

SCHEDULE*

FRIDAY Program 1:00-6:45 pm, Reception 6:45-8:00 pm

- 1:00-1:15 pm *Welcome*
James Vailas, MD
- 1:15-1:45 pm *Large/Massive Rotator Cuff Tears: New Concepts, Difficult Problems, Making Patients Better*
Kevin Plancher, MD, MPH
- 1:45-2:15 pm *Opioid Use and Abuse Following Arthroscopic Procedures: Is this part of the national crisis?*
Kevin Plancher, MD, MPH
- 2:15-2:50 pm *Achilles Injuries: Should I Operate?*
Elizabeth Martin, MD
- 2:50-3:05 pm **BREAK**
- 3:05-3:40 pm *Pediatric Fractures: Calm the Surgeon, Fix the Child, Please the Parents (Bonus: When to Panic!)*
Edward Sirlin, MD
- 3:40-4:15 pm *ACL Repair and The BEAR Trial: Early Results*
Dennis Kramer, MD
- 4:15-4:50 pm *The Superion Device for Spinal Stenosis with Neurogenic Claudication*
Jason Donnelly, MD
- 4:50-5:05 pm **BREAK**
- 5:05-5:40 pm *Borderline Dysplasia - When is PAO Indicated?*
Young-Jo Kim, MD, PhD
- 5:40-6:15 pm *Evaluation and Management of PCL Injuries - A Practical Approach*
Thomas Gill, MD
- 6:15-6:45 pm *Treatment of ACL Tears in Children and Adolescents*
Dennis Kramer, MD
- 6:45-8:00 pm **RECEPTION**

SATURDAY Breakfast 6:45-7:15 am, Program 7:15-10:30 am

- 6:45-7:15 am **BREAKFAST**
- 7:15-7:55 am *A Practical Approach to Articular Cartilage Injuries in the Knee*
Thomas Gill, MD
- 7:55-8:30 am *Joint Preservation Surgery vs THR - Patient Selection Criteria*
Young-Jo Kim, MD, PhD
- 8:30-9:05 am *Orthopedic Applications of Spinal Cord Stimulation with a Special Focus on Dorsal Root Ganglion Stimulation.*
Jason Donnelly, MD
- 9:05-9:20 am **BREAK**
- 9:20-9:55 am *Osteomyelitis: Update on Treatment Options, How to Avoid Mistakes*
Edward Sirlin, MD
- 9:55-10:30 am *Foot and Ankle Emergencies*
Elizabeth Martin, MD

* We reserve the right to make changes to the meeting faculty and/or schedule.

19TH ANNUAL ORTHOPAEDIC WINTER MEETING PROGRAM INFORMATION

FACULTY



JASON M. DONNELLY, MD
Elliot Health System Pain Management and Interventional Spine Center, Manchester, NH
Dr. Jason M. Donnelly specializes in physical medicine and rehabilitation at The Elliot Hospital Pain Management & Research Institute. Dr. Donnelly completed his medical school training at New York Medical College. He did his internship in internal medicine at Roger Williams Medical Center and residency in physical medicine and rehabilitation at New York Presbyterian - Columbia and Cornell hospitals. Dr. Donnelly completed a pain management fellowship at Dartmouth-Hitchcock Medical Center and is also fellowship-trained in sports medicine.



THOMAS J. GILL, MD
Boston Sports Medicine & Research Institute, Dedham, MA
Dr. Thomas J. Gill is Director of Boston Sports Medicine and Research Institute, Professor of Orthopedic Surgery at Tufts Medical School, and Chairman of the Department of Orthopedic Surgery at St. Elizabeth's Medical Center. Dr. Gill completed his medical school training at Harvard Medical School. He performed his internship in general surgery at Massachusetts General Hospital and completed orthopedic surgery training at the Harvard Combined Orthopaedic Residency Program. He did his fellowship in Sports Medicine and Shoulder Surgery at the Steadman-Hawkins Clinic. Dr. Gill has served as Medical Director for the Boston Red Sox, Head Team Physician for the New England Patriots and Team Physician for the Boston Bruins.



YOUNG-JO KIM, MD, PHD
Boston Children's Hospital, Boston, MA
Dr. Young-Jo Kim is a Professor of Orthopaedic Surgery at Harvard Medical School. He also serves as Director of the Child and Young Adult Hip Preservation Program and Pediatric Orthopaedic Fellowship Director at Boston Children's Hospital. Dr. Kim completed his medical school training at Harvard Medical School. He did an orthopedic surgery residency at Harvard Combined Orthopaedic Surgery Program and pediatric orthopedic surgery fellowships at Boston Children's Hospital and Texas Scottish Rite Hospital.



DENNIS E. KRAMER, MD
Boston Children's Hospital, Boston, MA
Dr. Dennis E. Kramer is an orthopedic surgeon at Boston Children's Hospital and an Assistant Professor of Orthopedic Surgery at Harvard Medical School. Dr. Kramer completed his medical school training at New York University. He did an orthopedic residency at Johns Hopkins University and also completed a pediatric sports medicine fellowship at Boston Children's Hospital. He is an active member of national and international pediatric and sports medicine medical societies including POSNA, AAP and AOSSM. He is actively involved in teaching his peers and medical personnel.



ELIZABETH A. MARTIN, MD
Lahey Health & Medical Center, Burlington, MA
Dr. Elizabeth A. Martin is an Assistant Professor at Boston University School of Medicine and specializes in foot and ankle surgery at Lahey Hospital and Medical Center. Dr. Martin completed her medical school training at University of Maryland School of Medicine. She did an orthopedic surgery residency and foot and ankle reconstruction fellowship at University of Rochester. She has a particular interest in foot and ankle trauma, post-traumatic reconstruction, and sports injuries of the foot and ankle. Her work has been published in various medical journals.



KEVIN D. PLANCHER, MD, MPH
Plancher Orthopaedics & Sports Medicine, New York, NY
Dr. Kevin D. Plancher is a Clinical Professor in the Department of Orthopaedic Surgery at Albert Einstein College of Medicine in New York and Fellowship Director of an ACGME-accredited sports medicine fellowship. Dr. Plancher completed medical school at Georgetown University and did his residency at Harvard University's Combined Orthopaedic program. He completed two post-graduate fellowships, one at The Indiana Hand Center focusing on hand and microvascular surgery, and the second at Steadman-Hawkins Clinic focusing on sports medicine and reconstruction of the shoulder and knee. Dr. Plancher lectures globally on issues related to orthopaedic procedures and sports injury management and has a sports medicine practice in New York City.



EDWARD A. SIRLIN, III, MD
NH Orthopaedic Center, Bedford, NH
Dr. Edward A. Sirlin, III specializes in orthopedic trauma surgery. Dr. Sirlin completed medical school training at Penn State Health Milton S. Hershey Medical Center, where he also completed his residency in orthopedic surgery and fellowship in orthopedic traumatology. He was selected as an American Orthopaedic Association Young Leader in 2014 and his work has been published in various medical journals.



New Hampshire
Musculoskeletal Institute

19TH ANNUAL ORTHOPAEDIC WINTER MEETING

FRIDAY, JANUARY 25 &
SATURDAY, JANUARY 26
**STOWE, VERMONT
2019**



STOWE
MOUNTAIN
LODGE



STOWE
MOUNTAIN
LODGE



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Approved for 8 AMA PRA Category 1 Credit(s)[™]
and 8 BOC Category A hours/CEUs.





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New Hampshire Musculoskeletal Institute
35 Kosciuszko St.
Manchester, NH 03101

LOCATION



STOWE
MOUNTAIN
LODGE®



Stowe Mountain Lodge is located in the quintessential New England town of Stowe, VT. Stowe not only impresses guests with its rich historical roots, but it also boasts some of the most impressive natural landscape in the country. With a variety of gourmet artisan restaurants and food shops, wine tastings, high-end boutiques and quaint walking village, Stowe is home to many luxuries which complement the four-diamond Stowe Mountain Lodge. Stowe Mountain Lodge provides all the benefits of a destination resort with incredible accessibility.

DIRECTIONS: Follow I-89 to Vermont Exit 10, Waterbury/Stowe/Route 100. Go north on Route 100 for 11 miles. Turn left at the blinking light in the village of Stowe onto Route 108 (Mountain Road). Stowe Mountain Lodge is 7.5 miles up on your right.



ACCOMMODATIONS

The resort includes over 300 luxury guest rooms. Each room offers floor-to-ceiling windows with breathtaking mountain views and marble bathroom, with separate shower and relaxation tub, goose down feather beds, pillows and duvets. Many rooms include a fireplace. If your registration fee includes lodging, you have the option of either a Classic Guest Room or a Studio. The daily facility fee usually assessed to each room has been waived for our group. Accommodation upgrades are available for an additional fee; contact Sandy Snow at sandy@nhmi.net or 603-627-9728 for descriptions and pricing.

RESORT GUEST SERVICES

- Alpine Concierge staff will personalize your stay
- Ski valet service
- Artisan-inspired fine and casual dining
- 24-hour in-room dining (limited menu after 1am)
- In-house naturalist to arrange outdoor activities
- Children's adventure programming
- Pet-friendly accommodations
- Twice-daily housekeeping and evening turndown service
- Wireless high-speed internet access in public areas
- Luxury shops and boutiques
- Overnight valet parking (Reduced for our group to \$15 per day.)

SKIING AND BOARDING

Stowe Mountain Resort, in the heart of the new Spruce Peak at Stowe Alpine Village is adjacent to the new Over Easy Transfer Gondola connecting Spruce Peak to Mt. Mansfield and guests enjoy slopeside access to the most legendary ski resort in the east. Ski Valet, which allows guests to ship their ski equipment in advance, and have it waiting for them when they arrive with boots heated, equipment tuned, and gear brought up to the lift or gondola by "ski sherpas." Lift tickets and lessons (discounts available for our group) are secured in advance as well, so that guests will not have to wait in lines.



Stowe Mountain Resort offers 39 total miles of skiing, 48 trails of various difficulty, snowboarding halfpipe, 22 miles of groomed terrain and 25 miles of backcountry trails for cross country skiing.

What is NHMI?

NHMI is a 501(c)(3) non-profit dedicated to advancing knowledge in musculoskeletal care and sports medicine and to promoting and providing a safe sports environment for athletes.

Meeting Description and Target Audience

This live activity offers 8 *AMA PRA Category 1 Credit(s)*™ and 8 BOC Category A hours/CEUs. The course is designed to highlight areas of practice advances in the field of orthopaedics relative to practicing physicians, physician assistants, nursing, athletic training and physical therapy professionals.

Meeting Objectives

Upon completion of this live educational activity, learners should be able to:

- Synthesize applicable management concepts into clinical practice to enhance patient services.
- Assess and apply surgical and nonsurgical treatments and rehabilitation protocols for the management of conditions germane to the practice of orthopaedics and musculoskeletal medicine.

SPONSORS

GRANTS FROM THE FOLLOWING COMPANIES
MAKE THIS PROGRAM POSSIBLE:

GOLD SPONSORS



SILVER SPONSORS



EXHIBITORS



8 *AMA PRA Category 1 Credit(s)*™ & 8 BOC Category A hours/CEUs.

EARLY BIRD REGISTRATION FEE: \$875

AFTER DECEMBER 1ST FEE: \$925

REGISTRATION FEE INCLUDES FRIDAY AND SATURDAY NIGHT LODGING!

EARLY BIRD COURSE-ONLY REGISTRATION FEE: \$375

AFTER DECEMBER 1ST COURSE-ONLY FEE: \$400

The NH Musculoskeletal Institute designates this live activity for a maximum of 8 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Course-only registrations do not include lodging.

NHMI 19TH ANNUAL ORTHOPAEDIC WINTER MEETING

REGISTRATION

SPACE IS LIMITED - REGISTER EARLY

To pay by credit card, complete and fax or mail this form, or register online at www.nhmi.net.

To pay by check, complete and mail form to: NHMI, 35 Kosciuszko St., Manchester, NH 03101; Fax: 603-627-0880.

Fee: EARLY BIRD (By December 1, 2018) \$875. Course-only \$375. REGULAR: \$925. Course-only \$400. | Registration deadline: January 2, 2019

Name: _____ ☐ MD ☐ PA-C ☐ Other _____

Guest Name: _____

Address: _____

City/State/Zip: _____

Phone: () _____ Fax: () _____

Email: _____

Payment Method: ☐ Check (to NHMI) ☐ Visa ☐ MasterCard ☐ Amex

Billing address if different from above: _____

Name on Card: _____ Exp. Date: _____

Card Number: _____ Amount: _____

Signature: _____ Today's Date: _____

ACCOMMODATIONS ARE AT STOWE MOUNTAIN LODGE.

Room Preference: ☐ Classic with 2 Beds ☐ Studio with 1 Bed Plus Pull-Out Sofa

Do you need a ski lift ticket discount voucher: ☐ Yes ☐ No

Number of people in group you anticipate skiing: _____

Dates you anticipate skiing: _____

Pre-register for Children's Lesson Programs* online at <https://www.stowe.com/ski-ride/kids/register-for-childrens-lessons/> or by calling 802.253.3685 and indicate that your child is part of a group and will be arriving with a group discount card for the purchase.

*Pre-registration for this program is required. Upon program check-in please be prepared to present or purchase an Evolution Stowe Card for each participant of the Adventure Center program.

2019 IMPORTANT PROGRAM INFORMATION

IMPORTANT!

The meeting will begin Friday at 1 PM and end Saturday morning at 10:30 AM.

Registration with accommodations INCLUDES Friday and Saturday nights.

REGISTRATION FEE: EARLY BIRD (By December 1): \$875. REGULAR FEE: \$925. Registration Fee with accommodations includes all course materials, reception, Saturday breakfast, refreshments indicated on Program, and two nights' lodging (regular room). Course-only EARLY BIRD (By December 1): \$375. Course-only REGULAR FEE: \$400. Registration Fee includes all course materials, reception, Friday breakfast, and refreshments indicated on Program.

REGISTRATION DEADLINE: January 2, 2019. Event dates: January 25-26, 2019.

CANCELLATION: Refunds except for \$50 administrative fee will be made before deadline. After deadline, fee is non-refundable. We reserve the right to cancel the meeting; full fee will be refunded.

CONFIRMATION: Confirmed registrants will receive notification within two weeks of registering. If you do not receive a confirmation notice, please contact us at 603-627-9728.

CONTINUING EDUCATION: NH Musculoskeletal Institute is accredited by the New Hampshire Medical Society Council on Education to provide continuing medical education for physicians. This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education. The NH Musculoskeletal Institute designates this live activity for a maximum of 8 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of his/her participation in the activity.

NH Musculoskeletal Institute (BOC AP# P966) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of

8 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

COURSE INFORMATION: Visit www.nhmi.net or contact Sandy Snow at sandy@nhmi.net or 603-627-9728.

ACCOMMODATIONS: Full/Regular registration fee includes one room (Studio or Classic Room) at the Stowe Mountain Lodge. Space is limited in the NHMI NHMI room block. Upgraded accommodations may be available for an additional fee. Rooming will be managed by NHMI; it is not necessary for you to contact Stowe Mountain Lodge directly to reserve a room. Please contact NHMI for more information. To learn more about Stowe Mountain Lodge, visit www.StoweMountainLodge.com or call them directly at 888-478-6938.

DIRECTIONS: See inside brochure for details.

COURSE DIRECTORS: James Vailas, MD - NH Orthopaedic Center, Mark Lemos, MD - Lahey Health & Medical Center, Gregory Soghikian, MD - NH Orthopaedic Center

FACULTY DISCLOSURE: It is the policy of NH Musculoskeletal Institute that faculty disclose to the audience real or apparent conflicts of interest relating to the topics of this educational activity. NH Musculoskeletal Institute has established policies that identify and resolve conflicts prior to this educational activity.



FRIDAY & SATURDAY, JANUARY 25-26, 2019 Stowe Mountain Conference Ctr., Stowe, VT;

8 *AMA PRA Category 1 Credit(s)*™ & 8 BOC Category A hours/CEUs.