

The 8th International Sleep Disorder Academy Congress

Buenos Aires, Argentina | 6 - 9 April 2025



SUNDAY, 6 April 2025

Registration

MONDAY, 7 April 2025

HALL 1

08:30 – 10:00

**Expert Conference:
Respiratory Intermediate
Care Unit**

**Chairs: Jean Michel Arnal,
France, Claudio Rabec,
Switzerland**

**RICU: What's in a Name?
Stefano Nava, Italy**

**Setting a RICU
Manel Lujan, Spain**

Round Table.:
RICU Experiences
Europe: Italy, France, Spain,
Portugal, Switzerland
**(Manel Lujan, Stefano Nava,
Joao Carlos Winck, Claudio
Rabec)**
Iberoamerica: Argentina
(Carlos Franceschini), Chile
(TBA)

HALL 2

OSAS 1

**Chair: Edison Zancanella,
Brazil**

Comprehensive OSA
Treatment by the
Otolaryngologist
Ofer Jacobowitz, USA

Original Model of
Polysomnography in Rural
Areas: Epidemiologic Aspects
**Jean Baptiste Maldent,
France**

DISE- the Proper Use of a
Diagnostic Instrument
Luciana Real, Argentina

Why Sleep Surgery?
Edilson Zancanella, Brazil

HALL 3

OSAS

**Chair: Pierre Escourrou,
France**

Multidisciplinary Medical
Management of Obesity
Hypoventilation Syndrome
Ari Chaouat, France

The GENIOGLOSSUS
MUSCLE: Savior of the Modern
Man (Physiopathology,
Evolution about 7 Million
Years)
**Pierre Jean Monteyrol,
France**

Should We Redefine Sleep
Apnea Syndrome? A Physio-
Pathological Sight on a
Debatable Issue
Eyal Rosenzweig, Israel

10:00 – 10:10

Break

NIV from Hospital to Home

Nose and OSAS 1

Chair: Ofer Jacobowitz, USA

SLEEP

**Chair: Yves Dauvilliers,
France**

**Chairs: Sarah Heilli, Spain,
Jean-Paul Janssens,
Switzerland**

NIV in Acute Respiratory
Failure: State of The Art
Jean Michel Arnal, France

Home NIV Following an Acute
Respiratory Failure. What
Patients?
Claudio Rabec, Switzerland

Discharging Home of the High
Dependent Patient.
Eduardo de Vito, Argentina

Treating the Nose for Sleep
Ofer Jacobowitz, USA

Role of Nasal Surgery in PAP
Therapy
Nicolas Busaba, USA

The Impact of Nasal Surgery
on Snoring: A Prospective
Controlled Trial
Tal Marshak, Israel

Central Sleep Apnea: What
Tell us recent Cohort Studies
Marie Pia D'Ortho, France

NREM Parasomnia: The Place
of Medical Hypnosis
**Geoffroy Solelhac,
Switzerland**

Cardiovascular Risks and RLS
Versus PLMS
Yves Dauvilliers, France

11:50 - 12:10

Coffee Break

12:10 - 13:40

Difficult Weaning
**Chairs: Manel Lujan, Spain,
Carlos Franceschini,
Argentina**

Difficult Weaning. The
Intensivist Vision
Jean Michel Arnal, France

Difficult Weaning: The
Pulmonologist Vision
Sarah Heili, Spain

Setting a Weaning Unit
Eduardo de Vito, Argentina

Pediatric OSAS 1
**Chair: Steve Amado,
Colombia**

Adenoids and Tonsils: after
“Ectomy” then “tomy” what
about “Nothing” or...CPAP?
**Pierre Jean Monteyrol,
France**

Surgical Failure in Children
Steve Amado, Colombia

Pros and Cons:
Pediatric DISE: Do we Need to
do it for every Patient?
**Pierre-Jean Monteyrol, Jolie
Crespo**

Sleep Hypersomnia
**Chair: Marie Pia D'Ortho,
France**

Diagnostic Criteria of
Hypersomnia and Narcolepsy:
Where do we Stand?
Lucie Barateau, France

Orexin Recetors: A new Target
to Treat Hypersomnolence
and Insomnia
Yves Dauvilliers, France

Sleep, Sleepiness, and
Obesity: Unravelling the
Connections
Lucie Barateau, France

13:40 – 14:30

Lunch

14:30 - 18:00

Workshop 1:
Bridging the Gap:
**Transitioning NIV from
Hospital to Home**

Workshop 2:
Exploring Sleep
Hypersomnia: Current
Diagnostic and Therapeutic
Strategies

Moderator: Claudio Rabec,
Switzerland

Speakers:
Eduardo de Vito, Argentina
Stefano Nava, Italy
Sarah Heili, Spain

Moderator: Uri Alkan, Israel

Speakers:
Jolie Crespo, Panama
Pierre-Jean Monteyrol, France
Steve Amado, Colombia

TUESDAY, 8 April 2025

HALL 1

08:30 – 10:00

**Patient Ventilator
Synchrony: An Update**
Chairs: Eduardo de Vito,
Argentina, Stefano Nava,
Italy

Patient Ventilator Synchrony.
Who Makes What
Sarah Heili, Spain

Asynchronies in NIV
**Jean-Paul Janssens,
Switzerland**

How to Improve Patient
Ventilator Synchrony
Joao Carlos Winck, Portugal

New Technologies in
Evaluating Patient Ventilator
Synchrony.
Manel Lujan, Spain

HALL 2

OSAS
Chair: Jolie Crespo, Panama

Snoring a Real Problem:
Prevalence and Clinical
Impacts
Edilson Zancanella, Brazil

Beyond the IAH
Edilson Zancanella, Brazil

Evaluation and Management
of Residual Sleepiness in
Sleep Apnea, French
Recommendations and
...What's new?
Lucie Barateau, France

AOS Residual en Pediatria o
Adultos
P. Mazei, Argentina

HALL 3

**Update on CPAP
Treatment**
Chair: Claudio Rabec,
Switzerland

APAP for Treating OSAS:
Critical Review
Claudio Rabec, Switzerland

Is it Time for New Pediatric
Adherence Definitions?
Vivian Leske, Argentina

10:00 - 10:10

Break

**Home NIV : How to Set,
How to Follow Up**
Chairs: Manel Lujan, Spain,
Jean Michel Arnal, France

Indications on Home NIV.
State of the Art

**SLEEP: AI and Connected
Devices**
Chair: Uri Alkan, Israel

Big Data in Sleep Apnea
Syndrome: Implications for
Diagnosis and Follow-up
Pierre Escourrou, France

**OSAS and Associated
Pathologies**
Chair: Ari Chaouat, France

OSA and the Metabolic
Syndrome
Nicolas Busaba, USA

**Jean Paul Janssens,
Switzerland**

How to Set NIV
Sarah Heili, Spain

Where to Set NIV
Joao Carlos Winck, Portugal

How to Monitor NIV
Claudio Rabec, Switzerland

AI and OSAS Diagnosis
Maxime Elbaz, France

The Use of Connected Objects
for the Follow-up of CPAP and
MAD
Pierre Escourrou, France

Validated Connected Devices
for OSAS Diagnosis
Maxime Elbaz, France

Sleep in Chronic Kidney
Disease
Marie Pia D'Ortho, France

COPD and Sleep-Related
Breathing Disorders
Ari Chaouat, France

Relationship between
Autonomic Nervous System
and Heart Diseases for OSAS.
Fabrice Thoin, France

11:50 - 12:10

Coffee Break

12:10 - 13:40

**Technologies in Treating
Respiratory Failure. Old
and New**
**Chairs: Joao Carlos Winck,
Portugal, Sarah Heilli, Spain**

NIV: What 's New
**Jean Paul Janssens,
Switzerland**

Physiology and Clinical
Results of Home High Flow
Nasal Cannula
Stefano Nava, Italy

Servo Assisted Ventilation
Claudio Rabec, Switzerland

Clearance Secretions
Jean Michel Arnal, France

COMISA
**Chair: Marie Pia D'Ortho,
France**

COMISA: A New Funny Term or
a Very Serious Entity to be
Taken into Account in
Cardiovascular Health
**Geoffroy Solelhac,
Switzerland**

COMISA: Not So New, but a
Challenge, still
Marie Pia D'Ortho, France

Pros and Cons:
COMISA
What to Treat First: OSA or
INSOMNIA?
**Geoffroy Solelhac,
Switzerland/ Pierre
Escourrou, France**

Pediatric OSAS 2
**Chair: Patricia Franco,
France**

Bone and Brain about Hight
Resistance Breathing in
Childhood.
**Pierre Jean Monteyrol,
France**

Ten years TROS:
Cardiovascular Diseases at
Twenty?
Fabrice Thoin, France

Paediatric Obesity Epidemia:
A Big Challenge for the Present
and Future Sleep Medicine
Vivian Leske, Argentina

Comorbid Insomnia in
Children with Sleep Apnea
Patricia Franco, France

Characterization of Children
with Specific Learning
Disorders and Sleep
Complaints
Patricia Franco, France

13:40 – 14:30

Lunch

14:30 - 18:00

Workshop 3:
**Sleep Disorders and
Cardiovascular Health: An
Integrated View**

Moderator: Marie Pia D'Ortho,
France

Speakers:
Pierre Escourrou, France
Uri Alkan, Israel
Marc Blumen, France

Workshop 4:
**The Role of Nasal Surgery in
Sleep Breathing Disorders**

Moderator: Joile Crespo,
Panama

Speakers:
Alberto Rabino, Argentina
Fabrice Thoin, France
Patricia Franco, France

WEDNESDAY, 9 April 2025

HALL 1

08:30 – 10:00

OSAS Related with
Chair: Frederic Chabolle, France

Allergy Rhinitis and Sleep Disorders: A Tangled
Web

Nathalie Cynamon Aisenberg, France

Links between Ophthalmologic Diseases and
OSAS

Marc Blumen, France

HALL 2

OSAS and Surgery
Chair: Uri Alkan, Israel

Tailored Sleep Surgery
Jolie Crespo, Panama

Combined Therapy for OSA
Steve Amado, Colombia

Multilevel Surgery: Useful Tool when you Know
How to Use it
Alberto Rabino, Argentina

Barbed Suture Pharyngoplasty
Sebastian Lopez, Argentina

Role of Tongue Base in OSA
Anand Raju, India

10:00 - 10:10

Break

Nose and OSAS 2

Chair: Rodolfo Lugo, Mexico

Does Nose Surgery Improve Breathing Sleep Disorders?

Jolie Crespo, Panama

The Effect of Endoscopic Nasal Surgery on OSA
Sari Rothman, Israel

Round Table:

Moderator: Nicolas Busaba, USA

Management of Nose in OSAS
Nicolas Busaba, Jolie Crespo, Marc Blumen, Joachim Maurer, Rodolfo Lugo, Ofer Jacobowitz

Non CPAP Treatment

Chair: Marc Blumen

Positional treatment and OSAS

Marc Blumen, France

Mandibular Advancement Devices. Protocol and Ortognathic Surgery

Jose Abdullatif, Argentina

Round Table:

Moderator: Edilson Zancanella, Brazil / Uri Alkan, Israel

Oral Appliance Device around the World: Comparison of Different Clinical Practices
Edilson Zancanella, Joachim Maurer, Rodolfo Lugo, Uri Alkan, Jolie Crespo, Ofer Jacobowitz

11:50 - 12:10

Coffee Break

12:10 - 13:40

The Future of Sleep Medicine/ WORKSHOP

Round Table

Pierre Escourrou, Maxime Elbaz, Lucie Barateau, Yves Dauvilliers, Marie-Pia D'Ortho, Ofer Jacobowitz

Women and OSAS

Chair: Nathalie Cynamon Aisenberg, France

The Impact of Maternity and Womens Sleep
Jolie Crespo, Panama

How to Approach Sleep Disturbances in Women?

Jolie Crespo, Panama

Infertility and Sleep Disorders

Nathalie Cynamon Aisenberg, France

13:40

Lunch

14:30 - 18:00

**Workshop 5:
Women & OSAS: A Hands-On Workshop on
Diagnosis and Treatment**

Moderator: Jolie Crespo, Panama

Speakers:

Patricia Franco, France
Nathalie Cynamon Aisenberg, France

**Workshop 6:
Pediatric OSAS: From Early Recognition to
Treatment – Interactive Workshop**

Moderator: Fabrice Thoin, France

Speakers:

Vivian Leske, Argentina
Steve Amado, Colombia
Pierre Jean Monteyrol, Franc

