

Spring CONNECT Conference

(Featuring the FM Essentials Summit, Research Day, Business Meetings and Awards ceremonies)

April 4 – 5, 2025, Eden Resort, Lancaster

- **Faculty Disclosure** - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

CREDIT STATEMENT

- The AAFP has reviewed the Spring CONNECT CME Conference and deemed it acceptable for up to 6.75 Live AAFP Prescribed credit(s).
- CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

KEY	CME	Workshops	Social	Research Day	Business Meeting	Patient Safety <i>PS</i>	Wellness 
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FRIDAY, APRIL 4, 2025

3 – 4:15 pm	Committee Meetings (COC PD, GPAC)					
4:15 – 5:15 pm	Board Meeting					
5:15 – 6:15 pm	PAC – Wine Tasting and Pairing <i>Donation required – see registration form for details</i> 					
6:15 – 8:15 pm	RIG (Residency Impact Grant) Summit w/ dinner					

SATURDAY, APRIL 5, 2025

7 am – Breakfast and exhibits

7:45 am - Welcome and Opening Remarks

CME	Workshops	Research Day
8 – 9 am Perinatal TiPS Improving Perinatal Mental Health <i>PS</i> Ritika Baweja, MD and Melissa Free, MD Penn State Health	8 – 9:45 am Joint Injections <i>PS</i> Jayson Loeffert, DO, Stephanie Carey, MD and Ashley Sturts, DO, Penn State Health	Research Day registrations begins at 9 am. Research Day begins at 9:45am with the first poster session. Oral presentations begin at 10:15 am.
9 – 9:45 am Exercise Medicine <i>PS</i> William Callahan, DO, TJUH – Abington	8 – 9:45 am Dermatology Procedures Workshop <i>PS</i> (Suturing and Biopsies) (space limited) Matthew Helm, MD FAAD Assistant Professor of Dermatology and Dermatopathology Penn State Health Medical Center	Head shots are back! Professional headshots, compliments of Gretchen Elaine Photography, will be taken throughout the day.

9:45 – 10:15 am

Wellness | Exhibits | Research Day Posters | Refreshment Break
Headshots are being taken too



CME	Workshops	Research Day
10:15 – 11 am Medical Management of Pediatric Obesity: Evidence and Compassionate, Stigma-Free Strategies PS Marsha Novick, MD, FAAFP, dABOM 11 – 11:30 am Equity of Dermatologic Presentations PS Robert Danoff, DO, FACOF, FAAFP Program Director Family Medicine and combined Family Medicine Emergency Medicine, Jefferson Health Northeast	10:15 – 11:30 am (space limited) Dermatology Procedures PS Repeat (Suturing and Biopsies) Matthew Helm, MD FAAD Assistant Professor of Dermatology and Dermatopathology Penn State Health Medical Center	10:15 – 11:30 am Research Segment #1
11:30 am – 1 pm Annual Business Meeting Lunch <i>AAFP Update</i> <i>Convocation of Fellow Degree</i>		
CME	Workshops	Research Day
1 – 1:45 pm Mobility and Fall Prevention in the Elderly PS Joshua Uy, MD, University of Pennsylvania School of Medicine 1:45 – 2:30 pm Wound Management PS (Didactic) Theresa Metanchuk, DO, Christiana Care Health Systems	1 – 2:30 pm POCUS – Part 1 – Intro to Ultrasound, MSK (Knee/Shoulder/Elbow), Soft Tissue, DVT PS (space limited to 10) Kristine L. Schultz, MD, FACEP, Lehigh Valley Health Network Ryan Blevins, DO and Wale Adeyemi, MD, Tower Health	1 – 2:30 pm Research Segment #2
2:30 – 3 pm Wellness Exhibits Research Day Posters Refreshment Break Headshots are being taken too 		
CME	Workshop	Research Day
3 – 3:45 pm Oral Medications for Weight Loss – Effectiveness and Side Effects PS Stacey Milunic, MD, Penn State Health 3:45 – 4:30 pm New Drugs for Hypertrophic Cardiomyopathy PS Jeffrey A Zlotnick MD FAAFP, Tower Health	3 – 4:30 pm POCUS Workshop – Part 2 (Aorta/Cardiac/Lung – Dyspnea Assessment, EF, Pericardial Effusion) PS (space limited to 10) Kristine L. Schultz, MD, FACEP, Lehigh Valley Health Network Ryan Blevins, DO and Wale Adeyemi, MD, Tower Health	3 – 4:45 pm Research Segment #3
CME 4:30 – 5:15 pm Pediatric Vaccines Review and Update PS Tiffany Leonard, MD, Hatboro, PA		
5:15 – 6:30 pm Research Day and Annual Awards Cocktail Reception		