

Innovative Techniques the knee course™ 2015

Non-Operative Regimens to Arthroscopy to Arthroplasty

SEPTEMBER 17-19, 2015, CAESARS PALACE, LAS VEGAS

Pre-conference Ultrasound Workshop, September 16, 2015

IN COLLABORATION WITH

*The American Journal
of Orthopedics*

PROVIDED BY



**Register
by August 14
Save \$100!**

Go Knee "Deep" at The Knee Course! A Comprehensive Update On Knee Repair and Replacement.



HIGHLIGHTS OF THE KNEE COURSE INCLUDE:

- Live Surgical Demos!
- Expert-led Debates!
- Case-Based Discussions!
- Pre-conference Ultrasound Workshop
(Limited space available. First come—first served!)
- Paper and Oral Presentations:
Submit Your Research!



**27.5 CME
Credits
Available**



PUT YOUR PRACTICE AHEAD OF THE CURVE WITH THESE CUTTING-EDGE TECHNIQUES !

- Single Portal Arthroscopy
- In-Office Knee Scopes
- The Kinematic Knee
- Cementless TKA
- Bicruciate Retaining TKA
- Anatomic ACL Reconstruction
- Outpatient Arthroplasty
- Disposable Portable Navigated TKA
- Robotically-Assisted Bicruciate Retaining Cemented Total Knee
- Internal Brace
- PCL Reconstruction
- Allograft ACLS in the Young Athlete
- And more!

CONFERENCE CHAIR

Bryan T. Hanypsiak, MD
Mount Sinai Hospital,
New York, New York

ENDORSED BY

ISAKOS
Approved-Course

CONFERENCE CO-CHAIRS

KNEE LIGAMENTS

Christopher Harner, MD
University of Pittsburgh

Walter R. Lowe, MD
University of Texas
Medical Center

MENISCUS

Peter Indelicato MD
University of Florida

Richard Parker, MD
Cleveland Clinic

BIOLOGICS AND CARTILAGE

Brian Cole, MD, MBA
Midwest Orthopedics at Rush

Bert Mandelbaum, MD
Santa Monica Orthopedic &
Sports Medicine

ARTHROPLASTY

Craig Della Valle, MD
Rush University Medical Center

Steven Haas, MD, MPH
Hospital for Special Surgery and
New York-Presbyterian Hospital



For more information and to register go to **www.KNEE-CME.ORG**

Innovative Techniques the knee course™ 2015

Non-Operative Regimens to Arthroscopy to Arthroplasty

Overview

Innovative Techniques: The Knee Course will consist of live surgical demos, lectures, panel discussions, debates, and video presentations by our faculty of nationally-renowned orthopedic surgeons who will present the latest techniques in treating knee conditions, from non-operative regimens to arthroscopy to arthroplasty.

Continuing Medical Education Physician Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation

The University of Cincinnati designates this Live Activity for a maximum of 23.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants Credit Designation

The American Academy of Physician Assistants (AAPA) accepts Category 1 CME approval from organizations accredited by the ACCME to grant Category 1 hours toward the PRA.

Nurse Practitioners

The American Association of Nurse Practitioners (AANP) accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

About Our Venue Caesars Palace, Las Vegas



The 2015 Innovative Techniques: The Knee Course will take place at Caesars Palace, Las Vegas where we have arranged for discount room rates of just \$179* a night for Knee Course participants.

To make your reservation, please call (866)-227-5944 and identify yourself as an Innovative Techniques: The Knee Course attendee. **Discount rate expires August 13, 2015, but we urge you to make your arrangements as soon as possible, as our room block will sell out.**

*Plus \$25 amenity fee

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Bryan T. Hanypsiak, MD
Assistant Clinical Professor
Orthopedics
Mount Sinai Hospital
New York, New York

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Professor of Orthopedic Surgery
University of Pittsburgh School
of Medicine/UPMC Center for
Sports Medicine



Walter R. Lowe, MD
Chairman & Professor
of Orthopedics
University of Texas Medical
Center

MENISCUS



Peter A. Indelicato, MD
Emeritus Professor
Department of Orthopaedic
Surgery and Rehabilitation
University of Florida



Richard Parker, MD
Chairman, Department of
Orthopedic Surgery
Cleveland Clinic

BIOLOGICS AND CARTILAGE



Brian Cole, MD, MBA
Section Head Cartilage
Restoration Center
Midwest Orthopedics at Rush



Bert Mandelbaum, MD
Fellowship/Foundation Director
Santa Monica Ortho & Sports
Medicine

ARTHROPLASTY



Craig Della Valle, MD
Professor
Rush University Medical Center



Steven Haas, MD, MPH
Chief of Knee Service
Hospital for Special Surgery and
New York-Presbyterian
Hospital

FACULTY

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William D. Bugbee, MD
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David J. Mayman, MD
Thomas D. Meade, MD
R. Michael Meneghini, MD
Kenneth D. Montgomery, MD
*Kevin J. Murphy, MD**
George A. Paletta, MD
Richard D. Parker, MD
Andrew D. Pearle, MD
*Robert Bradley Reeves, MD**
Jason M. Scopp, MD
Harris S. Slone, MD
Patrick A. Smith, MD
Zack Vaughn, MD

*Invited

See Web site for Faculty Updates



For more information and to register go to www.KNEE-CME.ORG

Each section will be followed by a Q & A Panel with the faculty.

Wednesday, September 16, 2015

2 – 6 pm Optional Ultrasound Workshop

Thursday, September 17, 2015

Arthroscopy and Sports Medicine Program

MENISCUS

Meniscal Root Tears: Recognizing and Repairing

INNOVATIVE TECHNIQUE: Single Portal Arthroscopy -Why and How I do it

INNOVATIVE TECHNIQUE: In Office Knee Scopes: How I Use It and Bill For It

All-Inside Suture Repair of the Meniscus

All-Inside Repair (non-suture)

Inside-Out: Still the Standard?

Update on the Artificial Meniscus, Meniscal Spacers and Interpositional Allograft

Meniscal Transplant: Indications, Osteotomies, My Technique and Results

Alternative Techniques (Bone plugs, Suture only)

Meniscal Tears and OA: When Do We Scope and Who are We Helping?

Outcomes Scores and Electronic Database

Which Patient Reported Outcome Score to Use in the Knee

Summary of Electronic Databases Available to Track Your Outcomes

Creative Ways to Increase Your Patient Satisfaction Scores

KNEE LIGAMENTS

ACL Prevention

Prophylactic Bracing: What the Evidence Shows for Efficacy

The Case for Post-op Bracing / Cold Therapy

ACL Repair

Re-examining the Science Behind ACL Repair

ACL Repair and Internal Brace: My Technique

ACL Augmentation

The Anterior Lateral Ligament

Live Surgical Demo: Ultrasound Assisted ALL Reconstruction

Techniques for Successful Reconstruction with a Small Graft

ACLR

Finding Your Tunnel Position

Summary of Femoral Drilling Techniques

Graft Choice Panel Discussion

a. BTB b. Quad tendon c. Hamstring d. Allograft

Avoiding Revisions: Tips and Tricks for Getting it Right the First Time

RTP: The Gap between Informed Consent and Reality

Post-op Therapy Programs: How Fast Can We Recover our Patients?

Society Update: ACL Study Group Trends and Hot Topics

INNOVATIVE TECHNIQUE DEBATE: Does Anatomic ACL Reconstruction Increase the Failure Rate?

INNOVATIVE TECHNIQUE DEBATE: Allograft ACLS in the Young Athlete?

HORRENDIOMA Show and Tell: Tales from the ACL Crypt

Welcome Reception in the Exhibit Hall (Included with your registration fee)

Friday, September 18, 2015

PCLR

PCL Update: Summary of Techniques and Outcomes

• Single Bundle • Double • Transtibial • Inlay • Two incision • Graft Choices • Fixation • Imaging

Live Demo: PCL Reconstruction

MCL

Isolated and Combined MCL Injuries: When to Fix?

Internal Brace

INNOVATIVE TECHNIQUE: Internal Brace

Live Surgical Demo

The LCL and the Posterolateral Corner: Fix it the Anatomic Way

INNOVATIVE TECHNIQUE: PLC Reconstruction

Live Surgical Demo

The Posteromedial Corner: What We Know

Multiligamentous Knee Injuries

Society Update: Knee Dislocation Study Group Best Practices and Techniques for Managing Multiligamentous Knee Injuries

BIOLOGICS and CARTILAGE

Stem Cells and PRP in the Management of Articular Cartilage Disease: Navigating the FDA.

Clinical Practice Guidelines for the Management of OA...Should we be listening?

Articular Cartilage

Rehabilitation and Non-Operative Care of the Symptomatic Patient

Overview and Management of the Symptomatic Articular Cartilage Defect: What is the Best Evidence and How do We Decide?

Case presentations

Surgical Focus: Microfracture, ACI, OATS, OAG and BioCartilage

OATS: Surgical Technique

Osteochondral Allograft: Surgical Technique

ACI and 3rd Generation Techniques: Surgical Technique

Live Demo: Biocartilage and Cartiform

Patellofemoral

Society Update: Patellofemoral Study Group

The First Time Dislocator: How to Manage

The Patella for Dummies: My System For Decision Making

• Females • Proximal Distal • Lateral Release? • Patellar Cartilage Defects • Soft Tissue vs Bone: Who Get What? • Symptomatic Bipartite Patella

Live Surgical Demo: MPFL Reconstruction

PEDIATRICS

Avascular Necrosis

Identification of Spontaneous and Secondary AVN in the Knee and Treatment Strategies

The Pediatric Athlete

The Pediatric Athlete: Common Knee Injuries and Treatment Strategies

An Alternative Technique for Pediatric ACL Reconstruction

The Elite Athlete

NFL: How We Evaluate and Grade Knees at the Combine: What You Can Do to Help your College Athletes with Knee Injuries

NBA: The 7 Footer with Knee Pain: How we Evaluate and Treat Articular Cartilage Injuries

NFL: Factors Leading to Knee Injuries in Football. Can We Reduce Their Incidence?

Saturday, September 19, 2015

Arthroplasty

The Active Patient with OA

Viscosupplementation, Amniotic Fluid, Corticosteroids and PRP: Which is Best for My Patient?

High Tibial Osteotomy: Indications and Surgical Technique

Distal Femoral Osteotomy: Indications and Surgical Technique

Unicompartmental Knee Arthroplasty

Debate: Bicompartmental Arthritis: You can Ignore the Patella

• Affirmative! Just do a UKA • Negative! A TKA is the Right Choice

Panel Discussion

Fixed Bearing UKA: Surgical Technique and Results

Mobile Bearing UKA : Surgical Technique and Results

Haptic UKA: Improved Results or Improved Marketing?

Patient-Specific Cutting Guides for UKA: Improved Results or Improved Marketing?

Isolated Patellofemoral Arthroplasty: Surgical Technique and Results

Total Knee Arthroplasty

Primary TKA with Patient-Specific Cutting Blocks

TKA in Patients with Severe Varus Deformity

TKA in Patients with Valgus Deformity

Maximizing Flexion in TKA

Highly Cross-Linked Polyethylene and Alternative Bearings: Are they Worth the Extra Cost?

Why Primary TKAs fail in 2015: What Can We Learn?

INNOVATIVE TECHNIQUES

The Kinematic Knee

Cementless TKA

Bicruciate Retaining TKA

Bicruciate Substituting TKA

Disposable Portable Navigated Total Knee Arthroplasty

Robotically-Assisted Bicruciate Retaining Cemented Total Knee

OUTPATIENT ARTHROPLASTY PANEL

• How to Get Started Doing Outpatient Joints and/or with an ASC • Patient Selection for Outpatient and Short Stay Surgery • Anesthetic, Pain and Blood Management

COMPLEX CASES

Managing Complications of TKA: A Case-Based Discussion
Cases include:

• Acute postoperative Infection, • Stiff TKA, • MCL Laceration, • Extensor mechanism disruption, • Periprosthetic fx

REVISION TKA: A Case Based Discussion
Cases include:

• Chronic Infection • Aseptic Loosening (minimal bone loss) • Severe Bone Loss • Instability • Stiffness (if desired) • Malrotation

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SEPTEMBER 17-19, 2015 CAESARS PALACE, LAS VEGAS

Pre-conference Ultrasound Workshop, September 16, 2015



PRE-CONFERENCE HANDS-ON ULTRASOUND WORKSHOP

(Open only to attendees of Innovative Techniques: The Knee Course. Limited space available. First come. First served!)

Introduction to MSK Ultrasound: Shoulder, Hip, Knee Anatomy and Injection Techniques

4.25 CME Credits Available

Wednesday, September 16, 2015
2:00 PM - 6:30 PM
Caesars Palace

During this 4.5 hour seminar (2.0 hour didactic and 2.5 hour hands-on) participants will learn the following:

1. Recognizing, Shoulder, Hip, and Knee Anatomy
2. Accurate Diagnosis by Ultrasound of Pathology around the Shoulder, Hip and Knee
3. Advanced Approaches for Injecting Shoulder, Hip, and Knee Joints and Soft Tissue Anatomy
4. Billing & Reimbursement for Ultrasound
5. Ultrasound Applications for Surgery

CHAIRMAN

Alan M Hirahara, MD, FRCSC

INVITED FACULTY

Eric Lee, MD

Alberto Panero, DO

Supported by: Sonosite

TOPICS INCLUDE

- Meniscus
- Outcomes Scores and Electronic Database
- Knee Ligaments
- ACL Prevention
- ACL Repair
- ACL Augmentation
- ACLR
- PCLR
- MCL
- Multiligamentous Knee Injuries
- Biologics and Cartilage
- Articular Cartilage
- Patellofemoral
- Pediatrics
- The Elite Athlete
- The Active Patient with OA
- Unicompartamental Arthroplasty
- Outpatient Arthroplasty
- TKA Complications
- Revision TKA
- Total Knee Arthroplasty
- Complex Cases

HOW TO REGISTER

Online: www.knee-cme.org

By email: kkirchner@hqtrs.com

By phone: 502-574-9023

By mail: See web site registration page for downloadable registration form, including group rates for 2 or more.

REGISTER BY AUGUST 14

	Until August 14	After August 14
Physicians	\$895	\$995
Residents/Fellows	\$295	\$395
PAs/ NPs/ Physical Therapists/ Athletic Trainers	\$695	\$795
Ultrasound Workshop (open to Knee Course participants only)	\$495	\$595

Please note: Ultrasound Workshop has limited space available. First come. First served!



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