

# Programme

33<sup>rd</sup> Annual Symposium on women's health

Cavendish Conference Centre, London

Thursday 30 November 2023

Women's  
Health  
Concern

A confidential  
independent service for  
women and their partners

Reg Charity No: 279651

**0900** Registration, exhibition & refreshments

**0930** Welcome and Introduction

**Professor John Stevenson**

*Emeritus Reader in Metabolic Medicine in the National Heart and Lung Institute, Imperial College London; Trustee – British Menopause Society, Chairman – Women's Health Concern*

**0940** Heavy Menstrual Bleeding

**Miss Jackie Ross**

*Consultant Gynaecologist and clinical lead for the Early Pregnancy & Gynaecology Assessment Unit, King's College Hospital London*

**1015** Progesterone and estrogen – when to increase levels?

**Miss Lynne Robinson**

*Consultant Gynaecologist & Clinical Lead Fertility, Menopause and Reproductive Endocrine Services, Birmingham Women's Hospital; Member – British Menopause Society medical advisory council*

**1050** Not a magic potion: testosterone, menopause and the medicalisation of sexual desire

**Dr Heike Gleser**

*Consultant Sexual & Reproductive Health, NHS Tayside*

**1125** Refreshments & exhibition

**1155** Female coronary heart disease risks in the reproductive and post-reproductive years

**Professor John Stevenson**

**1230** Gerald Swyer\* Memorial Lecture

**Chairman: Haitham Hamoda**

*Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King's College Hospital, London; Immediate Past Chairman and Trustee – British Menopause Society*

**Modern myth: Is HRT the silver bullet?**

**Dr Paula Briggs**

*Consultant in Sexual and Reproductive Health, Liverpool Women's NHS Foundation Trust; Chairman and Trustee – British Menopause Society*

\*The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women's Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.

[www.womens-health-concern.org/symposium/](http://www.womens-health-concern.org/symposium/)

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## 1305 Lunch & exhibition

### 1405 A case study session; Treatment of induced menopause, POI, migraine and PMS and the peri-menopause

**Kathy Abernethy**, Director of Menopause Services, Peppy Health; Trustee – British Menopause Society, **Dr Katie Barber**, Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council, **Dr Olivia Hum**, GP and Menopause Specialist, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council and **Dr Zoe Schaedel**, GP and Menopause Specialist, Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council

### 1505 Educational Symposium sponsored by Besins Healthcare: Menopause, breaking the taboo



## 1540 Refreshments & exhibition

### 1610 Contraception and the perimenopause

**Dr Anna Graham**

Specialist Registrar in Sexual and Reproductive Health at King's College Hospital NHS Trust

### 1645 Q&A

Facilitated by **Dr Paula Briggs** and guest lecturers

### 1700 Take home messages and close

**Dr Paula Briggs**

Please note, sessions and speakers may be subject to change.

This meeting is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the meeting agenda.

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