

THURSDAY 7 MARCH	
18h00- 19h30	Official Opening Session
	A lifetime of rheumatology - Professor Asgar Kalla (40 min) Professor Mohammed Tikly (40 min)
19h30 – 21h30	Welcome Function & Trade Preview & Networking Evening
	EXHIBITION AREA

FRIDAY 8 MARCH		
07h00	Registration	
07h30 – 08h30	ABBVIE Breakfast Symposium	
	NORTH & EAST ILANGA	
	Unraveling the complexities of spondyloarthritis: an integrated approach to patient management – Professor Dirk Elewaut	
SESSION 1	PLENARY SESSION - RHEUMATOID ARTHRITIS CHAIRS: PROFESSOR BRIDGET HODKINSON & DR GARETH TARR	
08h45 – 10h30	GREAT ILANGA	
08h45 - 09h25	Update on the pathogenesis of rheumatoid arthritis - Professor Ernest Choy (UK)	
09h25 – 10h10	Towards effective cardiovascular event prevention in rheumatoid arthritis – Professor Patrick Dessein	
10h10 – 10h30	Q & A	
10h30 – 11h00	Mid-morning Refreshment Break & Poster Review	
	EXHIBITION AREA	
SESSION 2	Track 1	Track 2
	VASCULITIS	ALLIED & NURSES
CHAIRS	CHAIRS: DR CHARLENE BALTON & DR NEETA PATEL	SR MARGRET PHILLIPS, SR NONHLANA SKOSANA & SR DOREEN
11h00 – 13h00	GREAT ILANGA	TUGELA
11h00 - 11h40	The pathogenesis of ANCA associated vasculitis from genetics to newer treatments – Professor David Jayne (UK)	11h00 – 11h15 Activity based falls prevention reduces risk of falling – Ms Erika Mosor (Austria)
11h40 - 12h20	Paediatric vasculitis session – Professor David Cabral (Vancouver)	11h15 – 11h30 Updates on physiotherapy management of chronic musculoskeletal pain – Ms Lorraine Jacobs
12h20 – 12h30	Discussions	11h30 – 11h45 The need for structured foot health services for rheumatoid arthritis patients in SA – Mr Simiso Ntuli
12h30 – 13h00	3 x Abstracts (10 Mins)	11h45 – 12h00 Foot pain - rheumatology patients, common conditions & the podiatric interventions - Mr Tshepo Mokwena
		12h00 – 12h15 Title – Sr Nokujabula Mkhize
		12h15 – 12h30 Lesson learned – a nurses perspective from RA patients – Ms Cynthia Mavuso
		Panel Discussion (30 min)

FRIDAY 8 MARCH			
13h00 – 14h00	Lunch & Network with exhibitors		
	EXHIBITION AREA		
SESSION 3	Track 1	Track 2	Track 3
	HYPERMOBILITY SYNDROME & PAIN	ALLIED & NURSES	PAEDIATRICS
CHAIRS	DR ANNE STANWIX & PROFESSOR CHRISTA JANSE VAN RENSBURG	DR ERIKA MOSOR & MR SIMISO NTULI	PROFESSOR CHRIS SCOTT
14h00 – 15h30	GREAT ILANGA	TUGELA	NORTH & EAST ILANGA
14h00 - 14h40	The science and diagnosis of hypermobility syndrome – Professor Alan Hakim (UK)	14h00 – 14h15 The importance of load-bearing exercises as means of arthritis management – Ms Anca Wessels	14h00 – 14h40 Overview of auto inflammatory conditions – Professor Lori Tucker (Canada)
14h40 - 15h00	Updates on physiotherapy management of chronic muscle-skeletal pain – Ms Lorraine Jacobs	14h15 – 14h30 Ehlers-Danlos Syndrome in Adults - A Medical Quandary – Ms Nadia Dembskey	14h40 – 15h00 JAMless (juvenile arthritis management in less developed countries) recommendations – Professor Chris Scott
15h00 – 15h20	Non-drug therapies for neuropathic pain – Professor Phyllis Berger	14h30 – 14h45 Effective functioning – Ms Margaret Phillips	15h00 – 15h30 Panel Discussion (30 min)
15h20 – 15h30	Panel Discussion (10 min)	14h45 – 15h00 Would a rheumatology nurse be of value in the community – Sr Nonhlana Skosana	
		15h00 – 15h15 The foot in footwear – Ms Erin Dayaram	
		15h15 – 15h30 Panel Discussion (15 min)	
15h30 – 16h00	Afternoon Refreshment Break		
	EXHIBITION AREA		

FRIDAY 8 MARCH		
SESSION 4	Track 1	Track 2
	TREATMENT	PAEDIATRICS
CHAIRS	PROFESSOR MAHMOOD ALLY & DR ANNE HALLAND	TBC
16h00 – 17h30	GREAT ILANGA	NORTH & EAST ILANGA
16h00 - 16h40	Treatment in hypermobility syndrome – Dr Alan Hakim (UK)	16h00 – 16h40 Paediatric vasculitis – Professor David Cabral (Canada)
16h40 – 17h10	New treatments for rheumatoid arthritis – Professor Ernest Choy (UK)	16h40 – 17h00 Unique problems and unique opportunities : bench to bedside rheumatology research in South Africa– Dr Kate Webb
17h10 – 17h30	Towards adequate treatment of gout – Professor Mahmood Ally	17h00 – 17h40 Exercise in paediatric rheumatic diseases – Professor Lori Tucker (Canada)
17h30	CLOSE & FREE EVENING	

SATURDAY 9 MARCH	
07h00	Registration
07h30 – 08h30	ADCOCK Breakfast Symposium
	NORTH & EAST ILANGA
	2 x topics required from speaker – possible talk in Session 6
SESSION 5	PLENARY SESSION: SPONDYLOARTHRITIS CHAIR: DR AJESH MAHARAJ & DR ELSA VAN DUUREN
08h30 – 10h30	GREAT ILANGA
08h30 - 09h10	Title – Professor Dirk Elewaut (Belgium)
09h10- 09h50	Insights into the pathogenesis of psoriatic arthritis and treatment options – Professor Douglas Veale (Ireland)
09h50 - 10h10	Biologic therapies: challenges in Africa – Professor Helmuth Reuter
10h10 – 10h30	Panel Discussion (20 min)
10h30 – 11h00	Mid-morning Refreshment Break
	EXHIBITION AREA
SESSION 6	PLENARY SESSION –OSTEOARTHRITIS, OSTEOPOROSIS & GERIATRICS CHAIR: PROFESSOR BILKISH CASSIM & DR MOU MANIE
11h00 – 13h00	GREAT ILANGA
11h00 – 11h40	Title – Speaker (possible Adcock speaker)
11h40 – 12h00	Revisiting osteoporosis – Dr Farhana Paruk
12h00 – 12h20	Supporting older adults with rheumatic and musculoskeletal diseases in daily life – Ms Erica Mosor (Austria)
12h20 – 13h00	Abstracts
13h00 – 14h00	Lunch & Exhibition
	EXHIBITION AREA
13h15 – 14h00	JANSSEN Lunch Symposium

SATURDAY 9 MARCH		
SESSION 7	PLENARY SESSION – LUPUS	CHAIRS: DR KAVITA MAKAN & PROFESSOR CHRIS SCOTT
14h00 – 15h30	GREAT ILANGA	
14h00 – 14h35	How can outcomes in lupus nephritis be improved - Professor David Jayne (UK)	
14h35 – 15h10	Lupus in children and adolescents: management considerations – Professor Lori Tucker (Canada)	
15h10 – 15h30	Lupus nephritis in the South African setting – Dr Geoffrey Bihl	
15h30 – 15h40	Panel Discussion (10 min)	
15h40 – 16h00	Afternoon Refreshment Break	
	EXHIBITION AREA	
SESSION 8	PLENARY SESSION – SYSTEMIC SCLEROSIS	CHAIR: DR AYANDA GCELU & DR CLAUDIA ICKINGER
16h00 – 17h00	GREAT ILANGA	
16h00 – 16h40	Current understanding of the pathogenesis of systemic sclerosis – Professor Mohammed Tikly	
16h40 – 17h20	Evidence-based therapeutic approach to treatment of systemic sclerosis – Professor Douglas Veale (Ireland)	
17h20 – 17h30	Panel Discussion (10 min)	
19h30	CELEBRATION DINNER EVENING	
	MAHARANI HOTEL	

SUNDAY 10 MARCH		
SESSION 9	PLENARY SESSION - MULTI DISCIPLINARY / SOAP BOX / INTERPROFESSIONAL	CHAIR: PROFESSOR AHMED SOLOMON & DR SINISA STANKOVIC
09h00 – 12h00	GREAT ILANGA	
09h00 – 09h40	Early arthritis – Professor Douglas Veale (Ireland)	
09h40 – 10h00	Ultrasound in rheumatic & musculoskeletal diseases – Ms Beverley Roos	
10h00 – 10h20	Orthopaedic management of foot and ankle: inflammatory and non-inflammatory diseases – Dr Paulo Farrao	
10h20 – 10h40	The status of direct oral anticoagulants in anti-phospholipid syndrome – Professor Barry Jacobson	
10h40 – 11h00	Panel Discussion (20 min)	
11h00 – 12h00	Why healthcare practitioners do not have a strict moral duty to be advocates for patients – Professor Kevin Behrens	
	CLOSE	