

THE SUMMIT ON NEURODEGENERATIVE DISORDERS



*New Information on Underlying Causes, Diagnostics,
and Treatment Strategies*

November 9-11, 2018 — San Diego, CA

Presented by



ABOUT THE SUMMIT

Today we are seeing dramatically increasing rates of neurodegenerative disorders like Alzheimer's Disease, Multiple Sclerosis, and Parkinson's Disease. The causes of these disorders are multifactorial, with mounting evidence of contributing factors such as genetic mutations, nutritional deficiencies, chronic infection and inflammation, and exposure to environmental toxins like mold and heavy metals.

For this special engagement, Integrative Medicine for Mental Health (IMMH) will bring healthcare practitioners the latest data and clinical implications for biomedical factors affecting brain health and mental health, with a specific emphasis on neurodegenerative disorders. New diagnostic strategies and treatment protocols will be presented that you can implement immediately in your practices. If you see patients with symptoms of any neurodegenerative disorders, this is an event you won't want to miss!

WHO SHOULD ATTEND?

- Family Physicians and Physician Assistants
- Psychiatrists
- Osteopathic Physicians
- Neurologists
- Naturopathic Physicians
- Chiropractic Physicians
- Nurse Practitioners and Nurses

PRICING DETAILS:

	<i>Before October 12, 2018</i>	<i>After October 12, 2018</i>
All Three Days	\$399	\$449
Saturday and Sunday Only	\$299	\$349
Friday Only (OAT workshop)	\$199	\$249

Attendees on Friday receive a FREE Organic Acids Test, worth \$299! Summit fees include breakfast, break snacks, and lunches daily.



ACCREDITATION:

DAY 1: 5 CME Prescribed Credits will be provided by Westbrook University for MDs, DOs, NDs, DCs, LAcS, NPs, PAs, and CNs. These credits are not APA or AAFP approved. Check with your board to be sure these credits will be accepted. **DAY 2 AND 3:** These two days have been submitted for CME / CEU approval by the American Academy of Family Physicians (AAFP) for MDs, DOs, NDs, DCs, LAcS, NPs, PAs, and CNs. Check with your board to be sure these credits will be accepted. **ALL THREE DAYS** have been submitted for CE approval by Commonwealth Seminars (nurses only). More information about all of these credits can be found on the summit web site, www.IMMH.org/neurosummit.



FOUR POINTS BY SHERATON SAN DIEGO

8110 Aero Drive, San Diego, CA 92123

Centrally located in the San Diego Business District, Four Points San Diego is located near major tourist attractions like the San Diego Zoo and the Gaslamp Quarter. Unwind at the outdoor heated pool and oversized hot tub, grab a bite to eat at the restaurant, Citrus, or enjoy a local craft beer in Montfield Bar or Skies Lounge. Four Points San Diego has its own 9-hole, par-3 course right on property, opened in 1997, and designed by David Smith. Explore the hotel's list of the best things to do in San Diego during your stay. At Four Points, they'll make sure your trip to San Diego is one you'll never forget.

AIRPORT

The Four Points Sheraton San Diego is located just 15 minutes from San Diego International Airport (SAN). Complimentary shuttle service is provided.

PARKING

Overnight guests may park free of charge (normally \$12.00/day).

ROOM RESERVATIONS

A block of rooms is available for a discounted rate of \$135/night. To reserve a room, visit the Venue section of the summit web page and click on the room block link. Room block guarantee expires after October 8, 2018.

REGISTER AT WWW.IMMH.ORG/NEUROSUMMIT

SPEAKERS



DR. KABRAN CHAPEK is a graduate of Bastyr University and has been a staff physician at Amen Clinics since 2013. He has a special interest in the assessment and treatment of Alzheimer's and dementia, traumatic brain injuries, PTSD, and anxiety disorders. Dr. Chapek is the founding president of the Psychiatric Association of Naturopathic Physicians (PANP), an affiliate group of the American Association of Naturopathic Physicians (AANP).

DR. BILL CODE completed his medical degree at the University of Saskatchewan in Saskatoon and is Board Certified in Anesthesiology in both Canada and the United States. Dr. Code's career came to an abrupt end in 1996, as a result of multiple sclerosis. Following some recovery from his MS, he studied integrative medicine under Dr. Andrew Weil at the University of Arizona. Dr. Code is the author of four books including Who is in Control of Your Multiple Sclerosis, Pieces of the MS Recovery Puzzle, Winning the Pain Game, and his brand new book, Winning the Brain Game.



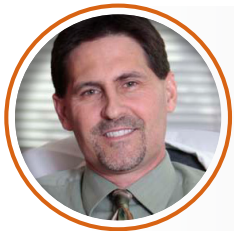
DR. MARK FILIDEI is the Director of Integrative Medicine for Amen Clinics. He is a member of ILADS and treats Lyme disease and mold illness with both natural and conventional treatments. He also specializes in Hormone Replacement Therapy and the treatment of mental health disorders utilizing a functional medicine approach. Dr. Filidei is on staff at the University of California Irvine as an Assistant Clinical Professor of Medicine.

DR. ALBERT MENSAH received his medical degree from Finch University of Health Sciences-Chicago Medical School. He currently serves as a faculty member of the Walsh Research Institute Medical Practitioner Education Program. Dr. Mensah is co-founder of Mensah Medical in Warrenville, IL. His current practice includes the management of cognitive disorders such as autism spectrum disorder, behavior/learning disorders, eating disorders, bipolar disorder, anxiety syndromes, childhood and adult schizophrenia, Alzheimer's disease, Parkinson's disease and family medicine.



DR. WILLIAM SHAW is board certified in the fields of clinical chemistry and toxicology by the American Board of Clinical Chemistry. Before he founded The Great Plains Laboratory, Inc., Dr. Shaw worked for the Centers for Disease Control and Prevention (CDC), Children's Mercy Hospital, University of Missouri at Kansas City School of Medicine, and Smith Kline Laboratories. He is the author of Biological Treatments for Autism and PDD and Autism: Beyond the Basics.

DR. RICK SPONAUGLE is an integrative physician who specializes in treating brain and neurological disorders derived from severe neurotoxicity. He has performed analysis of 9,000 neurotransmitter patterns and 6,000 mold mycotoxin levels in neurotoxic patients. Dr. Sponaugle has been featured on the Dr. Phil show, Suzanne Somers show, CNN, FOX News, ABC News, CBS News, NBC News, and PBS. Dr. Sponaugle is the medical director of Sponaugle Wellness Institute in Tampa Bay, Florida.



DR. KURT WOELLER has been an integrative medicine physician for 18+ years. He specializes in the treatment and testing for individuals with complex medical conditions such as autism spectrum disorders, chronic fatigue syndrome, multiple sclerosis, and more. He is the author of several books including Autism –The Road To Recovery, Methyl-B12 Therapy For Autism, and Methyl-B12 for Alzheimer's Disease and Dementia. Dr. Woeller also offers online courses for practitioners through his Integrative Medicine Academy.



DAY 1 - NOVEMBER 9, 2018

The Great Plains Laboratory, Inc. Presents: The Clinical Significance of Organic Acids Testing

Organic acids testing is a diagnostic tool that every healthcare practitioner should know about. Whether you are a family physician, psychiatrist, or other type of practitioner, the information provided by organic acids testing can help identify underlying causes of a variety of chronic illnesses, including the symptoms of neuropsychiatric disorders like depression and anxiety, and neurodegenerative disorders like Alzheimer's disease. The presentations on this day of the summit will review some of the most clinically significant markers measured with organic acids testing to mental health and the health of the brain in general.

7:30 AM	REGISTRATION AND BREAKFAST	
8:15 AM	ANNOUNCEMENTS	
8:20 AM	INTRODUCTION TO THE ORGANIC ACIDS TEST AND WHY IT IS SO IMPORTANT IN CLINICAL PRACTICE	Kurt Woeller, D.O.
10:00 AM	THE LINK BETWEEN INVASIVE CANDIDA AND VARIOUS HEALTH ISSUES	Kurt Woeller, D.O.
11:00 AM	BREAK	
11:30 AM	THE LINK BETWEEN INVASIVE CLOSTRIDIA BACTERIA TOXINS AND VARIOUS HEALTH ISSUES	Kurt Woeller, D.O.
12:30 PM	THE ROLE OF OXALATE TOXICITY IN CHRONIC HEALTH PROBLEMS	Kurt Woeller, D.O.
1:15 PM	LUNCH	
2:00 PM	THE FAQ'S OF GPL: WHAT YOU NEED TO KNOW ABOUT WORKING WITH THE GREAT PLAINS LABORATORY, INC.	Salomon Prieto, M.B.A.
2:15 PM	NEUROCHEMICAL IMBALANCES AND QUINOLINIC ACID TOXICITY	Kurt Woeller, D.O.
3:10 PM	BREAK	
3:30 PM	OAT CASE STUDIES AND TREATMENT OPTIONS	Kurt Woeller, D.O.
4:45 PM	ORGANIC ACIDS AND MYCOTOXINS: CORRELATIONS WITH MOLD IN VARIOUS CHRONIC ILLNESSES	William Shaw, Ph.D.
5:45 PM	END OF DAY 1	

SCHEDULE

DAY 2 - NOVEMBER 10, 2018

IMMH Presents: *Clinical Co-Factors in Neurodegenerative Disorders, Part 1*

7:30 AM	REGISTRATION & BREAKFAST	
8:15 AM	ANNOUNCEMENTS	
8:30 AM	IMPORTANT BIOCHEMICAL FACTORS IN ALZHEIMER'S DISEASE Alzheimer's disease is the sixth leading cause of death in the United States. Those with Alzheimer's live an average of eight years after their symptoms become noticeable to others, but survival can range from four to 20 years, depending on age and other health conditions. In 2015, there were approximately 29.8 million people worldwide with AD. It most often begins in people over 65 years, although 4% to 5% of cases are early-onset Alzheimer's which begin before this. It affects about 6% of people 65 years and older. Recent research is focused on multifactorial causes and treatments for Alzheimer's disease and will be reviewed including genetic factors, nutritional deficiencies, toxic exposures, and nondrug treatments.	William Shaw, Ph.D.
9:45 AM	ASSESSMENT OF MEMORY LOSS: A NEUROBIOLOGIC APPROACH Patients of any age can suffer with cognitive difficulties. The patient that presents to your office with memory problems in their 40's is convinced that they have early onset Alzheimer's disease. Before referring them to a neurologist, there are things you can do first to help assess their level of functional impairment. In this presentation, Dr. Chapek will break down a thorough assessment approach that can be integrated into the practice of a family or naturopathic physician. Cases and video throughout the presentation will help illustrate key points.	Kabran Chapek, N.D.
11:00 AM	BREAK	
11:30 AM	INVASION OF THE BRAIN SNATCHERS: ENVIRONMENTAL AND INFECTIOUS INFLUENCES ON THE BRAIN Do your patients really have a "mental illness" like OCD or depression, or is it an infection or toxins affecting their brains? This presentation will explore the work-up and effects of environmental toxins and infections on the brain and mental health.	Mark Filidei, D.O.
1:00 PM	LUNCH	
2:00 PM	MYCOTOXINS: THE HIDDEN THREAT TO OUR BRAINS AND BODIES Mold and fungi are ubiquitous in the environment. However, in "WDB" (water damaged buildings), and even some foods, mold can become a sinister force affecting physical and mental health. Not all molds are toxic and many just cause respiratory issues, but a subset of molds produce mycotoxins; powerful neurotoxins that can have a profound effect on the brain and mental health. The effects of mycotoxins, as well as testing, diagnosis, and treatment options will be discussed.	Mark Filidei, D.O.
3:00 PM	BREAK	
3:30 PM	ROLE OF TOXIC CHEMICALS IN NEUROLOGICAL AND PSYCHIATRIC DISORDERS Toxic chemicals frequently disrupt brain function through inhibition of mitochondrial function. The evidence for toxic chemical exposure in neurological and psychiatric disorders will be presented based on the medical literature. Case studies of patients with toxic exposures and tremors, amyotrophic lateral sclerosis, and Huntington's disease will be discussed.	William Shaw, Ph.D.
4:30 PM	RISK FACTORS FOR PARKINSON'S DISEASE A number of factors increase risk of Parkinson's disease, such as toxic chemical exposure, exposure to mold and mycotoxins, milk and wheat sensitivity, excess manganese exposure, and male sex. Parkinson's case studies of favorable response to antifungal therapy, use of L-DOPA and glutathione treatments, and the potential role of Clostridia bacteria in causing death of dopamine-producing neurons and new potential therapies will be presented.	William Shaw, Ph.D.
5:30 PM	Q&A	
6:00 PM	END OF DAY	

DAY 3 - NOVEMBER 11, 2018

IMMH Presents: *Clinical Co-Factors in Neurodegenerative Disorders, Part 2*

7:30 AM	BREAKFAST	
8:15 AM	ANNOUNCEMENTS	
8:30 AM	RECOVERY POTENTIAL FOR MS, ALS, ALZHEIMER'S AND PARKINSON'S Most of our neurodegenerative diseases are triggered or aggravated by toxic chemicals and neurotoxins. In this presentation, Dr. Code will review specific strategies of testing, treatment, and recovery from disorders like MS, ALS, Alzheimer's disease, and Parkinson's disease. Case presentations will be included to assist with clinical application.	Bill Code, M.D.
9:30 AM	COMMON BIOMEDICAL FACTORS IN MULTIPLE SCLEROSIS: A PILOT STUDY An ongoing pilot study of 12 patients with multiple sclerosis (MS) has taken place in which multiple biochemical factors have been evaluated. An overview of the nutritional research on MS will be presented along with the findings of this study. Some of the preliminary findings in MS patients include significant prevalence of molybdenum deficiency, exposure to toxic metals, and remarkable imbalances in the ratios of omega 6 and omega 3 fatty acids. One of the most notable discoveries involves the levels of phospholipase A2 (PLA2) in these patients, which is highly correlated with many inflammatory diseases. PLA2 has been shown to be inhibited by several nutritional factors, which will be discussed as well.	William Shaw, Ph.D.
10:30 AM	BREAK	
11:00 AM	THE CRITICAL ROLE OF FATTY ACIDS AND CHOLESTEROL IN BRAIN HEALTH A significant percentage of children and adults suffer from undiagnosed low cholesterol or essential fatty acid levels, which may have a profound effect on their physical and mental well-being. Scientific studies have shown a direct relationship between low total cholesterol and/or essential fatty acid values and autism, depression, bi-polar disorder and even suicide rates. Whether low cholesterol levels stem from the overuse of statin drugs, nutritional deficiency, or a biochemical abnormality, adequate levels are needed for the production of sex and stress hormones, vitamin D, bile acids, healthy cell membranes and myelin in the brain.	William Shaw, Ph.D.
12:00 PM	ALZHEIMER'S AND PARKINSON'S DISEASE - THE OXIDATIVE STRESS MODEL Tremendous focus has been placed on Tau protein and amyloid plaque research with regard to Alzheimer's over the years. The oxidative stress model not only provides hope in explanation disorders like Alzheimer's and Parkinson's, but also offers guidance in terms of treatment.	Albert Mensah, M.D.
1:00 PM	LUNCH	
2:00 PM	Q&A	
2:30 PM	CASE STUDIES: EFFECTIVE TREATMENT STRATEGIES FOR NEURODEGENERATIVE DISORDERS In this presentation, Dr. Sponaugle will present several patient cases where he had success treating symptoms of various neurodegenerative conditions. He will review the patients' presenting symptoms, diagnostic results, and treatment methods used in detail.	Rick Sponaugle, M.D.
4:00 PM	END OF DAY	

INTEGRATIVE MEDICINE FOR MENTAL HEALTH
info@immh.org | (913) 915-5136

*****AUTO**ALL FOR AADC 640

JOE SCHMOE, PHD
THE GREAT PLAINS LABORATORY
11813 W 77TH ST
LENEXA KS 66214-1457

THE SUMMIT ON NEURODEGENERATIVE DISORDERS



*New Information on
Underlying Causes,
Diagnostics,
and Treatment Strategies*

**November 9-11, 2018
San Diego, CA**



913.915.5136 | info@immh.org | IMMh.org/neurosummit