

Thursday, January 29, 2026

9:00 am – 9:25 am	Welcome and Local Host Presentation
9:30 am – 11:25 am	Workshop 1 Sideline/On-Field Management of the Injured Youth Athlete
9:30 am – 10:25 am	ICL 1 Decoding Quadriceps Weakness after ACL Reconstruction: Competing Theories and Clinical Solutions
10:30 am – 11:25 am	ICL 2 The Screening Debate: Protecting the Young Athlete in a Changing Sports Culture
11:30 am – 11:55 am	AMSSM Exchange Lecture Jason L. Zaremski, MD CAQSM FACSM FAAPMR FAMSSM
12:00 pm – 12:55 pm	Lunch & Learn – ICL 3 Leveraging Existing Datasets to Advance Pediatric Sports Injury Research and Clinical Care
	Lunch & Learn (TBD)
1:00 pm – 1:20 pm	RIG Update 1 Head and Upper Extremity RIG Update 2 Lower Extremity and Non-Extremity Diagnoses
1:30 pm – 2:25 pm	ICL 4 More than an Athlete: Exploring the Role of Athletic Identity in Sport Developmental Experiences through Emerging Evidence and Firsthand Perspectives
	Scientific Session #1 Diversity, Equity and Inclusion
2:30 pm – 3:25 pm	Scientific Session #2 ACL I: Surgical Treatment and Outcomes
	Scientific Session #3 Concussion I
3:30 pm – 4:25 pm	Working Group Meetings
	PRISM Committee Meetings
4:30 pm – 6:35 pm	Debate
6:30 pm – 7:30 pm	Welcome Reception

Friday, January 30, 2026

7:00 am – 7:50 am	Breakfast Working Group Meetings
8:00 am – 8:10 am	RIG Update 3 Practitioner Specialties and Athlete Specialties
8:15 am – 9:00 am	Scientific Session #4 Trainee Travel Grant Session
9:00 am – 9:45 am	Keynote Presentation John PDiFiori, MD FACSM FAMSSM Director of Sports Medicine @ NBA
10:00 am – 10:55 am	Scientific Session #5 Best Scientific Paper Session I
11:00 am – 11:55 am	Scientific Session #6 Best Scientific Paper Session II
12:00 pm – 12:55 pm	Complex Cases Session
	Lunch & Learn (TBD)
1:00 pm – 2:55 pm	ICL 5 PRiSM Asia-Pacific
	Workshop 2 “That’s a Really Good Question” – Basic Lessons and Strategies for Conducting Qualitative Interview Research among Multidisciplinary Teams
3:00 pm – 3:55 pm	Scientific Session #7 Patellofemoral Topics I
	Scientific Session #8 Concussion II
4:00 pm – 4:55 pm	Scientific Session #9 ACL Rehab and Treatment Outcomes
	Scientific Session #10 Meniscus and OCD
5:00 pm – 7:00 pm	Exhibit Hall – Networking PRiSM Poster Hour and Reception

Saturday, January 31, 2026

7:00 am – 7:50 am	Run the Forty – A Sunrise Wellness Run Working Group Meetings Coffee and Fruit
8:00 am – 8:55 am	Workshop 3 Red Light, Green Light: Upper Extremity Return to Sport Testing for the Adolescent Arm
	ICL 6 Management of Exercise Induced Compartment Syndrome in Adolescent Athletes
9:00 am – 9:50 am	Scientific Session #11 Child Athlete
	Scientific Session #12 Hip to Heel – Lower Extremity Medley
10:00 am – 10:55 am	PRISM Business Meeting and Awards Brunch
11:00 am – 11:50 am	ICL 7 Heavy A\$\$ Weights Exercise Dosing in ACL Reconstruction Rehabilitation
	ICL 8 Permission to Play or Not to Play: Re-thinking Return to Sport as a Surgical Outcome
12:00 pm – 12:50 pm	Scientific Session #13 Biomechanics
	Scientific Session #14 Patellofemoral Topics II
1:00 pm – 1:55 pm	Scientific Session #15 Topics in ACL Recovery
	Scientific Session #16 Upper Extremity
1:00 pm – 4:00 pm	Pediatric MSK Ultrasound Hands-On Workshop <i>Additional Cost</i>