

## AAMP Fall Conference – Sept 24<sup>th</sup> – 26<sup>th</sup>, 2021

18 AMA Cat-1 CE (7.5 - Pharmacology and 3.0 - Ethics) – 18 WA/CA/HI State Cat-1 CE

\*CONO Applied for

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### FRIDAY

#### *MORNING THEME: Assessing the Patient with Cancer*

8:00 – 8:15     **Jeremy Phillips** Introductory Remarks and Welcome

8:15 – 9:15     **Dr. Anderson**     **Assessment of the cancer patient across the spectrum – Part-1**

*A look at standard laboratory markers in the assessment of patients with known cancer in various stages of advancement or remission. A look at non-traditional markers to follow as well as standard markers for patient safety and therapy adjustment.*

9:15 – 10:15     **Dr. Tims**     **Assessment of the cancer patient across the spectrum – Part-2**

*Circulating Tumor Cells and Novel markers in cancer care will be discussed.*

10:15 – 11:00     **Morning Break**

11:00 – 12:00     **Dr. Price**     **Nutrigenomic Analysis: Assessing Genetic Analysis in Complementary Cancer Care and Culinary Nutrition/Assessing Epigenetic Guidance in Culinary Nutrition and Supplementation**

*Review three most vital and powerful physiological aspects involved in cancer prevention and treatment: cell cycle repair, apoptosis and innate immunity and how these can be assessed; how they can be affected by epigenetic factors such as food and nutrition. Will include recommended gene sets per Dr. Price to include in your analysis.*

12:00 – 12:45     **Dr. Price**     **Case studies in Nutrigenomics**

12:45 – 1:15     **Medical Presentation – Non-CME**

1:15 – 2:30     **Lunch**

**AFTERNOON THEME: Patient Monitoring and Clinical Management**

2:30 – 3:30 **Dr. Anderson** Metabolic complications in the Patient with Cancer

*In this session Dr. Anderson will break down common metabolic conditions which arise in cancer and discuss their management. Included in this session will be:*

- *Anemia including Iron and Copper issues*
- *Ascites*
- *Lymphedema*
- *Immunologic Terrain*

**3:30 – 4:00 Medical Presentation – Non-CME**

4:00 – 4:45 Break

4:45 – 5:15 **Dr. Anderson** Early assessment of cancer: What to watch for

*In this session Dr. Anderson will discuss the common presentations of patients who have cancer but do not know it yet. Ideas for screening and management / documentation will be discussed.*

5:15 – 5:45 **Clinical Panel** – “Assessment in Oncology”

*Your speakers will use the panel to discuss assessment topics and answer specific questions.*

## SATURDAY

**MORNING THEME: Food and Diet**

8:30 – 9:30 **Dr. Abrams** Nutrition and Cancer Guidelines: Updated but are they Upgraded?

9:30 – 10:30 **Dr. Price** **Case Studies to build Specific Menus**

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| 10:30 – 11:15 | Break |
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11:15 – 12:15 **Dr. Anderson** Diet through the Four Phases of Cancer

*In this session Dr. Anderson will break down dietary interventions specific to the “four phases” of the cancer journey with a focus on the three active phases: Diagnosis through Active Treatment; Recovery from Active Treatment and Secondary Prevention.*

12:15 – 12:45 **Dr. Price** **Implementing Food as Medicine – from Theory to Plate**

*Dr. Price will go through the design part of a meal with disease modifying benefits.*

12:45 – 1:15 **Medical Presentation – Non-CME**

1:15 – 2:30 **Lunch**

### ***AFTERNOON THEME: Breast and Prostate Cancer***

2:30 – 3:15 **Dr. Espinoza** **Prostate Cancer Part-1: Top therapeutics and recent updates**

3:15 – 3:45 **Medical Presentation – Non-CME**

3:45 – 4:30 **Break**

4:30 – 5:30 **Dr. Tims** **Breast cancer - Top therapeutics and recent updates**

5:30 – 6:00 **Clinical Panel** – **Food as Medicine and Common Cancer Updates**

*Your speakers will use the panel to discuss assessment topics and answer specific questions.*

## **SUNDAY**

### ***MORNING THEME: Specific Cancer Therapeutics***

8:30 – 9:00 **Dr. Espinoza** **Prostate Cancer Part-2: The “other” Prostate Cancer.**

*Considerations in the aggressive metastatic form - What is the difference biologically and what therapeutics need to be different from the lower stage-grade presentations.*

*In this session Dr. Anderson will discuss specific clinical observations treating advanced metastatic Prostate Cancer.*

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| 10:30 – 11:15 | <b>Break</b> |
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1:15 – 2:15 **Lunch**

*In this session Dr. Anderson will discuss the popular ideas around “Starving Cancer”, the benefits and pitfalls of information around this popular movement, the science behind it, and common misconceptions patients have. He will also discuss the more common repurposed drugs used in cancer and their dosing.*

5:00 **Adjourn**