

**29TH ANNUAL SELBY SPINE CONFERENCE
PRELIMINARY AGENDA (subject to change)**

Wednesday, February 4, 2026				
7:00 PM	-	9:00 PM	WELCOME RECEPTION & POSTER SESSION	NON- 120
Thursday, February 5, 2026				
6:00	-	6:55	REGISTRATION & BREAKFAST WITH EXHIBITORS	NON- 55
6:55	-	7:00	Welcome & Introductions	CME 5
7:00	-	8:02	SESSION I: Beyond the Knife: Modern Non-Operative Pathways for Low Back Pain	CME 62
7:00			Diagnosing Degenerative Low Back Pain: Getting the Generator Right	10
7:10			Basivertebral Nerve Ablation: Patient Selection &	8
7:18			Cellular & Regenerative Therapies for Lumbar Disc Disease	8
7:26			Neuromodulation in Degenerative Back Pain: Expanding the Role of Spinal Cord Stimulation	8
7:34				8
7:42			Q&A	20
8:02	-	8:32	BREAK WITH EXHIBITORS	NON- 30
8:32	-	9:39	SESSION II: Cut to the Cure: Surgical Strategies for Degenerative Spine	CME 67
8:32			Case Challenge: Multilevel Degenerative Low Back Pain — What Would You Do?	15
8:47			Lumbar Fusion in 2026: Indications & Value	8
8:55			Biomechanics of Rodless Lumbar Stabilization Systems	8
9:03			Sacroiliac Joint Fusion: Lateral vs Posterior Approaches	8
9:11			Minimally vs Maximally Invasive: Choosing the Right Surgical Approach for Degenerative Spine	8
9:19			Q&A	20
3:15 PM	-	3:45 PM	APRÈS SKI	30
3:45 PM		4:15 PM	Wine Tasting	30
4:15 PM	-	4:40 PM	SESSION III: TECH TALKS	NON-CME 25
4:15 PM				10
4:25 PM				10
4:35 PM			Q&A	5

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4:40 PM	-	6:00 PM	SESSION IV: Reconstructing the Cervical Spine: Stability, Motion, and Alignment	CME 80
4:40 PM			Case Challenge: Complex Anterior-Posterior Cervical Deformity — Strategy and Pitfalls	5
4:45 PM			Panel Discussion	15
5:00 PM			Sagittal Alignment in the Cervical Spine: Why It Still Matters	8
5:08 PM			Management of Cervical Myelopathy: Laminoplasty vs Fusion	8
5:16 PM			Hybrid Constructs in the Cervical Spine: Can You Have It Both Ways?	8
5:24 PM			The ACDF Interbody: Evolution of the Cervical Workhorse	8
5:32 PM			Managing Cervical Pseudarthrosis and Revision Strategies	8
5:40 PM			Q&A	20
6:00 PM	-	7:07 PM	SESSION V: Technology in the Driver's Seat: The New Era of Spine Surgery	CME 67
6:00 PM			Case Challenge: Complex Degenerative Deformity — Can Robotics and Navigation Change the Game?	5
6:05 PM			Panel Discussion	15
6:20 PM			Calcified Thoracic Disc Herniations with Myelopathy: What Are the Options?	8
6:28 PM			Failure to Launch? Why Spine Robots Haven't Grown Up	8
6:36 PM			The Imaging Arms Race: Low-Dose, High-Resolution, High-Value	8
6:44 PM			Nano Surface Technology: Are Implants Finally Getting Smarter?	8
6:52 PM			Q&A	15
7:07 PM	-	8:26 PM	SESSION VI: Complications and Lessons: The Spine Surgeon's Reality Check	CME 79
7:07 PM			My Worst Case: Lessons I'll Never Forget	5
7:12 PM			Management of Recurrent Disk Herniations: Strategies & Pitfalls	6
7:18 PM			High Cervical Trauma: Avoiding the Pitfalls	6
7:24 PM			Spinal Oncology & Radiosurgery Updates: Complication Avoidance in Complex Cases	6
7:30 PM			SCI Updates & Nerve Transfer Strategies: Where Complications Drive Innovation	6

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7:36 PM		When to Do Less and When to Do More in Spine Surgery: Lessons from Complications		6
7:42 PM		Q&A		10
7:52 PM		Pseudarthrosis and Hardware Failure: Salvage Techniques That Work		6
7:58 PM		Infection and Wound Complications: Prevention and Salvage Pathways		6
8:04 PM		Complications in MIS and Endoscopic Surgery: New Tools, Old Problems		6
8:10 PM		Airway and Dysphagia Complications After Cervical Surgery		6
8:16 PM		Q&A		10
8:26 PM		Adjourn for the Day		
Friday, February 6, 2026				
6:00	-	6:30	BREAKFAST WITH EXHIBITORS	NON-CME 30
6:30	-	6:35	Welcome & Housekeeping	CME 5
6:35	-	7:37	SESSION VII: Through the Scope: Endoscopy in Spine Surgery	CME 62
6:35			Case Presentation	5
6:40			Panel Discussion	15
6:55			Endoscopic Spine Surgery: Fad or New Frontier?	8
7:03			Training on the Edge: Overcoming the Endoscopic Learning Curve	8
7:11			Expanding Indications: Endoscopy Beyond the Lumbar Spine	8
7:19			Multiportal Endoscopic Surgery: Expanding the Toolbox	8
7:27			Q&A	10
7:37	-	8:36	SESSION VIII: The Motion Preservation Renaissance	CME 59
7:37			Case Challenge: From Arthroplasty to Fusion — When Motion Preservation Doesn't Last	5
7:42			Panel Discussion	15
7:57			Cervical Disc Arthroplasty at 20 Years: Lessons Learned and What's Next	8
8:05			Lumbar Facet and Disc Replacement: Where Do We Stand in 2026?	8

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8:13		Complications in Motion Preservation: Osteolysis, Revisions, and Beyond		8
8:21		Q&A		15
8:36	- 8:56	BREAK WITH EXHIBITORS	NON-CME	20
8:56	- 10:42	SESSION IX: Shifting the Curve: Contemporary Deformity Surgery	CME	106
8:56		Alignment Goals in Degenerative and Deformity Surgery		8
9:04		Anterior Spine Fusion in Deformity: Indications & Value		8
9:12		MIS in Adult Deformity: Where It Delivers and Where It Doesn't		8
9:20		Return to Work Following MIS vs Open Correction of Adult Degenerative Scoliosis		8
9:28		The Importance of the Surgeon-Anesthesia Collaboration in ASD Surgery: Opioid Minimization and Intraoperative Hypotension Management		8
9:36		Case Challenge: Adult Degenerative Scoliosis with Sagittal Imbalance — How Far Should We Go?		5
9:41		Panel Discussion		15
9:56		Hip–Spine Relationship: Getting Alignment Right in Complex Deformity		8
10:04		Staging in Spine Surgery: Safety Net or Unnecessary Burden?		15
10:19		Techniques to Prevent PJK: What's the Latest?		8
10:27		Q&A		15
3:15 PM	- 3:45 PM	APRÈS SKI		30
3:45 PM	4:15 PM	Wine Tasting		30
4:15 PM	- 4:50 PM	SESSION X: TECH TALKS	NON-CME	35
4:15 PM				10
4:25 PM				10
4:35 PM				10
4:45 PM		Q&A		5
4:50 PM	- 5:20 PM	BREAK WITH EXHIBITORS	NON-CME	30

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5:20 PM	-	6:15 PM	SESSION XI: Defining Value: Outcomes and Metrics in Spine Surgery	CME	55
5:20 PM			Are We Measuring What Matters? The Limits of Patient-Reported Outcomes		8
5:28 PM			Registry Fatigue: How Much Data Is Too Much?		8
5:36 PM			Development of a Novel Outcome Measure Tool for Adult Spinal Deformity		8
5:44 PM			Preoperative Optimization: Which Factors Truly Change Outcomes?		8
5:52 PM			Cost-Effectiveness in Spine Surgery: Do Better Outcomes Always Mean Higher Value?		8
6:00 PM			Q&A		15
6:15 PM	-	7:12 PM	SESSION XII: AI in Spine Surgery: Precision, Prediction, and Personalization	CME	57
6:15 PM			Case Challenge: Patient-Specific Planning with AI — From Imaging to Implant		5
6:20 PM			Panel Discussion		15
6:35 PM			How AI Is Impacting Resident Education		8
6:43 PM			Stiffness-Matching Interbodies		8
6:51 PM			AI as Your Co-Surgeon: Real World Implementation — Planning to Execution		6
6:57 PM			Q&A		15
7:12 PM			Adjourn for the Day		
Saturday February 7, 2026					
6:30	-	7:00	BREAKFAST WITH EXHIBITORS	NON-CME	30
7:00	-	7:05	Welcome & Housekeeping	CME	5
7:05	-	8:27	SESSION XIII: Beyond the Hospital: The Outpatient Spine Revolution	CME	82
7:05			Case Challenge: Outpatient Lumbar Fusion — Safe or		5
7:10			Panel Discussion		15
7:25			Awake TLIF: How, When, and Why		6
7:31			Outpatient Spine Stabilization in Older Patients		6
7:37			Building an Outpatient Spine Surgery Practice: Pearls and Pitfalls		6
7:43			Discussion		10
7:53			Fusions in the ASC: Where Is the Limit?		6

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7:59		Anesthesia & Pain Management Innovations for Outpatient Spine		6
8:05		Postoperative Care Pathways for the ASC: Reducing Complications and Readmissions		6
8:11		Patient Selection in Outpatient Spine Surgery: Who Is Too High Risk?		6
8:17		Q&A		10
8:27	-	8:47 BREAK WITH EXHIBITORS	NON-CME	20
8:47	-	10:05 SESSION XIV: The Business of Spine Surgery: Redefining the Surgeon's Role	CME	78
9:26		Is Your Career Stuck in a Rut of Screws, Rods, and RVUs? I Want to Do More as a Surgeon		6
8:47		Economics of Outpatient Spine: Cost Savings or Hidden Costs?		6
8:53		The Prior Authorization Paradox		6
8:59		Ownership in an ASC: The Lessons I've Learned		6
9:05		Discussion		15
9:20		Will Broad Adoption of Endoscopic Spine Surgery Ever Make Cents (& Dollars)?		6
9:32		The Business-Minded Physician: Private Practice Re-Framed		6
9:44		What Should Maintenance of Certification Look Like?		6
9:38		The Role of Virtual Consults in Building and Maintaining Your Practice		6
9:50				6
9:56		Q&A		15
10:05		Closing Remarks	CME	5
10:10		Course Adjourns		