

Friday October 10, 2025		
08:30 – 10:20	Registration open with breakfast	
10:20 – 10:30	Welcome & Introduction	Chad M Ruoff – Center for Sleep Medicine, Mayo Clinic, Arizona
10:30 – 11:00	Diagnosis – Defining Narcolepsy and IH in the Modern Era	Michael J Thorpy – Albert Einstein College of Medicine, New York, New York
11:00 – 11:30	Diagnosis – Pediatric Diagnosis: Red Flags & Realities	Akin Ajayi – Children's Lung, Asthma and Sleep Specialists- Winter Park
11:30 – 12:00	Diagnosis – Diagnostic Complexity in CNS Hypersomnias	David T Plante – University of Wisconsin–Madison School of Medicine and Public Health, Madison, Wisconsin
12:00 – 12:30	Diagnosis – Discussion	Faculty (Chad M Ruoff to lead)
12:30 – 1:00	Lunch /Exhibition	
1:00 – 1:30	Independent industry symposium hosted by Harmony Biosciences	
1:30 – 2:00	Lunch /Exhibition	
2:00 – 2:15	Case study / Special topic 1	Virend K Somers – Mayo Clinic, Rochester, Minnesota
2:15 – 2:30	Case study / Special topic 2	Nancy Foldvary-Schaefer – Cleveland Clinic Neurological Institute, Cleveland, Ohio
2:30 – 3:00	Diagnostic Tests – 24-hour PSG	Robert Thomas – Beth Israel Deaconess Medical Center, Boston, Massachusetts
3:00 – 3:30	Diagnostic Tests – Actigraphy and Wearables in Clinical Sleep Practice: Use & Limits	Logan D Schneider – Stanford University School of Medicine, Redwood City, California
3:30 – 4:00	Diagnostic Tests – Alternative Diagnostic Modalities in hypersomnias	David T Plante – University of Wisconsin–Madison School of Medicine and Public Health, Madison, Wisconsin
4:00 – 4:30	Diagnostic Tests – Discussion	Faculty (Chad M Ruoff to lead)
4:30 – 5:00	Coffee break / Exhibition	
5:00 – 5:15	Case study / Special topic 3	Joyce Lee-Iannotti – Barrow Neurological Institute, Phoenix, Arizona
5:15 – 5:30	Case study / Special topic 4	Mitchell G Miglis – Stanford University, Palo Alto, California
6:00 – 6:45	Independent industry symposium hosted by Jazz Pharmaceuticals	
6:45 – late	Dinner reception	

Saturday October 11, 2025		
08:00 – 08:45	Independent industry symposium (Host TBC)	
08:45 – 09:15	Meet the Professors	All faculty – in the lobby area
09:15 – 09:45	Comorbidities – Autonomic Dysfunction and Sleep Disorders: Implications for Hypersomnia	Mitchell G Miglis – <i>Stanford University, Palo Alto, California</i>
09:45 – 10:15	Comorbidities – Cardiovascular Health and Hypersomnolence: Emerging Risks and Evidence	Virend K Somers – <i>Mayo Clinic, Rochester, Minnesota</i>
10:15 – 10:45	Comorbidities – Mental Health Comorbidities in Narcolepsy and Idiopathic Hypersomnia	Lois Krahn – <i>Center for Sleep Medicine, Mayo Clinic, Scottsdale</i>
10:45 – 11:15	Comorbidities – Discussion	Faculty (Chad M Ruoff to lead)
11:15 – 11:45	Coffee break /Exhibition	
11:45 – 12:00	Case study / Special topic 5	Akin Ajayi – <i>Children's Lung, Asthma and Sleep Specialists- Winter Park</i>
12:00 – 12:15	Case study / Special topic 6	Chad M Ruoff – <i>Center for Sleep Medicine, Mayo Clinic, Arizona</i>
12:15 – 12:45	Support group presentations	Lobby area
12:45 – 1:30	Independent industry symposium hosted by Eli Lilly	
1:30 – 2:15	Lunch /Exhibition	
2:15 – 2:45	Treatment – Treatment Personalization for Hypersomnia Syndromes	Joyce Lee-Iannotti – <i>Barrow Neurological Institute, Phoenix, Arizona</i>
2:45 – 3:15	Treatment – Monitoring Treatment Success in the Clinic – Today and Beyond	Nancy Foldvary-Schaefer – <i>Cleveland Clinic Neurological Institute, Cleveland, Ohio</i>
3:15 – 3:45	Treatment – Future therapies – What's next?	Michael J Thorpy – <i>Albert Einstein College of Medicine, New York, New York</i>
3:45 – 4:15	Treatment – Discussion	Faculty (Chad M Ruoff to lead)
4:15 – 4:45	Coffee break / Exhibition	
4:45 – 5:00	Case study / Special topic 7	Logan D Schneider – <i>Stanford University School of Medicine, Redwood City, California</i>
5:00 – 5:15	Case study / Special topic 8	David T Plante – <i>University of Wisconsin-Madison School of Medicine and Public Health, Madison, Wisconsin</i>
5:15 – 5:30	Case study / Special topic 9	Robert Thomas – <i>Beth Israel Deaconess Medical Center, Boston, Massachusetts</i>
5:30 – 5:40	Summary & Goodbye	Chad M Ruoff – <i>Center for Sleep Medicine, Mayo Clinic, Arizona</i>