

HEADACHE UPDATE 2021

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JULY 15-18, 2021



Approved for 25.50 AMA
PRA Category 1 Credits™



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PROGRAM AGENDA OR
TO REGISTER, VISIT
WWW.DHC-FDN.ORG

***FREE** registration for AMITA Health® Employees,
Medical Residents & Fellows. Email info@dhc-fdn.org
for registration code.

Course Director: Merle L. Diamond, MD

Presented By:



DIAMOND HEADACHE CLINIC
RESEARCH & EDUCATIONAL
FOUNDATION

AMITA HEALTH®

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| INFO@DHC-FDN.ORG

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PROGRAM OVERVIEW | NEEDS ASSESSMENT

In the United States, 1.4% of all visits to office-based physicians are due to headache, which represents approximately 12 million physician visits in one year. According to recent studies, 8.7 million females and 2.6 million males in the US alone experience migraine. Existing and ongoing research activity in the field of headache has produced clinical data of which primary care providers should be cognizant in order to provide optimal care to headache sufferers. These data have significant implications for diagnosis and treatment and may challenge current assumptions about the role of healthcare professionals in the management of primary headache disorders. Practitioners should be knowledgeable about new findings concerning pharmacological agents used for the treatment of headache, including new formulations of existing medications and those recently available for headache management.

INTENDED AUDIENCE

This course is intended for all primary care providers and those specialists who have an interest in migraine and other headache disorders including but not limited to anesthesia, pain and addiction, internal medicine, family medicine, obstetrics and gynecology, pediatrics, emergency medicine, ear, nose and throat, neurology, hospitalists, psychiatry, and pharmacists as well as other health care professionals (physician assistants, nurse practitioners, and nurses) who are involved in the diagnosis and management of headache patients.

LEARNING OBJECTIVES

After participating in this educational activity, participants should be better able to:

1. Incorporate the differential diagnoses of primary headache disorders
2. Implement preventive treatment as migraine is progressing and transforming
3. Employ various options available for treating the pediatric migraineur
4. Determine the challenges and treatment protocols for post-traumatic headache
5. Use effective therapeutic tools that address the gender specific challenges of treating women with migraine

ACCREDITATION/DESIGNATION STATEMENTS

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Primary Care Network and Diamond Headache Clinic Research & Educational Foundation. Primary Care Network is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACCME

Primary Care Network designates this live activity for a maximum of 25.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAP

This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 25.50 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

AAFP

This Live activity, Headache Update 2021, with a beginning date of 07/15/2021, has been reviewed and is acceptable for up to 25.50 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA

This program is not yet approved for CME credit. Conference organizers plan to apply for 25.50 AAPA Category 1 CME credits from the AAPA Review Panel. The total number of approved credits is yet to be determined.

AANP

Accreditation is still pending.

FACULTY

Jessica Ailani, MD

Medstar Georgetown
Headache Center
Washington, DC

Deborah I. Friedman, MD, MPh

University of Texas
Southwestern Medical Center
Dallas, TX

Stephanie Nahas-Geiger, MD

Jefferson Neurology
Philadelphia, PA

Shannon E. Babineau, MD

Goryeb Children's Hospital
Morristown, NJ

Jack Gladstein, MD

University of Maryland
School of Medicine
Baltimore, MD

Christopher P. Rhyne, MD

Diamond Headache Clinic
Chicago, IL

Jan L. Brandes, MD

Nashville Neuroscience Group
Nashville, TN

Mark W. Green, MD, FAAN

Icahn School of Medicine
at Mt. Sinai
New York, NY

Tad D. Seifert, MD

Norton Neuroscience Institute
Norton Sports Health
Louisville, KY

Dawn Buse, MD

Albert Einstein
College of Medicine
New York, NY

Robert G. Kaniecki, MD

University of Pittsburgh
Medical Center
Pittsburgh, PA

Timothy R. Smith, MD, RPh

Study Metrix Research, LLC
Expert Research Solutions, LLC
St. Louis, MO

Wade M. Cooper, DO

University of Michigan
Health System
Ann Arbor, MI

Michael Malinzak, MD, PhD

Duke University
School of Medicine
Durnham, NC

Stewart J. Tepper, MD

Geisel School of Medicine
Dartmouth-Hitchcock
Medical Center
Lebanon, NH

***Merle L. Diamond, MD**

Course Director
Diamond Headache Clinic
Chicago, IL

Vincent T. Martin, MD

University of Cincinnati
Headache & Facial Pain Center
Cincinnati, OH

George J. Urban, MD

Diamond Headache Clinic
Chicago, IL

DISCLOSURE:

Full faculty disclosures will be provided in the course materials. Possible conflicts of interest, if any, will be resolved prior to the conference.

CONFERENCE SCHEDULE



07/15/2021

THURSDAY

6:30 AM	Registration Exhibit & Poster Session	St. Augustine Hall
	<i>MODERATOR: Merle L. Diamond, MD</i>	
7:40 AM	Welcome	Merle L. Diamond, MD
7:45 AM	Migraine, Chronic Migraine & Medication Overuse Headache: Where Are We Today?	Merle L. Diamond, MD
8:30 AM	Migraine: Pathophysiology & Pharmacology Targets	Stewart J. Tepper, MD
9:00 AM	Medication Overuse Headache: Will We Put This in the Past?	Mark W. Green, MD, FAAN
9:30 AM	Vestibular, Hemiplegic & Other Rare Headache Disorders	Stephanie Nahas-Geiger, MD
10:00 AM	Migraine, Cardiovascular Risk Factors & Cerebrovascular Disease in Clinical Practice	Robert G. Kaniecki, MD
10:30 AM	Discussion + Q&A	
10:45 AM	Refreshment Break Exhibit & Poster Session	St. Augustine Hall
	<i>MODERATOR: Stewart J. Tepper, MD</i>	
11:00 AM	Acute Therapies: What's New & Layering Treatment	Jessica Ailani, MD
11:30 AM	Prevention of Migraine, Chronic Migraine, Medication Overuse Headache & Emerging Paradigms	Merle L. Diamond, MD
12:00 PM	Monoclonal Antibodies: What is Next?	Stewart J. Tepper, MD
12:30 PM	Integrative Therapies in Migraine: What Do We Know	Wade M. Cooper, DO
1:00 PM	Discussion + Q&A	
1:15 PM	Refreshment Break Exhibit & Poster Sessions	St. Augustine Hall
1:30 PM	<i>An Option for the Acute Treatment of Migraine (Lunch Provided)</i>	Salons 6-9
	<i>MODERATOR: Robert G. Kaniecki, MD</i>	
2:30 PM	Tension-Type Headache & Cervicogenic Headache	Robert G. Kaniecki, MD
3:00 PM	Devices: Where Do They Fit?	Wade M. Cooper, DO
3:30 PM	COVID-19 & Headache: What Do We Know?	Stephanie Nahas-Geiger, MD
4:00 PM	What Are We Learning About Migraine & How COVID-19 Impacts Us & Our Patients	Dawn Buse, MD
4:30 PM	Discussion + Q&A	
4:45 PM	Adjournment	
5:00 PM	Workshop: SphenoCath – Precision Targeting for SPG Blocks	Salon 8

CONFERENCE SCHEDULE



07/16/2021

FRIDAY

6:30 AM	Registration Exhibit & Poster Session	St. Augustine Hall
	<i>MODERATOR: George J. Urban, MD</i>	
7:45 AM	Cluster Headache	George J. Urban, MD
8:15 AM	Facial Neuralgias & TACs	Stephanie Nahas-Geiger, MD
8:45 AM	Migraine & Diet: Facts & Fiction	Vincent T. Martin, M.D
9:15 AM	Enhancing Patient Wellness	Dawn C. Buse, PhD
9:45 AM	Dysautonomia, EDS, & Mast Cell Disease	Wade M. Cooper, DO
10:15 AM	Discussion + Q&A	
10:30 AM	Refreshment Break Exhibit & Poster Session	St. Augustine Hall
	<i>MODERATOR: Jan L. Brandes, MD</i>	
10:45 AM	Definition of Intractable Headache: Identification & Criteria	Jessica Ailani, MD
11:15 AM	Inpatient Treatment of Headache	George J. Urban, MD
11:45 AM	Multi-Disciplinary Approach to Intractable Headache Patients	Dawn C. Buse, PhD
12:15 PM	Allodynia and Implication for Prognosis and Treatment	Jan L. Brandes, MD
12:45 PM	Discussion + Q&A	
1:00 PM	Refreshment Break Exhibit & Poster Sessions	St. Augustine Hall
1:15 PM	Lunch Break	
	<i>MODERATOR: Jessica Ailani, MD</i>	
2:15 PM	Hormonal Models of Migraine and Pain Perception	Vincent T. Martin, MD
2:45 PM	Menstrual Migraine	Jessica Ailani, MD
3:15 PM	Migraine & Pregnancy	Merle L. Diamond, MD
3:45 PM	Perimenopause, Menopause and Migraine	Jan L. Brandes, MD
4:15 PM	Discussion + Q&A	
4:30 PM	Adjournment	
4:45 PM	<i>Botox® Live Featuring Live Patient Injections</i>	Salon 8
9:00 PM	<i>Disney Character Dessert Reception (All Attendees + Families)</i>	Salons 6-9

CONFERENCE SCHEDULE



07/17/2021

SATURDAY

6:30 AM

Registration | Exhibit & Poster Session

St. Augustine Hall

MODERATOR: Vincent T. Martin, MD

7:45 AM

Sleep Disorders and Headache

Timothy R. Smith, MD, RPh

8:15 AM

Trigger Factors & Migraine: What You Need to Know

Vincent T. Martin, MD

8:45 AM

Headache and The Eye

Deborah Friedman, MD, MPH

9:15 AM

Discussion + Q&A

9:30 AM

Refreshment Break | Exhibit & Poster Session

St. Augustine Hall

MODERATOR: Deborah Friedman, MD, MPH

9:45 AM

High Pressure & Low Pressure Headache

Deborah Friedman, MD, MPH

10:30 AM

Cerebrospinal Fluid Flow Dynamics & Treatment:
Where is the Leak?

Michael Malinzak, MD, PhD

11:15 AM

Discussion + Q&A

11:30 AM

Refreshment Break | Exhibit & Poster Sessions

St. Augustine Hall

11:45 PM

Lunch Break

MODERATOR: Shannon E. Babineau, MD

12:45 PM

Headache in Kids: Classification & Epidemiology

Jack Gladstein, MD

1:15 PM

Pediatric Migraine: Diagnosis & Management

Jack Gladstein, MD

1:45 PM

Concussion & Post-Concussion: Headache in Children &
Adolescents

Shannon E. Babineau, MD

2:15 PM

Off-Label Uses of Pharmacological Interventions in The Pediatric
Headache Patient

Jack Gladstein, MD

2:45 PM

Discussion + Q&A

3:00 PM

Adjournment

CONFERENCE SCHEDULE



07/18/2021

SUNDAY

6:30 AM

Registration | Exhibit & Poster Session

St. Augustine Hall

MODERATOR: Christopher Rhyne, MD

7:00 AM

Secondary Headaches

Christopher Rhyne, MD

7:30 AM

Post-Traumatic Headache on the Athlete

Tad D. Seifert, MD

8:00 AM

Post-Traumatic Stress Disorder: Impact on Headache

Shannon E. Babineau, MD

8:30 AM

Exercise & Headache

Tad D. Seifert, MD

9:00 AM

Discussion + Q&A

9:15 AM

Refreshment Break | Exhibit & Poster Session

St. Augustine Hall

MODERATOR: Timothy R. Smith, MD, RPh

9:30 AM

Infusions

Merle L. Diamond, MD

10:00 AM

Cannabinoids & Other Psychoactive Drugs in Headache

Mark W. Green, MD, FAAN

11:30 AM

Chronic Opioid Treatment/How to Address Medication Overuse Headache with Other Pain Syndromes

Timothy R. Smith, MD, RPh

12:00 PM

HOT TOPICS DEBATE:
• Is Ketamine a Thing?
• Do We Have to Use Our Old Drugs?
• New Trends
• Botox vs CGRP

Merle L. Diamond, MD vs.
Mark W. Green, MD, FAAN

12:30 PM

Drug Interaction: How Do We Put Our New Drugs to Use

Timothy R. Smith, MD, RPh

1:00 PM

Discussion + Q&A

1:15 PM

Adjournment