

AAAM LEVEL 1 CERTIFICATE COURSE

June 21-23, 2019
Philadelphia, Pennsylvania

DAY 1: Friday, June 21, 2019. SKIN CONDITIONING AND CHEMICAL PEELINGS

12:00 – 12:30 **Registration**

12:30 – 13:15 **LUNCH**

13:15 – 14:00 **Introduction to the World of Aesthetic
Medicine**

14:00 – 14:30 **Conducting Patient Consultation**

14:30 – 15:30 **Skin Conditioning + Skin Classification**

- Indications & contra-indications
- Side effects
- Results
- Skin regimen

15:30 – 16:45 **Chemical Peelings**

- Indications and Contra-indications
- Peeling agents: How to make the right selection?
 - ♦ Glycolic acid
 - ♦ Salicylic acid
 - ♦ TCA
 - Modified TCA
 - Plain TCA
 - ♦ Combined peelings
 - Jessner Peel

16:45 – 17:00 **COFFEE BREAK**

17:00 – 17:45	Management of Complications from Chemical Peelings
17:45– 18:00	Daily Test on Skin Conditioning and Peelings
18:00 – 19:30	Live Demonstrations and Hands-On Peelings (Glycolic, Salicylic)

DAY 2: Saturday, June 22, 2019.

BOTULINUM TOXIN TYPE A and FACIAL DERMAL FILLERS

07:30 – 08:00 **Continental Breakfast**

08:00 – 10:00 **Botulinum Toxin Type A**

- Introduction
- Indications and consent
- Patient selection
- Complications
- Advice pearls

10:00 – 10:30 **COFFEE BREAK**

10:30 – 12:45 **Dermal Fillers**

- Facial wrinkles classification
- Skin fillers
 - ❖ Introduction and types
 - ❖ Indication and consent
 - ❖ Patient selection
 - ❖ Complications
 - ❖ Advice Pearls

12:45 – 13:00 **Daily Test on Botox and Fillers**

13:00 – 14:00 **LUNCH**

14:00 – 16:00 **Practical Workshop and Hands-On Botulinum Toxin A Upper Face Indications and**

- Glabella
- Forehead
- Crow's Feet

16:00 - 16:30 **COFFEE BREAK**

16:30 – 18:30 **Workshop on Dermal Fillers**

- Nasolabial Fold

DAY 3: Sunday, June 23, 2019.

LASERS, IPL, AND OTHER NEW TOOLS IN AESTHETIC MEDICINE

07:00 – 07:30 **Continental Breakfast**

07:30 – 08:00 **Introduction to Lasers and Their Physics**

08:00 – 08:30 **Types of Lasers and Laser Safety**

08:30 – 08:45 **Laser Skin Resurfacing**

08:45 – 09:15 **Photorejuvenation Techniques**

- Intense Pulsed Light (IPL)
- Radiofrequency
- Infrared (IR) and Ultrasounds (US)
- Photodynamic Therapy (PDT) and Light Emitting Diode (LED)

09:15 – 09:30 **Fraxel Lasers**

09:30– 09:45 **Laser Treatments for Vascular Lesions**

09:45 – 10:00 **Laser Tattoo Removal**

10:00 – 10:15 **Laser Treatments for Hair Removal**

10:15 – 10:30 **COFFEE BREAK**

10:30 – 10:45 **Body Contouring Medical Devices**

- What is available on the market today?
- How to make the right choice?

10:45 – 11:00 **Management of Complications from Laser and IPL**

11:00 – 11:15 **Physical Peelings**

- Cryopeelings
- Microdermabrasion
- Dermabrasion

11:15 – 11:30

Daily Test on Lasers

11:30 – 12:30

**Live Workshop on Lasers, IPLs and Other
Systems**
