

Falls Prevention & Management in Older People

Reducing falls and harm from falls

Monday 27 March 2017 De Vere West One Conference Centre, London

10% card payments discount*
15% Group booking discount**



Chair and Speakers Include:

Julie Windsor

*Patient Safety Clinical Lead
Medical Specialties/Older People
NHS Improvement*

Prof Cameron Swift

*Emeritus Professor
& Consultant Physician
King's College London*

Supporting Organisations



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"The number of people aged 65 and over is projected to rise by over 40% in the next 17 years to more than 16 million. Thirty percent of people aged 65 and over will fall at least once a year. For those aged 80 and over it is 50%. A fall can lead to pain, distress, loss of confidence and lost independence. In around 5% of cases a fall leads to fracture and hospitalisation.... Effective, planned, evidence based approaches to falls and fracture risk reduction are of key importance to the health and wellbeing of people living in our communities and those that care for them." Professor Martin J Vernon National Clinical Director for Older People, January 2017

"Falls cause distress and harm to patients and pressures on NHS services. Evidence from the Royal College of Physicians suggests that patient falls could be reduced by up to 25 to 30% through assessment and intervention." NHS Improvement January 2017

This conference focuses on falls prevention and management in older people, reducing falls and harm from falls, and monitoring progress against the National Quality Standard. The conference will also discuss the new Quality Standard for Falls Prevention published in January 2017, with Prof Cameron Swift Emeritus Professor and Consultant Physician King's College London & Specialist Committee Member Falls Prevention Quality Standard NICE giving a national update as well as advice for implementing the Quality Statements in practice.

The conference will open with a national update from Julie Windsor Patient Safety Clinical Lead - Medical Specialties/Older People NHS Improvement who will discuss the Patient Safety Team falls prevention activities and the National Falls Collaborative, the National Falls Coordination Group including guidance for commissioners, and the Falls and Fragility Fracture Audit Programme- preparing for the next audit round.

Sessions throughout the day will focus on key elements of the quality standard including developing post fall protocols for every patient and secondary prevention. The conference will also discuss key elements in the reduction of falls in your service including underlying health issues, quality improvement methodology for falls, multidisciplinary assessment, frailty as falls, falls prevention, and managing comorbidity. There will be a focus session on reducing inpatient falls and implementing the learning from the Broomfield Dignified Throne Toolkit; preventing falls in hospital toilets and bathrooms. Through expert sessions and case studies delegates will take back essential learning outcomes to change practice in their services.

"73% of trusts are still using falls risk prediction tools despite NICE advising they should be abandoned (back in 2013). This means that significant numbers of patients at risk of falls will slip through the net."
NHS Improvement January 2017

10.00 Chair's welcome

Julie Windsor *Patient Safety Clinical Lead - Medical Specialties/Older People NHS Improvement*

10.05 NHS Improvement national falls update

Julie Windsor

Patient Safety Clinical Lead - Medical Specialties/Older People NHS Improvement

- Patient Safety Team falls prevention activities and the National Falls Collaborative,
- National Falls Coordination Group- guidance for commissioners ,
- Falls and Fragility Fracture Audit Programme- preparing for the next audit round

10.35 The Quality Standard for Falls in older people: Assessment after a fall and preventing further falls

Prof Cameron Swift

*Emeritus Professor and Consultant Physician
King's College London
& Specialist Committee Member
Falls Prevention Quality Standard NICE*

- the quality standard for falls assessment and secondary prevention in older people: where are we now?
- implementation challenges and successes
- monitoring progress against the national standard
- meeting the six Quality Statements in practice

11.05 Questions & answers, followed by tea & coffee at 11.15

11.40 Falls prevention, changing the commissioning landscape

Dr Raj Thakkar

*GP at Pound House Surgery
NHS Chiltern Clinical Commissioning Group*

- why falls are so important
- prevention as a strategy for sustainable health care
- the do nothing scenario
- case study (Bucks)

12.10 Multidisciplinary assessment and delivering individual post fall protocols to care for any older person who has fallen during their stay

Dr Parul Shah

*(Associate fellow of The Higher Education Academy)
Consultant Physician General and Elderly Medicine with special interest in Falls and Syncope Clinical lead for Frail Elderly
Northampton General Hospital NHS Trust*

- identifying the root cause and contributing factors to a fall
- a step by step guide to effective individual multidisciplinary assessment
- reducing future falls risk: education and training of frontline staff
- implementing an individual post fall protocol in practice

12.40 A Collaborative Regional Approach to reducing falls

Dr Anna Winfield

Leeds Teaching Hospitals NHS Trust

- the reducing patient falls programme: a collaborative approach
- supporting and coaching frontline teams
- case study: supporting frontline teams in Leeds Teaching Hospitals to reduce falls
- lessons from the Yorkshire and Humber Patient Safety Collaborative

13.10 Questions & answers, followed by Lunch at 13.20

Focus: Reducing inpatient falls and secondary prevention to reduce repeat falls

14.00 Reducing falls and harm from inpatient falls

Dr Maggie Davies

*Deputy Director of Nursing
Western Sussex Hospitals NHS Foundation Trust*

- developing a multifaceted approach to reducing inpatient falls
- improving Falls assessment and management across the Trust
- the development of falls prevention teams and falls champions across the trust
- improving the dissemination of learning from falls root cause analysis
- our experience and the impact on falls and harm from falls

14.30 EXTENDED SESSION: Broomfield Dignified Throne Toolkit; preventing falls in hospital toilets and bathrooms

Carrie Tyler

*Falls Practitioner
Broomfield Hospital
Mid Essex Hospital Trust*

- collaboration of existing work streams, falls, infection control and dignity
- promotion of patient safety and reduction of patient harm
- achieving the 10 point dignity challenge
- innovation and infection control to achieve patient hygiene and dignity
- presentation of the dignified throne audit
- how this was achieved and the practical application of the toolkit

15.15 Questions & answers, followed by tea & coffee at 15.25

15.50 Fire as a Health Asset: our role in improving the public's health

Paul Burton

*Elderly Prevention Lead
Hampshire Fire and Rescue Service*

- using Hampshire Fire and Rescue Service's knowledge of prevention techniques to support local Health services
- helping elderly people stay happy, healthy and remain in their home safely
- STEER (Safety Through Education and Exercise for Resilience) course
- Falls Prevention Champions

16.20 Frailty and Falls: Different approaches to deliver effective interventions

Dr Colin Mitchell

*Consultant Physician and Falls Clinic Lead
Imperial College London*

- frailty presenting as falls - a different challenge?
- polypharmacy – innovative approaches to medication review
- Improving the understanding of disease processes leading to falls and blackouts
- recommendations for good practice within falls services to manage underlying health issues

16.50 Questions & answers, followed by close at 17.00

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Venue

De Vere West One 9-10 Portland Place, London, W1B 1PR
Telephone: 0207 034 9700. A map of the venue will be sent with confirmation of your booking.

Date Monday 27 March 2017

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
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The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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