Conference 2023
*Practical Pearls*
in Long Term Care

**OCTOBER 20—22, 2023**

**HILTON HOTEL, TORONTO, ONTARIO**

***OLTCC represents the clinical expertise in Long-Term Care and provides the largest Conference for LTC Physicians in Canada for the past 40+ years!***

Ontario
Long Term Care
Clinicians

# REGISTRATION & PROGRAM GUIDE 2023

***Celebrating Excellence in LTC!***

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OnLTC

Ontario Long Term Care Clinicians

## PRESIDENT'S MESSAGE

We are delighted to welcome back physicians, nurse practitioners, pharmacists and other healthcare providers who practice in Long Term Care to Practical Pearls in LTC 2023.

Our keynote speaker Laura Tamblyn Watts will look at the Future of Long-Term Care. We will have a panel on 2SLGBTQI+ issues in LTC and you will hear pearls about dermatology, osteoporosis, and non-motor symptoms of Parkinson's Disease, among many others.

With the World Health Organization's declaration of the end of the COVID global health emergency, we are happy to be back to an in-person conference and will respect the rights of those who wish to continue masking.

We look forward to another great conference with our OLTCC members, colleagues and guests to recognize our vision that all Ontarians in LTC will receive excellent care.

Sincerely,

**Rhonda Collins, MD, CFPC(COE), FCFP, EMBA**

## CONFERENCE CHAIR MESSAGE

Whether you are new to LTC practice, have a few years under your belt, or have been attending our conference for decades, we have something for you this year at Practical Pearls in LTC 2023!

Our conference planning committee has put together another fantastic, high quality, and varied program. Clinical topics covered will include diabetes management, falls and osteoporosis, dermatology, and CKD, just to highlight a few. Additionally, we have brand new topics and workshops never before offered at our conference including Serious Illness Conversations, managing residents with developmental disabilities in LTC, and sessions on improving care for 2SLGBTQI+ residents.

We also have exciting plenary talks including a Keynote address by Laura Tamblyn Watts - Taking a look at the future of Long-Term Care. Among others, we will also be joined by Dr. James Maskalyk another author and public speaker, who will be presenting on his new passion of clinician well-being.

Our conference will again be held at the Hilton Hotel in downtown Toronto. After much deliberation and consideration of many factors, we have decided to offer the conference in-person only this year. As such, we will be offering new and fun opportunities for interaction and networking, which I'm personally really looking forward to.

I hope to see you all in-person in October!

**Katarina Lakovic, MSc, MD, CCFP (COE)**

## BOARD OF DIRECTORS, 2023

| | | | |
|---|---|---|---|
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*Celebrating Excellence in LTC!*

## SCIENTIFIC PLANNING COMMITTEE, 2023

| | | | |
|---|---|---|---|
| **Chair** | **Katarina** | **Lakovic** | **MSc, MD, CCFP (COE)** |
| **Members** | Maureen | Gottesman | MD, MEd, CCFP(COE) |
| | Carrie | Heer | NP-PHC, RN(EC), BScN, MN |
| | J. Fred | Mather | MD, CCFP |
| | Henry | Siu | MD, CCFP (COE), FCFP |

## Location and Accommodations

### Hilton Hotel Toronto Downtown

**145 Richmond Street West**
**Toronto, Ontario M5H 2L2**

**Telephone: 1-800-HILTONS, provide code OLTC23**
**Online:** **Click Here to Make Your Reservation Today!**

**A block of rooms is being held** at the Hilton Hotel until Friday **September 15, 2023.** The Ontario Long Term Care Clinicians and the Hilton Hotel cannot guarantee availability at any time. The applicable rate for a standard room for this event is **$269.00 per night plus taxes**. All rooms are single or double occupancy and rates are available October 18—October 23, 2023.

**Cancellation Clause:** A deposit equal to one night's stay is required to hold each guest's reservation at the time of reservation and must be secured with a valid credit card refundable up to 3 days in advance of your event date.

**Check In:** Check in time is 3:00 pm. Check out time is 12 noon.

**Parking:** Parking is available at the hotel at a charge of $45/day valet and $35/day self-park plus taxes and subject to change without notice as the Hilton does not own the parking under the hotel. It is a separate company.

**About the Hilton Hotel:** Located in downtown Toronto, next to Osgoode Station, within 10 minutes' walk of Union Station, CN Tower, Royal Ontario Museum, and CF Toronto Eaton Centre. Using public transit, St. Lawrence Market, Rogers Centre, and the Distillery District are 15 to 20 minutes away. The indoor-outdoor pool is open all year.

## Mobile App

The mobile app offers attendees a superior user experience. The app will allow access to the agendas, as well as speakers and session descriptions. There will be an map of the venue including the locations of all of the sessions and sponsor and exhibitor Information. Attendees will be able to use the app to access surveys and even tweet their experience, plus check and read all the bios for all presenters at the 2023 Conference.

## COVID-19 Precautions at the Conference

The OLTCC will create the safest atmosphere possible for attendees, with the utilization of hand sanitizer stations, and create as much space as possible with the various room capacities. If, however, COVID-19 is an issue and any changes are necessary, all participants will be informed.

## 2023 Posters

*Celebrating Excellence in LTC!*

Posters will be available for viewing on Friday, Saturday & Sunday. Posters will demonstrate a research project, best practice, current trend in Long-Term Care or relevant clinical cases. You can find the posters in the General Concourse of the OLTCC Registration area, which is the level below the lobby.

## General Information

### BADGES

Once registered, please ensure you wear your badge for entrance to all sessions, meals and reception. Your badge must be visible and worn throughout the event in order to have access to the program.

### CONCURRENT WORKSHOP CHOICES

When selecting your workshop choice, and it appears that your choice is not available, that indicates the choice you are making is full and not available. Please move to another choice listed, which is still available. The online system automatically removes the workshop from the selections once full. If registering by mail, the office will notify you directly by email if you have selected a workshop that is full and you will be given the option of others that are still open. Some workshops are repeated twice and are noted in the program.

### ORGANIZED DINNER OFFSITE

If you are interested in attending this possible dinner which is open to attendees and their partners, please see page 15 to indicate your interest. A deposit or full amount will be necessary to secure your reservation. Once the dinner is confirmed, you will be notified on the amount required and your confirmation. There are no cancellations after Monday October 16, 2023. Maximum number of people applies.

### PRESENTATIONS AVAILABLE THROUGH THE WEBSITE

Prior to the conference, all authorized presentations will be also be posted on the website and will be password protected for all of the conference attendees only. This will allow you to download what presentations you would like to have while at the conference.

### PRESENTERS BIOS, 2023

***New this year!*** You can find the Biographies of the Keynote, Plenary and Panel presenters in the pages following each day's program outline. For all other presenters, you will be able to find and read about them on the Mobile App that will be available to all attendees of the 2023 Conference.

### REGISTRATION—NOTE EARLY BIRD, REGULAR AND ONSITE DEADLINE DATES, 2023—Page 4

See pages 14 and 15 for registration. If registering online, please use this guide to choose your workshops before you log in.

## IMPORTANT DATES & ACTIVITIES

| | |
|---|---|
| **Member Early Bird Rate Ends** | Friday **September 15,** 2023 |
| **Regular Rates Apply** | Up to Friday **October 13,** 2023 |
| **Hotel Cut Off Date for Room Reservations** | Friday **September 15,** 2023 |
| **Cancellations Accepted, with a $60.00 Fee** | To Friday **September 15,** 2023 |
| **Delegate Substitution Policy Applies, no Fee** | Up to Friday **October 13,** 2023 |
| **Delegate Substitution Policy Applies, $60.00 Fee** | From Saturday **October 14,** 2023 |
| **Late & Onsite Rates Apply** | From Saturday **October 14,** 2023 |

## SCHEDULE OF ACTIVITIES

### Onsite Registration Hours

| | |
|---|---|
| Friday October 20 | 7:00 am—4:30 pm |
| Saturday October 21 | 7:00 am—5:30 pm |
| Sunday October 22 | 7:30 am—3:00 pm |

### Friday October 20, 2023

| | |
|---|---|
| Registration Desk Open | 7:00 am—4:30 pm |
| Continental Breakfast | 7:00 am—9:00 am |
| Poster Displays | 8:45 am—4:00 pm |
| LEAP Workshop | 8:00 am—4:00 pm |
| Half Day Workshops AM | 8:45 am—12:00 pm |
| Half Day Workshops PM | 12:45 pm—4:00 pm |
| Refreshment Break AM | 10:15 am—10:30 am |
| Buffet Lunch | 12:00 pm—12:45 pm |
| Refreshment Break PM | 2:30 pm—2:45 pm |
| Symposium | 4:00 pm—5:00 pm |
| Welcome Wine & Cheese Reception | 5:00 pm—6:00 pm |

### Saturday October 21, 2023

| | |
|---|---|
| Registration Desk Open | 7:00 am—5:30 pm |
| Breakfast | 7:30 am—8:30 am |
| Poster Displays | 8:00 am—5:30 pm |
| Symposium | 8:15 am—9:15 am |
| Opening Remarks | 9:15 am—9:25 am |
| Greetings from Minister of LTC | 9:25 am—9:30 am |
| Keynote Speaker | 9:30 am—10:30 am |
| Break, Exhibits, Posters | 10:30 am—10:45 am |
| Concurrent Workshops | 10:45 am—11:45 am |
| Buffet Lunch, Exhibits, Posters | 11:45 am—12:45 pm |
| Award Presentation(s) | 12:45 pm—1:00 pm |
| Panel | 1:00 pm—2:00 pm |
| Concurrent Workshops | 2:00 pm—3:00 pm |
| Break, Exhibits, Posters | 3:00 pm—3:15 pm |
| Plenary | 3:15 pm—4:15 pm |
| Plenary | 4:15 pm—5:15 pm |
| Cocktail Hour | 5:15 pm—6:15 pm |
| Offsite Dinner | 7:15 pm |

### Sunday October 22

| | |
|---|---|
| Registration Desk Open | 7:30 am—2:00 pm |
| Breakfast | 8:15 am—9:15 am |
| Symposium | 8:15 am—9:15 am |
| Opening Remarks & Report | 9:15 am—9:30 am |
| OLTCC Annual General Meeting | 9:30 am—10:30 am |
| Break, Exhibits, Posters | 10:30 am—10:45 am |
| Plenary | 10:45 am—11:30 am |
| Concurrent Workshops | 11:30 am—12:30 am |
| Sandwich Buffet Lunch | 12:30 am—1:15 am |
| Concurrent Workshops | 1:15 am—2:15 pm |
| Closing Plenary | 2:15 pm—3:00 pm |
| Conference Ends | 3:00 pm |

## HOW TO REGISTER—See Pages 14 & 15

1. Choose the package that you want and correctly identify the fee category (member, non-member, student) and the date(s) you are registering. See page 15.
2. Choose your workshops from the program. Workshops will be confirmed once registration and payment is complete.
3. **CLICK HERE FOR ONLINE REGISTRATION**
   **PLEASE NOTE:** You must Create a New User Account for the Conference—Use: Start Here: OLTCC Conference 2023 to start your registration. If you are logging back in please use the Log Back In Tab.
4. **BY MAIL,** Complete the registration on pages 14 and 15 of this guide and return to the OLTCC office by mail: 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2
5. Student registrations must also include proof of student status with their registration.

## OPENING KEYNOTE SPEAKER—LAURA TAMBLYN WATTS, LLB

**SATURDAY OCTOBER 21—9:30 AM**

### THE FUTURE OF LONG TERM CARE

**Learning Objectives:**

1. Reflect on what is going right in Long-Term care.
2. Recommend the short-term improvements for current Long-Term care.
3. Provide a future vision for excellence in Long -Term care.

*At the conclusion of the presentation, attendees will be advocates for change and excellence in Long-Term care.*

## PANEL PRESENTATION

## 2SLGBTQI+ ISSUES IN LONG-TERM CARE

**SATURDAY OCTOBER 21– 1:00 PM**

MODERATOR: J. FRED MATHER, MD, CCFP, FCFP

JOSEPH BURLEY, Management Consultant, Seniors

JEAN ROBISON, MD, CCFP

LEZLIE LEE KAN, queer DYKE community activist, BA HONS

**Learning Objectives:**

*Participants should:*

1. *Be more familiar with the unique needs of 2SLGBTQI+ Seniors.*
2. *Feel equipped to use the City's Leading & Learning with Pride Tool Kit to enhance supports for 2SLGBTQI+ Seniors.*
3. *Understand the importance of community partnership to advance diversity, equity, and inclusion in LTC.*

## PLENARY SPEAKER—MARK LACHMANN, MD, MHSC, FCFP, FRCP

**SATURDAY OCTOBER 21—3:15 PM**

### TRAUMA INFORMED CARE IN LTC – WHY, WHAT HOW

**Learning Objectives:**

1. Describe how aging and dementia may impact upon the development of PTSD in seniors.
2. Through case examples in LTC explain how impaired executive function transforms the clinical presentation of trauma in Long-Term Care.
3. Discuss trauma informed care as a philosophy, organizational practice, and individual skill set with direct relevance to Long-Term Care.

## PLENARY SPEAKER—JAMES MASKALYK, MD

**SUNDAY OCTOBER 22—10:45 AM**

### DOCTOR HEAL THYSELF: A SYSTEMS APPROACH TO CLINICIAN WELLBEING

**Learning Objectives:**

1. Develop an operational definition for occupational wellbeing.
2. Create a framework whose intention is to improve satisfaction in medicine.
3. Learn three concrete steps a person can make to soften the transition from physician to patient.

## CLOSING PLENARY SESSION—ALLISON MCGEER, MD, MSc, FRCPC, FAMMI, FSHEA, FIDSA

**SUNDAY OCTOBER 22—2:15 PM**

### VACCINES UPDATES

**Learning Objectives:**

1. Compare the evidence for different influenza vaccines in older adults.
2. Recognize the burden of RSV and recommendations for vaccination of older adults.
3. Summarize Fall 2023 vaccine recommendations for residents of Long-Term care including COVID-19 boosters.

# DAY ONE

## FULL DAY WORKSHOP AND HALF DAY WORKSHOPS

*Celebrating Excellence in LTC!*

**7:00 AM—4:30 PM** REGISTRATION OPEN

**7:00 AM—9:00 AM** CONTINENTAL BREAKFAST

**Friday Workshops:** ***The full 3-day package fee includes the selection of 2 half-day Friday workshops or the LEAP full day workshop, however for the LEAP workshop an additional fee of $150.00 is required.***

**8:00 AM—4:00 PM** FULL DAY WORKSHOP—20-01

***Please note earlier start time & shorter lunch:*** **$150.00 extra fee required for this Workshop**

*Break: 10:15 am—10:30 am*
*Lunch: 12:00 pm—12:30 pm*
*Break: 2:30 pm—2:45 pm*

LEAP MINI- ***Maximum 20 people***
**LORAND KRISTOF, MD, MSc, CCFP (COE)**
**BENOÎT ROBERT, MD, CCFP (COE, PC), MBA**

**Learning Objectives:**

1. *Review Advance Care Planning in LTC.*
2. *Provide competent Symptom management with a palliative approach to care.*
3. *Discuss organizational changes in implementation of a palliative approach to care.*

**8:45 AM—12:00 PM** HALF DAY AM WORKSHOP—20-02

*Break: 10:15 am—10:30 am*
*Lunch: 12:00 pm—12:45 pm*

DEVELOPMENTAL DISABILITIES
**LIZ GRIER, MD, CCFP**
**ANUPAM THAKUR, MBBS, MD, MSc**

**Learning Objectives:**

*By the end of this session, participants will be better able to:*

1. *To understand the physical health needs of aging adults with intellectual and developmental disabilities (IDD) and apply primary care guidelines and clinical tools.*
2. *To discuss about the HELP framework for assessment of distressing behaviours.*
3. *To discuss assessment and treatment of mental health needs of people with IDD.*

**8:45 AM—12:00 PM** HALF DAY AM WORKSHOP—20-03

*Break: 10:15 am—10:30 am*
*Lunch: 12:00 pm – 12:45 pm*

EXPLORING CONSERVATIVE RENAL CARE THROUGH CASE DISCUSSIONS
**MICHAEL WANG, MD, FRCP(C)**
**STEVE GOBRAN, MSN, NP-PHC**

**Learning Objectives:**

1. *Develop an approach on how to discuss goals of care with patients with declining renal function.*
2. *Gain an appreciation of the potential roles and limitations of renal replacement therapy, both as a life-extending therapy but also for symptom relief.*
3. *Become familiar with common symptoms experienced by patients with declining renal function and the associated strategies for management.*
4. *Gain confidence in approaching lab work abnormalities commonly seen in patients with advanced kidney disease.*

**8:45 AM—12:00 PM** HALF DAY AM WORKSHOP—20-04

*Lunch: 12:00 pm—12:45 pm*
*Break: 2:30 pm—2:45 pm*

MANDATORY TRAINING & NEW IN PRACTICE - CORE TOPICS
**FRED MATHER , MD CCFP FCFP**
**CARRIE HEER, RN(EC), BScN, MN, NP-PHC**

**Learning Objectives:**

1. *Review the requirements for mandatory training in the LTC Homes act.*
2. *Assess the educational needs of MDs and NPs in LTC.*
3. *Present the core topics of mandatory training.*
4. *Recommend opportunities for reflective practice.*

**12:00 PM—12:45 PM** BUFFET LUNCHEON

**12:45 PM—4:00 PM** HALF DAY PM WORKSHOP—20-05

*Lunch: 12:00 pm—12:45 pm*
*Break: 2:30 pm—2:45 pm*

WOUND CARE: A LONG-TERM APPROACH
**VALERIE WINBERG, MN, NP-PHC**

**Learning Objectives:**

1. *Review wounds commonly identified in the LTC setting.*
2. *Assess and identify types of wound including pressure injury, venous and arterial wounds.*
3. *Explore appropriate dressing materials and management of wounds.*

**12:45 PM—4:00 PM** HALF DAY PM WORKSHOP—20-06

*Lunch: 12:00 pm—12:45 pm*
*Break: 2:30 pm—2:45 pm*

SERIOUS ILLNESS CARE: MORE, EARLIER, BETTER CONVERSATIONS—**MAX 30 PPL**
**CELESTE FUNG, BSC, MDCM, CCFP (COE)**
**DANIEL KOBEWKA, MD, MSC, FRCPC**
**AMY HSU, PHD**

**Learning Objectives:**

1. *Summarize the rationale for a systematic approach to improving conversations about patient values and priorities in serious illness with a focus on frailty.*
2. *Define the structure of the Serious Illness Care intervention and its components.*
3. *Practice using a structured, person-centred approach to goals-of-care conversations.*

# DAY ONE

## FULL DAY WORKSHOP AND HALF DAY WORKSHOPS—CONTINUED

**12:45 PM—4:00 PM** HALF DAY PM WORKSHOP—20-07

*Lunch: 12:00 pm—12:45 pm*
*Break: 2:30 pm—2:45 pm*

**DIABETES MANAGEMENT IN FRAIL ELDERLY**

**AFSHAN ZAHEDI, BASC, MD, FRCPC**

**Learning Objectives:**

1. *Discuss characteristics unique to elderly with diabetes.*
2. *Identify challenges in managing diabetes in patients with multiple comorbidities.*
3. *Review Diabetes Canada CPG for managing DM in older people.*

**4:00 PM—5:00 PM** SYMPOSIUM PROVIDED BY GSK

*Hear about the new COPD Guidelines that will be published. Important information for Clinicians to know about.*

**5:00 PM—6:00 PM** WELCOME WINE AND CHEESE RECEPTION

## Friday, October 20 Faculty

*In Alpha Order*

**CELESTE FUNG, MD, FRCPC, MSc**

*Dr. Celeste Fung is a family physician and the Medical Director for St. Patrick's Home of Ottawa. She completed her Residency at the University of Ottawa where she is an Assistant Professor in the Department of Family Medicine. She enjoys collaborating with investigators interested in research to improve the quality of care in LTC.*

**STEVE GOBRAN, MSN, NP-PHC, NP**

*Steve Gobran is a Nurse Practitioner at Grand River Hospital's renal program in Kitchener. His role is a palliative care champion for the conservative renal care program. Steve works along side all the nephrologists at Grand River Hospital and assists with the palliative care approach. The conservative renal care program looks after patient's that do not wish to pursue any form of dialysis.*

**LIZ GRIER, MD, CCCP**

**CARRIE HEER, RN(EC), BScN, MN, NP-PHC**

*Carrie obtained her Bachelor of Science in Nursing from University of Windsor & Master of Nursing & Advanced Graduate Diploma: Advanced Nursing Practice from Athabasca University. Carrie currently holds the position of Nurse Practitioner, Brant Community Healthcare Systems, Emergency Department/Nurse Led Outreach Team (NLOT) where she works collaboratively with LTC homes to reduce unnecessary ED transfers. Carrie has held roles that included acute care, education, public health and advanced nursing practice.*

**AMY HSU, PhD**

*Dr. Amy T. Hsu, PhD, is an Investigator at the Bruyère Research Institute and a Lecturer in the Department of Family Medicine at the University of Ottawa. Dr. Hsu holds the University of Ottawa Brain and Mind-Bruyère Research Institute Chair in Primary Health Care in Dementia. Her research uses population-level health administrative data at ICES to examine older adults' health and healthcare needs, especially in those living with Alzheimer's Disease and dementia in long-term care.*

**DANIEL KOBEWKA, MD, MSc, FRCPC**

*Dr. Kobewka practices General Internal Medicine at the Civic Campus of The Ottawa Hospital and is a consultant in Long Term Care. He is appointed as a Clinical Investigator at the Ottawa Hospital Research Institute and investigator at Bruyere Research Institute. His research focuses on healthcare use at the end-of-life, physician-patient communication about end-of-life issues and decision making under uncertainty.*

**LORAND KRISTOF, MD, MSc, CCFP (COE)**

*Dr. Lorand Kristof is a Family Physician trained in Family Medicine and Geriatrics. He has Board Certification in Family Medicine in Canada and United States as well as Added Qualifications in Geriatrics in United States. He is Medical Director at Malton Village LTC in Mississauga and Davis Centre LTC in Bolton. He provides palliative care in LTC and in the community He is an Assistant Clinical Professor, Department of Family Medicine at McMaster University.*

**FRED MATHER, MD, CCFP, FCFP**

*Dr. Mather served both as president of OLTCC and the prior Ontario Long Term Care Physicians. He is the Medical Director of Sunnyside Home, the municipal home for the Region of Waterloo, and attending physician for two Revera Living Homes. He serves as Vice Chair for the Ontario Association of Resident Councils.*

**BENOÎT ROBERT, MD, MBA**

*Benoît Robert, MD, MBA is a family physician providing primary care and LTC for over 30 years. He is Chief Medical Officer for Perley Health, provides home palliative care visits, and is on staff at the Ottawa Hospital. He has additional credentials in Care of the Elderly and Palliative Care.*

**ANUPAM THAKUR, MBBS, MD, MSc (Medical Education)**

*Dr. Anupam Thakur is the psychiatrist-in chief at Surrey Place, Toronto and also works as staff psychiatrist at Adult Neurodevelopmental Service at Centre for Addiction and Mental Health, Toronto. He is an Assistant Professor in Department of Psychiatry at University of Toronto. His clinical interests include autism spectrum disorder and psychiatric comorbidity in intellectual and developmental disabilities. He is passionate about improvement in care of people with developmental disabilities through education. He has a keen interest in educational scholarship.*

**MICHAEL WANG, MD, FRCP (C )**

*Dr. Michael Wang is a community nephrologist based out of Kitchener, ON. His professional interests include person-centred care, medical education, and systems-based innovation to advance healthcare. He is a proud graduate of McMaster, where he continues to teach and mentor medical students and residents at its Waterloo regional campus.*

**VALIERIE WINBERG, MN, NP-PHC**

*Valerie Winberg is a Primary Health Care Nurse Practitioner and Clinical Wound Specialist. Since graduating from the NP program at the University of Windsor in 2002, she has worked in Primary Care, Long-term Care and Emergency medicine. Currently, Valerie is the Executive Director/Clinical Lead NP at Twin Bridges Nurse Practitioner-Led Clinic and is grateful for the innovative and caring team that make up the NPLC in Sarnia.*

**AFSHAN ZAHEDI, BASC, MD, FRCPC**

*After completing a degree in Biomedical Engineering in Ohio, USA, graduated from University of Toronto, Faculty of Medicine and completed internal medicine residency and endocrinology fellowship at University of Toronto. Currently, Dr. Zahedi is Associate Professor of Medicine at University of Toronto and Medical Director of Thyroid Program at Women's College Hospital.*

# DAY TWO

## PLENARY SESSIONS, WORKSHOPS, POSTERS, EXHIBITS

*Celebrating Excellence in LTC!*

**7:00 AM—5:30 PM** REGISTRATION OPEN

**7:30 AM—8:30 AM** BREAKFAST

**8:15 AM—9:15 AM** SYMPOSIUM PROVIDED BY GSK

*Topic will be RSV and its impact on older adults.*

**9:15 AM—9:25 AM** OPENING REMARKS,WELCOME AND ADVOCACY BRIEFING REPORT

**RHONDA COLLINS, MD, CFPC (COE), FCFP, EMBA; President, OLTCC**

**9:25 AM—9:30 AM** GREETINGS FROM MINISTER OF LTC MINISTER PAUL CALANDRA

**9:30 AM—10:30 AM** THE FUTURE OF LONG-TERM CARE

**LAURA TAMBLYN WATTS, LLB**

**Learning Objectives:**

1. *Reflect on what is going right in Long-Term Care.*
2. *Recommend the short-term improvements for current Long-Term care.*
3. *Provide a future vision for excellence in Long-Term Care.*

*At the conclusion of the presentation, attendees will be advocates for change and excellence in Long-Term care.*

**10:30 AM—10:45 AM** BREAK, EXHIBITS POSTERS

**10:45 AM—11:45 AM** CONCURRENT WORKSHOPS

***Select only one workshop from this time slot.***

***Some workshops are offered again at 2:00 pm and are noted and indicated with an "R"***

### WORKSHOP 101-21 *10:45 am—11:45 am*

**REDUCING ALTERNATE LEVEL OF CARE DAYS BY ENHANCING QUALITY OF PALLIATIVE CARE IN LTC HOMES**

**BELLA GRUNFELD, NP-PHC**

**OLGA SHAPIRO, NP-PHC**

**Learning Objectives:**

1. *Share experiences on the development of an interprofessional train-the-trainer model that can sustain training and provision of palliative and end of life care in long-term care homes.*
2. *Learn how to increase the knowledge and skills of all levels of staff in alignment with current models of early integration of a palliative approach into the care of residents.*
3. *Learn how to increase staff understanding and comfort level in the communication about palliative care with residents and families/caregivers.*

### WORKSHOP 102-21 *10:45 am—11:45 am*

**WHAT DO WE KNOW ABOUT CURRENT TRENDS IN FRACTURES IN LTC AND HOW CAN WE USE THE NEW OSTEOPOROSIS GUIDELINES TO PREVENT FRACTURES**

**ALEXANDRA PAPIOANNOU, BSCN, MD, MSC, FRCP(C), FACP**

**SID FELDMAN, MD, CCFP, FCFP, CMD**

**Learning Objectives:**

1. *Know the current trends in fractures and in long-term care.*
2. *Assess fracture risk using the Fracture Risk Scale.*
3. *Use the new osteoporosis guidelines to prevent fractures.*

### WORKSHOP 103-21 *10:45 am—11:45 am*

***Repeated at 2:00 pm #106-21***

**DERMATOLOGIC CONCERNS IN THE OLDER ADULT**

**STEPHANIE NANTES , MD, CCFP**

**Learning Objectives:**

1. *Understand the natural aging process of the skin and the additional influence of UV radiation.*
2. *Identify precancerous lesions, non-melanoma skin cancers and common benign skin lesions seen in older adults.*
3. *Approach to pruritus in the older adult.*

# DAY TWO CONTINUED

## WORKSHOP 104-21 *10:45 am—11:45 am*

**APPROACH TO NON-MOTOR SYMPTOMS OF PARKINSONS DISEASE**

**GRETA MAH, RPH, BCGP**
**JOYCE LEE, BSCPHM, MD, CCFP, COE**

**Learning Objectives:**

1. *Comprehending the impact and importance of non-motor symptoms in PD.*
2. *Diagnosing the common Autonomic and Neuropsychiatric symptoms in PD.*
3. *Managing the common non-motor symptoms in PD in your practice.*

## WORKSHOP 105-21 *10:45 am—11:45 am*

***Repeated at 2:00 pm #109-21***

**THE WIN-WIN: 360 DEGREE REVIEW OF LTC CLINICIANS**

**FRED MATHER, MD, CCFP, FCFP**
**RHONDA COLLINS, MD, CCFP (COE), FCFP**

**Learning Objectives:**

1. *Present the 360-degree circular feedback for physicians and other health care providers.*
2. *Identify the LTC expert as a communicator, collaborator, and expert (CanMEDS).*
3. *Demonstrate how 360-degree review promotes educational and quality improvement initiatives.*

## WORKSHOP 106-21 *10:45 am—11:45 am*

***Repeated at 2:00 pm #107-21***

**CONSIDERATIONS FOR PROVIDING CARE TO INDIGENOUS PEOPLE IN LONG-TERM CARE**

**OJISOTH HORN, MSC, MD, CCFP**

**Learning Objectives:**

1. *To describe the services available for patients requiring increasing levels of care in Indigenous communities.*
2. *To discuss historical and cultural considerations when working with Indigenous peoples, their families and their communities.*
3. *To elaborate on cases that demonstrate best practices for providing care to this population.*

**11:45 AM—12:45 PM** **BUFFET LUNCHEON**

**ROUND TABLE TALKS & MEET THE BOARD**

*During lunch various tables will have signs posted with topics of interest for discussion and each will have a moderator assigned. Feel free to join any of the table talks and participate in the discussion.*

*Some of the OLTCC Board members will also be at a table to inform attendees of positions and responsibilities of the Board members and provide an opportunity for questions about various Board positions.*

**12:45 PM—1:00 PM** **OLTCC AWARD PRESENTATION(S)**

**1:00 PM —2:00 PM** **PANEL DISCUSSION**

**2SLGBTQI+ ISSUES IN LTC**

**Moderator: J. Fred Mather, MD, CCFP, FCFP**

JOSEPH BURLEY, Management Consultant, Seniors

JEAN ROBISON, MD, CCFP

LEZLIE LEE KAN, queer DYKE community activist, BA HONS

**Learning Objectives:**

*Participants should:*

1. *Be more familiar with the unique needs of 2SLGBTQI+ Seniors.*
2. *Feel equipped to use the City's Leading & Learning with Pride Tool Kit to enhance supports for 2SLGBTQI+ Seniors.*
3. *Understand the importance of community partnership to advance diversity, equity, and inclusion in LTC.*

**2:00 PM—3:00 PM** **CONCURRENT WORKSHOPS**

***Select only one workshop from this time slot.***

***Some workshops are offered again from the 10:45 am choices and are noted and indicated with an "R"***

## WORKSHOP 107-21 *2:00 pm—3:00 pm*

***Repeated from 10:45 am #106-21***

**CONSIDERATIONS FOR PROVIDING CARE TO INDIGENOUS PEOPLE IN LONG-TERM CARE**

**OJISTOH HORN, MSC, MD, CCFP**

**Learning Objectives:**

1. *To describe the services available for patients requiring increasing levels of care in Indigenous communities.*
2. *To discuss historical and cultural considerations when working with Indigenous peoples, their families and their communities.*
3. *To elaborate on cases that demonstrate best practices for providing care to this population.*

# DAY TWO CONTINUED

## WORKSHOP 108-21 *2:00 pm—3:00 pm*

**LEADING AND LEARNING WITH PRIDE: A CITY OF TORONTO TOOL KIT FOR SUPPORTING 2SLGBTQI+ SENIORS**

**JEAN ROBISON, MD, CCFP; JOSEPH FRIEDMAN BURLEY**

**Learning Objectives:**

1. *Enhance attendees' awareness of the unique needs and challenges faced by 2SLGBTQI+ seniors as they age into Long-Term care.*
2. *Equip attendees with 10 practical recommendations to make their organizations more respectful, inclusive, and affirming for 2SLGBTQI+ communities, and their loved ones.*
3. *Support attendees to recognize the value of community engagement and co-creation to advance equity, diversity, and inclusion in Long-Term care.*

## WORKSHOP 109-21 *2:00 pm—3:00 pm*

***Repeated from 10:45 am #105-21***

**THE WIN-WIN: 360 DEGREE REVIEW OF LTC CLINICIANS**

**FRED MATHER, MD,CCFP, FCFP**

**RHONDA COLLINS, MD, CCFP (COE), FCFP**

**Learning Objectives:**

1. *Present the 360-degree circular feedback for physicians and other health care providers.*
2. *Identify the LTC expert as a communicator, collaborator, and expert (CanMEDS).*
3. *Demonstrate how 360-degree review promotes educational and quality improvement initiatives.*

## WORKSHOP 110-21 *2:00 pm—3:00 pm*

**WHAT IF YOU COULD DESIGN YOUR OWN PALLIATIVE APPROACH TO CARE PROGRAM??**

**BEN ROBERT, MD, CCFP (COE, PC), MBA**

**SANDY SHAMON, MD, CCFP (PC)**

**Learning Objectives:**

1. *Define the palliative approach to care (PAC) from an evidence-based, legislative and system lens.*
2. *Discuss tools and processes to help implement the PAC .*
3. *Use case examples to discuss leadership and team factors that enable an effective PAC.*

## WORKSHOP 111-21 *2:00 pm—3:00 pm*

**DERMATOLOGIC CONCERNS IN THE OLDER ADULT**

***Repeated from 10:45 am #103-21***

**STEPHANIE NANTES, MD, CCFP**

**Learning Objectives:**

1. *Understand the natural aging process of the skin and the additional influence of UV radiation.*
2. *Identify precancerous lesions, non-melanoma skin cancers and common benign skin lesions seen in older adults.*
3. *Approach to pruritus in the older adult.*

## WORKSHOP 112-21 *2:00 pm—3:00 pm*

**DEMENTIA AND PARKINSONISM—ADVANCED PARKINSON DISEASE AND OTHER PARKINSONISMS**

**JOYCE LEE, BSCPHM, MD, CCFP,COE**

**Learning Objectives:**

1. *Formulating the differential diagnosis of the presentation of dementia with parkinsonism.*
2. *Understanding the basic approach to diagnosing atypical parkinsonism and vascular parkinsonism.*
3. *Assessing the complexities of motor and non-motor symptoms in Advanced Parkinson disease.*
4. *Understanding and applying palliative principles in advanced PD and increasing frailty.*

**3:00 PM—3:15 PM** **BREAK, POSTERS, EXHIBITS**

**3:15 PM—4:15 PM** **PLENARY SESSION**

**TRAUMA INFORMED CARE IN LTC—WHY, WHAT, HOW**

**MARK LACHMANN, MD, MHSC, FCFP, FRCP**

**Learning Objectives:**

*1. Describe how aging and dementia may impact upon the development of PTSD in seniors.*

*2. Through case examples in LTC explain how impaired executive function transforms the clinical presentation of trauma in Long-Term Care.*

*3. Discuss trauma informed care as a philosophy, organizational practice, and individual skill set with direct relevance to Long-Term Care.*

**4:15 PM—5:15 PM** **PLENARY SESSION**

**CORONER'S REPORT—*Speaker TBC***

**5:15 PM—6:15 PM** **SPECIALTY CREATED COCKTAIL HOUR**

*Join Us for a Complimentary Created Cocktail (or Wine, Beer, Soft Drink) after the Symposium today! A specialty cocktail will be created by the Master Chef and offered to attendees during this Cocktail Hour! Meet up with friends and peers and enjoy an hour of down-time before heading out for your evening plans!*

**7:15 PM** **OFF-SITE DINNER (Max # PPL)**

*If you have in interest in attending this dinner, which is open to attendees and their partners, please indicate your interest on page 15 and further confirmation and information will be sent to you. More Information can be found on page 3 of this guide.*

# Saturday October 21 Faculty

***Keynote, Plenary and Panel Presenters***

***(Check Mobile App at the Conference for a full list of Presenters and Bios)***

**JOSEPH BURLEY, MANAGEMENT CONSULTANT, SENIORS**

**MARK LACHMANN, MD, MHSC, FCFP, FRCP**

*Dr. Lachmann is the Vice President, Medical Affairs, Sinai Health. He is a geriatric psychiatrist working with patients in acute, rehabilitation, long-term care, and community settings. He is the Geriatric Psychiatry Director for the Provincial Geriatrics Leadership Office in Ontario. Dr. Lachmann also works as a Coroner in Ontario, and sits on the Geriatric and Long Term Care Death Review Committee of the Coroner's Office.*

**LEZLIE LEE KAM, queer DYKK, Community Activist, BA HONS**

*I am a World Majority, Carib, Indo, Chinese, differently-abled, Jurassic/Bionic, queer DYKE Elder/Rainbow Senior. I am a community activist/educator. I sit on the board of ODLAN and am a Co-Chair of Pride Toronto. I am a co-author of Leading and Learning with Pride - Supporting Rainbow Seniors.*

**JEAN ROBISON, MD, CCFP**

*Dr Robison has recently retired from a busy family practice, part of the St Michael's Hospital Department of Family and Community Medicine. In that role she was Assistant Professor in the Department of Family and Community Medicine at the University of Toronto and was actively involved in the clinical education of medical students and residents and international medical graduates. She has worked at Fudger House LTC since 1990 which is conveniently located near the Toronto Gay Village and she has been medical director there for many years with a great team of 4 other attending physicians.*

**LAURA TAMBLYN WATTS, LLB**

*Laura Tamblyn Watts is the CEO of CanAge, Canada's national seniors' advocacy organization and a global expert on aging. Laura is one of the leading voices in Canada on issues related to aging. She is a lawyer, a frequent media commentator, an author, an academic researcher and well-known community activist. She is an Assistant Professor in the Factor Inwentash Faculty of Social Work University of Toronto where she specializes in research on Law and Aging. She was called to the Bar in 1999. Her new book on how to survive your aging parents without losing your own head comes out next year. Laura is the recipient of numerous Canadian and international awards for her work with seniors.*

# SUNDAY OCTOBER 22, 2023

# DAY THREE

## PLENARY SESSIONS, WORKSHOPS, POSTERS, EXHIBITS

**7:00 AM—3:00 PM** REGISTRATION OPEN

**8:15 AM—9:15 AM** BREAKFAST

**8:15 AM—9:15 AM** SYMPOSIUM, PROVIDED BY PFIZER

*Controlling respiratory Infections / Outbreaks in LTC.*

**9:15 AM—9:30 AM** OPENING REMARKS & OMA REPORT

**KATARINA LAKOVIC, MSc, MD, CCFP (COE),**
**CONFERENCE CHAIR, 2023**

# SUNDAY OCTOBER 22, 2023

**Program continued** *Celebrating Excellence in LTC!*

**9:30 AM—10:30 AM** ONTARIO LONG TERM CARE CLINICIANS—ANNUAL GENERAL MEETING

**10:30 AM—10:45 AM** BREAK, EXHIBITS, POSTERS

**10:45 AM—11:30 AM** PLENARY SESSION

**DOCTOR, HEAL THYSELF: A SYSTEMS APPROACH TO CLINICIAN WELLBEING**

**JAMES MAKALYK, MD**

**Learning Objectives:**

*Develop an operational definition for occupational wellbeing.*

2. *Create a framework whose intention is to improve satisfaction in medicine.*
3. *Learn three concrete steps a person can make to soften the transition from physician to patient.*

**11:30 AM—12:30 PM** CONCURRENT WORKSHOPS

***Select only one workshop from this time slot.***

***Some workshops are offered again at 1:15 pm—2:15 pm and are noted and indicated with an "R"***

### WORKSHOP 113-22 *11:30 am—12:30 pm*

***Repeated at 1:15 pm #124-22***

**APPROACH TO DX AND MOTOR SYMPTOMS OF PARKINSONS DISEASE**

**RUTH CHIU, BHSC, MD, CCFP (CARE OF THE ELDERLY)**
**SERINA DAI, MD, CCFP (CARE OF THE ELDERLY)**

**Learning Objectives:**

1. *Discuss a basic approach to recognizing Parkinsonism and non-motor and motor features of Parkinson's disease.*
2. *Provide an approach to initiating levodopa and monitoring response.*
3. *Review the management of motor complications of Parkinson's disease in Geriatric patients..*

### WORKSHOP 114-22 *11:30 am—12:30 pm*

**HOW CAN MEDICAL CANNABIS HELP OUR RESIDENTS?**

**VU KIET TRAN, MD, FCFP(EM), MHSC, MBA, CHE, ICD.D**

**Learning Objectives:**

1. *List medical conditions that can be helped by medical cannabis.*
2. *List contra-indications of medical cannabis in the older population.*
3. *List differences between the different cannabinoids and which ones are clinically useful for the older population.*

# DAY THREE CONTINUED

### WORKSHOP 115-22 *11:30 am—12:30 pm*

**TOOLS TO SUPPORT EARLIER IDENTIFICATION OF PALLIATIVE CARE NEEDS IN LONG-TERM CARE**

**AMY HSU, PHD, MSC**
**TARA WALTON, MPH, BSC**

**Learning Objectives:**

1. *Be able to define what early identification of palliative care means and understand why it is critical in long-term care.*
2. *Understand the key characteristics of available tools to support earlier identification.*
3. *Learn about the implementation opportunities of a novel prognostic tool, called RESPECT, and results from pilots within Ontario long-term care homes.*

### WORKSHOP 116-22 *11:30 am—12:30 pm*

**CAN I SPEAK TO YOUR MANAGER? BEST PRACTICES IN LTC PATIENT AND FAMILY COMMUNICATIONS**

***Repeated at 1:15 pm #123-22***

**NADA MALEK, MPH, MD, CCFP, COE**
**PAULA TOHM, RN**

**Learning Objectives:**

1. *Identify key resident and family expectations upon entry to a long-term care (LTC) home that lead to the most common complaints.*
2. *Identify and home-in on the resident and familial context that leads misconceptions about LTC.*
3. *Learn a team-based approach to conflict resolution with residents and their family members early in the admission trajectory.*
4. *Learn to manage unreasonable conduct and set appropriate boundaries.*

### WORKSHOP 117-22 *11:30 am—12:30 pm*

**TRANSITIONING FROM LEVELS OF CARE TO GOALS OF CARE**

**KENNETH HOOK, B.SC.,M.D.,C.M.,CCFP, FCFP (LM)**

**Learning Objectives:**

*At the end of this workshop, participants will be able to:*

1. *Understand Ontario laws about healthcare consent and capacity to consent.*
2. *Understand who is legally able to speak on behalf of another person, and when.*
3. *Understand the elements of a Goals of Care conversation.*
4. *Understand how to access LTC admission documents that are legally acceptable alternatives to Levels of Care.*

### WORKSHOP 118-22 *11:30 am—12:30 pm*

**CHOOSING WISELY IN LONG-TERM CARE**

***Repeated at 1:15 pm #120-22***

**ANDREA MOSER, MD, MSC, CCFP( COE), FCFP, CMD**
**ELLIOT LASS, MD, MSC, CCFP (COE)**
**SID FELDMAN, MD, CCFP, FCFP, CMD**

**Learning Objectives:**

1. *Describe Choosing Wisely Canada recommendations for LTC residents and the impact of COVID-19 on implementation.*
2. *Examine approaches to avoid unnecessary hospital transfers and encourage goals of care conversations in LTC.*
3. *Recognize approaches to avoiding potentially harmful medications for LTC residents.*

**12:30 PM—1:15 PM** **SANDWICH LUNCH BUFFET**

**1:15 PM—2:15 PM** **CONCURRENT WORKSHOPS**

***Select only one workshop from this time slot.***
***Some workshops are offered again from the 11:30 am choices and are noted and also indicated with an "R"***

### WORKSHOP 119-22 *1:15 pm—2:15 pm*

**LTC DOCS ARE FROM MARS, ER DOCS ARE FROM VENUS**

**VU KIET TRAN, MD, FCFP(EM), MHSC, MBA, CHE, ICD.D**

**Learning Objectives:**

*After this workshop, participants will be more informed about:*

1. *Describe capabilities of an emergency department.*
2. *List conditions that warrant an emergency transfer.*
3. *Enumerate ways to improve bidirectional communication.*

### WORKSHOP 120-22 *1:15 pm—2:15 pm*

***Repeated from 11:30 am #118-22***

**CHOOSING WISELY IN LONG-TERM CARE**

**ANDREA MOSER, MD, MSC, CCFP( COE), FCFP, CMD**
**ELLIOT LASS, MD, MSC, CCFP (COE)**
**SID FELDMAN, MD, CCFP, FCFP, CMD**

**Learning Objectives:**

1. *Describe Choosing Wisely Canada recommendations for LTC residents and the impact of COVID-19 on implementation.*
2. *Examine approaches to avoid unnecessary hospital transfers and encourage goals of care conversations in LTC.*
3. *Recognize approaches to avoiding potentially harmful medications for LTC residents.*

# DAY THREE CONTINUED

### WORKSHOP 121-22 *1:15 pm—2:15 pm*

**NURSE PRACTIONERS IN LONG TERM CARE: FROM INTEGRATION TO RETENTION**

**CARRIE HEER, NP-PHC, RN(EC), BSCN, MN**
**WENDY DUNN**
**Learning Objectives:**

1. *Review the NP role/scope of practice.*
2. *Examine the NP models and funding landscape for LTC and opportunities to collaborate.*
3. *Explore integrating an NP into the Home and factors for success.*

### WORKSHOP 122-22 *1:15 pm—2:15 pm*

**LTC CLINICIAN RESILIENCY 2.0**

**HUGH BOYD, MD, CCFP(COE)**
**JOHN CROSBY, BSC, MD**
**Learning Objectives:**

1. *Review resources and case study on managing conflict when goals of care don't align with clinician values.*
2. *Review evidence and a case study supporting the use of mindfulness and meditation at the LTC home when faced with angry families.*
3. *Review evidence and a case study supporting caring and person-centred care as a treatment for moral injury.*

### WORKSHOP 123-22 *1:15 pm—2:15 pm*

***Repeated from 11:30 am #116-22***

**CAN I SPEAK TO YOUR MANAGER? BEST PRACTICES IN LTC PATIENT AND FAMILY COMMUNICATIONS**

**NADA MALEK, MPH, MD, CCFP, COE**
**PAULA TOHM, RN**
**Learning Objectives:**

1. *Identify key resident and family expectations upon entry to a Long-Term care home that lead to the most common complaints.*
2. *Identify and home-in on the resident and familial context that leads misconceptions about Long-Term care.*
3. *Learn a team-based approach to conflict resolution with residents and their family members early in the admission trajectory.*
4. *Learn to manage unreasonable conduct and set appropriate boundaries.*

### WORKSHOP 124-22 *1:15 pm—2:15 pm*

**APPROACH TO DX AND MOTOR SYMPTOMS OF PARKINSONS DISEASE**

***Repeated from 11:30 am***

**RUTH CHIU, BHSC, MD, CCFP (CARE OF THE ELDERLY)**
**SERINA DAI, MD, CCFP (CARE OF THE ELDERLY)**
**Learning Objectives:**

1. *Discuss a basic approach to recognizing Parkinsonism and non-motor and motor features of Parkinson's disease.*
2. *Provide an approach to initiating levodopa and monitoring response.*
3. *Review the management of motor complications of Parkinson's disease in Geriatric patients.*

**2:15 PM—3:00 PM**

PLENARY SESSION

**VACCINES UPDATES**

**ALLISON MCGEER, MD, MSC, FRCPC, FAMMI, FSHEA, FIDSA**
**Learning Objectives:**

*1. Compare the evidence for different influenza vaccines in older adults.*
*2. Recognize the burden of RSV and recommendations for vaccination of older adults.*
*3. Summarize Fall 2023 vaccine recommendations for residents of Long-Term care including COVID-19 boosters.*

## Sunday October 22 Faculty

***Plenary Presenters***

***(Check Mobile App at the Conference for a full list of Presenters and Bios)***

**JAMES MASKALYK, MD**

**ALLISON MCGEER, MD, MSc, FRCPC, FAMMI, FSHEA, FIDSA**

*Dr. McGeer is an adult infectious disease physician and epidemiologist at Sinai Health System. She is the coordinating investigator of the Toronto Invasive Bacterial Diseases Network, a founding member of the Canadian Nosocomial Infection Surveillance program, and a site investigator for CANVAS and SOS in the Canadian Immunization Research Network (CIRN). She has been a member of Canada's National Advisory Committee on Immunization (NACI), and is a current member of NACI's influenza and pneumococcal working groups and of the Ontario Immunization Advisory Committee. Much of her research focuses on viral respiratory illness in adults. She has more than 70 COVID-19 related publications, and has served on a number of provincial, national and internal science advisory groups during the COVID-19 pandemic.*

# Registration, 2023 

THANK YOU FOR REGISTERING FOR THE 2023 CONFERENCE. PLEASE **COMPLETE BOTH PAGES OF THE REGISTRATION FORM** IN FULL AND READ AND ACCEPT THE CANCELLATION CLAUSE. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE OFFICE AT office@oltcc.ca OR 905-404-9545. YOU CAN ALSO **REGISTER ONLINE**—SEE THE LINK BELOW—BUT PLEASE CHOOSE YOUR WORKSHOPS BEFORE YOU LOGIN.

Ontario Long Term Care Clinicians

## Cancellation Policy

Cancellations received prior to **SEPTEMBER 15, 2023** are subject to a **$60.00 administration fee**. After September 16, 2023 there will be no refunds however delegate substitution can be made until **FRIDAY OCTOBER 13, 2023 with no substitution fee**. From **SATURDAY OCTOBER 14, 2023** a $60.00 delegate substitution fee applies.

**I HAVE READ AND ACCEPTED THE CANCELLATION CLAUSE:** ◯ **YES**

## Registration 2 Ways—STUDENTS: **Proof of student status must accompany your registration—by email (office@oltcc.ca)**

@ **Online:** **Click here to register online!** **— Quick & easy and only by credit card**

✉ **Mail:** 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2

## Membership

If you are a current OLTCC member, please choose the member rates on page 15. If you are not a member, please choose the non-member rates. If you want to join now and take advantage of the member rates, check the appropriate box under this section or go to https://www.oltcc.ca/membership and join.

◯ I am a current OLTCC member ◯ I am not a member and will choose the non-member rates ◯ I will be joining now

## Delegate Registration

*One form per person. Photocopies are accepted.*

***Status:*** *Choose one:* ◯ *Medical Director* ◯ *Physician* ◯ *Pharmacist* ◯ *Nurse Practitioner* ◯ *Medical Resident* ◯ *Other*_____

***Please circle one:*** Dr. Mr. Mrs. Ms.

First Name: _____ Last Name: _____

Long Term Care Facility Name: _____

Address: _____

_____

City: _____ Province: _____ Postal Code: _____

Email: *(please print clearly)* _____

Tel: _____

## Dietary, Allergies or Other Special Considerations

*If requesting Kosher or other special meals which must be brought in from outside the facility, there will be a 'upcharge' to cover additional cost including the cost of delivery.*

*List dietary, allergies or other here:* _____

## Concurrent Workshop Selection

***Concurrent workshops must be chosen with registration****. If you do not choose your workshops there is no guarantee that your choice will be available onsite due to room capacities.*

***Choose either one full day (LEAP) or two half day workshops (one am & one pm)***

**FRIDAY OCTOBER 20**

- ◯ 8:00 AM—4:00 PM: **Full Day Workshop 20-01 *(LEAP)***
- ◯ 8:45 AM—12:00 PM: **Half Day Workshop AM 20-02**
- ◯ 8:45 AM—12:00 PM: **Half Day Workshop AM 20-03**
- ◯ 8:45 AM—12:00 PM: **Half Day Workshop AM 20-04**
- ◯ 12:45 PM—4:00 PM: **Half Day Workshop PM 20-05**
- ◯ 12:45 PM—4:00 PM: **Half Day Workshop PM 20-06**
- ◯ 12:45 PM—4:00 PM: **Half Day Workshop PM 20-07**

**SATURDAY OCTOBER 21**

***Please choose one per time slot: Circle your choices***

**10:45 AM: 101-21 102-21 103-21 104-21 105-21 106-21**

**2:00 PM: 107-21 108-21 109-21 110-21 111-21 112-21**

**SUNDAY OCTOBER 22**

***Please choose one per time slot: Circle your choices***

**11:30 AM: 113-22 114-22 115-22 116-22 117-22 118-22**

**1:15 PM: 119-22 120-22 121-22 122-22 123-22 124-22**

# Registration, 2023 

**Please provide your name on this page in order to keep your registration information together.**

Ontario Long Term Care Clinicians

First Name _____ Last Name: _____

## Choosing Your Registration Fees CIRCLE YOUR CHOICES AND TOTAL (BECOME A MEMBER TODAY & ENJOY DISCOUNTED EARLY BIRD FEES!)

Registration fees are categorized by member fees, non-member fees, and medical resident/student fees. (see info on student fees below). Members fees include all categories of membership—Regular, Pharmacists and Nurse Practitioners. **Early Bird Fee Is Applicable to OLTCC Members Only:** Choose early bird member fees if registering before and including **September 15 and only if you are a member**. **Regular Fee Member:** Choose regular member fees if registering between **September 16 and October 13**, inclusive. **Non-members or Medical Residents/Students:** Choose regular fees to **October 13**. **Onsite Fees:** Choose onsite fees if registering from **October 14 to October 22**. ***If you are not a member, and want to join now for member fees, please choose this option under Fee Totals.***

## REGISTRATION FEES, 2023

| | *A student is a postgraduate trainee in medicine or pharmacy* | | | | | Proof of Student Status | |
|---|---|---|---|---|---|---|---|
| | MEMBER EARLY BIRD To Sept 15 | MEMBER REGULAR Sep 16 - Oct 13 | MEMBER ONSITE Oct 14 - Oct 22 | NON-MEMBER REGULAR To Oct 13 | NON-MEMBER ONSITE Oct 14 - 22 | STUDENT REGULAR To Oct 13 | STUDENT ONSITE Oct 14 - 22 |
| ***If you have chosen the LEAP workshop in any package, please add on the extra fee to your registration fees*** | | | | | | | |
| **3 Day Package, Oct 21, 22, 23** *Includes one full day workshop or two half day workshops, plus meals, symposium & reception* | $1,475.00 | $1,675.00 | $1,850.00 | $1,825.00 | $1,950.00 | $425.00 | $530.00 |
| **2 Days, Any two days** | $995.00 | $1,195.00 | $1,200.00 | $1,295.00 | $1,325.00 | $250.00 | $300.00 |
| **1 Day, Any one day** | $585.00 | $675.00 | $730.00 | $785.00 | $875.00 | $175.00 | $200.00 |
| **LEAP Workshop Extra Fee** | $150.00 | $150.00 | $150.00 | $150.00 | $150.00 | $150.00 | $150.00 |

## Fee Totals

Conference Fee ◯ **3 DAY FRI-SUN** ◯ **2 DAYS INDICATE DAYS HERE:** _____ **1 DAY** ◯ **FRI OR** ◯ **SAT OR** ◯ **SUN**
***Must select one***

Registration fees as selected . . . . . $ _____

Extra fee if choosing LEAP Program . . . . . $ _____

OLTCC Membership Fee, Physician, $275.00 (one year) or $500.00 (two years) - ***Join or Renew Now*** . . . . . $ _____

OLTCC Membership Fee, (NP, PHARM, PA), $225.00 (one year) or $400.00 (two years) - ***Join or Renew Now*** . . . . . $ _____

**SUB TOTAL FEES:** . . . . . $ _____

**HST—13%** (HST# 783327893RT0001) . . . . . $ _____

**TOTAL PAYMENT:** . . . . . $ _____

## Payment

**By credit card:** ◯ VISA ◯ MASTERCARD ◯ AMEX

*Credit card payments will be processed by Events In Sync, Inc. and your statement will show Events In Sync as the vendor. Events In Sync, Inc. is the managing company for the OLTCC.*

NAME ON CARD: _____

NUMBER: _____ EXPIRY _____ _____ CVN _____

SIGNATURE: _____

**By Mail:** With cheque payable to: **Ontario Long Term Care Clinicians,** 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2

## Offsite Dinner, Saturday October 21, 2023

If you are interested in attending this dinner, please indicate your interest here.
Yes I am interested in attending _____ Yes
Number of guests: _____
I understand a deposit for the dinner will be necessary to book the dinner _____ Yes

## Questions?

**OLTCC Office: T: 905-404-9545; office@oltcc.ca**

Ontario Long Term Care Clinicians

Conference 2023 *Practical Pearls* in Long Term Care

# SPONSORS, 2023—*at time of print*

*Celebrating Excellence in LTC!*

GSK

## FRIDAY 4:00 PM SYMPOSIUM

Hear about the new COPD, Guidelines that will be published in the coming days—Important for clinicians to hear about

**https://ca.gsk.com**

GSK

## SATURDAY 8:15 AM SYMPOSIUM

RSV and its impact on older adults

**https://ca.gsk.com**

Pfizer

## SUNDAY 8:15 AM SYMPOSIUM

**Title:** Controlling Respiratory Infections/ Outbreaks in Long-Term Care: An update on the use of vaccines and antiviral treatment

**https://www.pfizer.com**

abbvie

## EDUCATIONAL GRANT, 2023

**https://www.abbvie.com**

MD Financial Management

Scotiabank Healthcare+

## EDUCATIONAL GRANT, 2022, 2023 and 2024

**https://www.md.ca**

RESPONSIVE Group Inc.

MANAGING *What* MATTERS™

## MOBILE APP 2023

**https://responsivegroup.ca**

# FUTURE CONFERENCES & COURSES—SAVE THE DATES!

Ontario
Long Term Care
Clinicians

*Celebrating Excellence in LTC!*

## 2023—2024

### MEDICAL DIRECTOR REFRESHER COURSE

**For those that have taken the full Medical Director Course**
**& would like to be kept up to date with changes & updates**
*(Ministry funded—no cost to participants)*
Friday September 22, 2023, - 1 pm—5 pm
Friday, March 22, 2024 - 1 pm—5 pm

### MEDICAL DIRECTOR MEDICAL DIRECTOR COURSE—IN PERSON

*(Ministry funded—no cost to participants)*
**For those that have not taken the full Medical Director Course**
**(Ministry mandated)**
Friday November 24, 2023—Sunday November 26, 2023

### OLTCC CONFERENCES—2023, 2024, 2025

Friday October 20, 2023—Sunday October 22, 2023
Friday October 25, 2024—Sunday October 27, 2024
Friday October 24, 2025—Sunday October 26, 2025
Hilton Hotel, Toronto, Ontario Canada

## 2024

### MEDICAL DIRECTOR VIRTUAL COURSE

*(Ministry funded—no cost to participants)*
Friday, January 20, 2024—1 pm—5 :15pm
Friday, February 2, 2024 —1 pm—5:15 pm
Friday, February 23, 2024—1 pm—5:15 pm
Friday, March 1, 2024—1 pm—5:15 pm

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