

Scientific Program

Friday, November 21, 2025



MIDDLE EAST
NORTH AFRICA

08:00-09:00 Registration and Morning Coffee

08:45-09:00 Welcome and Opening Ceremony

09:00-09:45 Plenary Lecture

Chair: Dr. Irina Bancos (USA)

Hall A & B

09:00-09:35 **PL1.** Acromegaly, Diagnosis, Management and Anomalies

PGAN

Dr. John Wass (UK)

09:35-09:45 Q&A

09:45-10:30 Plenary Lecture

Chair: Dr. Noor Al Busaidi (Oman)

Hall A & B

09:45-10:20 **PL2.** Understanding Sexual Dysfunction in Women with Obesity and Diabetes

Women's Health/Diabetes/Nutrition and Obesity

Dr. Stephanie Faubion (USA)

10:20-10:30 Q&A

10:30-11:00 Coffee Break

11:00-12:30

In-Depth Symposia

**Controversies in
Diabetes Management**
*Chair: Dr. Betul Hatipoglu
(USA)*

Hall A

Menopause 101
*Chair: Dr. Sarah Nadeem
(USA)*

Hall B

Thyroid in Focus
*Chair: Dr. Tamer Elsherbiny
(Egypt)*

Hall C

11:00-11:25

IDS1.A.1 CGM Use in
People With and Without
Diabetes

Diabetes

Dr. Salem Beshyah (UAE)

IDS1.B.1 Menopause
Hormone Therapy 101

Women's Health

Dr. Stephanie Faubion (USA)

IDS1.C.1 Molecular Basis
of Thyroid Cancer and its
Translational Implications

Thyroid

Dr. Ali Alzahrani (KSA)

11:25-11:50

IDS1.A.2 SGLT2i Use in
Type 1 DM

Diabetes

Dr. Ebaa Alozairi (Kuwait)

IDS1.B.2 Mood, Sleep
and Cognitive Function in
Menopause

Women's Health

Dr. Nargis Asad (Pakistan)

IDS1.C.2 ATA Guideline
Update: Medullary Thyroid
Cancer

Thyroid

Dr. Tania Jaber (Qatar)

11:50-12:15

IDS1.A.3 GLP1 use in T1DM

Diabetes

*Dr. Mona Nasrallah
(Lebanon)*

IDS1.B.3 Menopause and
Cardiometabolic Risk

Women's Health

*Dr. Noor Al Busaidi
(Oman)*

IDS1.C.3 Contemporary
Management of Graves'
Disease

Thyroid

*Dr. Ahmed Hassoun
(UAE)*

12:15-12:30

Q&A

Q&A

Q&A

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MIDDLE EAST
NORTH AFRICA

12:30-13:00

Company Symposium

Hall A

Hall B

Hall C

13:00-14:00

Prayer Break

14:00-14:30

Company Lunch Symposium

Hall A & B

14:30-15:05

Abstract Awards and Oral Presentation

Hall A & B

15:05-15:35

Break

15:35-16:20

Meet-the-Expert Sessions

Hall A

Hall B

Hall C

15:35-16:10

MTE1.A What's New in the Approach and Management of Pheochromocytoma/Paranglioma

Chair: Dr. Oksana Hamidi (USA)

PGAN

Dr. Irina Bancos (USA)

MTE1.B Pituitary Tumors, Biology and Clinical Classification

Chair: Dr. Abdullah Alfutaisi (Oman)

PGAN

Dr. John Wass (UK)

MTE1.C Treatment of Osteoporosis in the Oldest Old

Chair: Dr. Marlene Chakhtoura (Lebanon)

Bone/Parathyroid

Dr. Jad Sfeir (USA)

16:10-16:20

Q&A

Q&A

Q&A

16:25-17:10

Meet-the-Expert Sessions

Hall A

Hall B

Hall C

16:25-17:00

MTE2.A Prevention and Cure, Current and Future for Type 1 Diabetes

Chair: Dr. Dace Trence (USA)

Diabetes

Dr. Betul Hatipoglu (USA)

MTE2.B Management of Kidney Disease in Diabetes - An Update

Chair: Dr. Salem Beshyah (UAE)

Diabetes

Dr. Essa Abdulla Abuhelaiq (Qatar)

MTE2.C Endocrine Practice in Resource - Limited Settings

Chair: Dr. Aly Khalil (UAE)

Special Program/International Clinical Care

Dr. Sarah Nadeem (USA)

17:00-17:10

Q&A

Q&A

Q&A

17:10

End of Day 1

Scientific Program

Saturday, November 22, 2025



MIDDLE EAST
NORTH AFRICA

09:00-09:05 Daily Welcome

09:05-09:50

Plenary Lecture

Chair: Dr. Ali Alzahrani (KSA)

Hall A & B

09:05-09:40

PL3. Updated Thyroid Nodule and Cancer Guidelines,
An Endocrine Surgeon's Perspective

Thyroid

Dr. Julie Ann Sosa (USA)

09:40-09:50

Q&A

09:50-10:35

Plenary Lecture

Chair: Dr. Mona Nasrallah (Lebanon)

Hall A & B

09:50-10:25

PL4. Indications for SGLT2I and Incretin-Based Therapy Beyond Diabetes:
Overview and Future Outlook

Diabetes

Dr. Ralph DeFronzo (USA)

10:25-10:35

Q&A

10:35-11:00

Break

11:00-11:30

Company Symposium

Hall A & B

11:30-12:30

Roundtable Case Based Discussion

Hall A & B

Thyroid

Dr. Ali Alzahrani (KSA), Dr. Tania Jaber (Qatar), Dr. Tamer Elsherbiny (Egypt)

12:30-13:00

Company Lunch Symposium

Hall A & B

13:00-13:30

Company Symposium

Hall A

Hall B

Hall C

13:30-13:45

Break

Scientific Program

Saturday, November 22, 2025



MIDDLE EAST
NORTH AFRICA

13:45-15:15

In-Depth Symposia

	Ramadan and Endocrine Disease Management <i>Chair: Dr. Salem Beshyah (UAE)</i>	Obesity in Depth <i>Chair: Dr. Ebba Alozairi (Kuwait)</i>	Focus on Bone Health <i>Chair: Dr. Sarah Nadeem (USA)</i>	Geriatrics & Endocrine Management <i>Chair: Dr. Dace Trencse (USA)</i>
	Hall A	Hall B	Hall C	Hall D
13:45-14:10	IDS2.A.1 Diabetes and Ramadan: An Update Diabetes/PGAN/Thyroid Dr. Aisha Sheikh (Pakistan)	IDS2.B.1 Obesity Management in Adolescent Nutrition and Obesity Dr. Noor Suleiman (Qatar)	IDS2.C.1 Smoking and Bone Health Bone/Parathyroid Dr. Zeinab Issa (Lebanon)	IDS2.D.1 Diabetes Management in the Older Adult Thyroid/Diabetes/Nutrition and Obesity Dr. Mona Nasrallah (Lebanon)
14:10-14:35	IDS2.A.2 Thyroid and Ramadan: In Health and Disease Diabetes/PGAN/Thyroid Dr. Tamer Elsherbiny (Egypt)	IDS2.B.2 From Fat Storage to Fat Burning: Exploring the Role of Fasting in Obesity Treatment Nutrition and Obesity Dr. Scott Isaacs (USA)	IDS2.C.2 Osteoporosis in Men Bone/Parathyroid Dr. Jad Sfeir (USA)	IDS2.D.2 Obesity Management in the Elderly Thyroid/Diabetes/Nutrition and Obesity Dr. Khawla Fouad (Bahrain)
14:35-15:00	IDS2.A.3 Adrenal Replacement in Ramadan Diabetes/PGAN/Thyroid Dr. Melika Chihaoui (Tunisia)	IDS2.B.3 Approaching Weight Management in Women of Childbearing Age Nutrition and Obesity Dr. Tariq Chukir (Qatar)	IDS2.C.3 Bone Health in Cancer Patients Bone/Parathyroid Dr. Marlene Chakhtoura (Lebanon)	IDS2.D.3 When to Treat and When Not to Treat for Thyroid Disease in Geriatrics Thyroid/Diabetes/Nutrition and Obesity Dr. Samer El-Kaissi (UAE)
15:00-15:15	Q&A	Q&A	Q&A	Q&A
15:15-15:30	Break			

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Saturday, November 22, 2025



MIDDLE EAST
NORTH AFRICA

15:30-16:15

Meet-the-Expert Sessions

	Hall A	Hall B	Hall C	Hall D
15:30-16:05	MTE3.A Screening & Management of Metabolic Liver Disease in Endocrine Clinics <i>Chair: Dr. Tariq Chukir (Qatar)</i> Cardiometabolic and Lipids Dr. Scott Isaacs (USA)	MTE3.B What is in the Pipeline for Diabetes and Obesity Management <i>Chair: Dr. Aly Khalil (UAE)</i> Diabetes/Nutrition and Obesity Dr. Ralph DeFronzo (USA)	MTE3.C Islet Cell Transplant, Innovations in Type 1 Diabetes Management <i>Chair: Dr. Ebba Alozaire (Kuwait)</i> Diabetes Dr. Abdulmohsen Bakhsh (KSA)	MTE3.D Remission of T2D Through Diet- is it Real? <i>Chair: Dr. Ahmed Hassoun (UAE)</i> Diabetes Dr. Dace Trence (USA)
16:05-16:15	Q&A	Q&A	Q&A	Q&A

16:20-17:05

Meet-the-Expert Sessions

	Hall A	Hall B	Hall C	Hall D
16:20-16:55	MTE4.A Surgical Hypoparathyroidism <i>Chair: Dr. Marlene Chakhtoura (Lebanon)</i> Bone/Parathyroid Dr. Julie Ann Sosa (USA)	MTE4.B Thyroid Autoimmunity and Cardiovascular Risk: Beyond Hypothyroidism <i>Chair: Dr. Mona Nasrallah (Lebanon)</i> Thyroid Dr. Tamer Elsherbiny (Egypt)	MTE4.C Beyond BMI: The Role of Body Composition Assessment in Obesity Pharmacotherapy <i>Chair: Dr. Dace Trence (USA)</i> Nutrition and Obesity Dr. Tariq Chukir (Qatar)	MTE4.D Testosterone Replacement - Indications and Challenges <i>Chair: Dr. Waqas Shafiq (Pakistan)</i> PGAN Dr. Aly Khalil (UAE)
16:55-17:05	Q&A	Q&A	Q&A	Q&A

17:05

End of Day 2

Scientific Program

Sunday, November 23, 2025



MIDDLE EAST
NORTH AFRICA

09:00-09:00 Daily Welcome

09:00-09:45

Plenary Lecture

Chair: Dr. Irina Bancos (USA)

Hall A

09:00-09:35

PL5. Congenital Adrenal Hyperplasia

PGAN

Dr. Oksana Hamidi (USA)

09:35-09:45

Q&A

09:45-10:30

Plenary Lecture

Chair: Dr. Jad Sfeir (USA)

Hall A

09:45-10:20

PL6. Diagnosis and Management of Hypoparathyroidism

Bone/Parathyroid

Dr. Aliya Khan (Canada)

10:20-10:30

Q&A

10:30-10:45

Break

10:45-12:15

In-Depth Symposia

Adrenal Disease

Chair: Dr. Abdullah Alfutaisi (Oman)

Hall A

Pediatrics and Vulnerable Population

Chair: Dr. Sarah Nadeem (USA)

Hall B

10:45-11:10

IDS3.A.1

Mild Autonomous Cortisol Secretion/MACS

PGAN

Dr. Irina Bancos (USA)

IDS3.B.1

Obesity Management in Persons with Special Needs

Pediatrics/Nutrition and Obesity/Cardiometabolic/PGAN

Dr. Noor Suleiman (Qatar)

11:10-11:35

IDS3.A.2

Adrenocortical Cancer: New Advances

PGAN

Dr. Waqas Shafiq (Pakistan)

IDS3.B.2

Metabolic and Bariatric Management in Pediatrics

Pediatrics/Nutrition and Obesity/Cardiometabolic/PGAN

Dr. Asma Deeb (UAE)

11:35-12:00

IDS3.A.3

Regional Barriers to Diagnosis and Management of Adrenal Insufficiency

PGAN

Dr. Salem Beshyah (UAE)

IDS3.B.3

Turners Syndrome

Pediatrics/Nutrition and Obesity/Cardiometabolic/PGAN

Dr. Khadija Nuzhat Humayun (Pakistan)

12:00-12:15

Q&A

Q&A



Scientific Program

Sunday, November 23, 2025



MIDDLE EAST
NORTH AFRICA

12:15-13:15 Lunch Break

13:20-14:05

Meet-the-Expert Sessions

	Hall A	Hall B	Hall C
13:20-13:55	MTE5.A Primary Aldosteronism <i>Chair: Dr. Zeinab Issa (Lebanon)</i> PGAN Dr. Oksana Hamidi (USA)	MTE5.B Living in a Toxic World: How Our Environment Fuels Obesity <i>Chair: Dr. Noor Al Busaidi (Oman)</i> Nutrition and Obesity Dr. John Wilding (UK)	MTE5.C Parathyroid in Pregnancy <i>Chair: Dr. Aisha Sheikh (Pakistan)</i> Women's Health/Bone and Parathyroid Dr. Aliya Khan (Canada)
13:55-14:05	Q&A	Q&A	Q&A

14:10-14:55

Plenary Lecture

Chair: Dr. Betul Hatipoglu (USA)

Hall A

14:10-14:45

PL7. Breaking the Cycle: From Fat Cells and Gut to the Mind in Weight Regain

Cardiometabolic and Lipids/Nutrition and Obesity

Dr. John Wilding (UK)

14:45-14:55

Q&A

14:55-15:00

Closing Remarks

Mr. Johnnie White (USA)

15:00

End of Day 3