

2026

Doctorology Primary Care Conference September 2026

Venue: RCGP, 30 Euston Square, London & Online

Face-to-Face: 21-23rd September 2026.

Online: 20th – 24th September 2026

PROGRAMME AGENDA

MAXIMUM OF 32 CPD POINTS

SUBJECT TO CHANGE

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Day 1 – Sunday, 21st September 2026

ONLINE (Optional for Hybrid Attendees)

Lecture times are according to local time (BST)

Time	Segment
09:00 – 10:30	MSK/Rheumatology Update For Primary Care - Rheumatoid Arthritis - Management of joint pains - Polymyalgia Rheumatica and GCA
10:30 – 10:45	TEA BREAK (15 MINS)
10:45 – 12:15	Hot Topics In Respiratory Medicine in 2026 - Asthma and COPD management; biologics - Early lung cancer detection - Chronic Cough: New BTS Pathway
12:15 – 13:00	LUNCH BREAK (45 MINS)
13:00 – 14:30	Dermatology - Acne management - Dry skin rashes - Cosmetic medicine trends: botox, fillers and more
14:30 – 15:45	TEA BREAK (15 MINS)
15:45 – 17:30	CKD Management in Primary Care

Day 2 – Monday, 22nd September 2026

RCGP, 30 Euston Square / Face-to-Face & Online

Lecture times are according to local time (BST)

Time	Segment
08:30–09:00	Registration
09:00 –11:00	Cardiology I - Advanced ECG Studies for Non-Cardiologists and How to Make Sense of An Echo Report
11:00 –11:15	TEA BREAK (15 MINUTES)
11:15 –13:15	Cardiology II - Hot Topics for 2026 in Cardiology – Blood Pressure and Lipid Management - Antithrombotic Therapy in cardiovascular disease - Cardiovascular Disease in Women: Different, Later, Deadlier
13:15 –14:00	LUNCH BREAK (45 MINUTES)
14:00 – 17:15	Cardiology III - Cardiovascular Disease Risk Stratification Tools - Peripheral Artery Disease - Cardiovascular Impact of Sleep Disorders - Cardiovascular Disease After Covid-19 - Artificial Intelligence in Cardiology *15-minute tea-break at 15:30-15-45

Day 3 – Tuesday, 23rd September 2026

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Lecture times are according to local time (BST)

Time	Segment
08:30 – 09:00	Registration
09:00 – 11:00	Diabetes and Endocrine Disease - GLP-1 Drugs for Diabetes, CKD and Obesity Management - Management of Hyperkalaemia - Night Sweats
11:00 – 11:15	TEA BREAK (15 MINUTES)
11:15 – 13:15	Men's Health - Assessment and management of testosterone deficiency in primary care - Erectile dysfunction and premature ejaculation
13:15 – 14:00	LUNCH BREAK (45 MINUTES)
14:00 – 16:15	Ophthalmology For the Non-Specialist - Management of Dry Eyes - Glaucoma And Uveitis - Sudden Visual Loss

Day 4 – Wednesday, 24th September 2026

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Lecture times are according to local time (BST)

Time	Segment
08:30 – 09:00	Registration
09:00 – 13:15	Women's Health - Contraception for the Busy GP - Menopause and it's management -what's new in 2026 - o How does menopause affect the brain? - o HRT and dementia- what does the evidence actually show? - o Evidence based strategies supporting mental health and cognition in perimenopause and menopause - Fertility Management - Case Based Discussion - Question and Answer *15 minute tea break at 10:30am
12:15– 13:00	LUNCH BREAK (45 MINUTES)
13:00-15:00	Paediatrics - Common Paediatric Conditions and Management - Autism and Learning difficulties
15:00 – 15:15	TEA BREAK (15 MINUTES)
15:15 – 17:15	Immediate Life Support (1 Hour) Level 3 Safeguarding (1 hour)

Day 5 – Thursday, 25th September 2026

ONLINE

Lecture times are according to local time (BST)

Time	Segment
09:00 – 10:30	ENT Update: Practical Updates for Primary Care - Head and neck cancer referral guidelines - Glue ear management - Tinnitus - Rhinitis management - Globus – how to approach? - Sudden hearing loss
10:30 – 10:45	TEA BREAK (15 MINS)
10:45 – 13:15	Neurology Update - Seizure Management - Chronic headache and migraine
13:15 – 14:00	LUNCH BREAK (45 MINS)
14:00 – 15:30	Financial Health Update Pensions How to manage your savings
15:30 – 15:45	TEA BREAK (15 MINS)
15:45 – 17:15	Family Medicine in Times of War - Acute Trauma and Infectious Disease - Mental Health - Telehealth - Training and Education