

Wednesday

TIME	AGENDA ITEM
08:00–08:15	Why are finger fractures different? What are we here for?
08:15–08:30	Mechanisms of fracture and radiology
08:30–08:45	Principles of lag screws
08:45–09:15	Practical 1 Lag screws, 4th metacarpal spiral fracture
09:15–09:30	Finger anatomy
09:30–09:45	Principles of plating, compression and neutralisation plates
09:45–10:00	Locking screws and plating
10:00–10:30	COFFEE BREAK
10:30–11:15	Practical 2 Neutralisation plating: short oblique fracture, 3rd metacarpal Practical 3 Compression plating: transverse fracture, 2nd metacarpal
11:15–11:30	PIP joint anatomy and surgical exposure
11:30–12:00	PIP joint injuries
12:00–13:00	LUNCH BREAK
13:00–13:15	The stiff finger: prevention and treatment
13:15–13:30	MCP joint anatomy and injuries
13:30–14:30	Practical 4 Unicondylar fracture PP thumb Practical 5 Bicondylar fracture index PP with chamay approach
14:30–14:45	Fractures of the thumb base and surgical exposure
14:45–15:30	Practical 6 Transverse fracture base PP thumb Practical 7 Bennett's fracture 2mm lag screw
15:30–15:45	COFFEE BREAK
14:45–16:00	Principles of arthrodesis
16:00–16:30	Practical 8 Index DIP fusion lag screw Practical 9 Thumb CMC fusion with T plate
16:45–17:45	Practical 10 PIP joint fusion ring finger plate fixation Practical 11 PIP middle fusion with tension band wiring
17:45–18:30	Case discussion A
18:30–19:15	Welcome reception
19:15	END OF DAY ONE

THURSDAY

TIME	AGENDA ITEM
08:00–08:15	Revision Day 1
08:15–08:45	Distal radius fractures: anatomy and principles
08:45–09:15	Surgical approaches to distal radius, volar and dorsal plating
09:15–10:15	Practical 12 Volar plating of a distal radius fracture, VA plate Practical 13 Dorsal VA plating
10:15–10:45	COFFEE BREAK
10:45–11:00	Principles of external fixation
11:00–11:30	Practical 14 Application of external fixator to distal radius
11:30–11:45	Distal ulnar fractures
11:45–12:15	Practical 15 Distal ulna styloid tension band
12:15–12:45	Complications of distal radius management
12:45–13:45	LUNCH BREAK
13:45–14:15	Acute scaphoid fractures
14:15–14:30	Practical 16 Neutralisation plating: short oblique fracture, 3rd metacarpal
14:30–15:00	Scaphoid non-union, AVN and arthritis
15:00–15:30	Practical 17 Neutralisation plating: short oblique fracture, 3rd metacarpal
15:30–15:45	COFFEE BREAK
15:45–16:15	Complex wrist injuries
16:15–16:45	Setting priorities for complex hand injuries
16:45–17:15	Practical 18 Intramedullary fixation for 5th metacarpal subcapital fractures
17:15–18:00	Case discussion B
18:00	END OF DAY TWO

FRIDAY

TIME	AGENDA ITEM
08:00–08:15	Revision Day 2
08:15–08:45	Metacarpal and phalangeal malunion/non-union
08:45–09:30	Practical 19 Corrective osteotomy 5th metacarpal rotation correction plates
09:30–10:00	Fixation in difficult situations: osteoporosis, infection, bone loss, alternate techniques
10:00–10:30	COFFEE BREAK
10:30–11:00	Distal radius malunion
11:00–11:45	Practical 20 Distal radius osteotomy
11:45–12:00	Ulnocarpal abutment
12:00–12:30	Practical 21 Ulnar shortening osteotomy
12:30–13:30	LUNCH BREAK
13:30–14:00	Distal radioulnar joint anatomy, instability and treatment
14:00–14:30	Salvage of the arthritic wrist
14:30–15:45	Practical 22 VA intercarpal fusion plate Practical 23 Total wrist fusion
15:45–16:00	Orientation for cadaver lab
16:15–16:45	Case discussion C
19:00–21:00	Fireside Chat

SATURDAY (LAB)

TIME	AGENDA ITEM
08:30-16:00	Finger 1: - Dorsal DIP - Dorsal PIP - Dorsal MCP Finger 2: - Volar PIP Finger 3: - Lateral PIP Wagner CMC Approach Volar Scaphoid Approach - Kuhlmann Pedicle Radial Forearm Flap - Volar Henry Approach Dorsal Wrist Approach: - Zaidenberg Pedicle - Dorsal Ligament Sparing Approach - Dorsal Distal Radius Ulnar Nerve/PIN/Median Nerve at Elbow Lateral Arm Flap Hand Flaps: - X Finger - Homodigital - Metacarpal artery flap