

# Convocation 2026 Tentative Schedule of Events

March 18-22, 2026

The Broadmoor

Colorado Springs, CO

*Maximum number of 1A NMM/OMM-specific CME possible: 34.0*

## Wednesday, March 18

|                 |                                                                                                                                          |                                       |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| 7:00 am–8:00 pm | Registration Desk                                                                                                                        |                                       |
| 9:30 am–3:00 pm | Resident In-Training Exam                                                                                                                | <i>Check-in begins at 9:00 am</i>     |
| 12:00–3:00 pm   | <b>NUFA Program part 1: An Introduction to Biodynamic Cranial Osteopathy (NUFA only)</b>                                                 | <b>Christina Steele, DO</b>           |
| 12:00–4:00 pm   | Ed Stiles Study Group                                                                                                                    | <i>Edward G. Stiles, DO, FAAODist</i> |
| 3:00–4:45 pm    | <b>NUFA Program part 2: Tough Cases: Decompressing the UE nerves: Thoracic Outlet to the Hand</b>                                        | <b>Katrina C. Rakowsky, DO</b>        |
| 5:00–7:00 pm    | Opening Reception; Osteopathic Education Service*; SAAO Silent Auction                                                                   |                                       |
| 7:00–9:00 pm    | Lecture: Evening with the FAAOs                                                                                                          | <i>Daniel G. Williams, DO, FAAO</i>   |
| 9:00–10:30 pm   | AAO Mentorship Meeting                                                                                                                   |                                       |
|                 | Evening With the Stars (No Students)*                                                                                                    |                                       |
|                 | Evening With the Stars & Stripes (Students Allowed)*                                                                                     |                                       |
|                 | <b>OMM Without a Table</b>                                                                                                               | <b>Scott Leggoe, DO</b>               |
|                 | <b>Mitchell MET for Structural vs Respiratory Rib Dysfunctions (A/P or PA translated, torsions, AP compressed, laterally compressed)</b> | <b>Katrina C. Radowsky, DO</b>        |

## Thursday, March 19

|                  |                                                                                                                   |                                                                                                          |
|------------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| 6:30–7:15 am     | Qigong                                                                                                            | <i>Robert C. Bishop, DO</i>                                                                              |
| 7:00 am–7:00 pm  | Registration Desk                                                                                                 |                                                                                                          |
| 7:30 am–7:00 pm  | Exhibit Hall; Osteopathic Education Service*; SAAO Silent Auction                                                 |                                                                                                          |
| 8:05–8:45 am     | Anatomy of Microcirculation and Microperfusion                                                                    | <i>Frank H. Willard, PhD</i>                                                                             |
| 8:45–9:30 am     | Lymphatic Techniques of W.G Sutherland                                                                            | <i>Hugh Ettlinger, DO, FAAO, FCA</i>                                                                     |
| 9:30–10:15 am    | Osteopathic Science of the 21st Century                                                                           | <i>Kenneth J. Lossing, DO</i>                                                                            |
| 10:15–11:00 am   | The Harmony of Fluids: The essential element of Health & Healing                                                  | <i>Donald Hankinson, DO, FCA</i>                                                                         |
| 11:45 am–2:15 pm | AAO Annual Business Meeting Luncheon (all members welcome)                                                        |                                                                                                          |
| 2:30–4:00 pm     | Lymphatic Techniques of W.G. Sutherland                                                                           | <i>Hugh Ettlinger, DO, FAAO, FCA</i>                                                                     |
|                  | Community Engagement: Workshops, Partnerships, and Networking (Strategies for a Thriving Private Practice series) |                                                                                                          |
|                  |                                                                                                                   | <i>Andrew Goldman, DO (Moderator);<br/>Gretchen Sibley, DO &amp;<br/>Mary Bayno, DO, FCA (panelists)</i> |
|                  | Refining our relationship to the Fluid Dynamics essential for Health and Healing                                  | <i>Donald Hankinson, DO, FCA</i>                                                                         |
|                  | Headaches to Heart rate: The OA Junction Uncovered: From Migraines to Heart Rate Mastery                          | <i>Deborah Heath, DO and<br/>Inder Raj S. Makin, MD, PhD</i>                                             |
|                  | Microperfusion, the Key to Health                                                                                 | <i>Kenneth J. Lossing, DO</i>                                                                            |
|                  | Microcirculation in Health and Disease Anatomy Workshop                                                           | <i>Frank H. Willard, PhD</i>                                                                             |
|                  | Zeroing In: Accurate Assessment and Treatment of Mechanical Back Pain                                             |                                                                                                          |

\* For the safety and security of all attendees and hotel staff, Osteopathic Education Service, Evening with the Stars, & Evening with the Stars & Stripes will be closed daily at the posted end time. If you are attending one of these events, do not start a technique that cannot be interrupted if it would end past the posted end time.

|                     |                                                                                                                                                                |                                                                                                          |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| <b>4:30–6:00 pm</b> | Lymphatic Techniques of W.G. Sutherland<br>Effective Communication: Educating Patients to Value Osteopathy (Strategies for a Thriving Private Practice series) | <i>Daniel G. Williams, DO, FAAO<br/>Hugh Ettlinger, DO, FAAO, FCA</i>                                    |
|                     |                                                                                                                                                                | <i>Andrew Goldman, DO (Moderator);<br/>Gretchen Sibley, DO &amp;<br/>Mary Bayno, DO, FCA (panelists)</i> |
|                     | Refining Our Relationship to the Human Organism's Fluid Dynamics<br>Headaches to Heart rate: OA-OMT with monitoring cardiovascular parameters                  | <i>Donald Hankinson, DO, FCA</i>                                                                         |
|                     | Microperfusion, the Key to Health<br>Microcirculation in Health and Disease Anatomy Workshop                                                                   | <i>Deborah Heath, DO and<br/>Inder Raj S. Makin, MD, PhD<br/>Kenneth J. Lossing, DO</i>                  |
|                     | Zeroing In: Accurate Assessment and Treatment of Mechanical Back Pain                                                                                          | <i>Frank H. Willard, PhD</i>                                                                             |
|                     |                                                                                                                                                                | <i>Daniel G. Williams, DO, FAAO</i>                                                                      |
| 5:30–6:30 pm        | Gavel Club Reception                                                                                                                                           | <i>Past Presidents &amp; Guest Only, ticket required</i>                                                 |
| <b>6:00–7:30 pm</b> | Introduction to Cranial<br>Mastering Cervical HVLA                                                                                                             | <i>Sutherland Cranial Teaching Foundation<br/>Victor Nuno, DO</i>                                        |
| 6:00–8:00 pm        | LBORC–NUFA Research Poster Judging Presentations                                                                                                               | <i>Sponsored by Osteopathic Cranial Academy Foundation</i>                                               |
| <b>7:30–9:00 pm</b> | Still Technique for Common Counterstrain Points<br>Introduction to Cranial                                                                                     | <i>(Pending Course Director)<br/>Sutherland Cranial Teaching Foundation</i>                              |
| 8:00–10:00 pm       | AAO LBORC RPM Grand Rounds Research Forum                                                                                                                      |                                                                                                          |
| 8:30–11:00 pm       | SAAO Board of Governors Day 2                                                                                                                                  |                                                                                                          |
| 8:30–11:00 pm       | Evening With the Stars & Stripes (Students Allowed)*<br>Evening With the Stars (No Students)*                                                                  |                                                                                                          |
| 8:30–11:00 pm       | Student Mixer (Residents Welcome)                                                                                                                              |                                                                                                          |

## Friday, March 20

|                     |                                                                                                                      |                                                              |
|---------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| 6:30–7:15 am        | Qigong                                                                                                               | <i>Robert C. Bishop, DO</i>                                  |
| 7:00 am–6:00 pm     | Registration Desk                                                                                                    |                                                              |
| 7:30 am–5:00 pm     | Exhibit Hall; SAAO Silent Auction                                                                                    |                                                              |
| 8:00 am–5:00 pm     | Osteopathic Education Service*                                                                                       |                                                              |
| 8:00–9:00 am        | Dr. Still Explains Life's Journey -- Nature has an Object in all its Works                                           | <i>Jason Haxton, DO (h.c.)</i>                               |
| 9:00–9:45 am        | Still's Law of Mind, Matter, and Motion                                                                              | <i>Andrew Goldman, DO, FCA</i>                               |
| 10:15–11:00 am      | Sacred Nature of Osteopathy: How Nature Heals                                                                        | <i>Kim Tripp, DO, PhD</i>                                    |
| 11:00–11:45 am      | The OA Junction Uncovered: From Migraines to Heart Rate Mastery                                                      | <i>Deborah Heath, DO and<br/>Inder Raj S. Makin, MD, PhD</i> |
| 11:45 am–12:30 pm   | Tongue & Oral Anatomy Function in Lymphatic Drainage of the Head                                                     | <i>Virginia Johnson, DO, FAAO</i>                            |
| 12:00–1:30 pm       | RAAO Annual Business Meeting & Elections                                                                             | <i>Residents and Residency Directors Only</i>                |
| <b>2:00–3:30 pm</b> | Still's Law of Mind, Matter, and Motion<br>Headaches to Heart rate: OA-OMT with monitoring cardiovascular parameters | <i>Andrew Goldman, DO, FCA</i>                               |
|                     |                                                                                                                      | <i>Deborah Heath, DO &amp; Inder Raj S. Makin, MD, PhD</i>   |
|                     | Tongue & Oral Anatomy Function in Lymphatic Drainage of the Head                                                     | <i>Virginia Johnson, DO, FAAO</i>                            |
|                     | Microperfusion, the Key to Health                                                                                    | <i>Kenneth J. Lossing, DO</i>                                |
|                     | Microcirculation in Health and Disease Anatomy Workshop                                                              | <i>Frank H. Willard, PhD</i>                                 |

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Insurance vs. Cash-Based: Pros, Cons, and Transitioning (Strategies for a Thriving Private Practice series)

*Daniel G. Williams, DO, FAAO  
(Moderator); Donald Hankinson, DO,  
FCA & Kim Tripp, DO, PhD (panelists)*

Dr. Fulford's Shock Perception, Functional/Energetic Anatomy, and Treatment *Rajiv Yadava, DO*

**Direct inhibition and Activation**

*Jacob Joseph Cukierski, DO*

**OPP in Obstetrics**

*Kristin Putnam, DO*

**4:00–5:30 pm**

Still's Law of Mind, Matter, and Motion, FCA

Headaches to Heart rate: OA-OMT with monitoring cardiovascular parameters

*Deborah Heath, DO & Inder Raj S.  
Makin, MD, PhD*

Tongue & Oral Anatomy Function in Lymphatic Drainage of the Head *Virginia Johnson, DO, FAAO*

Microperfusion, the Key to Health

*Kenneth J. Lossing, DO*

Microcirculation in Health and Disease Anatomy Workshop

*Frank H. Willard, PhD*

Financial Strategies for Long Term Success (Strategies for a Thriving Private Practice)

*Daniel G. Williams, DO, FAAO  
(Moderator); Donald Hankinson, DO,  
FCA & Kim Tripp, DO, PhD (panelists)*

Dr. Fulford's Shock Perception, Functional/Energetic Anatomy, and Treatment *Rajiv Yadava, DO*

**Dynamic Strain and the Bioenergetics Model in Osteopathic Care**

*Jan T. Hendryx, DO, FAAO, FAAMA  
Sheldon C. Yao, DO, FAAO*

**Balancing with Precision: Building Confidence in BLT**

3:00–4:00 pm

NMM/OMM Mythbusters Panel

4:00–7:00 pm

ONMM Residency Information Session

7:00–8:30 pm

Alumni Receptions

8:00–10:00 pm

FAAO Dinner

8:30–10:00 pm

Evening with the Stars (no students)\*

Evening with the Stars and Stripes (students allowed)\*

Green Sky Osteopath Group - Dr. Koss (open to all)

## Saturday, March 21

6:30–7:15 am

Qigong

*Robert C. Bishop, DO*

7:00 am–1:00 pm

Residency Program Directors' Workshop

7:00–11:30 am

Registration Desk

8:00 am–noon

Osteopathic Education Service\*

8:00–9:30 am

Magoun Memorial FAAO/NUFA Forum

*Hugh M. Ettlinger, DO, FAAO, FCA  
FAAO Only*

10:00 am–noon

Conclave of Fellows

8:00–9:00 am

The Art of Balance: An Osteopathic Approach to Wrist and Hand Treatment

*Gretchen M. Sibley, DO*

9:00–10:00 am

The Foot: Small Structure, Big Impact

*Mary Bayno, DO*

10:00–11:00 am

Harold A. Blood, DO, FAAO Memorial Lecture: How to Keep Osteopathy Alive in Yourself and the House of Medicine

*Kurt P. Heinking, DO, FAAO*

11:00 am–noon

The Dance: Parallel Systems of Respiration

*Jane Carreiro, DO*

1:00–4:00 pm

A. Hollis Wolf Case Presentation Judging Competition

*Open to all*

1:30–3:00 pm

**FPR: The Thoracic Cage, Extremities, and Beyond**

*Michael J. Terzella, DO*

3:30–5:00 pm

**Thoracolumbar Junction: Normalizing the Myofascial Relationship and Kidney Dysfunction**

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|---------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|
|                           |                                                                                                       | <i>Jay Danto, DO</i>                                          |
| <b>1:30–3:00 pm</b>       | The Foot: The Hardest-Working, Most Underappreciated Part of the Body                                 | <i>Mary Bayno, DO</i>                                         |
| <b>&amp; 3:30–5:00 pm</b> | The Work of Anne Wales: Precision and the Point of Balance                                            | <i>Jane Carreiro, DO</i>                                      |
| (workshop repeat)         | Pediatric Craniofacial Dynamics and Biokinetics                                                       | <i>Kathryn Gill, MD, FCA</i>                                  |
|                           | The Art of Balance: An Osteopathic Approach to Wrist and Hand Treatment                               | <i>Gretchen M. Sibley, DO</i>                                 |
|                           | Quieting the Cry: OMT Strategies for Infant Colic, (Pediatrics Special Interest Workshop)             | <i>A. Hope Tobey, DO, FAAP</i>                                |
|                           | Microcirculation in Health and Disease Anatomy Workshop                                               | <i>Frank H. Willard, PhD</i>                                  |
|                           | The Subtle Dynamics of Deepening Perceptual Awareness                                                 | <i>Gregory T. Yesensky, DO, MS</i>                            |
|                           | <b>International Workshop: The Greenman Dirty Half Dozen (Somatic Dysfunctions) and Low Back Pain</b> | <i>Frank Mueller, MD, DO (Germany)</i>                        |
| <b>4:00–4:45 pm</b>       | Poster Presentation Winner Announcements & Student Awards                                             | <i>Open to all</i>                                            |
| <b>6:30–7:15 pm</b>       | President’s Reception                                                                                 | <i>No ticket required; formal attire requested</i>            |
| <b>7:15–10:00 pm</b>      | President’s Banquet                                                                                   | <i>Pre-purchased ticket required; formal attire requested</i> |

### Sunday, March 22

|                       |                                                 |                                                |
|-----------------------|-------------------------------------------------|------------------------------------------------|
| <b>8:00–9:00 am</b>   | Pediatric Craniofacial Dynamics and Biokinetics | <i>Kathy Gill, MD, FCA</i>                     |
| <b>9:00–10:00 am</b>  | The Art and Science of Osteopathic Perception   | <i>Gregory T. Yesensky, DO, MS</i>             |
| <b>10:00–11:00 am</b> | Research Update                                 | <i>Brian F. Degenhardt, DO</i>                 |
| <b>11:00–11:55 am</b> | Coding Billing E/M Service and OMM              | <i>Ajay Sharma, DO and Kavin Williams, CPC</i> |
| <b>11:55 am–noon</b>  | Closing Remarks                                 | <i>William M. Foley, DO</i>                    |

|                                                                        | <b>Before 01/19/2026</b> | <b>01/20/2026–02/12/2026</b> | <b>02/13/2026–03/01/2026</b> | <b>03/02/2026–03/22/2026</b> |
|------------------------------------------------------------------------|--------------------------|------------------------------|------------------------------|------------------------------|
| Non-member                                                             | \$1,550                  | \$1,650                      | \$1,750                      | \$1,900                      |
| Full Member (+ associate, international, & supporter)                  |                          |                              |                              |                              |
|                                                                        | \$ 785                   | \$ 885                       | \$ 985                       | \$1,135                      |
| Retired, Semi-Retired, First year in Practice, Second Year in Practice |                          |                              |                              |                              |
|                                                                        | \$ 605                   | \$ 705                       | \$ 805                       | \$ 945                       |
| Resident & OMS V                                                       | \$ 480                   | \$ 580                       | \$ 680                       | \$ 830                       |

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