

**ORTHOPAEDIC
SUMMIT 2016**
EVOLVING TECHNIQUES

32.5
CME
Hours!
Accredited by
mer

AN INTERNATIONAL FORUM

**THE MIRAGE
LAS VEGAS, NEVADA
DECEMBER 7-10, 2016**

www.orthosummit.com

PRELIMINARY PROGRAM



 www.OrthoSummit.com

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 925-807-1190



#OrthoSummit2016

Presented by  **Orthopaedic
Foundation** and MCJ Consulting 



ORTHOPAEDIC SUMMIT 2016

EVOLVING TECHNIQUES

DECEMBER 7-10, 2016

I would like to invite you to participate in Orthopaedic Summit 2016: Evolving Techniques this December 7-10, 2016 at the Mirage Hotel in Las Vegas, Nevada.

Orthopaedic Summit 2016 continues to be to the premier gathering of Total Joint (Knee, Hip, Shoulder, Foot & Ankle), Sports Medicine, Arthroscopic Surgeons and Allied Health Practitioners from across the globe. **New for 2016 is our Inaugural Allied Health Sports Medicine Summit** for Physician Assistants, Nurse Practitioners, Athletic Trainers and Physical Therapists. We welcome all of you! After an incredibly successful first year, another program highlight will be the **2nd Annual Fellow & Resident Summit** adjudicated by Dr. William Levine, Dr. Steven Arnoczky, and Dr. Brian Busconi.

This 3 ½ day event will include cutting-edge lectures, lunch time symposia, rapid-fire debates, and international perspectives on the latest techniques in arthroplasty, arthroscopy, and rehabilitation of the knee, shoulder, foot and ankle, and hip.

Highlights of Orthopaedic Summit 2016

Live Surgery Broadcast!

Lunch Time, Industry-Sponsored
Spotlight Sessions!

Inaugural Allied Health Summit!

2nd Annual Fellow & Resident Summit!

The CME-accredited Orthopaedic Summit is a non-profit, 501(c)(3) meeting which allows attendees to build relationships with internationally renowned arthroplasty, sports medicine, and arthroscopic surgeons, fellows, residents, physician assistants, nurse practitioners, physical therapists, and athletic trainers while learning the latest innovative techniques to help your patients.

The Mirage Hotel is a destination unto itself, along with Las Vegas' famous nightlife, gambling, restaurants, and unique entertainment options.

We look forward to seeing you in Las Vegas whether it's your first or your sixth time!

Kevin D. Plancher, MD
Conference Chair

Who Should Attend?

Any healthcare practitioners specializing in arthroplasty, arthroscopy and orthopaedic sports medicine including:

- Orthopaedic Surgeons
- Fellows
- Residents
- Podiatrists
- Physician Assistants
- Nurse Practitioners
- Physical Therapists
- Athletic Trainers

Up To
32.5
CME/CEU
Hours

Conference Chair



KEVIN D. PLANCHER, MD
Clinical Professor
Albert Einstein College of Medicine

Conference Vice Chair



BRIAN D. BUSCONI, MD
Chief of Sports Medicine and Arthroscopy
University of Massachusetts Memorial Hospital

Honored Professors



W.Z. BUZ BURKHEAD, JR., MD - SHOULDER
Clinical Professor
The Carrell Clinic



SIGVARD T. HANSEN, JR., MD - FOOT & ANKLE
University of Washington



FRANK R. NOYES, MD - KNEE
Cincinnati Sports Medicine & Orthopaedics
Hospital for Special Surgery



CHITRANJAN S. RANAWAT, MD - KNEE
Hospital for Special Surgery



STEPHEN J. SNYDER, MD - SHOULDER
Orthopedic Surgeon, Director of the
SCOI CLASroom
Southern California Orthopaedic Institute

Distinguished Professors



STEVEN P. ARNOCKY, DVM
Director, Lab for Comparative
Orthopaedic Research
Michigan State University



JOHN J. CALLAGHAN, MD
University of Iowa Hospitals and Clinics



MICHAEL J. COUGHLIN, MD
Professor of Orthopaedics
University of California, San Francisco



WILLIAM N. LEVINE, MD
Frank E. Stinchfield Professor and Chairman
New York Presbyterian/Columbia University
Medical Center



HOLLIS G. POTTER, MD
Chairman, Department of Radiology
and Imaging
Hospital for Special Surgery

International Honored Professors



CHRISTIAN FINK, MD - KNEE
Professor, Unit Leader
Gelenkpunkt - Center for Sports and Joint
Surgery Innsbruck



GIOVANNI DI GIACOMO, MD - SHOULDER
Chief of the Orthopaedic Department
Concordia Hospital for Special Surgery

Knee Arthroplasty Chair



GILES R. SCUDERI, MD
Fellowship Director, Adult Knee Reconstruction
Northwell Health Orthopedic Institute
Knee Cartilage & Biologics Chair

Knee Cartilage & Biologics Chair



THOMAS M. DEBERARDINO, MD
Associate Professor, Orthopaedic Surgery
UCONN Health

Knee Sports Medicine



Co-Chairs
DARREN L. JOHNSON, MD
Professor and Chairman
University of Kentucky College of Medicine,
Department of Orthopaedic Surgery
& Sports Medicine



MATTHEW T. PROVENCHER, MD
The Steadman Clinic and Steadman
Philippon Research Institute



Vice Chair
DAVID MCALLISTER, MD
Professor and Chief, Sports Medicine Service
David Geffen School of Medicine at UCLA

Shoulder Sports Medicine



Chair
CLAUDE T. MOORMAN, III, MD
Professor, Orthopaedic Surgery
Duke University Medical Center



Vice Chair
BRIAN J. COLE, MD, MBA
Midwest Orthopedics at Rush University

Shoulder Arthroplasty & Fractures



Chair
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Professor of Orthopaedics
Medical University of South Carolina



Vice Chair
LAWRENCE V. GULOTTA, MD
Hospital for Special Surgery

Hip Preservation



Chair
ALLSTON J. STUBBS, MD
Medical Director Hip Arthroscopy,
Associate Professor
Wake Forest School of Medicine



Vice Chairs
SRINO BHARAM, MD
Director of Hip Arthroscopy
Lenox Hospital

Foot & Ankle



Chair
JAMES W. STONE, MD
Assistant Clinical Professor of
Orthopedic Surgery
Medical College of Wisconsin

Allied Health Sports Medicine Summit



Co-Chairs
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Associate Clinical Director
Champion Sports Medicine



CHARLES A. THIGPEN, PT, PHD, ATC
ATI Physical Therapy

Chief Educational Officer



STEPHANIE C. PETERSON, PHD
Director of Clinical Research
Orthopaedic Foundation

FACULTY

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Keith Berend, MD
Jack M. Bert, MD
Shariff K. Bishai, DO, MS
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Sabrina M. Strickland, MD
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Shoulder Sports Medicine

Jeffrey S. Abrams, MD
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Giovanni Di Giacomo, MD
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Larry D. Field, MD
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Spero G. Karas, MD
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William B. Stetson, MD
Sonia A. Szlyk, MD
Scott W. Trenhaile, MD
Nikhil N. Verma, MD
Ilya Voloshin, MD

Shoulder Arthroplasty & Fractures

Joseph A. Abboud, MD
W.Z. "Buz" Burkhead, Jr., MD
T. Bradley Edwards, MD
Mark A. Frankle, MD
Richard J. Friedman, MD
Leesa M. Galatz, MD
Lawrence V. Gulotta, MD
William N. Levine, MD
Mark Mighell, MD
Anthony Miniaci, MD

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John W. Sperling, MD
Patrick St. Pierre, MD
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Ilya Voloshin, MD
Thomas Wright, MD

Hip Arthroplasty & Preservation

Keith Berend, MD
Srino Bharam, MD
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Brian D. Busconi, MD
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Allston J. Stubbs, MD, MBA
Misty Suri, MD
Sonia A. Szlyk, MD

Foot & Ankle

Robert B. Anderson, MD
Gregory Berlet, MD
Michael J. Coughlin, MD
Richard D. Ferkel, MD
Carol Frey, MD
David Gitlin, DPM
Mark Glazebrook, MSc, MD, PhD
Sigvard T. Hansen, Jr., MD
Sam A. Labib, MD, MSc
Peter G. Mangone, MD
James A. Nunley, MD, MS
David I. Pedowitz, MS, MD
Phinit Phisitkul, MD
Steven M. Raikin, MD
James W. Stone, MD
Troy S. Watson, MD
Alastair S. Younger, MD

Allied Health Sports Medicine Summit

Lane Bailey, PhD, PT
John Cavanaugh, PT, MEd, ATC, SCS
George J. Davies, DPT, PT, ATC, CSCS
Todd Ellenbecker, DPT, MS
Dirk Kokmeyer, PT, OCS, SCS
Darin Padua, ATC, PhD
Mark V. Paterno, PhD, PT, ATC
Lynn Snyder-Mackler, PT, ATC, SCS, ScD
Charles A. Thigpen, PT, PhD, ATC
Kevin E. Wilk, PT, DPT

CME & CEU Information

CME/CEU accreditation will be secured for 32.5 credits for the following:

- AMA PRA Category 1 Credit(s)TM
- CPME Contact Hours
- BOC Category A Continuing Education Credits
- ProCert Continuing Competence Units (CCUs)
- ANNC Contact Hours

Learning Objectives

Following the Orthopaedic Summit 2016: Evolving Techniques, participants should be able to:

- Summarize current controversial issues in orthopaedics.
- Evaluate and create a patient's treatment plan that provides for non-operative, operative, and rehabilitation regimes.
- Analyze evidence-based studies and apply the results to clinical scenarios.
- Identify appropriate pathology when evaluating MRI and arthroscopic images of the joints.
- Prevent or correct complications when performing surgical interventions, as well as manage rehabilitative techniques and postsurgical intervention.
- Identify the basic science of osteochondral lesions of the talar dome, ankle instability, and tendinopathy of the foot and ankle to appropriately determine the best management options for patients.
- Evaluate the surgical steps required to treat rotator cuff, labral pathology, adhesive capsulitis, and degenerative conditions of the shoulder.
- Evaluate treatment options for meniscal and ligamentous injuries, and analyze controversial issues in ACL surgery.

Our Venue

The Mirage, Las Vegas

The Orthopaedic Summit 2016: Evolving Techniques will take place at The Mirage in Las Vegas, a world renowned hotel with free Wi-Fi, and fabulous dining and entertainment options. Room rates for OSET participants start at an incredible rate of \$109 per night! We urge you to make reservations as soon as possible as room availability is limited.

Visit www.orthosummit.com to book your accommodations.

Resort fee includes:

- Complimentary, in-room, high-speed internet access
- Complimentary, property-wide, wireless internet access
- Complimentary printing of boarding passes, copies and faxes up to 10 pages, and notary services at the Business Center
- Unlimited local and toll free calls
- Complimentary access to the fitness center

**Rooms are subject to a daily, reduced Resort fee of \$22, plus the current Clark County room tax of 12% (subject to change) in addition to the room rates.*

This activity is jointly provided by Medical Education Resources, OSET Inc. and MCJ Consulting.

This activity is supported by educational grants from TBD.

PANEL DISCUSSIONS & CASE PRESENTATIONS WITH THE EXPERTS!

AUDIENCE PARTICIPATION ENCOURAGED!



WEDNESDAY, DECEMBER 7, 2016 KNEE ARTHROPLASTY, CARTILAGE & BIOLOGICS

THE PAINFUL TOTAL KNEE

The X-Ray Looks Good But Feels Bad - How I Manage My Patient
I Heard A Crack Around My Thigh One Year After My Total Knee Replacement - Treatment Algorithm
Extensor Mechanism Reconstruction in a 42-Year-Old Weight Lifter with Total Knee Arthroplasty - 5 Steps to Success
How to Avoid the Unstable Total Knee Replacement
Management of Bone Loss During Revision Total Knee Arthroplasty
The 51-Year-Old Stiff Knee: More Than 20 Years of Experience - I Can Solve It!
Metal Allergies After an Artificial Prosthesis: How to Detect and What to Do

BUNDLED PAYMENTS IN OUTPATIENT SURGERY

Panel: Total Joints & Bundled Payments: It Is Here Now
Pro: Creating a Standard to Compete and Protecting Yourself!
Pro: What Causes A Readmission: 5 Tips and Tricks
Decreasing Total Joint Implant Costs and Physician Specific Cost Variation Through Negotiation
TKA - Outpatient It's Here

TOTAL KNEE ARTHROPLASTY - WHAT'S NEW AND EN VOGUE?

Debate: My Doctor Says I Need Bilateral Total Knees
Pro: I Do It All The Time! Never Lose Blood, It Is The Way To Go!
Pro: I Can't Even Think of the Mortality Let Alone the Morbidity
Evolving Technique Update: The Patella in TKA - When I Replace and When I Don't and Why - Know the Outcomes and Facts!
Panel: Buzz Words in Total Knee Alignment
Pro: I Am A Technician - Mechanics Are What Will Ensure A Perfect TKA
Pro: I Haven't Changed - It's Anatomic
Pro: Listen Up! Kinematics Is All That Matters - I Have Said It for 15 Years
The Bariatric Patient (BMI>40) and Total Knee Arthroplasty: Is There Any Risk? How to Minimize!
Honored Professor Lecture: My Perspective: Innovation, Education, Patient Care, Family Values and Philanthropy
Panel: Pain Control in Total Knee Arthroplasty
Pro: Liposomal Bupivacaine Injections Are the Way to Go! Finding the Perfect Patient!
Pro: A Single Shot, Intra-articular Injection is Simple and Efficacious! Optimizing Pain Management
Oral and IV Tranexamic Acid - Which is Better, Why Do I Have to Use Them?

COMPLICATIONS IN TOTAL KNEE ARTHROPLASTY: INFECTIONS AND DVT

The Infected Total Knee Gets Infected Again: 5 Steps to Avoid & Diagnose This Problem - Do It Right the First Time!
Update on Periprosthetic Joint Infections - We Do Have the Answers! Listen Up! - My Treatment Algorithm
Panel: Pulmonary Embolus - Are We Still Understanding How to Avoid It?
Pro: I Use Aspirin, Sometimes the New Products and I Have the Evidence
Pro: I Have Never Changed, Coumadin Let's Me Sleep at Night
Evolving Technique Update: The Postop Dressing: There Are So Many New Thoughts - Does It Make A Difference?
Evolving Technique Update: Vitamin D: Is It Necessary for Your Patient Preop? What Is Its Role? What's The Buzz?

THE YOUNG PATIENT: ARTHROPLASTY / CARTILAGE ISSUES

Panel: 46-Year-Old Skier, 20 Years Ago Had a Complete Medial Meniscectomy
Pro: Subchondroplasty Has Arrived! Treating The Bony Edema - It's Simple! Jump On Board Now!
Pro: Understanding the Osteotomy, The USA Doesn't Know How To Do It!
Pro: Don't Burn A Bridge! Do the Unicondylar Knee
Pro: The Total Knee Replacement, Why Is There Any Decision To Be Made? It Is A Sure Thing!

UNICONDYLAR KNEE ARTHROPLASTY & THE PATELLOFEMORAL JOINT

Panel: The Unicondylar Knee: An Art & Science
Pro: The Robot Gets It Perfect For Your Patient
Pro: Patient Specific Jigs Are The Only Way to Go!
Pro: Experience Teaches You, Keep It Simple For Great Success
Pro: Mobile Bearing Uni Trumps All Fixed Bearing Knees
Panel: Clinical Applications of UKA and Outcomes
Pro: Medial Uni Knee Arthroplasty in Patients Under 50 - Expectations and Facts
Pro: Lateral Unicondylar Knee Arthroplasty and Return to Sport
Panel: The Patellofemoral Joint
Pro: Patellofemoral Arthroplasty with Complex Patellofemoral Realignment Procedures
Pro: I Can't Walk Upstairs Doc! Patellofemoral Resurfacing: Restoring a Congruent Joint Using Inlay Arthroplasty

CARTILAGE: THE NEWEST PROCEDURES TO RESTORE THE ARTICULAR SURFACE

Distinguished Professor Lecture: Orthobiologics: The Evolution Continues
Working Up My Patient and the Role of Alignment Prior to Any Cartilage Procedure: An Algorithm for Success
Distinguished Professor Lecture: MR Imaging of Cartilage Lesions & Lessons Learned
Evolving Technique: Off-The-Shelf Osteochondral Allograft for Cartilage Defects: A Simple Solution That Works!
Evolving Technique: Juvenile Cartilage Implantation: Does It Have Merit and For Which Patients?
Autologous Chondrocyte Implantation in a 23-Year-Old Basketball Player: I Am A Believer and You Should Be Too!
The Role of Physical Therapy in the Patient with a Cartilage Lesion: Winning Over Your Therapist
Debate: 33-Year-Old Soccer Player with a 1.9cm Lesion on the Medial Femoral Condyle Post-Menisectomy Age 17
Pro: Osteochondral Autograft Is the Way To Go!
Pro: Fresh Osteochondral Allograft Restores All Function
Single Stage Cartilage Regeneration for the Patella - New Concepts, Biocartilage and Other Materials
Evolving Technique: A New Biomaterial to Treat Chondral Lesions Made Simple!
Stem Cells and New Scaffolds for the Future & Coding
Case Presentations with Questions and Answers: OCD and Complex Cartilage Cases

WEDNESDAY, DECEMBER 7, 2016 HIP ARTHROPLASTY & PRESERVATION - CONCURRENT

HIP ARTHROPLASTY: THE MODERN FRONTIER

Debate: Timing is Everything: Hip Replacement in the Under 50-Year-Old Patient
Pro: Get To It! Why I Go For Quality Of Life! Operate!
Pro: Hold The Scalpel! Why I Delay The Inevitable!
Debate: Bridge the Gap: Hip Resurfacing Before Traditional Arthroplasty - Buys Time!
Pro: Hip Resurfacing is Legal, Legitimate & Longstanding!
Pro: A Traditional Hip Replacement is THE Choice!
What I Have Learned About Ideal Acetabular Cup Placement - My Secrets
Evolving Technique: Why Outpatient Total Hip Replacement is the Future
Update on Metal on Metal Total Hip Replacement - What I Need to Know to Keep Me Out of the Courts!
Ceramic Heads in Total Hip Arthroplasty Is The Way To Go! Who and Why!
The Asymptomatic Total Hip Replacement With A Suspicious X-Ray - When Do I Intervene?
Debate: Your Surgical Approach to Success: Anterior Versus Posterior
Pro: Get with the Times: Anterior Hip Equals Victory!
Pro: Go With What You Know: Posterior Hip is Nirvana

COMPLICATIONS IN TOTAL HIP ARTHROPLASTY

Revision Total Hip Arthroplasty In A 75-Year-Old With A Periprosthetic Fracture - My Algorithm
Managing the Unstable Hip Arthroplasty
Update on Hip Infections: 5 Minutes to Save You A Lifetime
What I Have Learned About Posterior Acetabular Wall Fractures
Evolving Technique: Leg Length Discrepancy: All The Ways I Use To Get It Right!
Debate: Rotator Cuff Tear of the Hip: Say What?!? When It Matters!
Pro: Fix the Gluteal Tear - It Is A Real Problem, No THA Required!
Pro: Don't Kid Yourself - Manage Nonoperatively and Plan the THA!
Mini-Debate: It's Screw or Be Screwed - Optimizing Acetabular Fixation
Pro: One Screw, Maybe Two: How I Secure My Acetabulum!
Pro: Less Is More, Press Fit to Win It!
Evolving Technique: Lessons in Hip Navigation and Future Applications



LIVE SURGICAL BROADCAST ANTERIOR HIP ARTHROPLASTY STEFAN W. KREUZER, MD, MS

Debate: Two is Better than One: Always Try to Put It Back Together
Pro: ORIF the Acetabular Fracture Every Time!
Pro: Don't Kid Yourself - Let It Heal In Situ and Plan the THA!
Debate: Athletic Pubalgia: Is It Real and Does It Stop You From Performing An Arthroscopy
Pro: Core Muscle Injury Is The Reason For Anterior Pelvic Pain
Pro: FAI Is The Reason For Anterior Pelvic Pain - Hip Arthroscopy Is First Choice

HIP PRESERVATION: ARTHROSCOPY & OSTECTOMY

Debate: Moderate Osteoarthritis of the Hip: Don't Throw the Hip Out Without A Fight
Pro: Carpe Diem: Hip Arthroscopy is the Best Option to Hip Preservation!
Pro: Don't Believe the Hype: When the Ship Has Sailed Don't Scope!
New Techniques in Hip Anesthesia: Blocks and More Surprises!
What I've Learned In Over A Decade Of Labral Repair
The Future of Hip MRI with Clinical Correlations: A Guided Panel Discussion
Getting the Most Out of Your Hip Rehab: Post Operative Tips and Tricks

THE ATHLETE'S HIP

Debate: Hip Instability is Real Instability: Don't Fool Around with the Capsule
Pro: Close Every Capsule, Every Time, or You Will Be Unstable
Pro: Let It Breathe! Capsular Closure is Not the Solution for Hip Stability
Hip Preservation Versus Other Options in the Athlete's Hip
Debate: Borderline Dysplasia is Real Dysplasia: Don't Fool Around
Pro: PAO is the Best Option for Borderline Dysplasia!
Pro: No One is Fooling Around: Scope It First!
Arthroscopic Lessons in the Total Hip Population
Rapid Fire Case Decisions
Case 1: AVN of the Femoral Head
Case 2: Perthes & SCFE
Case 3: Acetabular Dysplasia
Case 4: Moderate Hip OA
Mini-Debate: To Scope or Not to Scope After a Hip Dislocation: That is the Question
Pro: I Rarely Scope After a Hip Dislocation: Wait and See!
Pro: Of Course I Scope It: No Time Like The Present!

Evolving Technique: Tips and Tricks of Managing Global Impingement: From Labrum to Rehab

Debate: No One is Pulling Your Leg: Hamstring Tears are Surgical Problems

Pro: Arthroscopic Hamstring Repair is the Only Way To Go!

Pro: Do It Right the First Time - Open Hamstring Repair Is It!

THURSDAY, DECEMBER 8, 2016 KNEE SPORTS MEDICINE & PRACTICE MANAGEMENT

ANTERIOR CRUCIATE LIGAMENT

Panel: ACL Reconstruction in a 19-Year-Old Wrestler - Time to Create the Femoral Tunnel

Pro: Transtibial with a Notchplasty - I Haven't Changed!

Pro: Anteromedial Portal with Flexible Reamers - How to Get Anatomic!

Pro: Back to the Future: Outside-In - It's Perfect

Pro: All-Inside: Hop on Board!

Panel: A 29-Year-Old Recreational Soccer Player: Choosing the Type of Graft - Female or Male: Does It Make A Difference?

Pro: Hamstring! Is There Any Question?

Pro: Bone-Patella-Bone! No Thought Process!

Pro: Quad Tendon Please!

Evolving Technique: Allograft ACL: It's Good for All Ages - Listen Up! Ignore the Media

The ACL Deficient Knee: Anterolateral Ligament Reconstruction - Why Add? What Is It?

New Fixation Ideas in the Hamstring ACL: Why is Everyone Using It?

Mini-Honored Professor Sage Advice: The Comprehensive Knee Exam Made Simple

Distinguished Professor Lecture: ACL Graft Biology: Why the Different Clinical Outcomes Between Autografts and Allografts?

Revision ACL: Tips & Tricks for Success

Evolving Technique: Anatomic ACL Reconstruction - What Does It Mean?

5 Complications to Avoid with ACL Surgery in 10 Minutes

Evolving Technique: Quadriceps and Patellar Tendon Ruptures: Pearls and Pitfalls in Surgical Treatment

WHAT IS THE TRUTH? DEBULKING MYTHS!

Debulking Dogma: A Little Science - CPM, Icing, and Braces - What's the Truth!

Debulking Dogma: Return to Sport and the Sport Test: It's Objective - Listen Up!

Debulking Dogma: DVT After Arthroscopic Procedures: Does It Exist? Should We Be Worried?

Debulking Dogma: Regional Anesthesia for ACL Surgery: Danger or Safety?

Debulking Dogma: The Decelerated Rehab Program: Smarter and Ensuring Success

Honored Professor Lecture

THE CORNERS

The Posteromedial Corner - That's Where the Action Is!

Repairing the Posterolateral Corner: Acute and Chronic

Distinguished Professor Lecture: MRI of the Knee: A Whirlwind Tour - ACL, PCL, Collateral Ligaments, and The Meniscus

PCL AND MULTILIGAMENT

Panel: Combined ACL/Grade III MCL Injury in a 31-Year-Old Basketball Player: Surgery and Timing

Pro: MCL Heals with Operative Treatment

Pro: MCL Heals with Nonoperative Treatment

Panel: PCL Update: My Graft, My Way - It Works!

Pro: Arthroscopic Achilles Allograft - Still Going Strong

Pro: Single Bundle Inlay: It's Safe and Reproducible

Pro: Arthroscopic All-Inside with Flipcutter

Evolving Technique: Knee Dislocation: Timing and Ways to Manage Expectations and Understanding Outcomes

PATELLOFEMORAL

Patellar Instability: A European Approach

First Time Patellar Dislocation: Which Ones Need Surgery, Why and How!

Anterior Knee Pain and Patellar Instability

International Honored Professor Lecture: MPFL Reconstruction - An Arthroscopic Method

MPFL Complications: Ways to Avoid and How to Salvage

Trochlear Dysplasia: What Is This All About? How Do I Treat It?

Patellofemoral Instability in Athletes: Perfecting the Distal Patellar Realignment with Outcomes!

Patellofemoral Rehabilitation: What Should Be the Focus?

OSTEOTOMY

Evolving Technique: Immediate Weight Bearing with HTO - A Game Changer!

MENISCUS

Distinguished Professor Lecture: Update: Meniscal Repair, Regeneration, and Replacement: How Are We Doing and What Lies In The Future?

Evolving Technique: Medial Meniscus Root Tears - A New Technique to Fix Them

Single Portal Arthroscopy: Outcomes, Technique, and Why You Need to Change!

Evolving Technique: Meniscal Transplantation in a 23-Year-Old: How to Make It Work! Pearls and Pitfalls

Evolving Technique: Is There a Role for Collagen Meniscal BioScaffolds? It's Not as Hard as It Seems!

Evolving Technique: The Bucket Lateral Meniscus - How I Fix It! Rehab for Meniscal Tears - When I Weightbear, When They Return to Sport

FRIDAY, DECEMBER 9, 2016 SHOULDER SPORTS MEDICINE

ROTATOR CUFF

Panel: 33-Year-Old Squash Player with a Partial Thickness Articular Sided Rotator Cuff Tear

Pro: Take It Down! Get the Results!

Pro: In Situ for An Anatomic Preservation

Pro: Don't Touch It, Patch It!

Pro: Nonoperative Treatment Is the Smartest

Evolving Technique: Asymptomatic Rotator Cuff Tear: Is It Going to Get Bigger Doc? What Do I Do?

My Algorithm for Small, Medium, and Large Rotator Cuff Tears

Panel: 61-Year-Old Skier from Teleuride with a Massive Rotator Cuff Tear

Pro: Anatomic Repair, No Dog Ears - Let Me Teach You My Tricks!

Pro: Tendon Transfers, The Latissimus, Makes It Work!

Pro: Repair with Augmentation

Pro: You Are All Wrong! Superior Capsular Reconstruction

Arthroscopic Transosseous Cuff Repair: Results and Outcomes

Evolving Technique: I Fixed the Cuff But My Patient is Stiff: What Happened, How I Fix It, How I Avoid It

Evolving Technique Update: Rehabilitation for the Irreparable Cuff Tear: How I Make It Work

Evolving Technique: Outcomes of Rotator Cuff Surgery: Are We Helping Our Patients?

Regional Ultrasound Blocks for Outpatient Surgery - What to Tell Your Anesthesiologist

Case Presentations and Discussion: Rotator Cuff Tears - Complications

Evolving Technique Update: Stem Cells and Their Use in Shoulder Pathology

Distinguished Professor Lecture: Advances in Shoulder MRI - Cuff, Biceps & Instability

Honored Professor Lecture: My 15 Year Experience and Future Outlook for Human Dermal Allografts Matrix for Supplementing and Augmenting The Compromised Rotator Cuff Tendon

LABRUM AND BICEPS

Evolving Technique Update: How I Diagnose A Partial Proximal Biceps Tear - Live Demonstration

Panel: How I Treat the Painful Biceps - How I Do It - Technique

Pro: I Do It Arthroscopic Suprapectoral

Pro: I Do Arthroscopic Subpectoral - A New Portal

Pro: I Do A Tenotomy Whenever I Can - I Have the Proof

Evolving Technique: The SLAP Tear in the Overhead Athlete: Where Are We in 2016?

Evolving Technique: The 9-Year-Old with a SLAP Tear After All Year Round Baseball - What I Do

Evolving Technique Update: 3 Tips in 5 Minutes to Have the Overhead Thrower Succeed Without Surgery

Evolving Technique Update: Rehabilitation in the Overhead Throwing Athlete - 3 Tips in 5 Minutes

Panel Discussion with Case Presentations: Biceps and Labral Pathology - Stump the Stars!

AC JOINT

Mini-Panel: A Grade III/IV AC Joint Dislocation in a 21-Year-Old Lacrosse Player

Pro: Anatomic, Open Treatment, Classic - Great Success!

Pro: Using the Hamstring, Can You Get the Reduced AC Joint Pain Free and Cosmetic

Pro: I Use the Hook Plate

Pro: Let's Wait To See Who Really Needs It!

Distinguished Professor Evolving Technique: Calcific Tendinitis - Gone in a Flash!

ANTERIOR INSTABILITY

Guidelines for Return to Play Following Anterior Instability Repair

5 Tips and Tricks for Anterior Instability in the Contact Athlete: Open or Arthroscopic

45-Year-Old Tennis Player with an Anterior Dislocation Feels Fine Wants to Know Why You Should Operate, Or Should You?

Evolving Technique: My Technique for an Arthroscopic Bankart

Evolving Technique: My Technique for an Open Latarjet

International Honored Professor Lecture: How I Assess Bone Loss: On Track, Off Track - What Does It Mean?

MISCELLANEOUS TOPICS IN ANTERIOR SHOULDER INSTABILITY

Evolving Technique: Instability of the Overhead Thrower: Should We Do More?

Evolving Technique Update: The ALPSA Lesion: Are the Outcomes Really Worse? Should I Beware?

Evolving Technique: HAGL, Reverse HAGL - How to Recognize, I Can Fix It Arthroscopically But Maybe I Shouldn't

Innovation Requires Surgeons and Bioengineers To Cooperate

Distinguished Professor Lecture

Past Honored Professor Lecture: Shoulder Arthroscopy: Why Do We Ignore Evidence?

BONE LOSS IN INSTABILITY

Evolving Technique: Humeral Bone Loss with Instability - Remplissage is Necessary

Debate: Glenoid Bone Loss with Instability

Pro: I Use Distal Tibial Allograft

Pro: My Bone Graft is Contoured Made - Hot Off The Press!

Debate: Revision Stabilization in a 23-Year-Old Out-of-Season Division I Wrestler Failed Primary Arthroscopic Bankart

Pro: Bankart Revision Stabilization

Pro: Are You Kidding?!? Time For The Latarjet!

POSTERIOR INSTABILITY

Evolving Technique Update: Posterior Instability: How I Do My Physical Exam

Arthroscopic Repair of A Posterior Bankart Lesion - My Tips and Tricks

Evolving Technique Update: The Disabled Throwing Athlete: It is the Hidden Posterior Labral Injury - Beware!

MULTIDIRECTIONAL INSTABILITY

The Inferior Capsular Shift for MDI Patients - Is It A Thing of the Past, Do I Ever Do It Open

Panel Discussion with Case Presentations: Complex Instability and Complications

FRIDAY, DECEMBER 9, 2016 FOOT & ANKLE PART I - CONCURRENT

ANKLE ARTHRITIS

Panel: 45-Year-Old Machinist 10 Years After ORIF of Distal Tibia Fracture

Pro: Open Arthrodesis: The Gold Standard - Gets Him Back To Work Every Time

Pro: Arthroscopic Arthrodesis: I Get Him Back To Work Faster

Pro: "Total Ankle Replacement": I Use It For The Younger Patient

Total Ankle Replacement: 5 Tips in 5 Minutes To Avoid Complications

Revision Total Ankle Replacement: How To Salvage A Failed Total Ankle Replacement with Bone Loss

Evolving Technique: Conversion of Fusion to Total Ankle Replacement: Can It Really Happen?

Ankle Fusion: Step-by-Step - Don't Forget How, When, and Why!

HONORED PROFESSOR'S CORNER

Lecture 1: Unique Anatomic Features of the Foot that Influence Treatment Choices

Lecture 2: Lower Extremity Alignment: Problems Related to Foot Function

Lecture 3: Arthrodesis Considerations in Essential Joints of the Foot

Lecture 4: Muscle Balancing in the Foot and Ankle

Distinguished Professor Lecture: Turf Toe and Lesser Toe Plantar Plate Injuries: What You Need To Know!

Lecture 6: Useful Osteotomies in the Foot and Ankle - Effective Fixation at Reasonable Cost

Lecture 7: All About Toes - History and Pathophysiology of Claw Toes and Their Treatment

Lecture 8: Ankle Fusion? Think about later Takedown and Conversion to TAA

2nd Annual Fellow & Resident Summit!
Cash Awards!
Saturday, December 10
Submit Abstracts by August 15, 2016

**FRIDAY, DECEMBER 9, 2016
ALLIED HEALTH SUMMIT PART I – CONCURRENT**

KNEE SESSION

ACL Prevention Programs: Are We Successful & What Needs to be Done to Avoid Injury!
Recovery to Optimize Rehabilitation Following Knee Injury: Load Monitoring is Key!
Slow is the New 2016! Forget Early Rehab Progression and Return to Sport Following ACLR
Integration of Recovery Science in Rehabilitation and Return to Sport Following Knee Injury
Mini-Honored Professor Lecture: The Comprehensive Knee Exam Made Simple
Guest Surgeon Lecture: My Experience As A Team Physician: Working To A Goal With My PTs and ATCs
Guest Surgeon Lecture: Debulking Dogma: A Little Science - CPM, Icing, and Braces - What's the Truth!
Distinguished Professor Lecture: ACL Graft Biology: Why the Different Clinical Outcomes Between Autografts and Allografts?
Guest Surgeon Lecture: Bundled Payments for Allied Health Professionals: What You Need to Know!
Guest Surgeon Lecture: Social Media and Making Your Practice a Winner
Guest Surgeon Lecture: Medial Meniscus Root Tears and the Bucket Lateral Meniscus
Rehabilitation for Meniscus Tears: When I Weightbear, When I Return to Sport
Guest Surgeon Lecture: Orthobiologics: The Future of Orthopaedics for Articular Cartilage Defects of the Knee
Rehabilitation Strategies for Patients with Knee Joint Preservation

HIP SESSION

Guest Surgeon Lecture: Differential Diagnosis of Athletic Hip Pain: Sports Hernia to FAI
Understanding the Diagnosis of Hip Problems: When to Refer to the Surgeon and When to Hold On!
Postoperative Rehab Following FAI and Labral Reconstruction for Hockey and Soccer Athletes
Guest Surgeon Lecture: Proximal Hamstring Tears: When to Fix, When Not, How I Do It, and What You Need to Consider for Rehab

WORKSHOP #1: MRI AND ULTRASOUND FOR THE HIP AND KNEE PATIENT

Distinguished Professor Lecture: An MRI Primer for the Knee and Hip
Guest Surgeon Lecture: A Primer of Ultrasound for the Knee and Hip

WORKSHOP #2: TOTAL HIP REPLACEMENT FROM OPERATION TO REHAB

Guest Surgeon Lecture: Hip Replacement in the Under 50-Year-Old Patient: Hold the Scalpel, Why Delay?
Guest Surgeon Lecture: The Rave: Anterior Total Hip Replacement Rehab Following Total Joint Replacement: Avoid Complications and Return to Sports and ADLs

CONCURRENT WORKSHOP #3

How Fast is Too Fast? Rehabilitation Considerations Following UCL Injury: Nonoperative, Internal Splinting and Traditional UCLR

CONCURRENT WORKSHOP #4

Hocus Pocus or Cutting Edge Treatment? When to Use Blood Restriction, Scraping, Stem Cells and other Magic Remedies

**SATURDAY, DECEMBER 10, 2016
SHOULDER ARTHROPLASTY & FRACTURES**

PROXIMAL HUMERUS FRACTURES

Evolving Technique: The Elderly Comminuted Proximal Humerus Fracture: How I Get Motion
Evolving Technique Update: Tuberosity Healing After Fracture Fixation with a Hemi: How I Do It Step-by-Step
Panel: 59-Year-Old Weekend Ice Hockey Player With A 3 ½ Part Proximal Humeral Fracture - My Way!
Pro: The New Locked IM Nail: Is It Safe?
Pro: Proximal Humeral Plating
Pro: Role of the Reverse Shoulder Arthroplasty
Evolving Technique: "The Cage" as a Remedy for the Proximal Humerus Fracture!

REVERSE SHOULDER ARTHROPLASTY

Evolving Technique: The Impact of Humeral Component Position on Functional Outcomes in Reverse Shoulder Arthroplasty
Panel: Reverse Shoulder Arthroplasty Indications
Pro: My Results for Primary Osteoarthritis
Pro: My Results for Acute Fractures
Pro: My Results for Massive Rotator Cuff Tears

Evolving Technique: What I Do With Humeral Bone Loss in a Reverse Shoulder Arthroplasty
Evolving Technique: What I Do With Glenoid Bone Loss in a Reverse Shoulder Arthroplasty
Evolving Technique: Stemless Reverse Shoulder Arthroplasty Revision of A Failed Lateralized Reverse Shoulder Arthroplasty - Lessons Learned
Evolving Technique: Metal Allergies in Shoulder Arthroplasty - How I Detect It
Evolving Technique Update: Reverse Shoulder Arthroplasty in the Morbidly Obese Patient - The Facts to Make It Safe with Outcomes
Evolving Technique Update: Reverse Shoulder Arthroplasty in the Young Patient
Honored Professor Lecture: Complications in Shoulder Arthroplasty
Panel: Complications with Reverse Shoulder Arthroplasty
Pro: Nerve Problems - How I Avoid Them
Pro: Scapular Notching
Pro: Acromial and Scapular Spine Fractures
Evolving Technique: The Infected Reverse and Total Shoulder Arthroplasty: How to Prevent and How to Treat
Evolving Technique: Reverse Shoulder Arthroplasty: Can You Really Convert From a Total Shoulder? Does It Work?

TOTAL SHOULDER ARTHROPLASTY

Evolving Technique: Shoulder Osteoarthritis in the Under 45-Year-Old Patient: What to Do - An Algorithm
Predicting Satisfaction After Total Shoulder Replacement
Evolving Technique: The Approach to the Subscapularis: Keeping It Safe
Evolving Technique: Subscap Sparing Approach in Humeral Head Replacement
Evolving Technique: Partial to Total Shoulder Resurfacing for the Young Active Patient
Evolving Technique: What is New in Total Shoulder Arthroplasty Design: Pyrocarbon Heads Bring Back the Hemi
Evolving Technique: Stemless Total Shoulder Arthroplasty - Why Change?
Evolving Technique: How I Get Exposure for the Difficult Glenoid
Evolving Technique: The Biconcave Glenoid: How I Solve the Problem
Evolving Technique: Debulking Dogma: DVT Prophylaxis in Total Shoulder Arthroplasty Patients - Why and Who?
Move Over Total Shoulder: The Reverse is King!
Final Panel: Two Tips of Sage Advice for Performing TSR/RSA

**SATURDAY, DECEMBER 10, 2016
FOOT & ANKLE PART II – CONCURRENT**

ACHILLES TEARS

Panel: 50-Year-Old Former Minor League Baseball Player, Stealing 2nd, Feels A Pop
Pro: Traditional Open Repair: Still The Gold Standard 2016
Pro: Minimally Invasive Repair: Avoid The Complications, Less Is More! I'll Show You How - New Toys
Pro: Nonoperative Treatment: Read The Literature! Canada, Sweden - Wake Up USA!
Debate: 75-Year-Old Orthopaedic Surgeon: How To Fix the Neglected Achilles Tear
Pro: I Bridge The Gap: Autograft FHL
Pro: I Bridge The Gap: With My Allograft of Choice & A V-Y Release
Failed Achilles Repair: 5 Pearls To Avoid Complications
Honored Professor Commentary

BUNIONS

Bunions Made Better: 5 Pearls To Fit In My Louis Vuitton - Surgical Decision Making
Panel: 36-Year-Old Woman with Hallux Valgus - I Can't Fit into My Manolo's
Pro: The McBride: It Still Works For Many Patients!
Pro: 1st Metatarsal Osteotomy: How To Do It Right, When To Use It!
Pro: The Lapidus: Assessing the 1st TMT Joint - Tips and Tricks!
Pro: "Scarff": Too Complex for Prime Time?
Recurrent Hallux Valgus: Etiology and How to Fix
Recurrent Hallux Varus: Etiology and How to Fix
Plantar Plate Injuries: Everything You Need to Know!

OSTEOCHONDRAL LESIONS OF THE TALUS

Panel: War of the Titans: Osteochondral Lesions of the Talar Dome
Pro: Debridement - Keep It Simple Stupid!
Pro: OATS - It's Been Around for Awhile
Pro: ACI/MACI - The Literature Proves It's Right for Your Patient!

Panel: Ankle Arthroscopy: New Frontiers - An Update
Pro: Posterior Ankle Arthroscopy
Pro: Subtalar Arthroscopy
Pro: Great Toe Arthroscopy

SYMPOSIUM: BIOLOGICS IN FOOT AND ANKLE SURGERY: THE FUTURE IS NOW!

Stem Cell Injections for the Athlete
PRP in Tendon and Ligament Injuries
BMAC and the Super Clot to Accelerate Healing

ANKLE SPRAINS

Debate: 16-Year-Old Soccer Player Recruiting Year with Grade III Acute Lateral Ankle Sprain
Pro: Nonoperative Treatment Works Fine!
Pro: Acute Repair, The Anatomy Is Simple!
Evolving Technique Update: The High Ankle Sprain: How To Diagnose, Avoid a Lawsuit, and Treat Successfully in 3 Minutes

CHRONIC LATERAL ANKLE INSTABILITY

Panel: 36-Year-Old Recreational Softball Player With Recurrent Ankle Sprains: Slid Into Home Base
Pro: The Brostrum Gould: It's Worked In My Hands!
Pro: The Arthroscopic Repair: The Literature Proves It's Safe!
Pro: There Is No Tissue: You Must Augment!
Pro: The Internal Brace: It Gets My Patients Back To Sports Faster Than All Of You!
Subtalar Instability: You Haven't Seen It But It Has Seen You: Diagnosis and Treatment

SYMPOSIUM: FRACTURES OF THE FOOT AND ANKLE

Arthroscopic Assisted ORIF for Fractures of the Midfoot and Forefoot
Tibial Plafond Fractures: Less Is More - Update 2016
Talar Fractures - Treatment Options - New Ideas
Calcaneal Fractures: Minimally Invasive Versus Traditional Open Approaches

**SATURDAY, DECEMBER 10, 2016
ALLIED HEALTH SPORTS MEDICINE
SUMMIT PART II – CONCURRENT**

ROTATOR CUFF & CALCIFIC TENDINITIS

Cervico-Thoracic Manual Therapy and Pain Science in Patients with Primary Shoulder Pain
7 Key Points to Successfully Treat the Rotator Cuff Patient Non-Operatively
Guest Surgeon Lecture: Anatomic Repair of the Massive Rotator Cuff Versus Reverse Shoulder Arthroplasty: How I Get It Done, Rehab, and The Economics!
Guest Surgeon Lecture: The Partial Thickness, Articular-Sided Rotator Cuff Tear - Patch It, Don't Take It Down!
Guest Surgeon Lecture: I Fixed the Cuff but My Patient is Stiff! What Happened?
Early vs. Delayed ROM Following Rotator Cuff Repair
Dry Needling: When it Works and Putting Together the Best Treatment Mix
Mini-Honored Professor Lecture: Rotator Cuffs and What I Have Learned to Help My Patients With Your Help!
Mini-Honored Professor Lecture: Calcific Tendinitis: A Complete Change of My Algorithm - What I Do Now!

INSTABILITY

The First Time Dislocator: Decision Making and Return to Play
Guest Surgeon Lecture: Glenoid Bone Loss and Instability - A Quick Primer
Guest Surgeon Lecture: Humeral Bone Loss and Instability - Remplissage
Guest Surgeon Lecture: Revision Stabilization: It's the Latarjet, Forget the Bankart!
Keys to Successful Rehabilitation Following Latarjet and Remplissage for Shoulder Instability

THROWING SESSION

What is GIRD and Does it Really Contribute to Shoulder Injuries in Throwers?
The SLAP Tear of the Shoulder: Non-Op versus Surgery - Repair versus Biceps
Guest Surgeon Lecture: The Disabled Throwing Athlete: Scapula and the Hidden Posterior Labral Tear
Guest Surgeon Lecture: Considerations of Rehab of the Immature Athlete: State of the Art 2016
Guest Surgeon Lecture: A Primer of Ultrasound Imaging for the Shoulder and Elbow
Clinical Application in Rehabilitation of US for the Shoulder and Elbow

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Course Registration (All Access) Knee, Shoulder, Hip, Foot/Ankle, Allied Health Sports Medicine Summit & Second Annual Fellow & Resident Summit	Until July 31, 2016	August 1 – September 30, 2016	After October 1, 2016
☐ Physician (All Access)	\$745 (43% Discount)	\$995 (24% Discount)	\$1,300
☐ Fellows & Residents* (All Access – Wednesday - Saturday)	\$200	\$200	\$300
☐ Allied Health (All Access – Wednesday - Saturday) (Athletic Trainers, Nurse Practitioners, Physician Assistants, Physical & Occupational Therapists)	\$375	\$400	\$425
Concurrent Sessions Only Registration			
☐ Hip Arthroplasty & Preservation - (Wednesday)	\$375	\$400	\$525
☐ Foot/Ankle Session Only - (Friday & Saturday)	\$375	\$400	\$525
☐ Allied Health Sports Medicine Summit - (Friday & Saturday)	\$250	\$275	\$325
☐ Second Annual Fellow & Resident Summit - (Saturday Only)	No Fee* - Course Registration Required		
Spotlight Sessions - Wednesday, December 7th 12:00pm – 1:30pm		Included in Registration - No Additional Fee	
☐ Spotlight Sessions to be Announced Soon			
Spotlight Sessions - Friday, December 9th 12:00pm – 1:30pm		Included in Registration - No Additional Fee	
☐ Spotlight Sessions to be Announced Soon			
Chairman's Reception - Thursday, December 8th		Included in Registration - No Additional Fee	
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