

7th annual Heart in Diabetes Program

Friday, June 9, 2023

7:00 am	Pre-Registration	
7:00 am – 8:00 am	Exhibit Hall Opens Continental Breakfast	
8:00 am – 8:15 am	Welcome & Introduction Pre-CME Questions	Yehuda Handelsman, MD Mikhail Kosiborod, MD

Session 1	Heart Disease in Women	
	Chairs: Christos S. Mantzoros, MD, PhD • Ralph A. DeFronzo, MD	
8:15 am	Microvascular Disease and Small-Vessel Disease: The Nexus of Multiple Diseases of Women	Annabelle S. Volgman, MD
8:35 am	Menopause and Diabetes – Bidirectional Risk	Erin D. Michos, MD, MHS
8:55 am	Pregnancy and Heart Failure Risk	Neha J. Pagidipati, MD, MPH
9:15 am – 9:30 am	Panel Discussion and Q&A	

Session 2	Today's Patients with T1D	
	Chairs: Stephano Del Prato, MD • George Grunberger, MD	
9:30 am	Obesity impact on CVD & CKD in T1D	Elizabeth Selvin, PhD, MPH
	Impact of Short- and Long-Term Glycemic Control on CV Risk in People with T1D	William B. Horton, MD
	The Role of SGLT2i & GLP1ra in Patients with T1D	Richard E. Pratley, MD
10:00 am – 10:30 am	Panel Discussion and Q&A	Dana Dabelea, MD, PhD; Darren McGuire, MD

10:30 am – 11:00 am Refreshment Break at the Exhibit Hall

Session 3	Diagnosing ASCVD in 2023	
	Chairs: Matthew J. Budoff, MD • Jorge Plutzky, MD	
11:00 pm	Anatomical vs Functional Assessment of CAD	Matthew J. Budoff, MD
	Role of Biomarkers	Neha J. Pagidipati, MD
	Vitamin D and Calcium Supplements – Helpful or Harmful for Cardiovascular Disease?	Erin D. Michos, MD, MHS
	CAC- How Early to Test, Predicting ASCVD When is High Score Primary or Secondary Prevention?	Michael J. Blaha, MD
11:35 pm – 12:05 pm	Panel Discussion and Q&A	

Session 4	Diversity in Diabetes and Cardiometabolic Diseases	
	Chairs: Derek LeRoith, MD • Christian W. Mende, MD	
12:05 pm	Advancing Equity in Diabetes Management - From the Clinic to the Community	Joshua J. Joseph, MD, MPH
12:25 pm	Diabetes and Cardiometabolic Status in the Arab World	Mahmoud Ibrahim, MD
12:45 pm – 12:55 pm	Panel Discussion and Q&A	

12:55 pm – 1:55 pm Lunch Break

1:05 pm – 1:50 pm	PRODUCT THEATER	Lunch	Non-CME	
	Title			Speaker TBA
	Supported by: BI-Lilly			

Session 5	Management of ASCVD Circa 2023	
	Chairs: Laurence S. Sperling, MD • Peter J. Grant, MD	
1:55 pm	Overview of Interventions in CVD & ACS	Michael E. Farkouh, MD
2:15 pm	Contemporary Medical Management of Peripheral Artery Disease	Marc P. Bonaca, MD, MPH
2:35 pm	CVOT 2023 Update	Mikhail N. Kosiborod, MD
2:55 pm – 3:10 pm	Panel Discussion and Q&A	

Friday, June 9, 2023 cont.

Session 6	Enigmatic Cardiometabolic Conditions	
	Chairs: Robert J. Chilton, DO • Richard E. Pratley, MD	
3:10 pm	Controversies in Defining Prediabetes	Elizabeth Selvin, PhD, MPH
3:30 pm	The Unexplained CV Risk- After All Traditional Risks are Accounted for	Ralph A. DeFronzo, MD
3:50 pm – 4:05 pm	Panel Discussion and Q&A	

4:05 pm – 4:35 pm Refreshment Break at the Exhibit Hall

Session 7	Joint Symposium with Circulation	
	Chairs: Darren McGuire, MD • Michael E. Farkouh, MD	
4:35 pm	Shouldn't Preventing Type 2 Diabetes Also Prevent its Long-Term Consequences?	Hertzel C. Gerstein, MD
4:55 pm	Diabetes, Obesity, and Risk of Heart Failure Among Older Adults	Matthew W. Segar, MD
5:15 pm	Effects of Long-term Metformin and Lifestyle Interventions on Cardiovascular Events in the Diabetes Prevention Program	Dana Dabelea, MD, PhD
5:35 pm	Empagliflozin and Left Ventricular Remodeling in People Without Diabetes	Subodh Verma, MD, PhD
5:55 pm – 6:15 pm	Panel Discussion and Q&A	

6:15 pm – 7:15 pm WELCOME & POSTER RECEPTION at the Exhibit Hall

7:15 pm – 9:00 pm	Dinner CME Symposium	Supported by AstraZeneca
	HF and CKD – Getting 2 birds with One Stone	
	Chairs: Mikhail N. Kosiborod, MD • Yehuda Handelsman, MD	
7:15 pm	Introduction & Pre-CME Questions	Mikhail N. Kosiborod, MD
7:25 pm	The Intersection of CKD and HF- Making the Link	Matthew R. Weir, MD
7:45 pm	Contemporary Approach to Management of CKD	Katherine R. Tuttle, MD
8:05 pm	Management of HF Across the LVEF Spectrum	John McMurray, MD
8:25 pm	Panel Discussion and Q&A: Do Guidelines-Directed Medical Therapy Address the Complex Patient with both HF & CKD	
	Panel: Mikhail N. Kosiborod, MD • John McMurray, MD • Katherine R. Tuttle, MD • Matthew R. Weir, MD	
	Moderator: Yehuda Handelsman, MD	
8:55 pm	Concluding Remarks & Post-CME Questions	
9:00 pm	Adjourn	

7:00 am Registration

7:00 am – 8:00 am **Exhibit Hall Opens**

7:00 am – 7:45 am	PRODUCT THEATER Title Supported by Novo Nordisk	Breakfast	Non-CME	Speaker TBA
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8:00 am – 8:10 am Pre-CME Questions

Session 8	Digital & Technology in Metabolic Conditions Chairs: Paul S. Jellinger, MD • Derek LeRoith, MD
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8:10 am	CGM Improving CV Outcome	George Grunberger, MD
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8:30 am	The Future of Cardiometabolic Disease Prevention- The Digital Technology Revolution	Seth S. Martin, MD
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8:50 am – 9:00 am	Panel Discussion and Q&A
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Session 9	COVID-19 in the Cardiometabolic Patient Chairs: Biykem Bozkurt, MD, PhD • Matthew J. Budoff, MD
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9:00 am	Covid and Cardiometabolic Risk	Susan Cheng, MD
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9:20 am	Long Covid and the Heart	Tyler J. Gluckman, MD
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9:40 am	The Postural Orthostatic Tachycardia Syndrome as a Sequela of Covid-19	Pam R. Taub, MD
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10:00 am – 10:15 am	Panel Discussion and Q&A
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10:15 am – 10:45 am Refreshment Break at the Exhibit Hall

Session 10	Cardiomyopathy Chairs: Mark Kearney, MD • Mansoor Husain, MD
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10:45 am	Diabetic Cardiomyopathy: Pathophysiology and Management	James L. Januzzi, MD
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11:05 am	Cardiac Amyloidosis Pathophysiology, Diagnosis and Management	Amrut V. Ambardekar, MD
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11:25 am – 11:35 am	Panel Discussion and Q&A
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Session 11	Heart Failure - Prevention Diagnosis and Management Chairs: Biykem Bozkurt, MD, PhD • Mikhail N. Kosiborod, MD
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11:35 am	Prevention of Heart Failure (Screening Guidelines)	Biykem Bozkurt, MD, PhD
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	EF based HF Classification	Ileana L. Piña, MD, MPH
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	Biomarker	James L. Januzzi, MD
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	Diuretics in Heart Failure (Trial)	Stephen J. Greene, MD
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	Optimize Quad Therapy with Sequencing and/vs Timing	Akshay S. Desai, MD, MPH
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	Atrial Fibrillation in Heart Failure Patients with HFpEF	Mark Kearney, MD
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12:20 pm – 12:50 pm	Panel Discussion
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12:50 pm – 1:50 pm Lunch Break

1:00 pm – 1:45 pm	PRODUCT THEATER Title Supported by BI-Lilly	Lunch	Non-CME	Speaker TBA
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Saturday, June 10, 2023 cont.

Session 12 Hot Topics in Metabolic Health

Chairs: Ralph A. DeFronzo, MD • Vivian A. Fonseca, MD

1:50 pm	Resistant Hypertension- Medications & Procedures	Norman E. Lepor, MD
2:10 pm	NAFLD/NASH in the Continuum of Diabetes-Cardiometabolic Risk: Implications for Diagnosis & Management	Christos S. Mantzoros, MD, PhD
2:30 pm	The Role of Thrombosis Prophylaxis in Patients with Diabetes	Peter J. Grant, MD
2:50 pm – 3:05 pm	Panel Discussion and Q&A	

Session 13 Luminary in Cardiometabolic Medicine 2023 Award

3:05 pm Award Presentation by **Matthew R. Weir, MD**

3:10 pm Evolution of Renoprotective Therapy in Diabetes Translated into Cardioprotection **George L. Bakris, MD**

3:40 pm – 3:50 pm Q&A

3:50 pm – 4:20 pm Refreshment Break at the Exhibit Hall

Session 14 The Kidney & The Heart - Similarities and Differences

Chairs: Erin D. Michos, MD, MHS • Mark E. Cooper, AO, PhD

4:20 pm	Heart Failure and the Intersection of Cardio-Renal-Metabolic Medicine	Stephen J. Greene, MD
4:40 pm	Anemia in CKD and HF- Impact of Management	Matthew R. Weir, MD
5:00 pm – 5:15 pm	Faculty Panel Discussion and Q&A	

Session 15 Obesity Impact on the Metabolism

Chairs: Samuel Klein, MD • Norman E. Lepor, MD

5:15 pm	Cardiometabolic Consequences of Obesity and Weight Loss	Samuel Klein, MD
5:35 pm	Obesity and Cardiac Rhythm: The Impact of Weight Loss	Jorge Plutzky, MD
5:55 pm	The Pharmacotherapy Management of Obesity	W. Timothy Garvey, MD
6:15 pm – 6:30 pm	Panel Discussion and Q&A	

6:30 pm – 8:00 pm Dinner CME Symposium

8:00 pm – 9:00 pm **Abstract Oral Presentation**

Cheese & Wine Will Be Served

Chair: George Grunberger, MD, FACP, MACE

Abstract Committee: Zachary T. Bloomgarden, MD, MACE, FASPC • Matthew J. Budoff, MD

Vivian Fonseca, MD • Norman E. Lepor, MD • Derek LeRoith, MD, PhD • Laurence S. Sperling, MD

Abstracts published in the **American Heart Journal**, *Editor-in-Chief:* Daniel Mark, MD, MPH

8:00 pm – 9:30 pm **The Cardiometabolic Alliance Summit @ HID (Reception)**

7th annual Heart in Diabetes Program**Sunday, June 11, 2023**

7:00 am Registration

7:00 am – 7:45 am	PRODUCT THEATER Title Supported by	Breakfast	Non-CME	Speaker TBA
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8:00 am – 8:05 am	Oral Abstract Winner Award Presentation	George Grunberger, MD
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8:05 am – 8:15 am Pre-CME Questions

Session 16	Incretins in DM, Cardiorenal & Metabolic Diseases Chairs: Lawrence A. Leiter, MD • Richard E. Pratley, MD
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8:15 am	GLP1-ra for the Reduction of Atherosclerotic CV Risk in Patients with T2D	Mansoor Husain, MD
8:35 am	Review of Tirzepatide Address Kidney, CV, and Metabolic Effects	Mark E. Cooper, AO, PhD
8:55 am – 9:05 am	Panel Discussion and Q&A	

Session 17	Stroke in Cardiometabolic and Diabetes Chairs: Stefano Del Prato, MD • Silvio Inzucchi, MD
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9:05 am	The Intersection of Diabetes, Heart Health, Navigating the Penumbra	Robert J. Chilton, DO
9:25 am	Stroke Prevention with Anticoagulation: New Insights in High-Risk Patients	Gabriel P. Steg, MD
9:45 am – 10:00 am	Panel Discussion and Q&A	

10:00 am – 10:15 am Refreshment Break

Session 18	The Kidney Chairs: Matthew R. Weir, MD • Christian W. Mende, MD
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10:15 am	Prediction of CKD Progression across the eGFR Range	Vivian A. Fonseca, MD
10:35 am	Inflammation and Residual Risk in Chronic Kidney Disease – Implication to Therapy	Paul M. Ridker, MD, MPH
10:55 am	Diabetes Management in Chronic Kidney Disease: KDIGO 2022 Clinical Practice Update	Maria Luiza Caramori, MD, PhD
11:15 am – 11:30 pm	Panel Discussion and Q&A	

11:30 am – 12:30 pm Lunch & Check-Out Break

11:40 am – 12:25 pm	PRODUCT THEATER What Comes after Identifying Hyperglycemia Secondary to Hypercortisolism? Supported by Corcept Therapeutics	Lunch	Non-CME	Hanford Yau, MD
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Session 19	Dyslipidemia Chairs: Neha J. Pagidipati, MD • Paul S. Jellinger, MD
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12:30 pm	Why Have PPAR-Alpha Agonists Failed in CV Risk Reduction LDL-C: How Low Can We Go Safely? Educational Impact on Guideline Adherence & Intensifying Lipid Therapy in Patients with ASCVD - The GOULD EDU Trial Lp(a) How Important Is There Still a Role for CETP in Managing Dyslipidemia?	Lawrence A. Leiter, MD Seth S. Martin, MD Mikhail N. Kosiborod, MD Christie M. Ballantyne, MD
1:10 pm – 1:30 pm	Panel Discussion and Q&A	

Sunday, June 11, 2023 cont.

Session 20 Management of Diabetes

Chairs: Silvio Inzucchi, MD • Yehuda Handelsman, MD

1:30 pm Goals, Guidelines, and Recommendations

Jennifer B. Green, MD

1:50 pm T2DM Remission: Utopia or a Real Expectation?

Stefano Del Prato, MD

2:10 pm – 2:40 pm Panel Discussion and Q&A

Robert H. Eckel, MD

2:40 pm – 2:50 pm Refreshment Break

Session 21 State-of-the-Art Cardiovascular Disease

Chairs: Peter J. Grant, MD • Laurence S. Sperling, MD

2:50 pm The Role of Glycemic Control in CVD in T2D-Microvascular Predicts Macrovascular

Robert H. Eckel, MD

3:10 pm Atherosclerotic Plaque and Stenosis Severity in Patients With & Without DM

Rebecca A. Jonas, MD

3:30 pm Risk Associations between Hypoglycemia and CV Outcomes in Type 2 Diabetes:
Causality or Guilty by Association?

Darren McGuire, MD

3:50 pm Imaginomics Throughout the Life-Span

Valentin Fuster, MD, PhD

4:10 pm – 4:30 pm Panel Discussion and Q&A

Session 22 Early Intervention and Intensive Management

Chairs: Erin D. Michos, MD, MHS • Richard E. Pratley, MD

4:30 pm Early Intervention and Intensive Management of Patients with DM & CRMD

Yehuda Handelsman, MD

4:50 pm – 5:00 pm Panel Discussion and Q&A

Jennifer B. Green, MD; George Grunberger, MD

5:00 pm Adjourn