	Capacity: 20
3:20 PM	4:00 PM	Session 5	Faculty
3:20 PM	4:00 PM	<i>Contested Therapeutics for Diabetes in Pregnancy</i>	Lynn Barbour
4:00 PM	4:30 PM	Exhibit Hall	
4:00 PM	4:30 PM	Afternoon Break	

4:30 PM	6:30 PM	Session 6	Faculty
4:30 PM	5:10 PM	<i>Advances in the Pathophysiology and Management of Congenital Adrenal Hyperplasia</i>	Richard Auchus
5:10 PM	6:30 PM	<i>Panel: We Still Have Challenges in Diabetes Management in 2026</i>	Moderator: Jane Reusch Speakers: Lynn Barbour, Cecilia LowWang, Michael McDermott Christine Swanson
6:30 PM	8:00 PM	Faculty Dinner	
6:30 PM	8:00 PM	Recordati - Satellite Session Dinner A*	Capacity: 20
6:30 PM	8:00 PM	Neurocrine - Satellite Session Dinner B*	Capacity: 20
Start Time	End Time	Monday, January 26, 2026	
6:30 AM	7:15 AM	Continental Breakfast	
6:30 AM	7:15 AM	Exhibit Hall	
6:30 AM		Check In	
7:10 AM	9:50 AM	Session 7	Faculty
7:10 AM	7:50 AM	<i>What Every Endocrinologist Should Know About Androgen Doping</i>	Richard Auchus
7:50 AM	8:30 AM	<i>Practical Tips for Managing Obesity in 2026</i>	Daniel Bessesen
8:30 AM	9:10 AM	<i>Endocrine Oncology: How to Handle Endocrine Complications of Oncologic Therapy</i>	Whitney Goldner
9:10 AM	9:50 AM	<i>Fracture Liaison Service and Inpatient Zoledronic Acid</i>	Benjamin Leder
12:30 PM	1:30 PM	Kyowa Kirin – Satellite Session Lunch*	Capacity: 20

3:20 PM	4:00 PM	Session 8	Faculty
3:20 PM	4:00 PM	<i>Hyperprolactinemia: Differential Diagnosis and Treatment Implications</i>	Margaret Wierman
4:00 PM	4:30 PM	Exhibit Hall	
4:00 PM	4:30 PM	Afternoon Break	
4:30 PM	6:30 PM	Session 9	Faculty
4:30 PM	5:10 PM	<i>Hot Topics in Metabolic Bone Disease and Imaging</i>	Christine Swanson
5:10 PM	6:30 PM	<i>Panel: E. Chester Ridgway Thyroid Panel</i>	Moderator: Bryan Haugen Panelists: Whitney Goldner, Sarah Mayson Nikita Pozdeyev Valentina Tarasova
Start Time	End Time	Tuesday, January 27, 2026	
6:30 am	7:10 am	Continental Breakfast	
7:10 am	9:10 am	Session 10	Faculty
7:10 AM	7:50 AM	<i>Premenopausal Osteoporosis</i>	Micol Rothman
7:50 AM	8:30 AM	<i>Thyroid and Parathyroid Dilemmas in Pregnancy—Where Guidelines Stumble</i>	Lynn Barbour
8:30 AM	9:10 AM	<i>Artificial Intelligence and Genetic Risk to Improve Thyroid Cancer Diagnosis</i>	Nikita Pozdeyev
9:10 AM	9:50 AM	<i>Cardiovascular Risk Stratification in Endocrinology: Case Studies in CV Imaging and Lipid Management</i>	David Saxon

*Available to registered 2026 CDEI attendees; a separate online RSVP registration required