

Autumn Meeting 2025

12 - 14 November

EMCC Nottingham & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

Online: You will receive a CPD certificate for the days you have watch online. **Viewing the content post-event will be certified, and certificates are issued 3 days after your last viewing.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for us to generate and issue a CPD certificate but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the 'Ask' function on the online platform or the microphone in the room. If you're posting on X (formerly Twitter), tag us at **@GeriSoc** and use the hashtag **#BGSconf**. You can also tag us on Facebook and LinkedIn

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our sponsors

Bronze Sponsors: Pfizer and Pierre Fabre

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence. They have not had any input or influence as to the content of the programme.

Sponsorship of exhibition stands: Abbott, Alliance Pharmaceuticals, GlaxoSmithKlein, HSE, Insightec, Nutrinovo, NHS Elect, Merz Pharma, Sanofi, and Theramex.

Guest Lecturer

Professor Simon Conroy

Professor of Geriatric Medicine
University College London Hospitals NHS Foundation Trust

Simon is an academic geriatrician, based in London. With colleagues, he has been awarded funding exceeding £19 million and has published over 230 peer-reviewed papers. He led the Acute Frailty Network in England (2015-2021) and now leads a range of national improvement collaboratives in conjunction with NHS Elect.

Simon's ambition is to improve outcomes for older people living with frailty by embedding evidence based medicine into clinical practice ('campus to clinic' translational research). His research addresses different models of holistic and patient centred care, assessing feasibility as well as clinical and cost-effectiveness. His educational activities take an interdisciplinary perspective on developing and teaching knowledge locally (frailty services), nationally (BGS) and internationally (EUGMS & EAMA). Implementation of research findings into clinical practice is key, and best exemplified by work on the Silver Book and Silver Book II, the Acute Frailty Network and Specialised Clinical Frailty Networks.

KEYNOTE: Friday 14 November 12.45



KEYNOTE: Thursday 13 November 15.45



Guest Lecturer

Professor Cathal McCrory

Professor of Life Course Development and Ageing Trinity College Dublin

Professor Cathal McCrory is Professor of Life Course Development and Ageing in the School of Medicine at Trinity College Dublin and Co-Principal Investigator of the Irish Longitudinal Study on Ageing (TILDA). A psychologist by disciplinary background, he is an established interdisciplinary researcher working at the nexus of social and biological sciences. Since 2006, he has been heavily involved with the two flagship longitudinal studies of development (Growing Up in Ireland) and ageing (TILDA) in Ireland. His research utilises

population-level cohort data to explore social differentials in health and longevity across the life course, applying cutting-edge insights and methodological innovations from the social sciences to the study of biological ageing. He has received a prestigious Emerging Investigator Award from the Health Research Board to explore social differentials in health and longevity using putative biomarkers of biological ageing including allostatic load, telomere erosion, and epigenetic clocks. He is Co-PI of a US-Ireland Partnership award funded by the National Institutes of Health (NIH) and Science Foundation Ireland (SFI) to examine cross-country differences in epigenetic ageing in the US, Republic of Ireland and Northern Ireland. He is also the recipient of an Irish Research Council Advanced Laureate Award to explore the role of DNA methylation as a biological intermediary between socio-economic position and health.

He is an Editorial Board Member of the Journals of Gerontology: Social Sciences; a Research Affiliate of the Economic and Social Research Institute (ESRI); a Member of the Expert Advisory Group to Growing Up in Ireland; and a Scientific Advisory Network member to the UK Centre for Longitudinal Studies (CLS). He is a visiting scientist at the Center for Population and Development Studies at Harvard University and contributor to Imperial College London's Environmental Epidemiology research group.

Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite A	STREAM 3 Suite 1
8.30	Registration		
9.15	KEYNOTE President's Opening Address		
9.30 - 11.00	Dementia Brain Health	Healthcare in Community Settings The Three Shifts	Education in Geriatric Medicine Undergrad Gold Standard
11.00	Free time		
11.30 - 13.00	Dementia Complex Diagnoses	Healthcare in Community Settings Integrated Neighbourhood Teams	Education in Geriatric Medicine Multi-professional Education
13.00	Lunch and posters		
13.00	Group Meetups Join colleagues over lunch to catch up Look out for the signs indicating where to meetup.		
13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only. Banqueting Suite A		
14.00 - 15.00	Dementia In Hospital Diagnosis	Healthcare in Community Settings Digital Enablement	Education in Geriatric Medicine Specialist Training
15.00	Free time		
15.30-16.30	Dementia Future	Healthcare in Community Settings Clinical Frailty Masterclass	Education in Geriatric Medicine Specialist Training
16.30	Fringe: CARE (2025) Documentary Film. 36min. Join us for a screening of CARE. This documentary tells the story of one residential care home as they emerge from the pandemic.		
17.30	Social programme: Group Meetups Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce		

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10.30	Free time		
11.00 - 12.00	Tissue Viability Vascular, veins, vessels	Pain Community Management	Research Applying clinical research in clinical practice
12.20	President's round		
13.15	Lunch and dedicated poster viewing time		
13.15	Trainees Meetup		
14.30 - 15.30	Clinical Quality	Pain Headaches	NAHP COP Workforce
15.30	Head to Conference Hall for the Guest Lecture at 15.45		
15.45	KEYNOTE Guest Lecture: Professor Cathal McCrory Professor of Life Course Development and Ageing Trinity College Dublin		
16.30 - 17.30	Lightning Round		
18.30	Social programme: Dinner Meet and engage with colleagues over drinks and dinner All welcome: Tickets purchased during registration		

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite A	STREAM 3 Suite 1
9.30 - 11.00	Updates in... Heart and Renal Failure	Ethics and Law Assisted Dying	Addressing abuse against the older adult
11.00	Dedicated poster viewing time		
11.30 - 12.30	Updates in... Fatigue	Platform Presentations	Digital Health
12.30	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards		
12.45-13.30	KEYNOTE Trevor Howell Guest Lecture Professor Simon Conroy Professor of Geriatric Medicine University College London Hospitals NHS Foundation Trust		
13.30	Lunch and poster viewing round		
14.30 - 15.45	Infections	Closed	Policy Session
15.45	Closing Address Closing words from the President		
16.15	CONFERENCE CLOSE		

Dementia



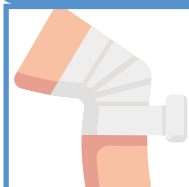
DAY 1
IN HOSPITAL DEMENTIA DIAGNOSIS
12 November 14.00
Stream 1

Healthcare in Community Settings

DAY 1
Proactive Frailty Whiteboard
and
Clinical Frailty Masterclass
12 November 14.30 - 16.30
Stream 2



Tissue Viability



DAY 2
Tissue Viability
Managing Peripheral Vascular Disease (PVD) 13
November 09.30 - 11.00
Stream 1

Pain

DAY 2
Headaches in the older adult
13 November 14.30 - 15.30
Stream 2



Updates in ...



DAY 3
Heart Failure in older patients
Alcohol and substance abuse
14 November 09.30
Stream 1

Assisted Dying

DAY 3
Assisted Dying
14 November 09.30 - 10.20
Stream 2



Infections



DAY 3
Respiratory and sexually transmitted infec-
tions
14 November 14.30
Stream 2

Trainees Council



Dr Victoria O'Brien
Co Chair, Trainees Council



Dr Julianaa Raghu
Co Chair Trainees Council



Dr Sarah True
Education and Training Rep



Dr Joyce Lau (Yun Yee)
Meetings and Events Rep

bgs.org.uk/WFC26

3rd
**WORLD FALLS
CONGRESS**

24-26 June 2026
Manchester University, UK



Dates for your diary:

Call for symposia
Closes 1 December 2025

Call for abstracts
Closes 1 January 2026

Early bird registration
Closes 24 March 2026



Accommodation in recent years has increased in costs and this year keeping costs low is important. To secure the best accommodation within your budget we recommend you book as early as possible. The BGS have arranged a block of accommodation onsite at the EMCC hotels.

The group code for the allocation is BGS111125.

Other hotel options and booking sites, are available and booking directly with the hotels may be cheaper - please do shop around.

BGS members can also access this rate by the steps below:

EMCC Hotels - Orchard and Jubilee

- Go to book now: nottinghamvenues.com
- Click special codes and rates. Click on the Promo Code and change this to Group Code before entering your group code and clicking apply.
- Click on search - Once you've entered the group code and clicked apply, choose the dates you wish to book on the calendar before clicking 'search'.
- Choose the hotel before going ahead and booking your room! Rates are £125 a night bed and breakfast

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of Nottingham with you. We hope this Autumn Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights that Nottingham has to offer. Please sign up to these sessions during registration. Please see the below timetable to help plan your time.

Delirium

New elearning course out now



Free for BGS members
£150 for non members
10 CPD credits



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (www.bgs.org.uk/25Aut) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the '**Sign in for CPD today**' button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

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17.00	Social programme: Group Meetups Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce		

STREAM 1: Conference Theatre

KEYNOTE

President's Opening address

09.15 Opening words from BGS President, Professor Jugdeep Dhesi

Dementia and Mental Health

Brain Health and the biology of the Ageing Brain

9.30 - 11.00

09.30 **The healthy ageing brain**
Professor Claudia Cooper Professor of Psychological Medicine and Centre Lead, QMUL

10.00 **The link between Hearing loss and Dementia**
Professor Sergi Costa-Freda, Professor of Psychiatry of Ageing, Mental Health of Older People, UCL (remote)

10.30 **Acoustic stimulation to promote cognitive and brain health.**
Professor Clare Anderson, Professor of Sleep and Circadian Science- University of Birmingham

11.00 **Poster viewing time and coffee break**
Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

Dementia and Mental Health

Complex diagnoses

11.30 - 13.00

11.30 **Understanding and managing distress in dementia through Kitwood's model across care settings**
Melissa Grundy, Consultant Admiral Nurse for Frailty and Physical Health, Dementia UK

12.00 **Dhole Eddleston Prize Presentation**
Rosalinde Poortvliet, Associate professor, Leiden University Medical Center. (*Remote*)

12.15 Abstract 3758 **Clinical and cost-effectiveness of the UCL Live Well with Parkinson's self-management toolkit - an RCT**
Kate Walters; Kumud Kantilal; Tasmin Rookes; Mariam Adeleke; Gareth Ambler; Lina Gonzalez; Jiunn Wang, Rachael Hunter; Patricia Schartau; Catherine Atkinson; Benjamin Gardner; Nathan Davies; Anette Schrag

12.30 Abstract 3767 **Results of a randomised controlled study to reduce medication-related harm in older adults after hospital discharge**
Khalid Ali, Ekow Mensah, Jennifer M Stevenson, Stephen Nyangoma, Victoria Hamer, Nikesh Parekh, Chakravarthi Rajkumar, J Graham Davies, Morro Touray, Heather Gage, and Sally Fowler-Davis on behalf of study collaborators.

12.45 Abstract 3814 **The effects of an online psychoeducation programme on psychological outcomes in spousal caregivers of older adults with frailty**
Zhang Ning; Chan Yue-lai Helen

STREAM 1: Conference Theatre

13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only. Banqueting Suite A
Dementia and Mental Health In Hospital Diagnosis	
14.00 - 15.00	14.00 Diagnosing Dementia In The Unwell In-Patient Professor Emma Reynish, Consultant Geriatrician, Professor of Dementia, Royal Infirmary, Edinburgh / University of Stirling
15.00	Poster viewing time and coffee break
Dementia and Mental Health The future of Dementia, Delirium and Brain Health Moderators: Tomas Welsh and Rachel Thompson	
15.30 - 16.30	15:30 Join the co-chairs of the Dementia, Delirium and Brain Health Special Interest Group for a discussion about Dementia diagnosis, guidelines, treatment and other activities Dr Tomas Welsh, Medical and Research Director (Research Institute for Brain Health, ReMindUK) Consultant Geriatrician (RUH) and Rachel Thompson, Admiral Nurse Consultant, Lewy body dementia
16.30	Fringe: CARE (2025) Documentary Film. 36min. Join us for a screening of CARE. This documentary tells the story of one residential care home as they emerge from the pandemic. Facilitated discussion: Professor Adam Gordon, Professor of Care of Older People, Academic Centre for Healthy Ageing, Barts Health NHS Trust Queen Mary University of London Anita Astle, Registered Manager, Wren Hall Nursing Home
17.30	Group Meetups Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

STREAM 2: Banqueting Suite A

Healthcare in Community Settings The Three Shifts: How will this Change the Care of Older People in their Communities?	
9.30 - 11.00	09.30 Hospital to Community Dr Tom Downes, National Clinical Director for Older People, NHS England 10.00 Analogue to Digital Dr Saif Ahmed, Clinical Lead for Digital Transformation, Health Innovation Manchester Associate Medical Director Tameside and Glossop ICFT 10.30 Sickness to Prevention - From Hospital to community: Neighbourhood Health for Older People Ben Collins, Programme Director for Integrated Care, and Dr Nittin Kumar, Clinical director Hounslow Health and Care
11.00	Poster viewing time and coffee break
Healthcare in Community Settings Integrated Neighbourhood Teams What are the opportunities for Older People's Care to be improved?	
11.30 - 13.00	11.30 Developing Integrated Neighbourhood Teams What are integrated neighbourhood teams the solution for? Dr Helena Ebbs, GP, Clinical Director for Integration, Humber and North Yorkshire integrated Care Board 12.00 Surrey Downs Neighbourhood Integration in Action: collaboration between secondary, community and primary care Dr Malin Farnsworth, Consultant Geriatrician, Joint Clinical Director Surrey Downs Health and Care and Dr Christopher Sin Chan, Consultant Geriatrician, Epsom and St Helier University Hospitals NHS Trust 12.30 Panel Discussion
13.00	Lunch Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website .
13.00	Group Meetups Join colleagues over lunch to catch up. Look out for the signs indicating where to meetup.
13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only. Banqueting Suite A

STREAM 2: Banqueting Suite A**Healthcare in Community Settings**

Digital Enablement

14.00 - 15.00	14:00 Sheffield digital networked MDTs: How can Geriatricians support multidisciplinary community team development Dr Natalie Vethanayagam: Consultant Geriatrician Acute Frailty, Northern General Hospital Sheffield and Mr Simon Froggatt, Advanced Paramedic Urgent Care, Yorkshire Ambulance Service 14:30 The Proactive Frailty Whiteboard: Enabling population health management with MDTs Dr Hein le Roux, GP, Churchdown Surgery, One Gloucestershire ICS Deputy Chief Medical Officer, Deputy Medical Director NHS England South West (<i>remote</i>)
15.00	Poster viewing time and coffee break

Healthcare in Community Settings

Clinical Frailty Masterclasses

15.30 - 16.30	15.30 Ten Top tips from an Ophthalmologist: Caring for the eyes of Older People Sunil Mamotra, Ophthalmologist, Bristol Eye Hospital 15:50 Doing Ordinary Dying Well Dr Lucy Pocock, GP and NIHR Doctoral Research Fellow, Bristol Medical School 16:10 Deprescribing in Heart Failure Dr Lucy Pollock, Consultant Geriatrician, Taunton & Somerset NHST
17.30	Networking with drinks and canapes Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

STREAM 3: Hall 1C

Education in Geriatric Medicine

Undergrad Gold Standard

09.30 - 11.00	09.30 Undergraduate Geriatric Medicine Education Dr James Fisher, Geriatrician, Northumbria Healthcare NHS Foundation Trust
	10.00 Pharmacy Undergraduate training Jen Stevenson, Lead Pharmacist Older Adults/Honorary Senior Lecturer, KCL
	10.30 Simulation training for Nurses in Geriatric Medicine Michelle O'Reilly, Chief Nurse Clinical and Professional Development NHS Borders Headquarters
11.00	Poster viewing time and coffee break

Education in Geriatric Medicine

Multi-professional Education

11.30 - 13.00	11.30 Increasing training in Dementia recognition and care Dr Ellen Tullo, Staff Grade/ Associate Specialist, Northumbria Healthcare NHS Foundation Trust
	11.55 Working towards Education for hospital wide CGA Dr Claire Grout, Consultant geriatrician, and Sam King, Frailty Lead, Lister Hospital
	12.20 Advanced Clinical Practitioner clinical curriculum development work in Torbay Dr Jenny Evans, Healthcare for Older People and General Medicine Consultant, Torbay Hospital and Dr Katharine Bhatt, GP and Clinical Lead, Frailty Virtual Ward, Torbay and South Devon Foundation Trust
	12.45 Discussion
13.00	Lunch
13.00	Group Meetups Join colleagues over lunch to catch up. Exhibition area
13.30	Sponsored Symposium The Burden of Respiratory Infection in Older Adults and Care Home Residents This is a non-promotional talk organised and sponsored by Pfizer, intended for UK Healthcare professionals only. Banqueting Suite A

STREAM 3: Hall 1C

Education in Geriatric Medicine Specialist training (HST and SAS)	
14.00 - 15.00	14.00 Frailty Academy Dr James Adams, Clinical Director for Integrated Frailty Services, Consultant Geriatrician Royal Surrey NHS Foundation Trust 14.30 Complex communications teaching Dr Sinead Henderson, Consultant Physician, Clinical Lead for Elderly Care, ReSPECT and EOLC, Surrey and Sussex NHS Trust
15.00	Poster viewing time and coffee break
Education in Geriatric Medicine Specialist training (HST and SAS)	
15.30 - 16.30	15.30 Additional support to those in training roles Dr Iain Wilkinson, Consultant Geriatrician, Surrey and Sussex Healthcare NHS Trust and VP Education BGS 16.00 Changes and updates to the Diploma in Geriatric Medicine Professor Mike Vassallo, Consultant Geriatrician, Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust
17.30	Group Meetups Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce

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10.30	Free time		
11.00 - 12.00	Tissue Viability Vascular, veins, vessels	Pain Community Management	Research Applying clinical research in clinical practice
12.20	President's round		
13.15	Lunch and dedicated poster viewing time		
13.15	Trainees Meetup 1C		
14.30 - 15.30	Clinical Quality	Pain Headaches	NAHP COP Workforce
15.30	Head to Conference Hall for the Guest Lecture at 15.45		
15.45	KEYNOTE Guest Lecture: Professor Cathal McCrory Professor of Life Course Development and Ageing Trinity College Dublin		
16.30 - 17.30	Lightning Round		
17.30	Social programme: Meet and engage with colleagues over drinks and snacks All welcome		
19.00	Conference Dinner and Drinks		

STREAM 1: Conference Theatre

Tissue Viability

Wound Dressing and Postural management

9.30 - 10.30	09.30 Overview of the different dressings and their selection for various wound types Samantha Rose, Lecturer in Adult Nursing, University of Salford and Debbie Chester, Teaching Fellows in Nursing, University of Salford 10.00 Postural care and seating in older adults Dr Melanie Stephens, Reader in Adult Nursing, University of Salford
10.30	Poster viewing time and coffee break

Tissue Viability

Vascular, veins, vessels

11.00 - 12.00	11.00 Managing Peripheral Vascular Disease (PVD) and Vascular CNS's impact on skin and circulatory health in older adults Deborah Ruff, Lead Nurse Vascular. NCA (<i>remote</i>) 11.15 Foot care in older adults living with diabetes Kim Wilde, Lecturer Podiatry and Non-Medical Prescribing, University of Salford 11.30 Q&A panel 11.45 Abstract 3700 The GOAL trial: Comprehensive geriatric assessment for frail older people living with chronic kidney disease B Logan; A Viecegli; D Johnson ; T Comans; E Gordon; L Gray; C Hawley; L Hickey; M Janda; A Jaure; M Jose; C Kiriwandeniya; M Matsuyama; G Mihala; K Nguyen; E Pascoe; P Paul-Brent; J Pole; K Polkinghorne; C Pond; R Raj; D Reidlinger; N Scholes-Robertson; A Valks; G Wong; RE Hubbard
12.00	Transfer time for all delegates to move to President's Poster Round

President's Round

Moderators: Jugdeep Dhesi and Miles Witham

12.15- 13.15	These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs.
13.15	Lunch & Dedicated poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website. Trainees Meetup

STREAM 1: Room 1A

President's Round
Moderators: Jugdeep Dhesi and Miles Witham

These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. These will be published following adjudication.

12.15 Abstract 3345 **Effectiveness of health coaching interventions on psychosocial outcomes among older adults: systematic review and meta-analysis**

Yufan Yang; Zhiwen Wang

12.20 Abstract 3403 **Accessing Healthcare for Parkinson's Disease in Kilimanjaro Region, Tanzania: A Challenge for Health Equity**

H Wilson; N Fothergill-Misbah; M Giblin; M Dekker; JJ Rogathi; S Urasa; D Mush; C Dotchin; R Walker; M Breckons

12.25 Abstract 3659 **The Effects of Unilateral Upper Limb Motor Control Training on Cognitive Function in Older Adults**

Hatice S Ekic, Mehmet C Yildirim , Jemima Collins, Mathew Piasecki, *Bethan E Phillips, *Adam L Gordon

12.30 Abstract 3674 **Setting the Research Agenda for Co-existing Dementia and Hearing Conditions: A James Lind Alliance Priority Setting Partnership**

E Heffernan; S Calvert; T Denning; E Broome; RV Spriggs ; N Ahmad, N Lerigo-Smith; H Henshaw

12.35 Abstract 3675 **'Therapists' perspectives on a new structured tailored approach to rehabilitation after hip fragility fracture.**

Charlie Surman; Rhian Milton-Cole; Rebecca Edwards; Stefanny Guerra; Salma Ayis; Aicha Goubar; Nadine E Foster; Finbarr C Martin; Emma Godfrey; Ian D Cameron; Celia L Gregson; Nicola E Walsh; Anna Ferguson Montague; Jodie Adams; Catherine Sackley; Julie Whitney; Katie J Sheehan.

12.40 Abstract 3682 **Outcomes of Deprescribing for older people with Life-Limiting Conditions: A Systematic Review**

R Shrestha; E Shaw; L Mullen; D Sinclair; F Dewhurst; A Todd

12.45 Abstract 3736 **Exploring facilitators and barriers to engagement with technology among older adults with and without frailty**

T Tay; F Chen; L Shepherd; M Fertleman; A Darzi; K Grailey

12.50 Abstract 3774 **Mapping Care Home Stakeholder Research Priorities with Existing Research & Routine Data; aligning evidence with expressed need**

L Irvine, J Burton

12.55 Abstract 3863 **Associations between accelerometry-measured physical activity, sleep, and mobility improvement in hospitalised older adults**

N Wee; LC Heng; CY Chia; WQ Mok; JA Low; CY Cheong ; PLK Yap

13.00 Abstract 3879 **Sharing care home residents' individual-level data between health and social care: the Data Sharing Partnership project**

SD Shenkin; S Powell; F Gruber; E Cadger; A Chong; S MacDonald; E MacDowell; C Henderson; R Hogg; A Anand; P Linksted

Lunch & Dedicated poster viewing time

Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the [BGS website](#).

Trainees Meetup

STREAM 1: Conference Theatre

Clinical Quality

14.30 - 15.30	14.30 BGS CQ Rising Star Award winner Jacqueline Holmes, Operational Lead for Inpatient Physiotherapy, Kingston Hospital NHS Foundation Trust 14.45 Abstract 3843 Two Day Culture in a Two Hour World: Transforming an Urgent Community Response (UCR) Service through Quality Improvement (QI) J Adams; M Bull 15.00 Abstract 3753 That's Not My Dad: Improving Delirium Care at Leeds Teaching Hospitals S Ninan; A Raycraft; B Baxter-Heyes; N Burnet 15.15 Panel Discussion
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KEYNOTE

Transfer time for all delegates to move to Hall 1A for Guest Lecture at 15.45.

Guest Lecture

Moderator: Amit Arora

15.45	Guest Lecturer Professor Cathal McCrory Professor in Life Course Development and Ageing within the Department of Medical Gerontology at Trinity College Dublin and Co-Principal Investigator of the Irish Longitudinal Study on Ageing (TILDA)
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STREAM 1: Conference Theatre**Lightning Round**

Conference Theatre

Selected abstracts are accepted for the lightning round. Authors will have 3-minute window for a live summary presented at the meeting. There will be an additional 2 minutes for questions meaning a total of 5 minutes.

16.30 Abstract 3878 **Scottish Care Homes' Research Involvement and Priorities**
S Hassane¹; A Hassane¹; R Ashworth²; E Law²; M Drummond²; SD Shenkin^{2,3}

16.35 Abstract 3837 **Diagnostic ability of SARC-F according to muscle strength and physical performance tests**
D Cengiz; , A.O. Bas. : Y Öztürk ; C Kayabasi ; M Pehlivan; Ö Özgün.; , O Turhan , M Esme; C Balç ; B B Dogu ; M Cankurtaran ; M.G. Halil

16.40 Abstract 3508 **Exploring Older Patients' and Carers' Perceptions of Medication Change Communication During Inpatient Care**
D Tsui

16.45 Abstract 3817 **Feasibility of a culturally adapted picture description task as a measure of cognition within the older adult population of Hai.**
R F Strassenburgh; L Wright; J Boshe; J C Bews; A Kisoli; G Saria; B Mbwele; L Fotheringham; T Young; B G Mwahi; Z Zakayo; F Ilaza; B Doligo; R Kalaria; R W Walker; S-M Paddick

16.50 Abstract 3657 **Short-term continence outcomes in men over 75 undergoing robotic-assisted radical prostatectomy**
Dimitrios Papanikolaou; Danny Darlington Carbin; Sabina Dranova; Dimitrios Moschonas; James Hicks; Murthy Kusuma¹; Krishna Patil; Christopher Eden; Matthew Perry; Wissam Abou Chedid

16.55 Abstract 3833 **Ascertainment of Delirium in older adults presenting to a primary care out of hours (OOH) service: a retrospective cohort study**
A Seeley ; R.Brettel ; A.Wang ; R.Barnes ; G.Hayward

17.00 Abstract 3748 **Measuring extended Activities of Daily Living (eADLs) in 2025: What do older people and multidisciplinary professionals think?**
SA Hay; JK Burton; TJ Quinn

17.05 Abstract 3869 **Framework-Guided Domain Mapping of Adverse Drug Events in Older Adults: A Scoping Review of Intersection Risks**
Fatima Sabir; Alishba Z. Hussain; Jenni Murray; Oliver Todd; Muhammad Faisal, David P. Alldred

17.10 Abstract 3841 **Characterising Gait Speed and Functional Phenotypes in Healthy versus Non-Healthy Older Adults Using AI-Enabled Assessment**
N. Davey; G. Harte; A. Boran; P. Mc Elwaine; S P Kennelly

17.15 Abstract 3882 **Sharing care home residents' individual-level data between health and social care: a qualitative evaluation of the Data Sharing**
N Crowe, E Donaghy, SD Shenkin

16.30
-17.30

19.00

Social programme: Dinner

Meet and engage with colleagues over dinner and dancing
All welcome: Purchase tickets during registration

STREAM 2: Banqueting Suite A

Pain and pain management

Pain and medicines optimisation

9.30 - 10.30	09.30 Pathophysiology of pain in older people Dr Kirsty Bannister, Principal Investigator of the Central Modulation of Pain Laboratory, Imperial College London (<i>remote</i>) 10.00 Pharmacology of medicines for pain in older people Professor Roger Knaggs, Professor of Pain Management, University of Nottingham & Primary Integrated Community Services
10.30	Poster viewing time and coffee break

Pain and pain management

Pain management in Community Settings

11.00 - 12.00	11:00 Community-based chronic pain service Ruth Brady, Senior Health and Wellbeing Coach & Project Support, and Richard Cuthbert, Operation Coordinator, RethinkingPain 11:30 Community-based pain care - integrated support and pain cafes Luke Wilkinson and Adam Woolley, Health Team Leaders, Derby County Community Trust
12.15	President's poster round - Conference Theatre
13.15	Lunch Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website. Trainees Meetup

Thursday **13 November**

Day 2 Afternoon

STREAM 2: Banqueting Suite A

Pain and pain management

Headaches

14.30 - 15.30	14.30 Headaches in older people: Who, what and when to refer ? Dr Sarah Miller, Consultant Neurology, Greater Glasgow and Clyde 15.00 Neuromodulation for headaches Dr Kavita Poply, Consultant in Pain Medicine and Neuromodulation, St Bartholomew's Hospital and Senior Lecturer, Queen Mary University of London
15.30	Head to Conference Theatre for Guest lecture at 15.45

3rd WORLD FALLS CONGRESS

24-26 June 2026
Manchester University, UK
www.bgs.org.uk/WFC26

BGS

British Geriatrics Society
Improving healthcare
for older people



World
Falls Prevention
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EUROPEAN
FALLS
FESTIVAL



STREAM 3: Suite 1

Association of Academic Geriatric Medicine (AAGM) symposium

From Diverse Methods to Shared Vision: Setting UK Care Home Research Priorities

Moderators: Adam Gordon and Jenni Burton

9.30 - 10.30	09.30 What questions do care home residents, relatives, and staff ask, and which are the most important? Reena Devi, Associate Professor in Applied Health and Care Research, University of Leeds and Liz Graham, Senior Research Fellow, Academic Unit for Ageing and Stroke Research, Bradford Institute for Health Research, University of Leeds 09.45 Research Priorities and Participation in Scottish Care Homes Maria Drummond, Senior Clinical Studies Officer at ENRICH Scotland and Susan Shenkin, Professor of Healthcare for Older People, Ageing and Health, University of Edinburgh & Honorary Consultant Geriatrician NHS Lothian 10.00 Identifying research priorities in older adult care homes and mapping to existing data sources: the PREACH study Lisa Irvine, Senior Research Fellow, University of Hertfordshire 10.15 Panel Discussion
10.30	Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.

Research into Ageing symposium

Preventing falls through exercise; lessons learnt from implementing evidence-based falls prevention interventions in different healthcare contexts and countries

Moderators: Dawn Skelton,

11.00 - 12.00	11.00 Introducing FaME and lessons learnt about real world effectiveness, fidelity, reach and spread in England Professor Liz Orton, Professor of Public Health, University of Nottingham 11.10 FaME Ireland - Building the case: Understanding facilitators and barriers to rolling out FaME in Ireland Ruth McCullagh, Lecturer in Physiotherapy at the School of Clinical Therapies, University College Cork 11.20 Cambridge - Evaluation of the Cambridge falls pathway Helen Hawley-Hague, Senior Lecturer, University of Manchester 11.30 Dance Otago – Effectiveness and acceptability of adapting dance classes to include OTAGO to improve reach – findings from the Hampshire evaluation Iona Bateman 11.40 Toolkit - Evaluation of the FaME Implementation Toolkit and launch of the web-based version Professor Denise Kendrick, Professor of Primary Care Research, Faculty of Medicine & Health Sciences, University of Nottingham
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Thursday **13 November**

Day 2

STREAM 3: Suite 1

12.20	President's round - Hall 1 A
13.15	Lunch & Poster viewing time Trainees Meetup
NAHP Community of Practice Workforce and Education Moderators: Lyndsey Dunn and Susanne Arnold	
14.30 - 15.30	Nurse and AHP Workforce Across 4 Nations – Challenges and Achievements. Achieving educational aims despite short staffing Speakers include: Hannah Goddard, Advanced Clinical Practitioner in Frailty, South Warwickshire Foundation Trust

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Conference Theatre	STREAM 2 Banqueting Suite A	STREAM 3 Suite 1
9.30 - 11.00	Updates in... Heart, kidneys and Liver	Ethics and Law Assisted Dying	Addressing abuse against the older adult
11.00	Dedicated poster viewing time		
11.30 - 12.30	Updates in... Fatigue	Platform Presentations	Digital Health
12.30	Transfer time for all delegates to move to Hall 1A for Guest Lecture. Presentation of Awards		
12.45-13.30	KEYNOTE Trevor Howell Guest Lecture The future of geriatric medicine; learnings from the Covid pandemic Professor Simon Conroy Professor of Geriatric Medicine University College London Hospitals NHS Foundation Trust		
13.30	Lunch and poster viewing round		
14.30 - 15.45	Infections	Closed	Policy Session
15.45	Closing Address Closing words from the President		
16.15	CONFERENCE CLOSE		

STREAM 1: Conference Theatre

Updates in**Hearts, Kidneys and Liver**

9.30 - 11.00	09.30 Heart Failure in older patients Dr Chris Critoph, Consultant Cardiologist, University Hospitals Dorset NHS FT (<i>remote</i>) 10.00 Frailty and end-stage renal disease Dr Virginia Aylett, Consultant geriatrician, Leeds Teaching Hospitals Trust 10.30 Alcohol and substance abuse in the older person- Richard Gray and Chloe Sheppard, Alcohol Pathway Lead, RN / DALT / Co-existing substance use and mental health, Nottingham Recovery Network
11.00	Poster viewing time Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the BGS Poster platform.

Updates in**Tiredness**

11.30 - 12.30	11.30 Post-stroke fatigue Professor Gillian Mead, Professor of Stroke and Elderly Care Medicine, University of Edinburgh 12.00 Management of Chronic Fatigue Syndrome/ Myalgic encephalomyelitis Amanda Buckley Nottinghamshire Community Pain Pathway
12.30 - 12.45	Transfer time for all delegates to move to Conference Theatre for Guest Lecture.

KEYNOTE**Trevor Howell Guest Lecture****Moderator:** Jugdeep Dhesi

12.45	Professor Simon Conroy Professor of Geriatric Medicine, University College London Hospitals NHS Foundation Trust
13.30	Lunch and dedicated poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.

Infections**Moderators:** Richard Biram

14.30 - 15.30	14.30 Addressing the spread of respiratory viral infections on medicine for older people wards Dr Matthew Butler, Consultant - Geriatrics & Stroke Medicine, Addenbrooke's Hospital Cambridge 15.00 Sexually transmitted infections in older people Sathish Thomas William, Consultant in GUM/HIV, Taunton and Somerset NHS Foundation Trust
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STREAM 2: Banqueting Suite A**Ethics and Legal****Assisted Dying****Moderators:** Martin Vernon and Andrew Stanners

9.30 - 11.00	09.30 Formulating the British Geriatrics Society's position and response BGS Assisted Dying Working Group Dr Liz Davis, Consultant Geriatrician, Aintree Hospital Lead for Assisted Dying issues at the Royal College of Psychiatrists Dr Annabel Price, consultant psychiatrist, CHFT BGS End of Life Care SIG Representative Dr Sarah Hopkins, Joint British Geriatrics Society and The Dunhill Medical Trust Clinical Doctoral Fellow, University of Cambridge 10.00 A "fireside chat" Dr Andrew Stanners, Consultant Physician, Pinderfields Hospital and co-chair Ethics and Law SIG and Professor Rowan Harwood, Professor of Palliative and End of Life Care, honorary Consultant Geriatrician, University of Nottingham, Nottingham University Hospitals 10.30 Extended Q&A
11.00	Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.

Platform Presentations

11.30 - 12.30	These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 15 minutes to present their work. 11.30 Abstract 3690 Efficacy and safety of statin discontinuation in older people living with frailty: a UK population-wide study. A Seeley; A Wang; J Sheppard 11.45 Abstract 3708 Implementing the Action Falls programme into care homes in England (the FinCH Imp study) F Allen, P Logan, J Darby, K Robinson, F Hallam-Bowles, S Burgess 12.00 Abstract 3845 The future of clinical trials? Monitoring mobility as an outcome measure in Parkinson's disease: The Mobilise-D study AJ Yarnall; L Alcock; C Schlenstedt; C Becker; J Buekers; B Caulfield; A Cereatti; S Del Din; J Garcia-Aymeriche; C Hansen; M Long; D Singleton; P Ginis; H Gassner; A Nieuwboer; JM Hausdorff; A Mirelman; L Rochester; W Maetzler 12.45 Abstract 3726 Navigating Primary Care with Hearing Loss: A Mixed Methods Study of Lived and Professional Experiences in the UK E Heffernan; K Ayling; C Ewart; S Smith; S Calvert; D Maru; J Straus; T Denning; H Henshaw
12.30 - 12.45	Transfer time for all delegates to move to Hall 1A for Guest Lecture. Presentation of Awards

STREAM 3: Suite 1

Addressing abuse against the older adult

Safer Ageing and Stopping Abuse

9.30 - 11.00	How to recognise abuse, and what to do about it afterwards Abuse in older adults is as prevalent as intimate partner or child abuse with 20% of adults over 60's experiencing some form of abuse in a given year. Yet how to recognise abuse and what to do with it afterwards is given scant attention within undergraduate or post-graduate curriculum. Join this informative and interactive workshop to learn how to better recognise the different forms of abuse, in particular how to recognise and differentiate accidental injury from physical abuse; alongside other pertinent features in the history, and importantly what to do after this has been recognised. Dr Gary Jevons, ST6 Geriatric and General Internal Medicine, Northern Care Alliance, Royal Salford Hospital and Dr Mary Harrington, retired Consultant Geriatrician, medicolegal expert witness 10.30 Abstract 3584 Too Frail to Fail: Frailty and the limits of resuscitation 10.45 Abstract 3684 Effects of acute hospitalisation on characteristics of acute sarcopenia in older adults: a systematic review and meta-analysis
11.00	Poster viewing time Visit the sponsored stands and view our submitted posters: Authors will be able to take questions and provide more detail to questions submitted via the BGS website.

Session Digital Health

Innovative technology for the three shifts

Moderators: Yoganathan Suthahar

11.30	11.30 Wearables to monitor hydration Keerthi Busana, CEO and Founder and Hemanth Talupula, Co-founder, Ellyfe 11.50 Categorizing leg ulcers based on severity Dr Usama Khan, Consultant 12.10 Insomnia in older patients Dr Dimitri Gavriloff, Director - Sleep Well Oxford and Senior Clinical Psychologist, Specialist in Sleep Medicine, Oxford University Hospitals NHS Foundation Trust (<i>remote</i>)
12.30 - 12.45	Transfer time for all delegates to move to Conference Theatre for Guest Lecture. Presentation of Awards
13.45	Lunch & Poster viewing time

Policy session

14.30 - 15.30	The Next Decade of Care: Delivering the 10-Year Health Plan This session will explore the commitments made in England's 10 Year Health Plan and the impact that the Plan will have on the delivery of older people's healthcare. We will delve into the three shifts from the Plan and discuss how they will improve care for older people. In the second part of the session we will share the BGS's priorities for the next three years, as set out in our new Strategic Plan 2026/29.
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Improving healthcare
for older people

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