

**ANNUAL
ASAPS
CONFERENCE**
W BRISBANE | 18 - 20 OCT 2024



Day 1 | Friday 18 October 2024

7:00 AM - 8:00 AM	Registration				
7:00 AM - 8:00 AM	Endotherapeutics Breakfast Workshop Location: Studio 2 & 3				
8:00 AM - 10:00 AM	SESSION 1A: Common Challenges in Plastic Surgery: Australia, New Zealand, and America Location: Great Room 3				
8:00 AM - 8:10 AM	Welcome				Cameron Keating, Convenor
8:10 AM - 8:25 AM	The future of plastic surgery				Tim Edwards
8:25 AM - 8:40 AM	Collaboration in plastic surgery				David Morgan
8:40 AM - 9:00 AM	Shared challenges in aesthetic plastic surgery				Kiya Movassaghi
9:00 AM - 9:20 AM	Developing systems in your aesthetic practice to be successful in the 21st century				Doug Steinbrech
9:20 AM - 9:40 AM	How to run a successful medspa & optimising protocols for safe day surgery				Kristi Hustak
9:40 AM - 10:00 AM	Shared Challenges in Plastic Surgery: Australia, New Zealand, and America				Panel discussion and Q&A
10:00 AM - 10:30 AM	MORNING TEA				
10:30 AM - 12:30 PM	SESSION 2A: Body Contouring #1 (Male Body Contouring) Location: Great Room 3		10:30 AM - 12:30 PM	SESSION 2B: Business Management Stream: Metrics Matter Location: Studio 2 & 3	
10:30 AM - 10:50 AM	For surfers & gladiators - BodyBanking to improve your men's abdominal contouring	Doug Steinbrech			
10:50 AM - 11:10 AM	High-definition liposuction - What is it; how do I do it; what equipment do I need; what has changed in liposuction/liposculpting?	Doug Steinbrech	10:30 AM - 10:45 AM	Monthly reporting - What to include and how to use this information to help you grow and manage your practice	Liz Washington
11:10 AM - 11:25 AM	Is high definition liposuction worth it?	Kristi Hustak			
11:25 AM - 11:40 AM	Abs to calves - The new wave of MALE muscular enhancement with composite silicone and fat-grafting	Doug Steinbrech	10:45 AM - 11:30 AM	From conversion to surgery & from CRM options to a purpose built app - The best approach to effective management of patient enquiries	Lisa Jaffee
11:40 AM - 11:55 AM	Two stage lower body lift	Nicholas Moncrieff			
11:55 AM - 12:15 PM	High definition liposuction in body contouring	Nicholas Moncrieff	11:30 AM - 12:00 PM	Practice documentation - No one reads anymore so how do we present it differently and ensure consistency and compliance with our policy and procedures	Cheryl Taylor
12:15 PM - 12:30 PM	Panel discussion and Q&A		12:00 PM - 12:30 PM	Panel discussion and Q&A	
12:30 PM - 1:30 PM	LUNCH				

1:30 PM - 3:30 PM	SESSION 3A: Body Contouring #2 [Liposuction and Weight Loss Medicine] Location: Great Room 3		1:30 PM - 3:30 PM	SESSION 3B: Business Management Stream: Human Resources Location: Studio 2 & 3				
1:30 PM - 1:50 PM	How to run a successful medspa and the corporatisation of plastic surgery in America	Kiya Movassaghi	1:30 PM - 2:00 PM	The REAL Role of Plastic Surgery practice manager - Has plastic surgery outgrown the traditional practice manager?	Cindy Bourke			
1:50 PM - 2:10 PM	Improving outcomes in lower body lift with liposuction	Anh Nguyen						
2:10 PM - 2:25 PM	High-definition liposuction - Creating long-term outcomes, preventing complications	Kristi Hustak	2:00 PM - 2:30 PM	The Role of the Receptionist - A value based decision, role, rates and responsibilities?				
2:25 PM - 2:40 PM	Weight loss medicine - The new 'diet'	Don Zhang						
2:40 PM - 2:55 PM	Body contouring in the Ozempic era: Special considerations	Kristi Hustak	2:30 PM - 3:00 PM	Motivating your team - How do you retain your team in a competitive and challenging employment market				
2:55 PM - 3:10 PM	Shaping the breast - Polydioxanone mesh for lower pole reinforcement in reductions and mastopexies	Kiya Movassaghi						
3:10 PM - 3:30 PM	Panel discussion and Q&A		3:00 PM - 3:30 PM	Panel discussion and Q&A				
3:30 PM - 4:00 PM	AFTERNOON TEA							
4:00 PM - 5:30 PM	SESSION 4A: Rhinoplasty #1 [Primary] Location: Great Room 3		4:00 PM - 5:30 PM	SESSION 4B: Business Management Stream: Practice Innovation Location: Studio 2 & 3		4:00 PM - 5:30 PM	SESSION 4C: Ultrasound Workshop Location: Studio 1	
4:00 PM - 4:15 PM	Open structural rhinoplasty - Dorsum management and osteotomies	Nazim Cerkes	4:00 PM - 4:30 PM	AI in a plastic surgery practice - The results of a clinics trial with three products	Alastair Taylor	4:00 PM - 5:30 PM	Ultrasound - Workshop in Injectables and Breast Surgery	
4:15 PM - 4:35 PM	Adjusting tip projection and position	Nazim Cerkes						
4:35 PM - 4:50 PM	Functional focus in primary rhinoplasty	Philip Jumeau						
4:50 PM - 5:05 PM	Safe, reliable, and reproducible techniques in rhinoplasty - A personal experience	Zachary Moaveni	4:30 PM - 5:00 PM	AI risk and responsibility in private clinic	Avant			
5:05 PM - 5:20 PM	Alar base surgery	Nazim Cerkes						
5:20 PM - 5:30 PM	Panel discussion and Q&A		5:00 PM - 5:30 PM	Panel discussion and Q&A				
5:30 PM - 7:30 PM	WELCOME RECEPTION W, Brisbane Wet Deck							
Day 2 Saturday 19 October 2024								
7:30 AM - 8:30 AM	Registration							
7:30 AM - 8:20 AM	Mentor Breakfast Workshop Location: Great Room 2 & 3							
8:30 AM - 10:45 AM	SESSION 5A: Rhinoplasty [Primary] Continued + Non-Surgical Devices Location: Great Room 3		8:30 AM - 10:45 AM	SESSION 5B: Foundations in Aesthetics and Business 101 Session Sponsor: Mentor Location: Studio 2 & 3		8:30 AM - 10:45 AM	SESSION 5C: Nurses Stream Session Sponsor: Stratpharma Location: Studio 1	
8:30 AM - 8:45 AM	Primary rhinoplasty	Nazim Cerkes	8:30 AM - 8:40 AM	Introduction by Mentor representative and overview of the Business 101 program	Mentor Representative & Nicole Cronin	8:30 AM - 8:40 AM	Introduction to the Nurses Stream	Simone Leigh
8:45 AM - 9:00 AM	Social media-driven patient expectations	Guy Watts	8:40 AM - 8:55 AM	Getting the balance right - Private vs public and cosmetic vs reconstructive		8:40 AM - 9:00 AM	Why wounds break down	Alastair Taylor
9:00 AM - 9:15 AM	High resolution US for the plastic surgeon	Kristi Hustak	8:55 AM - 9:15 AM	Pros and cons of joining an existing practice		9:00 AM - 9:30 AM	Identifying patient and procedural risks	Simone Leigh
9:15 AM - 9:30 AM	Adjunct devices in body contouring	Beryl Tan	9:15 AM - 9:35 AM	Pros and cons of buying an existing practice	Grant Fraser-Kirk	9:30 AM - 10:00 AM	Scar revision - Techniques and strategies	
9:30 AM - 9:45 AM	Hair restoration	Richard Chaffoo	9:35 AM - 9:55 AM	Pros and cons of starting a new private practice	Drew & Nicole Cronin	10:00 AM - 10:30 AM	Dressing options - The latest options available	
9:45 AM - 9:55 AM	445 nm blue laser for benign lesions	Gazi Hussain	9:55 AM - 10:15 AM	Fitting out your private clinic - Lease vs owner occupied pros and cons	Liz Washington			
9:55 AM - 10:10 AM	InMode Aesthetics	Lisa Friederich	10:15 AM - 10:35 AM	Building your professional profile in private practice with referrers and patients	Amira Sanki	10:30 AM - 10:45 AM	Panel discussion and Q&A	
10:10 AM - 10:45 AM	Panel discussion and Q&A		10:35 AM - 10:45 AM	Panel discussion and Q&A				

10:45 AM - 11:15 AM	MORNING TEA								
11:15 AM - 1:30 PM	SESSION 6A: Body Contouring #3 [Surgical Efficiency & Experience] Location: Great Room 3		11:15 AM - 1:30 PM	SESSION 6B: Foundations in Aesthetics and Business 101 Session Sponsor: Mentor Location: Studio 2 & 3		11:15 AM - 1:30 PM	SESSION 6C: Nurses Stream Location: Studio 1		
11:15 AM - 11:35 AM	5 step monsoplasty	Kristi Hustak	11:15 AM - 11:45 AM	How to set up your private practice - A checklist of what needs to be in place by day 1	Nicole Cronin & Lisa Jaffe	11:15 AM - 11:45 AM	Patient complications - Managing the emotional journey for both the patient and the clinic		
11:35 AM - 11:55 AM	Aesthetic approach and surgical treatment of gynaecomastia - Incision and aesthetic looks	Doug Steinbrech	11:45 AM - 12:05 PM	How I built my breast practice	Phil Richardson				
11:55 AM - 12:15 PM	Day procedure & drainless abdominoplasty	Anh Nguyen	12:05 PM - 12:25 PM	Converting your first few cosmetic patients - Tips for consults and surgery		11:45 AM - 12:15 PM	Plastic surgery procedures - The pros and cons of day vs a hospital stay		Linda Ferguson
12:15 PM - 12:30 PM	BodyBanking butt lift - My glute augmentation with implant, fat or both	Doug Steinbrech	12:25 PM - 12:45 PM	Social media platforms - Building your brand within AHPRA guidelines	Lisa Jaffe				
12:30 PM - 12:50 PM	The new abdominoplasty - Tips for maximizing outcomes	Kristi Hustak	12:45 PM - 1:00 PM	Technologies to assist with implant selection		12:15 PM - 12:40 PM	Documentation - Risks and responsibilities of the practice nurse		Avant
12:50 PM - 1:10 PM	Lessons from 30-years of experience in body lift	Howard Webster	1:00 PM - 1:20 PM	Non-Surgical Equipment - Which machine/s do you invest in		12:40 PM - 1:00 PM	De-escalating a patient complaint		Naomi Williamson
1:10 PM - 1:30 PM	Panel discussion and Q&A		1:20 PM - 1:30 PM	Panel discussion and Q&A		1:00 PM - 1:30 PM	Panel discussion and Q&A		
1:30 PM - 2:30 PM	LUNCH								
2:30 PM - 4:30 PM	SESSION 7A: Body Contouring #4 [All About Fat - Lipodema + Liposuction + Fat Grafting] Location: Great Room 3		2:30 PM - 4:30 PM	SESSION 7B: Foundations in Aesthetics and Business 101 Session Sponsor: Mentor Location: Studio 2 & 3		2:30 PM - 4:30 PM	SESSION 7C: Nurses Stream Location: Studio 1		
2:30 PM - 2:45 PM	Recognising and managing lipodema in massive weight loss patients	Ramin Shayan	2:30 PM - 2:45 PM	How to enhance your value and relationship with your hospital	Mark Page	2:30 PM - 2:45 PM	My journey and role as dermal clinician in a plastic surgery practice		
2:45 PM - 3:05 PM	Donor site considerations - Why I use what I use and how I use it: 5 mm basket high-definition liposuction	Doug Steinbrech	2:45 PM - 3:05 PM	Non-Surgical - Is it worth it? Pros and cons, and options to structure your non-surgical business	Frank Lin				
3:05 PM - 3:20 PM	Lipodema - Diagnosis and management	Naveen Somia	3:05 PM - 3:25 PM	Dealing with your first AHPRA complaint	Lily Vrtik	2:45 PM - 3:15 PM	My journey and role as nurse practitioner		Cindy Bourke & Melanie Kay
3:20 PM - 3:35 PM	Improving outcomes in fat grafting in massive weight loss	Ramin Shayan	3:25 PM - 3:40 PM	Protecting your clinic from negative reviews and unhappy patients					
3:35 PM - 3:55 PM	Safely combining fat grafting with trunk liposuction and abdominoplasty	Kristi Hustak	3:40 PM - 4:00 PM	Hospital operating list crisis - The challenge plastic surgeons are facing and what can we do about it?	Cameron Keating	3:15 PM - 3:45 PM	My journey and role as surgical assistant for plastic surgeon		Caitlin Alcock
3:55 PM - 4:10 PM	Gluteal use of fat grafting	Kristi Hustak	4:00 PM - 4:20 PM	Setting up a private day hospital vs investing in one	Cheryl Taylor	3:45 PM - 4:10 PM	What your plastic surgeon really wants from their practice nurse		Mark Ashton
4:10 PM - 4:30 PM	Panel discussion and Q&A		4:20 PM - 4:30 PM	Panel discussion and Q&A		4:10 PM - 4:30 PM	Panel discussion and Q&A		
4:30 PM - 5:00 PM	AFTERNOON TEA								
4:30 PM - 5:30 PM	ASAPS Annual General Meeting Location: Great Room 3		4:30 PM - 5:30 PM	SESSION 8B: Foundations in Aesthetics and Business 101 Session Sponsor: Mentor Location: Studio 2 & 3		4:30 PM - 5:30 PM	SESSION 8C: Nurses Stream Location: Studio 1		
4:30 PM - 5:30 PM	AGM - ASAPS Members Only		4:30 PM - 4:45 PM	How to maximise your breast augmentation consultations	Guy Watts	4:30 PM - 4:45 PM	An update from the Medical Board - What surgeries are included		Medical Board
			4:45 PM - 5:20 PM	Case study discussions - Difficult cases you may encounter in your first few years		4:45 PM - 5:00 PM	Demystifying the New Standards - Aust Council on Health Care Standards *Video Presentation		AHCS
						5:00 PM - 5:15 PM	An overview of the standards - Understanding and Implementing Tips and Strategy		Simone Leigh & Cheryl Taylor
						5:15 PM - 5:30 PM	Panel discussion and Q&A		
7:00 PM - 11:00 PM	GALA DINNER Rivershed, Howard Smith Wharves								
DAY 3 Sunday 20 October 2024									
8:00 AM - 9:00 AM	Registration								
9:00 AM - 10:30 AM	SESSION 9A: Rhinoplasty #2 [Secondary] Location: Great Room 3		9:00 AM - 10:30 AM	SESSION 9B: Business Management Stream Location: Studio 2 & 3		9:00 AM - 11:00 AM	SESSION 9C: Registrar Practice Exam Location: Studio 1		
9:00 AM - 9:20 AM	Secondary rhinoplasty structural reconstruction	Nazim Cerkas	9:00 AM - 9:10 AM	The role of clinical photography in patient assessment, record keeping and compliance	Woodrow Wilson				

9:20 AM - 9:40 AM	Augmentation rhinoplasty		9:10 AM - 9:20 AM	Enhancing practice excellence - Leveraging patient feedback in cosmetic plastic surgery	Ankur Gupta	9.00 AM - 11.00 AM	Registrar Cosmetic Surgery Practice Exam	
9:40 AM - 9:55 AM	Learning from revisions		9:20 AM - 9:30 AM	One year of patient screening - What have we learned?	Toni Pikoos			
9:55 AM - 10:10 AM	Reconstruction of columella defects with local tissues	Nazim Cerkes						
10:10 AM - 10:30 AM	Controversies in rhinoplasty	Panel discussion and Q&A	9:30 AM - 9:40 AM	Optimising your financial affairs as an experienced aesthetic plastic surgeon	Angela Jeffery and Scott Montefiore			
			9:40 AM - 10:30 AM	Panel discussion and Q&A				
10:30 AM - 11:00 AM	MORNING TEA							
11:00 AM - 12:30 PM	SESSION 10A: Research and Audit Location: Great Room 3							
11:00 AM - 11:10 AM	Quality of life measurement tools for patients undergoing body contouring surgery post massive weight loss	Hao Zhang						
11:10 AM - 11:20 AM	Scientific contributions of Ivo Pitanguy to body contouring surgery and rhinoplasty	Mikko Larsen						
11:20 AM - 11:30 AM	A novel approach to facial remodelling induced by targeting the skin and muscle	Anh Nguyen						
11:30 AM - 11:40 AM	Extracorporeal septorhinoplasty - A novel technique for suture stabilisation of the keystone	Sunil Gaba						
11:40 AM - 11:50 AM	Reviewing the accuracy of preoperative ultrasound measurements of rectus abdominis diastasis compared to in-vivo findings	Brett Sacks						
11:50 AM - 12:00 PM	Health-related quality of life outcomes of abdominoplasty for post-partum rectus diastasis: preliminary results	Siobhan Fitzpatrick						
12:00 PM - 12:10 PM	Injectable adipocytolytic agents based on multifunctional polymer nanoparticle	Phillip HW Kim						
12:10 PM - 12:20 PM	No drain, much to gain - Unlocking the benefits of drain-free abdominoplasty	Hugo Loveday						
12:20 PM - 12:30 PM	Q&A + Final Remarks							

****Program subject to change***