

MIND SUMMER INSTITUTE ON NEURODEVELOPMENTAL DISORDERS • FRIDAY, AUGUST 2, 2019

8:00 Registration, Continental Breakfast, Visit Resource Tables

8:30-8:45 **Welcome, Review of Objectives**
Robin L. Hansen, MD, Course Chair, Professor, Department of Pediatrics
Director, Center for Excellence in Developmental Disabilities at the MIND Institute

8:45-10:00 **Keynote Presentation/General Session: Autism from the Inside Out: Personal Perspectives About Challenges and Successes Shared by Self-Advocates with Autism**
Patrick Dwyer, Facilitator, UC Davis, John Almeda, Jason Guillaume, Maff Harmetz, Amanda Parker, and Anthony Zulli

10:00-10:30 **Break, Move Into Breakout Sessions**

10:30-12:00

(I) EARLY INTERVENTION/EARLY ID

Preschool Inclusion: The On-Ramp to Success for Children with Neurodiversity
 Learn why preschool is the on-ramp for success for all children, but especially for those children with neurodiversity. An inclusive preschool classroom gives the support needed to all children with disabilities to stay in the least restrictive environment, learning alongside peers without disabilities to the maximum degree possible. Successful inclusive education occurs primarily through accepting, understanding, and attending to student differences and diversity. The primary goal is to make all children and families feel welcomed, appropriately challenged, and supported in their efforts. Hear from an administrator, teacher, and parent about crucial policies and practices to have in place for success.

Moureen Casey, Kathy Wahlund, Anna Wong

(1) SCHOOL AGED

Cognitive Behavioral Therapy (CBT) in Youth with Autism Spectrum Disorder (ASD)

Rates of anxiety among youth with Autism Spectrum Disorder (ASD) are alarmingly high. Little is known about the effectiveness of CBT for children. Yet, many therapists provide CBT to children with ASD. Presenters will discuss evidence-based practices for conducting CBT with this underserved population.

Megon Fudor, PhD and Breanna Winder, PhD

(1) TRANSITION/ADULT

Making Their Way in the World Each Day: Improving the Transition Success of Youth With Disabilities

Historically, post-high school outcomes for youth with disabilities are bleak. LCM1 graduation rates, high unemployment and arrest rates, and poor social adjustment are typical outcomes for students receiving transitional services delivery. This presentation discusses research-based best practices for transition programs for these challenged middle youth.

Michael Lohorty

@ FAMILY FOCUSED

Visiting the Dentist: "Chewing" the Right Support Strategies

Individuals with developmental disabilities are at an increased risk of dental problems, such as tooth decay, cavities, and gum disease. Many times, this is due to either poor oral hygiene practices and/or problem behaviors that prevent access to care. This presentation reveals evidence-based strategies that can be used to reinforce oral hygiene practices at home and make dental appointments a more positive and successful experience. Following this session, parents will be able to participate in a make-a-dentist session where they can make their own visual supports, such as meal schedules, first/then strips, etc., to implement at home.

Mary Retinhouse, MS, BCBA and Amy McCreary, MS, BCBA

12:00-1:00 LUNCH (included in tuition) LEND Showcase in Conference Center. Resource Tables and Make and Take in Alumni Center

1:00-2:30

(I) EARLY INTERVENTION/EARLY ID

Building Resilience in Infants and Toddlers with Promise

The development of a loving connection between a mother and her baby is the foundation for the emotional availability of each. Our system of care places high regard on supporting the well-being of infants and young children, but often does not pay heed to the emotional, social, physical, and ritual aspects of the well-being of caregivers. What should we be doing in the community and in our system of care to provide infrastructure support for the emotional availability of all who care for our young?

Morie Kanne Poolen, PhD

@ SCHOOL AGED

Using State and Local Data to Leverage Buy-in for Evidence-Based Practices and Increased Access to Inclusive Environments

Many school districts are currently grappling with effective inclusion of students with disabilities in general education settings. In order to ensure that equity, access, and positive post-secondary outcomes are realized, data systems and metrics must be evaluated and created. This session will explore participants through a process of looking at California's Accountability Dashboard and special education Annual Performance Report (APR) data to identify, implement and improve the delivery of evidence-based practices in least restrictive environments (LRE).

Kevin Schoefer

(1) TRANSITION/ADULT

Providing Safe and Effective Care for People with NDD During Hospitalizations: A Family Engagement Approach

Adults with intellectual and developmental disabilities visit the emergency room and are admitted to the hospital at higher rates than the typical population. Yet, there is limited education available for consumers, families, and health care providers about how to prepare these adults for hospital care. During this session, we will review the current information about safe and effective care in hospitals and provide several tips for consumers and families.

Dion Boker, PhD, RN and Eden Donahue DNP, RN

@ FAMILY FOCUSED

Mental Health Needs and Supports for the Entire Family of a Child with a Developmental Disability

When a child is diagnosed with a developmental disability, the event can be a traumatic experience for the family. Parents and the family's coping mechanisms may experience it as a crisis that requires extraordinary psychological adjustment, wrapped in a deep sense of loss, vulnerability, and weakness. For others, the birth of a child with developmental disabilities may be viewed as an unfortunate event, but yet one with positive implications as it may lead to psychological growth in some family members and potentially better family functioning. This presentation will highlight possible reactions and challenges that parents and siblings may be faced with upon the birth of a member with a developmental disability. It will describe some negative reactions as well as healthy reactions in siblings and parents. Finally, the presenter will share his own personal experience in this area.

Sergio Aguilar, MD, FM

2:30-2:45 BREAK

2:45-4:15

(I) EARLY INTERVENTION/EARLY ID

Using Everyday Routines to Support Families in Early Intervention

This presentation will inspire the practice of using everyday activities and routines to support children and families in early intervention. The process of coaching families will be detailed with tangible examples and resources. Several tools will be shared to help clinicians immediately begin to use routine-based practices and strategies.

Stacey B. Landberg, C/SLP

(@) SCHOOL AGED

Parent and Youth Perspectives: How to Empower Students with Developmental Disabilities to Have Voice and Agency in Schools

This session will focus on hearing from mothers and students of their process of becoming advocates for change in their schools. Each mother and child pair will discuss strategies they used to support acceptance, foster interdependence, and establish partnerships with schools to give the student the agency to create their own path. Participants in this workshop will walk away with ideas of creating systems in schools that allow for students with disabilities to have a voice and role in their academic careers.

Elizabeth Morgan, Eli Morgan, Maribel Hernandez, Max Rivero, Heather Siott, Gabri Prieto, DeWane Hale, and Corryn Hale

(1) TRANSITION/ADULT

Teaching Social-Sexual Education to People with ASD and Other Developmental Disabilities

This workshop will talk about a new program developed through the Mental Health Services Act in partnership with the Department of Developmental Services that is designed to teach people with ASD and other developmental disabilities about how to develop safe and meaningful relationships. This information about sexual abuse and coercion. The workshop will address social and sexual development among people with ASD and other developmental disabilities, as well as some difficult topics such as rates of sexual abuse, sexual identity issues among people with disabilities, and how sexual behavior leads to restricted settings.

Kathryn Pedgrift, PsyD, Maurice Froy, MEd, and Mary Champion, MEd

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Ice Cream Social on the Alumni Patio

Sponsored by: Warmline Family Resource Center and Davis Creamery

4:15

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Register online at: www.ces.ucdavis.edu/mind