



Tentative Agenda

This program is not yet approved for CME credit. Conference organizers plan to apply for 40 AAPA Category 1 CME credits from the AAPA Review Panel. The total number of approved credits is yet to be determined.

An additional 1.5 credits will be provided by the France Foundation.

TIME	EVENT TYPE	EVENT	CME (to be applied for)	Description/Objectives
Wednesday, October 7				
9:00 am - 6:00 pm		Registration Open		
8:15 am - 1:15 pm	Optional Workshop	BLS Workshop	5 CME	<i>Hands-on, in-person BLS recertification for healthcare professionals. Limited to 10 participants. Lunch provided.</i>
1:00 - 7:00 pm		Exhibits Open		<i>35 tables - absolute max</i>
1:30 - 1:35 pm		Welcome & Opening Remarks		
1:35 pm - 2:30 pm	Session 1	TBD	1 CME	
2:30 pm - 3:25 pm	Session 2	TBD	1 CME	
3:25 pm - 4:00 pm		Refreshment Break w/ Exhibitors		
4:00 pm - 4:55 pm	Session 3	Preventing Drug Diversion in Practice Settings	1 CME	
4:55 pm - 5:50 pm	Session 4	Urology	1 CME	
5:50 pm - 6:45 pm	Session 5	COPD Treatment Guidelines	1 CME	• Identifying the COPD GOLD classifications • Outpatient management of the COPD patient, including a brief overview of biologics • Inpatient management of the COPD patient in acute exacerbation • Pre/perioperative management of the COPD patient • Cancer screening guidelines

6:45 pm - 7:45 pm		Welcome Reception w/ Exhibitors - Sponsorship Available		
Thursday		10/8/26		
7:15 am - 8:15 am		Product Theater Breakfast		SPONSORSHIP AVAILABLE
7:30 am - 4:00 pm		Registration & Exhibits		
8:30 am - 9:00 am	Session 6a	Rethinking Cultural Perspectives of the Body and Health Through Art - Provided by the France Foundation	0.5 CME	<i>CME for this session is provided by The France Foundation</i> • Apply close-looking techniques from art history to enhance observation and nonverbal communication with patients • Integrate cultural and social context analysis to understand factors influencing our perceptions of obesity and related comorbidities
9:00 am - 10:00 am	Session 6	Practical Strategies for Navigating Obesity Management in Primary Care - Provided by The France Foundation	1 CME	<i>CME for this session is provided by The France Foundation</i> • Prioritize the management of obesity in treatment plans for patients with obesity or overweight and comorbid complications • Utilize evidence-based strategies to establish treatment plans with patients with obesity or overweight • Modify treatment plan for patients with obesity or overweight based on composite medical outcomes, including comorbidities and cardiometabolic risk measures
10:00 am - 10:55 am	Session 7	Recent Advances in the Diagnosis and Treatment of MASLD/MASH	1 CME	• Describe the prevalence, epidemiology and clinical significance of MASLD/MASH; • Apply best primary care practices in diagnosis and testing, including readily available tools and consensus treatment algorithms; and, • Understand treatment strategy goals, from lifestyle management to emerging therapies.
10:55 am - 11:25 am		Refreshment Break w/ Exhibitors		
11:25 am - 12:20 pm	Session 8	Steps to Take if your Practice is a victim of Theft or Diversion	1 CME	• Identify Signs of Theft or Diversion • Take Immediate Protective Action • Follow Legal & Regulatory Reporting Requirements • Conduct Appropriate Internal Investigations
12:30 pm - 1:30 pm		Product Theater Lunch - Sponsorship Pending		
1:35 pm - 2:30 pm	Session 9	Advocacy Skills for Every PA	1 CME	• Describe the importance of professional advocacy in advancing the PA profession. • Differentiate between advocacy efforts at the federal, state, and local levels • Identify practical, time-efficient advocacy strategies for any career stage. • List resources to support advocacy at all levels.
2:30 pm - 3:25 pm	Session 10	The Honeymoon is Over: The Return of International Pathogens to Your Waiting Room		• Understand key pertinent positive and negative historical questions and physical examination data points to assist in ruling in or ruling out specific emerging infectious diseases on the rise in the United States; • Be able to synthesize an appropriate differential diagnosis and – when appropriate – order additional confirmatory testing modalities; • Evaluate and recommend appropriate treatment strategies individualized for patient risk factors; and, • Apply principles for emergent and urgent patient referrals to an infectious disease specialist when necessary.

3:30 - 5:30 pm	Optional Workshop	Demystifying EKGs: A Practical Clinical Refresher	2 CME	• Apply a stepwise approach to EKG interpretation. • Identify common atrial and ventricular rhythms encountered in primary care settings. • Interpret 12-lead changes suggestive of ischemia, infarction, and conduction abnormalities • Apply EKG findings to realistic primary care scenarios
3:30 - 6:30 pm	Optional Workshop	Ultrasound Workshop	3 CME	
Friday		10/9/26		
7:15 am - 8:15 am		Product Theater Breakfast		SPONSOR
7:30 am - 4:00 pm		Registration & Exhibits		
8:30 am - 9:25 am	Session 11	Deceptively Dangerous Patients: Simple Emergency Department Cases That Simply Are Not	1 CME	• Examine strategies to prevent cognitive biases during diagnosis; • Recognize warning signs to aide in not missing otherwise catastrophic illnesses in apparently simple patient presentations; • Identify how to ask the right questions to obtain the information needed to not miss important clues from patients; and, • Recognize clinical pearls based upon real patient presentations which will prevent the practitioner from making the same mistakes.
9:25 am - 10:20 am	Session 12	Beyond the Basics: Advanced Cardiometabolic Testing and Personalized Medicine for True Risk Assessment in Preventive Care	1 CME	• Describe the limitations of standard cardiovascular and metabolic risk assessment — why a “normal” basic blood panel or treadmill stress test does not necessarily mean low risk. • Explain the role and interpretation of advanced testing modalities (e.g., advanced lipids, inflammatory markers, genetics, CIMT, CPET) and how they provide actionable clinical insights. • Integrate advanced diagnostic strategies into real-world practice workflows, with case examples showing improved patient management and prevention outcomes.
10:20 am - 10:50 am		Refreshment Break w/ Exhibitors		
10:50 am - 11:45 am	Session 13	Perinatal Topic	1 CME	
12:00 pm - 1:00 pm		Product Theater Lunch		SPONSOR
1:05 pm - 2:00 pm	Session 14	Dental Perles topic	1 CME	
2:00 pm - 2:55 pm	Session 15	Arthritis	1 CME	
3:30 pm - 5:30 pm		SCAPA Board of Directors Meeting		
3:15 - 6:15 pm	Optional Workshop	Basic Suture Workshop	3 CME	<i>For licensed practitioners - limit 16 participants</i>
7:00 pm - 9:00 pm		Cookout		<i>guest tickets available for purchase</i>
Saturday		10/10/26		
8:00 am - 9:00 am	Product Theatre	Product Theater Breakfast		SPONSORSHIP AVAILABLE
8:00 am - 4:00 pm		Registration		
8:00 am - 1:00 pm		Exhibits		
9:00 - 9:55 am	Session 16	Artificial Intelligence in Medicine: Embracing the Change	1 CME	

9:00 am - 12:00 pm		Student Suture Workshop		<i>For PA students only - limit 16 participants</i>
9:55 - 10:50 am	Session 17	Managing Opioid Use Disorder in Pregnancy: Delivering Evidence-Based Care	1 CME	• Identify challenges in engaging in care faced by pregnant people with opioid use disorder. • Recognize the differences in risks and benefits between combined buprenorphine-naloxone versus monotherapy buprenorphine for people in pregnancy. • Be able to summarize current updates in the research on using long-acting injectable buprenorphine for pregnant people.
10:50 am - 11:20 am		Refreshment Break w/ Exhibitors		
11:25 am - 12:20 pm	Session 18	Beyond Fiber and Laxatives: Recognizing and Managing Dyssynergic Defecation	1 CME	• Define dyssynergic defecation and explain its pathophysiology, including the mechanisms of paradoxical pelvic floor contraction and inadequate propulsive forces during defecation • Describe the diagnostic approach to dyssynergic defecation, including clinical features, digital rectal examination findings, and the role of objective testing with anorectal manometry, balloon expulsion test, and defecography. • Evaluate the evidence supporting anorectal biofeedback therapy as first-line treatment for dyssynergic defecation and identify appropriate candidates for this intervention • Recognize the limitations of symptom-based diagnosis and understand why objective testing is necessary to differentiate dyssynergic defecation from other causes of chronic constipation. • Implement a stepwise management approach for dyssynergic defecation, incorporating conservative measures, biofeedback therapy, and alternative treatments for refractory cases.
12:30 pm - 1:30 pm		Product Theater Lunch		SPONSOR
1:35 pm - 2:05 pm		SCAPA Member Meeting		
1:45 pm - 3:30 pm		Exhibitor Breakdown		
2:00 pm - 2:55 pm	Student Track Session 1	Retrieval Learning Strategies		
2:05 pm - 3:00 pm	Session 19	TBD	1 CME	
3:00 pm - 3:55 pm	Student Track Session 2	Student Track Session 2 - TBD		
3:00 pm - 3:55 pm	Session 20	Common Genetic Disorders in SC	1 CME	• Examine the genetic etiology of common genetic disorders seen in primary care • Discuss frequency, common findings, and management of common genetic disorders • Understand the distinctive features associated with these disorders
4:30 pm - 5:30 pm	Challenge Bowl	Student Challenge Bowl		<i>knowledge. Will your school be the winner?</i>
Sunday		10/11/26		
8:00 am - 10:30 am		Registration		
6:45 am - 7:20 am		Continental Breakfast		SPONSOR

7:25 am - 8:20 am	Session 21	Psychiatry for the Non-Psych Provider	1 CME	• Learn the function of the five neurotransmitters • Recognize, identify, and diagnose psychiatric disorders that can be managed in a primary care setting • Differentiate which neurotransmitter imbalanced through a detailed history • Choose correct psychotropic medication(s) based on correlating identified imbalances with knowledge of individual medications' mechanism of action • Assess for trauma by using Adverse Childhood Events screening and demonstrate how ACE scores correlate to poor outcomes. • Be able to avoid common mistakes in diagnosis and treatment • Understand options for refractory cases • Identify resources that will assist in the above actions • Know when to refer and to whom
8:20 am - 9:15 am	Session 22	The Overlooked Patient: A Practical Approach to Hormone Therapy in Perimenopause and Menopause	1 CME	• Differentiate perimenopause and menopause based on endocrine physiology and clinical presentation. • Apply current evidence-based guidelines to initiate and manage hormone replacement therapy, including appropriate risk stratification and contraindications. • Evaluate complex or refractory menopausal presentations and determine when laboratory assessment, off-label therapy considerations, or referral to a hormone specialist may be appropriate.
9:20 am - 10:15 am	Session 23	Pain Management & Opioids: A Patient-Centered Approach. This activity is created and managed by AAPA in partnership with the Collaboration for REMS Education (CO*RE) supported by an independent educational grant from the Opioid Analgesic REMS Program Companies.	1 CME	• Examine the genetic etiology of common genetic disorders seen in primary care • Discuss frequency, common findings, and management of common genetic disorders • Understand the distinctive features associated with these disorders
10:15 am - 10:35 am		Refreshment Break		
10:35 am - 11:30 am	Session 24	The Fundamentals of Wound Care	1 CME	• Describe the phases of normal wound healing and identify key factors that can impair or delay the healing process. • Perform a systematic wound assessment using an evidence-based framework (e.g., the TIME principle) to accurately document wound characteristics and guide treatment planning. • Select appropriate wound management interventions including dressing types, debridement methods, and infection control strategies based on wound etiology, tissue type, and exudate level.
11:30 am - 12:25 pm	Session 25	Type 2 Diabetes Mellitus: Updates and Standard of Care	1 CME	• Review the diagnostic and treatment criteria for the inpatient management of patients with type 2 diabetes mellitus, including DKA and HHS • Identify and apply updated 2026 diagnostic and treatment recommendations for type 2 diabetes mellitus, including DKA and HHS. • Explain the role of insulin therapy, fluids, and potassium supplements in patients diagnosed with DKA and HHS, incorporating current guideline-directed therapy into clinical-decision making.
12:25 - 12:30 pm		Closing Remarks/Door Prizes		